CHEER UP

Why don't you smile a little bit? I know you're feeling blue, But when you look at me like that You make me gloomy, too.

I know, of course, it's very hard When things are really black; But you are not the only one With troubles in your pack.

There's not a soul that you may meet But has some secret care, Suppose they all behaved like you! Life would be hard to bear—

If every face were dark with frowns. If not an eye were bright,

If every mouth just drooped and

From morning until night.

So turn the corners up a bit : If fate's unkind, deny her The chance of scoring over you ; She yields if you defy her.

#### FORGET THE PAST

The constant looking backward to what might have been instead of forward to what may be, is a great weakener of self confidence. worry for the old past, this wasted energy, for that which no power on earth can restore, ever lessens a man's faith in himself, weakens his efforts to develop himself for the future to the perfection of his possi-

Do in the best way you can the work that is under your hand at the moment; do it with a good inten-tion; do it with the best preparation your thought suggests; bring all the light of knowledge to aid you. Do this and you have done your best. The past is forever closed. No worry, no struggle, no suffering, nor agony of despair can change it. It is as much beyond your power as it it were a million years behind you. Turn all the past, with its sad hours its weakness and sin, its wasted opportunities and graces, as so many lights in hope and confidence upon the future. The present, and the future are yours ; the past has gone back, with all its messages, its history, its records, to the God Who you the golden moments to use in obedience to His law .- True

TRUE AND FAITHFUL FRIENDS

"Friendship is a word, the very sight of which in print makes the heart warm." How eloquently these words express what friendship means to one and all of us in our voyage over the sea of life! Without the pleasure and comfort afforded by true friendship the years would be empty indeed. A contemporary writer says that having a friend to share our joy doubles it for us, and having one in whom we may confide our sorrow, halves its bitter pang. If auy great happiness, success or prosperity overtakes us, the very thought that there is a friend who will be delighted with our success increases our own joy immensely. On the other hand, if we have tasted of the bitter fruits of life and some trouble or adversity, great or small, has come like a cloud to darken the hitherto bright horizon of cur hopes, and to us that cloud seems black as night and threatens to overshadow the sanabine of our whole life; but our friend comes to us, uninvited if he is a true friend, for true friends visit us in prosperity only when invited. but in adversity they come without invitation, and point out to us the silver lining to that cloud of sorrow, deprived of half its bitterness, not that it is any less hard but because burden on his own shoulders.

A true friend is one who unbosome freely, advises justly, assists readily, adventures boldly, takes all patiently defends courageously and remains a friend, unchangeably. What a great blessing is a friend in whom we may safely confide all secrets, who can relieve our cares by his conversation, our doubts by his counsels, our sadness by his good humor, and whose very looks give comfort to us.

'Commend me to that generous heart,

Which like the fire on high Uplifts the same unvarying brow To every change of sky, Whose friendship dose not fade a way When wintry tempests blow, But like the winter's icy crown Looks greener through the show.'

He is the true friend then who is with us in sunshine and storm and that unchanging fidelity is really what is meant by friendship. If it were expediency that cemented friendships, expediency when changed would dissolve them, but because one's nature can never change, therefore true friendships are enduring.

Much, certainly, of the happiness and purity of our lives depends on our making a wise choice of our companions and friends. If our friends are badly chosen they will inevitably drag us down; if chosen well, they cannot fail to have an ennobling, elevating influence on us and consequently on our lives. And yet the strange thing about it is how few people exercise even a little judgment or take a little trouble in many seem to trust blindly to chance to make the selection for them. Why, they exercise much greater to remember that "one should never place for all the days of eternity.

CHATS WITH YOUNG MEN choose our friends for what they are and not for what they look or have. It is a sign of gentleness to treat everyone without distinc-tion, with courtesy and consideration, but to treat them as friends betrays a foolish mind.—The Ecco.

#### OUR BOYS AND GIRLS

THE LITTLE TOWN OF LAUGHTER

The little town of Laughter Lies under yonder hill, With sunlight in the meadows And music in the rill, All day the little people

Go by in dreams of youth, And from the tall church steeple The bells are ringing truth.

The little town of Laughter Is happy all the while, With all the flowers in blossom, And all the lips a smile. It never knows a heartache,

It never has a care, And all the day it's singing When not engaged in prayer The sweetest little faces

Are those you see go by, And there's a merry twinkle In every sparkling eye. There is no scorn and anger. No hate nor greed nor strife To mar the golden beauty Of each day's happy life.

