AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-TIVES" — The Wonderful Fruit Medicine — will Protect You

Autointoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, *the Kidneys and Skin are overworked*, in their efforts to rid the blood of this poisoning.

Poisoning of the blood in this way often causes Indigestion, Loss of Appetite and Disturbed Stomach. It may produce Headaches and Sleeplessness. *It may irritate the Kidneys* and bring on Pain in the Back, Rheumatism, Gout, and Rheumatic Pains. It is the chief cause of Eczema—and *keeps the whole system unhealthy* by the constant absorption into the blood of this refuse matter.

"Fruit-a-tives" will always cure Autointoxication or self-poisoning—as "Fruit-a-tives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system.

50c. a box, 6 for $2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

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Information regarding Voters Lists, or in connection with the approaching elections, cheerfully furnished.

W. F. Cockshutt

Our Win-the-War Candidate.

UNIONIST MEETINGS — IN — Norfolk

GENERAL

Waterford, Monday, Dec. 3rd, 2.30 p.m.

Speaker:—N. W. Rowell, K. C., Mr. Charlton.

Port Dover, Monday, Dec. 3rd 8 p.m.

Speakers:—N. W. Rowel, K.C., Mr. Charlton.

WOMEN

Port Dover, Monday, Dec. 3rd, 2.30 p.m.
Speaker:—Mrs. Hyslop.

Waterford, Monday, Dec. 3rd, Speaker:—Mrs. Hyslop. 8 p.m.

Delhi, Tuesday, Dec. 4th, 3 p.m. Speaker:—Mrs. Hyslop.

St. Williams, Wednesday, Dec. 5th, 3 p.m.

T. H. & B. Railway

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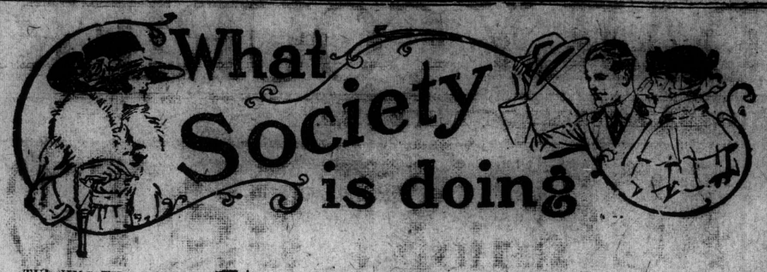
The interest on your **VICTORY BONDS** will give you a holiday twice a year.

DR. DeVAN'S FEMALE PILLS Reliable monthly medicine for all Female Complaints. $5 a box, or three for $10, at drug stores. Mailed to any address on receipt of price. THE SCOBELL DRUG Co., St. Catharines, Ontario.

PHOSPHONOL FOR MEN Restores Vim and Vitality; for Nerve and Brain "increases grey matter"; a Tonic—will build you up. $3 a box, or two for $5 at drug stores, or by mail on receipt of price. THE SCOBELL DRUG Co., St. Catharines, Ontario.



TURNING THE TABLES

He sat at the table
With a discontented frown,
The potatoes and steak were underdone,
And the bread was baked too sweet.
And the roast was much too fat;
The soup too greasy, too, and salt,
'Twas hardly fit for the cat.

"I wish you could eat the bread and pie
I've seen my mother make;
They are something like, and 'twould do you good
Just to look at a loaf of her cake."
Said the smiling wife: "I'll improve with age—
Just now I'm but a beginner;
But your mother has come to visit us,
And to-day she cooked the dinner."

Miss Hilda Hurley is the week-end guest of Mayor Robinson and Mrs. Robinson, Paris.

Miss Kathleen Vaughan was a week-end guest from Toronto at the home of her mother, Mrs. E. S. Vaughan, Lorne crescent.

Mr. Harold Rockwood, of Buffalo, who has been spending the past week in the city, the guest of Mrs. T. S. Wade, Brant Avenue, has returned home.

Mrs. Bessey, of Georgetown, is the guest of her daughter, Mrs G. C. Lawrence, Dufferin Avenue

Mr. Baine of Toronto, was a business visitor in the city for a few days this week, leaving on Thursday for Toronto.

