Conducted by HELENE.

We At last spring is in the air. have waited so impatiently through a long trying winter and though we wade ankle deep in slush these days we feel it is such a little way till bird and flower will be with us and in the fulness of our enjoyment the happy summer we will forget the hardships through which we have passed. The sun's rays are already guite warm, and the tiniest semblance of bud on tree tells us of Nature's awakening.

FASHIONS.

Necklaces of opal beads are much

Worn. Ecru lace is used in preference to dead white.

New earrings are of large pearls in Chiffon mohair is softer and less

wiry than the ordinary mohair. No one with a paucity of gowns is in selecting a conspicuo

New finger rings show settings much larger than have been

Those fascinating Du Barry hoods, which any girl who knows how to use a needle can readily fashion for berself, are making quite a furore certainly are most becoming to any A new toque, the latest thing

Paris, has no brim at all at but at the front the brim the curled up type is nearly three inches high and the same height at the sides also, but from the middle of its sides it slopes down until at centre of the back there is none left. The termination is absolutely flat, nearly square, and on it cache e sort is to be affixed. This toque fits beautifully over the coiffure when the latter is low.

The flat disk trimmings made sewing tiny braid together in snail is seen upon a number the best wool frocks, the discs being used in varying sizes, and usually matching the material in color. Made of fine soutache set on edge, they are perhaps at their best, and in th smaller sizes are made to simulate buttons or enter effectively into braiding designs worked out in sou-

That long familiar blouse bolero, in one form or another, is bobbing up as serenely as ever, and the plainly bolero and the loose bolero also have their places. Often with the bolero bloused slightly in the back and half loose in front, over a chic girdle, little basques are used or some modified position idea i carried out: but, after all, the disguise is a thin one.

Certain of the new linen frocks, for example. have heavy lace or embroidery inset in long tapering points. the points running up the skirt and this not only adds to the flar ing effect of the skirt bottom but offers a good opportunity for actual introduction of extra width in the lower part of the skirt.

question of sleeves in the fu ture-that is, the coming spring and mer-is one of interest, and many of the predictions made concerning sure and disapproval, the latter for some the former for others. far as the lingerie blouse is concernmutton, with a full top tapering down to rather narrow ed into medium width cuffs of tucks and those with short handles are or bands of fine embroidery, are most convenient for thick substances among the latest imported mo This is the most sensible fashion of Its full top conceals both the too thin and the too fat arm unles it be of the sheer variety, and its close lower portion does away with the dipping and mussing of the fuller old style sleeve

Flounces and frills are, of course used upon the sheer summer frocks and evening frocks, but aside from those instances flat trimming that will not interfere with the tong lines of the skirt silhoutte has the ference, and the flat front breadth the flat front trimming is retain

The full skirts which have prevailduring the fall and winter windoubtedly be good during the con ing spring. Of course the fulness will be confined in plaits, flaring gracefully at the knees. Walking akitts will be shorter. The correct gth is three or four inches off the sund. By a trick of fashion car-ge and reception skirts are to be

worn three or four inches on the ground all the way around. must be as long in front as in back.

There is a promise that the for spring will be short. Jackets and perhaps Etons will take the place of the three-quarter coats and hose even longer which have been worn during the winter.

Pretty fancy aprons are dear to every feminine heart, and the making of one requires small labor and ex penditure. With aprons, as with all else, different designs are suggested by the materials at hand. A pretty one may be made of white dimity Across the bottom are three square of primrose figured mull. These are set on the dimity with insertion as ter the French manner. To attach either lace or insertion, baste it evenly about one-sixteenth of inch from the edge of the material then overhand it in the usual way By throwing the thread well to the tight before taking each stitch it will be found to roll the little edge of material and securely fasten it Of course the stitches should small and even, and loose threads nust be afterwards removed. Lac trimmed insertion edges the sides of the apron and is also carried across the top, while a ribbon ru through fastens it around the wais for themselves, and fashioned in and also permits of smoothing ou gauze with a dainty silk lining they the gathers, so that the apron may be folded away free from wrinkles Little lace trimmed mull pockets are placed low down towards the bottom so as to be more accessible when or is holding sewing in the lap.

Aprons made of plain pink blue or of figured materials are most attractive, and the tinier they are he daintier they appear. Strange to say, they should be wider long by at least three or four inches Pure white aprons are much trimmed and befrilled and have lace trimm

. . . TIMELY HINTS.