The little town of Laughter Is only known to those Who go with hearts of kindness To pluck its fragrant rose. And in the streets the children

Look up to you and say If you have learned to love them Then you have found the way.

THE SKATING RACE BY MARY

The wind mouned through the firs. The night was intensely cold and the moon, just rising, seemed first to light up the tall grim cedars and then throw its bright beams on a clear sheet of ice,-The Castor River.

we had all waited, counting the days and the very hours to the date of the Skating Competition. The crowd of young faces were

turned in anxious interest towards this helpless, un Christian and intwo young boys each representing a human condition, is then correctly Country School, who stood in the styled a proletarian. A body of centre of the group, and notwith workers thus efficted and standing the rivalry between them is known as the proletariat. were chatting intimately.

Both schools prided themselves in

skating, but tonight they were not thinking of the joy and freedom of skating—that was forgotten—for the hearts of all were set on one thing they would win that race.

The teacher of the rival school stood in the centre of the ice and with a "Jack Moore, come take your place" but the rest was drowned with cheers from us as Jack, our representative, the hero of our school, stepped forward; and then, as the noise subsided the teacher went conditions in general. The moral on—"Everyone knows that tonight limit to this process must be the we skate for a prize-no-not a prize-rather for the honour of our schools; but also it is to determine Cup for the present year." Oh! how we cheered, both schools this time voicing their hopes in that Hip Hip-

Now, Bill Smith, take your place,

and instantly the trouble seems Bill-boy-boy, skate, faster, faster the acknowledged right of labor -that's it, you're ahead!

Our school was silent, was Jack, another. Jack losing, ch, it couldn't be. school yell-for Jack was creeping up. It's a tie, on Jack, on Bill. They're down, tripped, Coward-

before the echoes had died away. Silent, but only for an instant. then clearly, above the yells the teacher's voice rang out-

'If you don't stop that yelling-I'll Call the race for the Woods Cap-

They're up, they're off again, Jack's lame, call the race, call it! pards from the goal they were again

that cup? We waited - and then

forward-The race was over! and with one

breath we broke into VICTORY

The Cup is our's, Well, I guess, Castor High School, YES, YES, YES. Our School Yell.

ENVIRONMENT

Environment is so active and energizing in its influence upon judgment or take a little trouble in character that there is a school of the choice of their friends, and how thought which said that man's destiny was determined by environment. But is man of such little breed that his fate is to be determined by cir cars in the choice of an office boy cumstances? No rather must be be than in selecting friends by whom the architect of the circumstances, their whole life will be more or less building up life's trials and troubles influenced for good or evil. In the into a staircase sloping to the throne case of friends it is always well of God, where he must find his right judge a book by its cover," and Rev. Bernard Vaughan, S. J.

#### SIGNIFICANCE OF LABOR UNIONS

Joseph Husslein, S. J., in America In previous articles we established the natural right of labor unions and their necessity in the present social system. It is not impossible that the free exercise of this right may be interdicted in the future, under a Socialist no less than a capitalist regime. The complete suppression of labor unionism in modern times took place as a consequence of the French Revolution. Here, for instance, are the two first articles of the Loi Chapelier, passed June 14.

"Article I. Since the destruction of every kind of association of persone of the same estate or profession is one of the foundations of the Constitution, the reestablishment of them under any form whatsoever is forbidden. .

"Article II. Citizens of the same estate and the same profession, workers and journeymen in whatsoever trade, may not, when they are gathered together, elect any president, secretary, or syndic; keep minutes, take resolutions or draw up rules regarding their pretended

common interests. The loss of faith, together with this total suppression of labor unions, gradually enacted into law over the entire civilized world, was necessarily followed by the economic evils of the modern industrialism. History has convincingly proved the falsebood of the doctrine that economic forces, left to themselves, without inter ference of law or association, will work out surely to the continuous betterment of the laborer's condition. The fact is rather that under a system of unrestricted individual bargaining, with legal regulation and labor unionism suppressed, the "iron law" of wages would inevitably come again into effect. According to this the average wage of the laborer will always be reduced to what is just barely necessary to support his own life and rear a family through which the labor market can be continuous-This was the great night for which | ly supplied. The actual wage might slightly rise above this mark or sink a degree below it, but must always gravitate to it again. The worker, reduced by individual bargaining to workers thus afflicted and enslaved

> To remedy this situation, which followed upon the Reformation and was completed by the French Revo-lution the abomination of the Malthusian principle of birth-control was invoked by godless economiets and labor leaders, as it is still ceaselessly promoted today by rationalists and Socialists in every land.