Miss Coralie Jones of Galt, spent a few days in the city the first of the week with Miss Hilda Livingston, prior to leaving for New York en route for Cuba, where she will spend the winter.

Miss Dorothy Garrett, Brant Ave., spent a few days in Toronto the latter part of the week, returning home Friday.

Mrs. Wilfred Miller, who has been the guest of Miss Hilda Hurley for the past few weeks, returned to her home in Toronto early in the week.

Society—1 Gil ul

The many friends will be glad to hear that Miss Hare of Paris, who was recently operated on for appendicitis at the Brantford Hospital, is making a rapid recovery.

Mr. Andrew Hughes of Chicago, Ill., spent the American Thanksgiving day in the city, the guest of Mrs. Andrew Cleghorn, Albion street.

Mrs. Othmar Ross, who has been spending a few days with Mrs. Ross, Chestnut avenue, left on Thursday for Fort Worth, Texas, where she will join her husband, Lieut. Ross, who is stationed near there with the Flying Corps.

Mr. Lloyd Harris is in Washington, D.C., where he will spend several weeks in connection with the British munitions.

Lieut. Bartlett spent a few days in the city the latter part of the week, the guest of Judge and Mrs. Hardy, Hazelbrook Farm.

A number of young people called on Miss Mary Leeming, Dufferin avenue, and gave her a very enjoyable surprise dance on Friday evening.

Mrs. H. C. Allen has returned from Chicago, Ill., where she has been visiting for the past two weeks.

Mrs. W. C. Boddy was the hostess at a very informal little dinner bridge on Tuesday evening given in honor of Mrs. Fred Smith of Campbellford, Mrs. Glen Ellis' guest.

Lieut. George Cockshutt was a week-end visitor from Toronto, at the parental home, Chatham street.

Major Ashton Cockshutt is expected in the city to-day from Halifax and will be the guest of his parents, Mr. and Mrs. W. F. Cockshutt, Chatham street.

Mrs. Logie Armstrong, Darling street, who has been spending a week in Montreal, the guest of her brother-in-law, Mr. Armstrong, retuned home on Friday.

An innovation which is becoming quite popular in England is the placing of the bride's bouquet beneath the honor roll in the church in which the wedding ceremony has taken place. A young bride recently started this custom in the Weybridge Church, England, her brother's name being among those inscribed on the honor roll, or war service, as it is called over there.

A very successful tea was held on Thursday at the home of the Misses Bunnell, Wellington street, in the dining room, Mrs. W. L. Creighton and Mrs. A. K. Bunnell presided at the tea table, assisted by Miss Emily Bunnell and Miss Ruth Mintern. The proceeds will defray the expense incurred in mailing the Christmas boxes to the soldier members of Grace Church who are overseas.

Mr. Lyman Goold, Chestnut avenue, left the first of the week for Toronto to join the Flying Corps, and is at present stationed at Deseronto.

Mrs. H. McK. Wilson is expected home to-day from Toronto, where she has been the guest of her sister, Mrs. Sykes, for the past week or so.

Mrs. C. L. Roberts, Brant avenue, has returned from Toronto, where she has been spending a few weeks with her daughter, Mrs. Paterson-Smythe.

Mrs. A. H. Boddy spent a couple of days in Dunnville the latter part of the week with her mother, Mrs. Ellis.

Mrs. Ernest Russell Read, (formerly Miss Nelles Duncombe) will receive for the first time since her marriage on Wednesday, December the fifth, afternoon and evening, at 181 St. Paul's Avenue, and afterwards on the first Tuesday's.

A number of Brantfordites were in Toronto on Monday night attending the Roosevelt meeting. They report it was the most wonderful reception ever recorded in the Dominion, over forty thousand people were in and outside the Armories to meet the distinguished American Colonel.

Mr. John Muir of the Goold, Shapley and Muir Co. was a business visitor in Toronto this week.