An apple-parer works just as well on potatoes as on apples, and saves time as well as food, where there is quantity to be cared for

To set the dyes in cotton stockings put a handful of salt in the washing vater.

Pounded glass mixed with flour into a paste and placed near rat holes will banish the rats.

A cement made by adding a tea spoonful of glycerine to a gill of gluis a great convenience in the kitchen and it is especially good for fastening leather, paper, or wood to me tal.

When cooking a small roast, first ear it all over on a hot spider. This will immediately drive in the meat juices, and less heat will be required oven. n the

To clean window blinds, spread or a table, and rub over with bread This treatment will make rumbs. tlinds look quite clean and fresh again, and they will not be pulled out of shape, as blinds often are in rocess of washing, or ironing.

Drops of oil on the clothing may b removed with benzine or ammonia. Take a piece of flannel, saturated with the liquid and rub all around the spot with it, working gradually oward the centre. As benzine very inflammable it should be handl-

ed with care. Starch and iron wide lamp wicks for oil stoves. They will not then

cause trouble in fitting them into he burners. When stewing fruit never use

. WELL TO REMEMBER.

That cinnamon drives away moths That washed lace is not to be blu-

That brown or green is the be oackground for pictures. That stove blacking should oistened with vinegar, not water.

That olive off, even when taken by itself, should be well "chewed." That squeaky doors may be tem orarily silenced by an application

That water may be kept cool by wrapping the water jug in a wet

That we often suffer by breathing n the minute hairs shed by pet ani

That cream and sugar neutrali he good effect of strawberries

That fresh fruits are valuable b cuse they encourage natural pro-esses in health or sickness.

That borax and boric acid are not

That boric or boracic acid does not contain any soda and that it ositively never irritates.

That bread is toasted to take out

the moisture that the saliva may the nore moisten it. more moisten it.

That stained enamel saucepans may
be cleaned by boiling in water with

a little chloride of lime. That the rubbing of the sulphu nd of matches on ink-stained fingers which have been dampened, will re-

That freckles may be removed his application: One part lemon juice, two parts eau de cologne and

eight parts elder flower water. . . RECIPES

Quick Muffins.-Mix one cup of flou with one scant teaspoonful of baking owder one egg. one teaspoonful of thick batter. Place six large muffin rings on a hot griddle; put half teaspoonful of lard into each. Fill each ring half-full of the batter, bake over a moderate fire a light brown; turn them over with a pancake turn er and bake the same on the other side. Serve in a napkin. The rings may be placed in a buttered baking pan and baked in the oven.

bowl and add half a teaspoonful of salt. Beat them well and mix with them half a pint of buttermilk. Add a pint of sifted white meal by slowly shaking it in the bowl with th left hand and beating it in the egg and milk with the right. Add more milk if necessary to make a smooth stiff batter. Then make a deore in the centre of the mass and rubevel teaspoonful of balding soda it through a sieve. Stir and beat steadily until the soda is well mixed Grease a shallow pan and pour in the mixture. It should lie the pan about an inch deep and be allowed to rise. Bake quickly in a hot oven, with the heat turned on the bottom. To serve cut in small squares with a hot knife and place them on a warmed plate. This bread s best for breakfast.

Velvet Sponge Cake—This is an ex

cellent recipe, and so easy that it nay be prepared by a child: cups of granulated sugar, six eggs (leave out the whites of three) one cup of boiling hot water, two and one half cups of flour, one tablespoor of baking powder. Beat the yolks of the eggs a little, add the sugar and beat fifteen minutes; add the three beaten whites and the cup of boiling water just before the flour; flavor with a teaspoonful of lemon extract and bake in three layers, putting between them icing made by adding to the whites of the eggs beaten to a stiff froth six des verized sugar to each egg, and lemon to flavor.

* * * THE OLD STYLE NURSE.

"When folks first began to send for trained nurses," remarked the uninformed woman, according to the New York Times, "there were those who aid I would soon lose my job altogether; but that was many years ago, and here I am still, with more alls than I can attend to, though there's such big classes of girls gra duating every year in the hospitals has begun to be complained that the profession is over-crowded I have only got my experience to put against their education and hospital training, but somehow it seems to carry the day." "And natural talent into the bar

gain," suggested a listener. "I have heard that sick nurses, like cooks, are born, not made."

"I don't know about that. I dare say I have made lots of mistakes in my time—I mean when I was new to the business—but I always liked to te around sick people. And then there is another thing. Although T have been nursing so long I ain't a bit bossy, and that's just the differ ence between me and so many nurses especially young ones, that's got di There's lots plomas to show. ladies who don't like to be put down sort who, when they've had to do with some sort of trained nurses would rather send for me the next time there's sickness in the house.