Labor unionism meets these difficulties by the constantly applied force of collective bargaining, which sesuits in shortening hours, raising ages, and securing better working point where such demands would imply an injustice or a violation of charity towards either the employer which school shall hold the Woods or the consumer. But real as is the danger that labor may exceed the rightful use of its organized power. the absence of this power, as we have shown, would be far more fatal not merely for the laborer, but for and as both boys shook hands we stood breathless—waiting—
"ONE—TWO—THREE—Off! that could be combated in no other Who was ahead? Our question way than by a bloody social revoluwas soon answered for our rivals tion. And even this, in turn, could were cheering, cheering-On Bill, oh | be of no avail without establishing organizatious, under one form or

Labor cannot, like capital, sell it Then we broke into a yell-our produce in any market. It has but its skill and strength to hire, which are inseparable from the person of the laborer himself. It cannot store Coward—we yelled. Then the bell up its wares, waiting for a better rang and we became silent even opportunity of bargaining, for it has nothing but its labor power to dis-pose of, and starvation follows if the worker is unemployed. Left without the aid of organization the laborer is normally in the position of a mer-chant who must sell his goods at once and at any price or else run into bankruptcy. The physical strength of the wage-earner is then placed upon the labor market at Losing! We were losing, for whatever employers may decide to clearly Jack was being left behind, offer for it. Thus the application of yard by yard, then with a spurt he the iron law of wages would, under quickened and with only a hundred individual bargaining, continually keep the laborer in the pitiful con dition of a mere proletarian, as we How they were skating, they find him under paganism and as seemed rather to be flying, the yards again we behold him after the supbetween them and the goal grew pression of labor unionism in fewer and fewer—who would win modern times. He thus becomes at once the scaudel and the menace of with a rush-a cheer-we sprang such a civilization, which Christian. ity could never tolerate.

Organization, even though but very partial, elevates the entire posiof the wage-earning class. Directly, by the force of its collective bargaining power, or indirectly, through the respect or fear it in-spires, organized labor soon reduces hours to a reasonable limit, raises wages above the proletarian limit, and secures for the worker a share in the comforts, the rightful enjoy ments and the culture consonant with the present stage of material

and intellectual civilization.
So necessary in fact is labor organization that the celebrated Jesuit moralist, Father Cathrein, advocates in common with many other leading Catholic authorities, the computery organization of labor, even in our own time, provided that a majority of the workers them-selves should demand this. Such,

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days of the Catholic gilde.

culty in our day arises from the national labor union system. Labor absence of religion as a guiding unionism will still be needed within principle of unicnism to assure these plants to safeguard labor's posjustice and charity for all men. In ition, while the shop committees can Catablic countries this condition is cooperate with capital in perfecting readily remedied by the establishing industrial relations and labor proment of Catholic labor unions. In casses. Labor will thus arrive at a other countries the circumstances of new stage of that constant self develtime and place must help to decide opment which trade unionism was to how far the ideal blending of religionake possible again among the ion and unionism will be possible to masses. Participation in industrial approximate as closely as may be to the Catholic form of unionism we have described before, where econthe soul of the labor movement. industries. want ng. It is a profound and practical sild ideal, when it was the people that every tradesman should be forced to join his own trade union, or else be excluded from mastership in his craft. The conditions for the practical applications or the councils of labor unions,

"The World Problem" (pp. 172, 173).
It is necessary that admission to their respective unions must be rendered easy to all qualified workers, and the inconvenience to non-unionists must not be out of proper-hours or heightened wages on the tion with the good accomplished. other is set the stricted limits, we The union itself, moreover, must be are far indeed from the ideal that is such in its nature that workers will to bring peace, contentment and not be withheld by their Christian happiness to all. A single laborer principles from joining it.

and thratening to settle on his fields and vineyards. Nothing would be left, he knew, of all the beauty of that rich Italian landscape but black and man, between class and class. destruction. But to others who studied with equal attention the development of the same labor move-ment it seemed to rise like a fruitful cloud laden with every benediction, and bringing pienty and golden harvests to the land. Which of these two classes of observers saw

with the eyes of prophecy?