The weekly knitting tea of the Dufferin Rifles Chapter, I.O.D.E., was held at the home of Mrs. Jackson, Dufferin avenue, on Thursday, Mrs. Ed. Brooks, Lorne crescent, and Mrs. Jackson being the hostesses of the afternoon. During the afternoon Mrs. S. O. Secord gave a very interesting little talk on Votes for Women, and how the women should vote in the coming election. The sum of eleven dollars was realized for the funds of the chapter.

It was with deep regret that the many friends of Lieut. George Stacey Stratford, Y.Y.C.L.I., heard of his death "Somewhere in France" last Saturday night and a great deal of sympathy will go out to his mother, Mrs Joseph Stratford, formerly of "Idlewyld," at present residing in Toronto with her daughter, Mrs. R. G. O. Thompson. Lieut. George Stratford was very well-known in Brantford, where he spent his boyhood and young manhood days, enlisting early in the war as a private with his University Corps. He was later transferred to the P.P.C.L.I., where he earned promotion on the field of battle.

A meeting of the executive of the South Brant Women's Institute was called together by the District President, Mrs. J. E. Brethour of Burford, on Thursday afternoon in the club room of the Y.W.C.A., in order to discuss plans for their big sale of home-made cooking, which will be held in the Tea Pot Inn the second Saturday in December. Everything from pickles to a sandwich will be for sale, including jellied meats, cakes, pies and jams, and as the members of the South Brant Women's Institute are famous for their excellent cooking, there will no doubt be a great demand for the many dainties displayed. The sale willl commence at an early hour, and at noon a luncheon will be served, which, it is hoped, the farmers and business men will patronize as well as many others who are interested in the institute. Afternoon tea will be served all afternoon until six o'clock. The proceeds are for that most worthy cause, the Canadian Red Cross.

As a great deal of doubt seems to exist in the minds of the women of Brantford in reference to their ability to vote the following official ruling will prove of interest.

Any woman qualified by age, race, and residence, who is the mother, wife, widow, sister, or daughter of a man who is serving or who has served overseas in this war—whether in England, France, Belgium, or elsewhere—is entitled to a vote. If a man has more than one sister over twenty-one years of age, all have votes. Men who have enlisted in the navy count as men already overseas whether they have gone yet or not, and their female relatives have votes. A woman votes in the electoral division in which she resides no matter where her male relative resided previous to enlistment. The women relatives of nurses overseas have votes just as if male relatives were serving.

Miss Hilda Hurley leaves to-day for Paris, where she will sing at the Japanese tea, given under the auspices of the three V's club. This is an annual event much looked forward to by the residents of Paris, the proceeds for patriotic purposes. Miss Hurley will also sing at both morning and evening services in the Presbyterian church.

Unique features marked the celebration of the golden wedding of a couple at York, Pa., a few days ago. They held the anniversary in the same house in which the wedding had been solemnized, and wore the same clothes in which they had been married fifty years ago.

Mr and Mrs. A. T. Duncan, Brant Avenue, have returned from Detroit, Mich., where they have been spending the past week or so.

Mrs. Othmar Ross left the city this week for Fort Worth, Texas, to join her husband, Lieut. O. W. Ross, adjutant of one of the R. F. squadrons.

Louis F. Heyd, K.C., Toronto, was a business visitor in the city Monday.

Mr. and Mrs. Frank Cockshutt and Mr. E. L. Cockshutt were visitors in Toronto this week, staying at "The Queen's."

After the very interesting address given by Mrs. Plumtre, of Toronto, last Saturday afternoon, when she spoke most eloquently to the women of Brantford in Victoria Hall the President of the Women's Patriotic League, Mrs. W. C. Livingston, and the executive, entertained Mrs. Plumtre and Sergeant Turley, secretary of the G.W.V.A. of Toronto, who also addressed the ladies, at afternoon tea in the Crompton tea rooms.

People in the United States are evidently developing a very sweet tooth. According to figures compiled recently by the Census Bureau, they spent more than one hundred and eighty-five million dollars for factory-made sweets last year, which is an average of about $1.80 for every man, woman and child. Figures recorded sixty-five years ago show that the annual per capita consumption of candy was then about thirteen cents.

A new vegetable food is being introduced in Britain. This is the Dutch brown bean, and is of the harcot type, light brown in color, in flavor resembling the walnut.