"Of course, when a doctor puts s case in my charge, I'm going to fol-low out his instructions, no matter the home folks may cut up about it, but there's ways and ways of doing most everything, and I never make myself disagreeable if it can tossibly be helped. "She knows it all, but she made herself too num ous,' a man once said to me of a when he was down with rheum fever, 'She had the whole family hack, from my wife down to der nack, from my wie down to cat." And from what he let out from time to time after that—I was nursing his children through the measles, and he talked mighty free

might have humored him without do-ing a bit of harm. But no; that wasn't the way they done things in the hospital where she got her train-

'I suppose when there's a ward full has to be strict, and things has to b done just so, but it is different when here is only one patient to be wait But the patients I get along best

with are sick children. I am fonc of children to begin with, and having had a family of my own, naturally know better how to treat them than nurses do who only go by hospita instructions. Many's the little tea party I have had with little girls who are just getting over the let feaber, and I've played dolls with em, and helped 'em make ooks till they've said they'd rathe play with me than with other chil-Such treatment ain't down ame. I ain't never lost any patients by it.

A WOMAN'S PERFECT GIFT. "One crown of glory the elderly voman may proudly wear, and it is distinction she could never have had in girlhood or early matros hood; she may be a grandmother,' writes Margaret E. Sangster. "I can think of nothing so perfectly satisfying and so thrilling with a sub le ecstasy as the holding in one's arms, and looking into the face he child of one's son or daughter It is the second generation, and you have lived to see it that fact to it self is delightful. You compare the baby face with those of your children, and trace the quaintest points of resemblance, and oddly enough you see, what nobody elecan see, flitting likenesses now ap then to the child's remoter ancestors to some great grandfather or grand mother long vanished from the earth, Your granddaughter and you will b hums: your grandson and you will be comrades, and good, the only good, will be the outcome of cautiful association for all concern One of the most perfect gifts which comes into the life of a man is the joy which comes to be over the cradle of her grandchild. It s without a single flaw.

ORIGIN OF VISITING CARDS.

"The use of visiting cards dates ack to quite an antiquity," explains Mrs. Van Koert Schuyler. "Forme ly the porter at the lodge or door of houses kept a visitor's book n which he scrawled his idea of the names of those who called upon the master and his family, and to whose inspection it was submitted from time to time. One fine gentleman, s scion of the nobility from the Far bourg St. Germain, was shocked to find that his porter kept so poor register of the names of those who had called upon him. The names nadly written with a spluttering pen and pale or muddy ink, suggested th dea of writing his own name upon slips of paper or bits of cardboar in advance of calling upon his neigh bors lest his name should fare badly at the hands of their porters. This custom soon became generally

THE STUFFED CHILD. At the request of the Comptroller of New York City, Mrs. M. C. Fer investigated the teaching of specia subjects in the public schools. turally, she finds that by the the class teacher has done all that i imposed upon her by the music su the physical pervisor, the drawing su-pervisor, the sewing supervisor, the supervisor. drawing cooking teacher, the shop teacher, and so on, "there is little time left It is true, as the New York World says, that simMar conditions exist in most of the American cities It is It is not necessary, however, to agree with the World that "the cea difficulty lies in the fact that school day is too short for all the work that is done." The difficu The difficulty perfluous studies is crowding fundamental and indisp studies. The luxuries have conque the necessities. The school day iong enough. The school course is altogether too long. The old-fash ioned three R's, learned unforgetable in the draughty old district sci "the little red school-house" he essentials of education, and erior beyond comparison to attering of the ornamental. odgepodge, the useless stuff that is nothering the poor children's brains awadays.—Everybody's Magazine.