The fact is that it depends entirely upon the nature of the particular labor organization whether it shall be a blessing or a curse. Like the gilds of the Middle Ages at their perfection, it may come, with the promise of peace and happiness, or like the Bolshevist menace it may rise up dark with class hatred and ha scourged along in its destructive course by the storm-winds of irrelig leaving wrack and ruin in its

struggle that they secured reasonable hours, better wages and human con ditions of labor. There had been an incentive for the master to provide for the slave or the ser!, but human labor was cheap in the days of industrialism, when men had separated from labor's greatest friend, the Church, and the unions had been rampled under the hoofs of the new god Pan, half human, half brute, who played on this reed of gold. Under such conditions, which no one ever pictured more realistically than the great Pope Leo XIII. himself, the modern labor union arose, fighting without surcease, struggling through victory and through defeat, until it should attain its end. There was naturally a danger to be dreaded when that end should be attained. The great powers it fought in the beginning had little regard for jus-tice or for charity. Their princip es, in general, were the longest hours for the shortest pay and the least expense in providing the worker with humen conditions of labor. Their supreme end was the amassing of the greatest gain by any legal means. Labor unionism must beware lest it copy these methods and follow these principles with its own growth in power. That there is danger of this the intelligent laborer well knowe.

Besides, the labor union primarily at present a bargining organization. For this very purpose it was needed and for this mainly it came into existence. When a reasonable bargain has been concluded, the danger is that unreasonable con ditions may next be exacted, in place of constructive work that should benefit all alike, of increasing production and lessening prices.

The relation between capital and labor must not be permitted to degenerate into a selfish struggle for the spoils of war and a ruthless class after all, was the practical result of the action taken in the Middle Ages, and such is the object of the closed must be brought back again to our

shop today. The latter would force commercial and industrial life the unorganized workers, not by Some ray of hope we behold in the physical violence, nor by legal enacts shop organizations springing up ment, but by exclusion from their within certain plants, and built at trade, to gather into the existing times on the idea of a true coopera-labor unions, as was done in the tion between capital and labor. This new "industrial democracy" Here, as elsewhere, the only diffi- not be brought in conflict with the

demands of us that at all times we consider, first and foremest, as of tion of the closed shop principle are the common good of all the people. described by the present writer in Until the truth is again firmly may accomplish little in guiding the The growth of labor unionism in modern times has been viewed with most divided sentiments. To some it was a sign no less eminous than the symming leonet clonet the policy of his giant corporation, but the consistent and combined the swarming locust-clouds were to action of all Christian men and the eyes of the Roman peasant as he women must be a mighty power saw them slowly darkening the sun everywhere for truth and for good.

### \$300.00 CASH PRIZE CONTEST

Three hundred dollars in cash is eing offered as a prize to the one who guesses nearest to the correct figures of trade of the United States with Canada for February. See the offer made by "MY CANADA," on page 6. "MY CANADA" is soon to be issued week by week as Canada's National Weekly, to provide a Canadian "Post" for Canadians, for Canada and the Empire.

### PARENT AND SCHOOL

About the only time that father or mother ever goes near the school is Modern labor unions have of when Johnny or Mary gets into trouble. Then one or oth in a moud for fight; because, of course, John and Mary are always right. The rarest tact is demanded from the teacher, not to remedy what has gone wrong, but to assuage the auger of the irate parent. It should be added, that the circumstances that brought father or mother is surely of a very serious character. Nothing short of catastrophe could have induced them to come. They see the school under the worst possible disadvantage, namely through the eyes of some slight brought upor them through their offspring. the visit as a consequence, results in little good. The normal Catholic parent is really interested in his children. No one is so anxious for their success and no one so ready to make sacrifica that this success may be assured. But the wish usually stops short at the mere fart of entrusting the child to Sisters, priests or brothers. to be en irely upon their shoulders This, of course, is absurdly wrong. Here and there endeavors have been made to link the school with the home. From the teacher's point of view it is almost indispensable, and from the parent's point of view it should hardly be less so. It is not the mere fact of preparing the lessons at home and this is imper tank enough, but it is the necessar knowledge that the teacher should have of the home surroundings of the child and the natural co opera tion that the parent should give to the teacher. This assures good team work without which no school can be thoroughly successful. So that association of parents which takes interest in their children, in their teachers, and in the school itself t the best assurance that satisfactor; results will be achieved by everyone Parent-teacher associations are no mere fad.—New World.

> If every year we would root out one fault we should be perfect men. -Thomas a Kempis.

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