

## GENERAL DEBILITY FOLLOWING INFLUENZA

Strength Can Only Be Regained by Enriching the Blood.

Following a wide-spread epidemic of influenza, general debility is on the increase, and its effects may be noticed in the worn, listless appearance of so many of the men and women you meet. Influenza always leaves behind it impaired vitality, and with the modern conditions of life that use up nerve force so rapidly, general debility becomes one of the most common maladies. The symptoms of debility vary, but weakness is always present. There is poor digestion, languor, weak, aching back, wakefulness at night, often distressing headaches and a feeling of fatigue. These symptoms indicate impure and impoverished blood. It is significant of nearly every attack of influenza that it is followed by anemia and debility.

For all such run-down conditions, new blood is the most reliable cure, sufferers should at once begin to make thin blood rich and red with Dr. Williams' Pink Pills. Under a fair treatment with this medicine they will realize more and more the health-restoring influence of good rich blood, and how this new blood brings a feeling of new strength and increased vitality. Proof is given in the case of Mrs. G. Robertson, Wingham, Ont., who says: "When the Spanish influenza spread over our town I happened to be one of the first attacked, and the attack was a very severe one, and worse still the after-effects of the trouble left me in continuous misery. I had severe pains in my side, felt low-spirited, and with no ambition whatever. My head ached almost continually, my eyes felt heavy, and pimples broke out on my face. I was advised to try Dr. Williams' Pink Pills, and after taking them for a time I felt like my old self, able to do my housework, and feeling well and strong. I can strongly recommend Dr. Williams' Pink Pills for the serious after-effects of influenza, as I am sure they will restore all sufferers to good health."

You can get these Pills through any dealer in medicine or by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## CROOK MAKES BIG CLEAN-UP

It was in the good old anti-bellum days, when gay Paris was the Mecca of wealthy victims, and the Parisian shopkeepers spotted an American as soon as he landed in the great continental capital. One day a loud-voiced, smooth-shaven, chubby-faced, innocent-looking customer entered one of the leading jewelry stores in Paris, and pompously producing a card bearing the name of a well-known Chicago millionaire, left word that he would like to have the manager of the store call at his apartments in one of the most fashionable quarters of the city.

The gentleman had spared no expense to make his surroundings impressive, and when the head of the firm himself arrived he was filled with visions of a large deal with big profits, as the Americans were noted for their prodigality in Paris. "The distinguished millionaire was alone in his richly upholstered drawing-room when the jeweler arrived, and the cautious merchant that he was anxious to make purchases of the finest and largest ornaments money could buy, for his wife.

In a few hours the jeweler returned with a large bagful of the most valuable assortment of gems, fit for a queen to wear. "One thing I must ask," said the princely purchaser, "is absolute secrecy. My wife must not know I am buying these jewels. I have just made a huge fortune, and this is to be her surprise. But it must be a surprise. If she comes in, you hide the jewels."

The jeweler bowed assent, too full of the vision of the great profits he expected to glean to waste his breath in mere words.

The selection was going on, when suddenly the husband and the jeweler were interrupted by a female voice, with an American nasal twang, sharply calling from the stairway: "Anna, are you there? Where are you?"

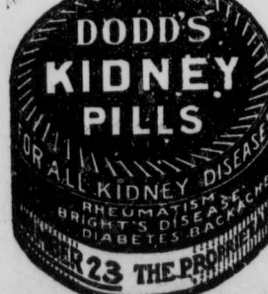
"My wife's voice!" exclaimed the startled husband. "Here," he hurriedly whispered the husband, "hide the jewels. Now, where can we hide them?" She must not see the bag, or her suspicions will be aroused.

A cabinet stood at one end of the apartment. It was locked. They rushed to a table at the other end. That also, was locked. A little secretaire stood close to the door, against the wall.

It opened. "Capital!" into the recesses the jeweler shot the bag and the husband slammed down the lid.

The voice was still coming from the stair landing. The husband rushed out, whispering to the jeweler: "She must not see you. Wait till I return." Then he slammed the door of the apartment and went out to intercept his wife.

The jeweler, listening, heard the husband say: "Ah, my love, is that you?



Come along, I have something to tell you." Then the voice died away. The jeweler patiently waited for the Chicago Croesus to return. Half an hour passed. An hour rolled around. Then the jeweler got impatient. He started to ring for the servant to inform the Chicago gentleman that someone was still waiting for him in the drawing-room. He could find no bell. He opened the door and looked out. He could see no one. He listened for the husband or wife to speak. He could hear no one. He called. No one answered. Then he returned to his chair and sat down to think.