Mrs. Theodore Roosevelt, her daughter Mrs. Derby and Miss Flora Payne Whitney, were the guests of Sir Edmund Osler on Monday afternoon at "Cragleigh," Toronto. Mrs. Wilmot Matthews assisted her father in doing the honors, while Mrs. Gordon Osler and her sister, Mrs. Stevens, had charge of the tea table in the library, which was centered with a bowl of chrysanthemums. A number of prominent society women were invited to meet the distinguished guests from across the border.

While Mrs. Roosevelt and party were being entertained by Sir Edmund Osler, Colonel Roosevelt was the guest of honor at a reception given by the "Harvard Club," at the York Club, Toronto.

A delightful evening was spent at the home of Miss Ruby Bartle, Darling street on Thursday evening in honor of Miss Mae Roberts, a most valued member of Grace church choir, who is to be married shortly. During the evening, Mr. F. C. Thomas, organist of Grace church, on behalf of the choir presented Miss Roberts with a very handsome mahogany tray. He referred in felicitous terms to the loyal and splendid service at all times rendered by Miss Roberts to Grace church and its choir. Archdeacon Mackenzie also added his meed of praise to the fair young guest of theevening. Miss Roberts had been, he said, simply invaluable, in choir, in school house and in the other branches of church activity. A splendid supper was provided by Mrs. Bartle, which was much enjoyed. Cards and dancing rounded off the thoroughly delightful event which will be long remembered by the participants.

Despite the inclement weather, there was a very large attendance at the annual bazaar held by the President, Mrs. W. S. Brewster and executive of the Y. W. C. A. in Victoria Hall on Friday afternoon. The hall was most artistically decorated in green and white, and long trellises covered with wisteria (kindly loaned by E. B. Crompton and Co.) ran the length of the hall. Christmas colors predominating. The tea table was in charge of Mrs. James Cockshutt, Mrs. John Ott, Mrs. W. C. Livingston and Miss Knowles, assisted by the members of the Trust Club. The home-made bread and buns table was in charge of Mrs. D. J. Waterous, Mrs. J. J. Sutherland, Mrs. J. Spence, Mrs. T. H. Preston and Miss Perley. Cakes, Mrs. John Agnew, Mrs. T. H. Jones, Mrs. James Adams, Mrs. Standing and Mrs Kilmer. The fancy work table, Mrs. G. P. Buck, Mrs. H. Oldham, Mrs. J. M. Young and Miss Howell. Aprons and children's clothes, Mrs. D. L. Wright, Mrs. C. Cook and Mrs. W. H. Whitaker. A reat many beautiful cut flowers and plants were donated by Mr. Lloyd Harris and flowers on a per centage basis from the Ginn greenhouses. Owing Mrs. W. H. Whitaker. A great many people were prevented from attending the bazaar, so it has been decided to hold a continuation of it next Friday in the club room of the Y. W., when a number of beautiful fancy articles left from yesterday's sale will be displayed, and tea will be served all afternoon. The sum of $265 has already been realized from the sales, and a number of generous checks have been sent in, so that the expenses in connection with the new entrance to the Y. W. C. A. will be defrayed.

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Dainty Linens

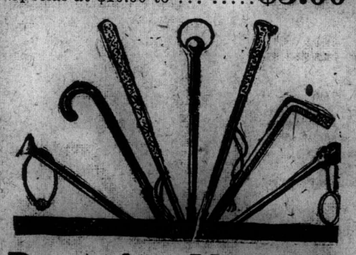
In Hand-made Madaria. They are shown in centre pieces, doyleys, 5 o'clock cloths ond serviettes, elegant range to choose from. These make nice Xmas Gifts and prices are very moderate.