If you have great talents, industry will improve them, if but moderate abilities, industry will supply their

IRISH AUTHORS

It is somewhat melancholy to con sider how few artists have resolute ly shut their eyes to the allurements of London, says Edmund Down the Dublin Weekly Independent. Among the fiction writers, Miss geworth Sheridan Le Fanu William Carleton succeeded in resist ing the temptation to live out Ireland; though in his latter day the author of "Traits and Stories depended as much upon his ension as upon the profits derived rom his writings. Charles Lever England "a wide berth," Lady Morgan had to come to London; so Samuel Lover. And even those two ssentially and intensely Irish novel ists. John Banim and Gerald Griffin, ere compelled by fate to cross the Trish sea London is undoubtedly the best li

erary market in the United Kingdom but I fancy there is something than the matter of pound shillings and pence in the selection of it as headquarters for Irish

tists of the pen or the brush. Imaginative writers are not com died to inhale London fogs for inspiration, and the literary agent is ufficiently well able to make gains in Great Britain for authors esiding in Ireland. Must one driven to the conclusion that there s something in the Irish air, or Irish association, which is fatal to imaginative work? Or is the phenomenon to be ascribed merely to desire to be, at any cost, in thick of the literary scramble

It will be found (if anyone cares to oursue the inquiry) that a considerable proportion of Irish writers hav drifted out of Ireland, not of malic prepense and aforethought. Roving ropensities, accident, duty, cause entirely beyond control, have cast them adrift. But there must who have left their native nanv finding that Ireland had no place for them-and not infrequently making this discovery with some heart-scalding.
The late Mrs. Hungerford—the most

successful Irish novelist of her generation-told me that no temptation would or could induce her to aban don her beloved County Cork; tha she was happiest and freshest there and that she did not consider -she suffered anything in pocket by resid-

ing out of London. Here is an imperfect list-compiled at random-of Irish wits and hies who swell London's intellectual throng: Justin McCarthy, publicist, historian, essayist, novelist, states man, with his heart ever in his own country. He seems to have cap-Loodon (or to have allowed London to capture him) by slow de His brilliant son—playwright teller, poet—was born here; he grees. could not help himself. The attraction of the English bar was doubt less the magnet which drew that earrest patriot and historian, Barry O'Brien, across the channel. Possibly it was the same magnet which affected H. A. Hinkson. This clever novelist has a good deal to answer for-he drew out of the Irish capital in 1893 its most charming poet, critic and story weaver-Katharine Tynan.

John Augustus O'Shea-a hopeles invalid now, alas !-was not coaxed from his native Tipperary by the fascinations of London. His exodu was brought about by the Garibaldian wars. O'Shea—a mere youth—took up arms in defence of Pius IX Then he drifted to Paris, and the lust of wandering gripped him and tossed him over the globe. Mr. Frankfort Moore-the most prolifi of all the Irish imaginative writers of to-day; he is the author of about forty brilliant novels, and he also urge that it was the passion for travel which divorced him from his country.

lived for many years in India. She is never out of touch in her books with her native land, and her ab from it is possibly owing to the fact that the duties of her husband, Lieutenant Colonel Croker, do not pe mit of an Irish settlement. Marriage too, it was which, in 1857, tool Mrs. Reddell—the author of mor than thirty able novels—out of Cas ickfergus. Miss Dora Sigerson yet another of the ladies who was s diced across the seas. However, she s doing good work in instilling Iriel deas into her clever husband, Mr Clement K. Shorter.
Duty banished Mr. Alfred Percival

Graves. It seems a far cry nov to his "Songs of Killarney" in 1872. The author of "How to B dappy Though Married," the Rev.

J. Hardy, has been for many hars an army chaplain, and even condon cannot always claim him forn in Armagh, it is his fate to fin

the position of Agent-General for Victoria, Mrs. Hoey belongs primarily to the generation and to the circle which could boast of Thackery nd Dickens. She was one of

Fitzgerald Molloy-poet, of picturesque history—is vriter omething of a traveller, ilso a Londonist, perhaps tigoted a type. Percy Fitzgerald-Charles Dickens, author of innumerable works of fiction, bi-ology, history and travel—is a conmed and hopeless Londonist. He tells me he could not live out life, hold a charm for him which he cannot find in the place of his birth Fane Valley, County Louth,

One may judge from my brief list tion of them) to remain at home?

Nearly forty years ago Carleton made a strange prophecy. "Banim and Griffin are gone, and I will soon follow them; and after that will c a lull, an obscurity of, perhaps, half century.

Commenting upon this somewhat egotistic sentence in her Introduction to Mr. D. J. O'Donoghue's life of the great peasant, Mrs. Hoey goes

when among her sons she shall count one fit to wear the long-time folded mantle of William Carleton.

new Carleton does arise he will be proffered honors (and more substantial rewards) in his own country.-

A SPRING DANGER.

Many People Weaken Their System by the Use of Purgative Medicines.