"These American swells are an eccentric and forgetful lot," said he. "I guess I'll take my property and call again."

He went to the secretaire. The lid was locked. He got excited and, grasping a poker, smashed the lock.

Keystone! The secretaire was empty! The jewel bag had disappeared. He thrust in his arm. It went rich through the back of it. He thrust in the poker. It went right through the wall. He tried to pull away the secretaire. It was fastened to the wall.

Then he pushed out of the room and discovered it the back of the wall a large hole, from which the paper had recently been burst.

It was through this hole the bag had been thrust when the wife came down stairs, and when the husband joined her she had already scoured the bag, and by the time the jeweler had discovered the loss the swindlers had fled with \$100,000 worth of precious stones.

So far as known, the jeweler is still hunting for the "Chicago millionaire," who, however, was not an American at all, and he has never since attended any "surprise parties" planned by rich and generous husbands for their wives.

The jeweler sadly admitted that a surprise had been carefully planned by the husband. But it was not for the wife, but for the jeweler.

To safeguard the child from damage that worms cause, use Miller's Worm Powder, the medicine par excellence for children. These powers will clear the system entirely of worms, will regulate and stimulate the organs injuriously affected by the worms, and will encourage healthful operation of the digestive processes. As a vermifuge it cannot be surpassed in effectiveness.

Just for the Baby.

Have you seen the "don't kiss me" necklaces?

They are of satin ribbons with white medallions and the sensible inscription so that all who would kiss may read.

And among the warm, new knitted things to keep him comfortable this winter, there are mittens and socks, of course, caps and saques and leggings as well as afghans for his "pram."

The new brush and comb sets are the cunningest things imaginable. One set has tiny military brushes! Some have just the comb and brush, some have powder and soap boxes, too. They are all in the imitation white ivory, and daintily boxed.

More practical than the satin covered, coat hangers are those of painted wood—quaint little figures which may be washed with soap and water when they are soiled.

When The Day Is Over

When the household cares and the worries of everyday life have dragged you down, made you unhappy, and there is nothing in life but headache, backache and worry, turn to the right prescription, one gotten up by Dr. Pierce fifty years ago.

Everything growing out of the ground seems intended for some use in establishing natural conditions. Dr. Pierce, of Buffalo, N. Y., long since found out what is naturally best for women's diseases. He learned it all through treating thousands of cases. The result of his studies was a medicine called Doctor Pierce's Favorite Prescription. This medicine is made of vegetable growths that nature surely intended for backache, headache, weakening pains, irregularities, inflammations, and for the many disorders common to women in all ages of life. Dr. Pierce's Favorite Prescription is made of lady's slipper root, black cohosh root, unicorn root, blue cohosh root and Oregon grape root. Dr. Pierce knew, when he first made this standard medicine, that whiskey and morphine are injurious, and so he has always kept them out of his remedies. Women who take this standard remedy know that in Dr. Pierce's Favorite Prescription they are getting a safe woman's tonic so good that druggists everywhere sell it, in liquid or tablet form.

Where Wood is Money.

Who ever heard of wooden money?

The only known currency of the kind is issued by the Hudson Bay Company, and circulates all over the vast territory controlled by that powerful trading concern.

It is a coinage consisting of pieces of wood known as "cutois," which are stamped with a die. These are accepted everywhere in that territory as cash, and are exchangeable for all sorts of supplies and commodities of the widely scattered stations of the corporation.

The area governed by the company is vast. In one straight line it extends as far as from London to Mecca; from King's Poets to the Pelly Banks is further than from Paris to Sarmacand. Over all of this region the corporation exercises a complete dominion, employing the native Indians, chiefly Ojibway and Crees, to collect the furs which furnish its revenue.

READY TO SERVE CLARK'S CANADIAN BOILED DINNERS JUST HEAT AND EAT



Hudson Bay is about two-thirds the size of the Gulf of Mexico. It is an almost landlocked sea, with 3,900 miles of coast line. More than 300 years ago Hendrik Hudson, trying to find the north-west passage, wintered there. His crew mutinied and set him afloat in an open boat with his son and seven others. He and his companions were never seen again.