Fancy Work Bags

Large showing fancy work bags in silk satin or fancy cretones, prices range $2.50, $2, $1.50 to **50c**

Ostrich Boas

These beautiful Neck pieces made of Ostrich Feathers. Come in Black, Natural Grey, Brown and white finished with large silk Tassels Special at $10.00 to **$3.00**



Parasol or Umbrella

For Either Lady or Gent Makes a Very Useful Gift

Ladies and Gents Parasols or Umbrellas large assortment of handles Special at $5, $4, $3 to **$1.50**

Silks Make Useful Gifts For Christmas

Black and colored Duchess Satin, 30-in. wide a good wearing silk and worth $2.00 6 yards make dress Special **$1.50**

Habutai Silks for Waists in Ivory, sky, pink, maize, 36-in. wide Special **75c**

Handsome Silk Crepe de Chene WAISTS

Hundreds of Pretty Waists made of best quality Georgette Crepe de Chine and silk endless variety of styles and colors to choose from and prices ranging from $10.00, $8.00, $7.00 to **$2.95**

Silk Sweater Coats

Wonderful values in these Silk Sweater Coats. Many styles they come in plain and combination colors at $25.00 to **$12.00**

Hdkfs for Xmas

Our Handkerchief Department is showing a wonderful range of Dainty Handkerchiefs in plain and fancy effects some comes 1-4 to 1-2 dozen in fancy boxes.

Dress Goods Specials For Monday

4 pieces Tartan Plaid Dress Goods with Silk over check. Make pretty Children's dresses. Special **75c**

Tweeds for Boys' wear, Special $1.00 to **65c**

All Wool Serge in Black and colors, regular $1.75 for .. **$1.25**

Velvets for dresses etc., at 75c, $1.00, $1.25 to **$2.00**

Corduroy Velvet, 27 in. wide at 75c and **$1.00**

J. M. YOUNG & CO.

A New York story says: Miss Tatiana Nicolaenna Romanoff, second daughter of Nicholas Romanoff, former Czar of Russia, has escaped from Russia by means of a fictitious marriage and is coming to America to "write fairy tales, give dance performances and talk to the women of America about terrible conditions now prevailing in Russia." The Grand Duchess Tatiana was born in Peterhof in 1897. At the time the former Emperor was overthrown, all of his children, except the Grand Duchess Marie were ill with measles, the Grand Duchess Tatiana being in most serious condition. It was necessary to administer oxygen to her.

Honeymoons Not Ideal

The honeymoon is not an ideal time, but perhaps it comes nearer to being so in these war days than ever before.

All is bustle and haste when Tommy, or one of our loved sailor lads comes home to claim the girl who has shyly promised to become his wife when next he got leave.

It has needed some courage on her part to do this, too, because she cannot stand on fuss and ceremony.

It must be all over and done with in a few days—re-union, marriage, honeymoon and all. And then, like a heavy, swift-running current, ever-present, ever filling her heart with fear, is the thought: "Suppose this brief snatch is all she is ever to know of wedded bliss?"

We all, of course, know what the normal honeymoon is like—that is the month, or "the moon," after marriage, but the term is generally applied only to so much of it as is spent away from home.

The name is derived from the ancient Teutonic practice of drinking honey wine—hydromel, a fermented liquor made from the produce of the bee—for thirty days after marriage.

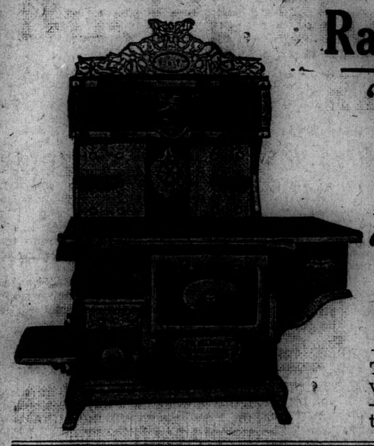
They must have had good digestions, those early men and women, to stand it.

It is recorded that one of their chiefs Attild Attila, the Hun, drank so freely of hydromel at his wedding feast that he died. Cynics have had enough to say about the honeymoon, in all conscience. An old English poet (we cannot give his name) makes mournful reference to this time:—

"And now their honeymoon, that late was clear,
Doth cold, obscure, and tremulous appear."

A French cynic has also something to say on the subject: "The honeymoon must be described as the first month of marriage when we taste the delights of love without the cares of housekeeping, and the coldness that follows custom."

Buck's Stoves



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