Ask any doctor and he will tell you

that the use of purgative medicines weakens the system, and cannot possibly cure disease. Thousands people take purgative medicines in the spring, and make a most serious mistake in doing so. People who feel tired and depressed, who find the appetite variable, who have occasional headaches and backaches, or whose blood shows impurities through pimples and eruptions, need a spring medicine. But they should not dose themselves with harsh griping purgatives that gallop through the bowels, tearing the tissues and weakening the system. A tonic medicine is what is needed in the spring and Dr. Williams' Pink Pills is the best tonic that science has yet dis covered. They are quietly absorbed into the system filling the veins with oure, rich red blood that carries health and strength to every part of the body. Dr. Williams' Pink Pills cure skin eruptions, indigestion, headaches, nervousness, rheu-matism and all blood troubles. They pressed, easily tired men and women cheerful, active inprove the appetite, and make de James McDougall Little Shippegan N.B., says : 'I have used Dr. Williams' Pink Pills as a tonic blood purifier and have found them superior to all other medicin

If you n -and who would not be the better of a tonic after the long, dreary indoor months give Dr. Williams' Pink Pills a trial. They will send rich. red blood coursing your veins and give you the buoycy of perfect health. See that th full name, "Dr. Williams' Pink Pills or Pale People," is printed on the ers in medicine sell these pills or you can get them by mail at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

A little bit of sorrow o day an' then to-morrow— So the old world moves along.

A little bit o' bloomin' At the comin' of the May, A little bit o' gloomin'
To proclaim the autumn day.

And in the long hereafter,
When the balance sheet appears
If I've had my share o' laughter,
I will not begrudge the tears.

himself now in Hong Kong.

Mrs. Cashel Hoey is another of the
Irish ladies who left Ireland because
of her husband's duties. Mr. Cashel
Hoey, after the break-up of the old
Nation, came to London to take up most valued contributors en a contributor of literary artitee and reviews to Edmun World from its foundation.

Its crowded streets, its

that accident has had much to do with the fitting of the literary man as design. But the fact remains that Irish eyes, which should be plancing at Ireland, are covertly gazing across the St. George's channel is it possible or is it worth while -to make an effort to induce Irish authors (or any considerable propor-

on to say:
"It will be a proud day for Ireland

It is to be hoped that when the

* * Tear Aunt Becky: I was glad to see my firs print, and thought I won egain. My cousin will w also, and it will be her fi We are having bad weather am wishing for spring to was glad to see all the lo

THURSDAY, MARCH

OUR BO

from my little nieces and

interesting to all readers

you, I think. Grandpapa

pporter of our paper.

wishes to see more letters.

Chester. Many thanks, A

Margaret is a new comer.

reading the little letters a

his part well. What a n

studies for a small boy.

think it would be very fu

have a class of only five o

there is the advantage of t

being able to give individ

tion. Love to all my li

My grandfather has tak

always read the little le

Aunt Becky, and thought

in the True Witness. I ar

girl of ten. I have two s

one brother, and dear kno

enough, he is so mischievo

Claus came to our house

mas night and brought m

lovely things. I live five n

the church and a half a n

the school. Now, dear Au

I bid you good-bye, From

Fath, N.B.

GENEVI

Your friend,

for a number of year

to see my little lette

+ + +

AUNT

and nephews.

Dear Aunt Becky :

welcome. Washing

kind wishes.

Do none of the little

sugar district? I th

Genevieve sends her

Santa Claus was ver

Write age

week and hope to see mor the children write such goo I will write soon and I now saying good-bye. CHEST Hudson, Mass., March, 1

Dear Aunt Becky: This is my first letter. years old. I have three s two brothers. Our baby i We all love her. She is nin old. We three girls go French Sisters' school and well. In the real cold sto we cannot go every day. 'I lot of snow here now. We True Witness and like to children's letters. Santa kind to us all Christmas. C sisters is to write a letter hope to see this letter Wishing you a happy new 3

Your niece.

Ogdensburg, N.Y., March Dear Aunt Becky:

read the little letters in it eleven years old. I go to every day I can in the win are bad sometimes. three sisters and two brot haby is nine months old. with us. We have some he are dear here now. We had and two calves. Now I ho this letter in print next w will write a longer letter

From your niece, MARY MARC Ogdensburg, N.Y., March,

Dear Aunt Becky: You said you were glass from me, so I will write an ter. I wish all the boys would write, so I would fun of reading the letters fun of reading the letters is going on. If all the is going on. If all the girls would write they every withink they are a little it to school every day, geography, grammar, her reading, British history, quandian history, spellin thism. It is