The unit of value in that part of the world is beaver skin. Two martens are equal to one beaver, and twenty muskrats are equivalent to one marten. The trapping is done in winter, and in spring the Indians bring the pelts to the stations, receiving in payment for them wooden money. With the latter they buy what supplies they need at the store maintained by the company at the stations.

Asthma Brings Misery, but Dr. J. D. Kellogg's Asthma Remedy will replace the misery with welcome relief. Inhaled as smoke or vapor it reaches the very inmost recesses of the bronchial passages and soothes them. Restriction passes and easy breathing returns. If you know as well how this remedy would help you as do thousands of grateful users, there would be a package in your home to-night. Try it.

## New Guinea

New Guinea, had it determined its sovereign powers itself, might be said to have "played both ends against the middle" with a vengeance; for it was divided among Britain, Germany and neutral Holland.

This island the largest in the world, if Australia be ranked as a continent, and in many respects the most primitive, furnishes one of the perplexing problems before the League Conference.

Conditions in New Guinea, in the period before the war, are described in the following communications from Thomas Harbour.

New Guinea, the last great area remaining in the tropics which is still almost completely unknown, has a peculiar charm for the naturalist.

Lying between the Equator and Queensland, Australia, its length is about 1,300 miles and its maximum breadth is 400 miles. Its area is greater than that of Borneo, being about 300,000 square miles. Practically it is divided into three parts.

The lower coast, bordering Torres Straits from British Papua as it is now called. The eastern coast as far as 10 degrees it minutes east longitude, goes to make up Kaiser Wilhelm's Land, or German New Guinea. In both of these districts there are a considerable number

of white settlements and mission stations; and mining and copra farming are carried on. The great western region of Papua is Dutch territory of this region that we are dealing especially.

It is this very absence of white folk which gives this land an added interest, for here the native may be seen in his primitive simplicity. With such a bewildering variety of human types among the Papuan tribes, each speaking its own language, the ethnologist has a great field, one which is certainly unexplored.

In coming to Papua from Malasia it is the sudden contrast in the people which makes the most striking impression on one's mind. The Malay, grave, reserved, and dignified, is as unlike his New Guinea neighbor as a Chinaman is unlike a European. These islanders are a happy, boisterous lot until some little thing offends them, when they at once become sullen and treacherous; but as we had no occasion to cross them, we got along admirably.

The pure Papuan is very dark brown, usually a well-built, thick-set man of medium height. Occasional individuals are seen who are slight, short, and who have strongly marked Negritoid characteristics. These probably represent inhabitants of the region, as were the Negroids in the Philippines. Out on the Pacific coast toward German territory the human type is markedly different. Here in carrying degrees we meet people who have characteristics of other island groups to the eastward, for there probably has been accidental colonization along this shore.

From Wauk it is a short journey to Jobi Island, another of the group which lies in the mouth of Geelvink Bay. The people here vary little in appearance from the other Papuans of the region, but their manners and customs differ much from village to village. Indeed, while this island is hardly larger than Long Island, New York, eleven mutually unintelligible languages are spoken on it. Many feuds exist, and when our ship came to anchor in Pom Bay, canoe attacks from neighboring harbors did not spend the night even close to the ship, because their occupants were afraid of the people of Pom.

The raiding canoes of Pom were enormous affairs, with bows decorated with fretwork carving, in elaborate designs, and with wooden heads which were made to look like real ones, by having enormous mops made of cassowary feathers stuck in them.

Oil for Toothache.—There is no pain so acute and distressing as toothache. When you have so unwelcome a visitor apply Dr. Thomas' Electric Oil according to directions and you will find immediate relief. It touches the nerve with soothing effect and the pain departs at once. That it will ease toothache is another fine quality of this Oil, showing the many uses it has.

"One Man in His Time." Briefful of strange adventures was the life of James W. Rueroff, 49, of King Edward's Horse, as it was described, when he was charged at Lancaster, England, with breaking into a shop at Morecambe and stealing jewelry valued at £775. He said that he had:

Served in the South African War. Been a good miner and prospector in Klondike and Alaska.

Traded as a copra merchant in the South Sea Islands.

Been a beachcomber in British Guiana.

Worked on the Panama Canal.

Fought under President Castro in Mexico.

Was in the Boxer riots in China.

In Jamaica at the time of the great earthquake in 1907.

Worked on the Trans-Siberian Railway.

Assisted to quell the Sinn Fein rising in Ireland.

Fought in France and was severely wounded.

Following the shop-breaking which was done while he was on a sick leave, he sent valuable presents to his sister, gave rings to nurses at Colchester Hospital and other people in the town.

When arrested he had still £200 worth in his possession, and he helped the police to recover an additional £190 worth.

Sentence of twelve months' hard labor was passed upon him.

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W. CLARK LIMITED, TORONTO.

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## Spanking Doesn't Cure!

Don't think children can be cured of bed-wetting by spanking them. The trouble is constitutional, the child cannot help it. I will send FREE to any mother my success in home treatment, with full instructions. If your child troubles you in this way, send no money, but write me today. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Write for free trial treatment.

Mrs. M. Summers  
Box 3, WINDSOR, Ontario

## LONDON FROM AIRSHIP.

### Metropolis Described as City of Enchantment.

London, seen from an airship, lay in a golden bowl of misty sunshine, the vast circle framed in the one-day of the horizon.

It was obviously a day for the open air, and it seemed the best way of celebrating the first anniversary of home "take to the air." At Chislewood, about 20 miles from London, the royal pilot there, for he had taken up the flying, was just gazing over a big Handley-Page, and longing to be away from earth to where the breezy clouds were waiting to receive him. I explained that the same longing gripped me, and in a moment I had borrowed his coat and helmet, and was seated in the forward cockpit, where, in days gone by, the machine gun chattered, and the engines roared their impatient note of defiance.

Most machines of this class are the ground waddles, ungainly as a swan till she gathers speed and the lifting over the rough ground gives place to the gliding, as your body glides through still water after a plunge. You are off!

Then if you look in-board, there is little sensation, and unless you watch a needle creep round a dial, ticking off each thousand feet you climb, you might be still sitting peacefully on the earth, in the rush of air the roar of the engines and the thrash of the propellers have drowned down to a gentle spring song. But look over the side and—London has gone! Instead, you are passing over little cardboard models of houses, red-roofed to mark Golders Green and Hampstead,

## THAT CHANGE IN WOMAN'S LIFE

### Mrs. Godden Tells How It May Be Passed in Safety and Comfort.

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.

Such annoying symptoms as heat flashes, nervousness, backache, headache, irritability and "the blues," may be speedily overcome and the system restored to normal conditions by this famous root and herb remedy Lydia E. Pinkham's Vegetable Compound.

If any complications present themselves write the Pinkham Medicine Co., Lynn, Mass., for suggestions how to overcome them. The result of forty years experience is at your service and your letter held in strict confidence.

## A World's Record.

What is said to be the world's record production of marketable potatoes on one acre—49,531 pounds, or 825 bushels—has been made on an acre of land near Kanab, in the southeastern section of Utah, a few miles from the Arizona state line. The record yield was made in response to a competition fostered by the Mormon church, and the church authorities drew a check for \$1,000 payable to a representative of Kanab ward of the Kanab stake of the church, which is responsible for the production. This yield is certified to by more than 50 farmers.

## Dr. Martel's Female Pills

### For Women's Ailments

A scientifically prepared Remedy, recommended by physicians, and sold for nearly fifty years for Delayed and Painful Menstruation, Nervousness, Dizziness, Headache, Constipation and other Women's Ills. Accept no other. At our drugstore, or by mail direct from our Canadian agents, Lyman Bros. & Co., Ltd., Toronto, Ont., upon receipt of price, \$2.

## At the Turn of the Road.

Where the rough road turns and the valley sweet,  
Smiles bright with balm and bloom,  
We'll forget the thorns that have pierced the feet  
And the nights with their grief and gloom  
And the sky will smile and the stars will beam  
And we'll lay us down in the light to dream.

We shall lay us down in the bloom and light,  
With a prayer and a tear for rest,  
As tired children who creep at night  
To the love of a mother's breast;  
And for all the grief of the stormy past  
Rest shall be sweeter at last, at last.

Sweeter because of the weary way  
And the lonesome night and long,  
While the darkness drifts to the perfect day  
With its splendor of light and song  
The light that shall bless us and kiss and love us,  
And sprinkle the roses of heaven above us.

## ECONOMICAL SUGGESTION.

"John, I need a new dress. All I have are out of style."  
"Everything's frightfully high, my dear. Better go in for literature awhile and pretend to be superior to the fashions."

## MURINE Night Morning

### Keep Your Eyes Clean—Clear—Healthy

Write for Free Eye Care Book Part of Co. Campaign.