APRIL 29, 1920

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is largely caused by waste resulting from spoiled cakes, pies and pastry.

Many people do not consider baking powder a very important ingredient in baking, whereas it is most important—Success or failure depends upon the powder you select.

EGG-0 Baking Powder

helps keeps down the HIGH COST OF BAKING, because, first, it is sold at a reasonable price, and second, its double acting qualities absolutely assure perfect baking at all times. Always follow the directions on the label, you use less powder.

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Hamilton, Canada

Boys and Girls agents for THE FARMER'S ADVOCATE AND HOME MAGAZINE. Turn your spare time into money. Address: THE WILLIAM WELD CO., LIMITED, LONDON, ONTARIO

Our School Department.

Standard Varieties of Vegetables.

Soon it will be planting time for the hundreds of school gardens in the Pro-vince, and the following list of vegetable varieties is given to include those recognized as standard varieties by commercial and amateur gardeners alike. Appended also is a list of the different vegetables with the amount of seed or the number of plants necessary for a row 100 feet in

Artichoke: Red or white. Asparagus: Palmetto, Conover's Co-

lossal, Reading Giant. Beans: Wax - Golden Wax, Davis White Wax. Green-Valentine, Refugee. Beets: Flat Egyptian, Detroit Dark

Broccoli: Walcheren. Brussels Sprouts: Dalkeith. Cabbage: Early—Jersey Wakefield, Copenhagen Market. Main Crop—Glory of Enkhuizen, Short Stem Ball Head. Savoy-Chester Savoy, Green Globe Savoy. Red—Red Rock

Cauliflower: Erfurt, Snowball. Celeriac: Large Smooth Prague. Celery: Early—Paris Golden, White Plume—Winter—Winter Queen. Red— London Prize Red.

Chives: Common Citron: Colorado Preserving. Corn: Early—White Cory, Golden antam. Main Crop—Perry's Hybrid, Bantam.

Stowell's Evergreen.
Cucumber: White Spine, Improved Long Green, Chicago Pickling.
Dandelion: Improved Cabbaging.
Egg Plant: Black Beauty, New York

Endive: Moss Curled. Horse Radish: Bohemian. Kale: Dwarf Scotch. Kohl Rabi: Carentan. Lettuce: Grand Rapids, Nonpariel, Big

Boston. Trianon-Cos. Muskmelon: Paul Rose, Osage, Burrell's

Mustard: English White. Onion: Seed—Southport Yellow Globe, Southport Red Globe, Danver's Yellow Globe, Red Wethersheld. Silver Skin, Barletta. Green-White Welsh, Egyptian. Transplanted-Prize-

Parsley: Champion Moss Curled. Parsnip: Hollow Crown.

taker

Peas: Early-Gradus, Sutton's Excelsior, American Wonder, Thomas Laxton. Late-Stratagem

Peppers: Ruby King, Chinese Giant, Large Long Red.

Pumpkin: Quaker Pie, Connecticut

Radish: Ne Plus Ultra, Scarlet White Tip Turnip. Winter—China Rose, White Chinese, Round Black Spanish. Rhubarb: Victoria, Linneaus

Salsify: Mammoth Sandwich Island. Spinach: Viroflay, Round Leaf Summer. Squach: Green Hubbard, Golden Hubbard, Boston Marrow, Vegetable Marrow, Bush and English Marrows

Tomato: Red-Earliana, Bonny Best. Chalk's Jewel, Red Rock, Red Canner. Pink-Byron Pink, Imperial. Turnip: Golden Ball, Early White Six

Watermelon: Cole's Early, Peerless.

PLANTING TABLE.

Artichokes, 10 lbs.; asparagus, seed, 1 ounce; asparagus, plants, 50 plants; beans, bush, 1 pint; beets, 2 ounces; Brussel sprouts, ¼ ounce; cabbage, late, ¼ ounce; carrot, ½ ounce; cabbage, late, ¼ ounce; carrot, ½ ounce; cauliflower, 14 ounce; celery, 14 ounce; citron, 1 ounce; corn, sweet, 1/4 pint; cucumbers, ½ ounce; egg plant, ¼ ounce; kale or barecole, ¼ ounce; kohl rabi, ¼ ounce; leeks, ½ ounce; lettuce, 14 ounce: melon, musk, 12 ounce; melon, water, 1 ounce,; onion, seeds, 12 ounce; onion, sets, 2 quarts; parsely, 1/4 ounce; parsnip, 1 ounce; peas, 1 quart; pepper, ½-1 ounce; potato, Irish, 10 lbs.; pumpkin, ½ ounce; raddish, 1 ounce; pumpkin, ½ ounce; raddish, 1 ounce; rhubarb, plants, 33 plants; salsify, 1 ounce; spinach, 1 ounce; squash, summer, ½ ounce; squash, winter, ½ ounce; tomato, 25 50 plants; turnip, ½ ounce.

Factors in Education.

In recent issues we have reproduced what the Ontario Federation of Home and School Associations considered important factors in education. Regarding the qualifications for trusteeship they express the following line of thought:

The Trustees. - Men and women pos sessing a vision of the significance trusteeship; equipped as educational lear ers and not mere followers of public opinion; anxious to provide equal educational opportunity for all the children all the people; aiming to give every be and girl, during their 'teen-age year after they complete their elementar school course, a high school education in terms of their life needs; free from dealer of false economy; seeing the recommendations and the seeing the of false economy; seeing the possibilities of the school as an agency for keeping the adult part of the community at school, through evening classes, lectures debates and community gatherings; providing all necessary equipment and facilities and encouragement so that the teacher may do the best possible work arranging for regular health inspection of the pupils, so that children may derive the greatest possible benefit from their opportunities.

The Inspector.—An educational leader as well as an inspector; a man or woman of wide reading and broad experience of force and vision; practically acquainted with the progress of education in other provinces and countries; helpful to teachers; inspiring to pupils, and stime lating to trustee boards and communities equipped to organize the progressive forces of his district for constructive advancement in education.

The Department of Education - En couraging, through progressive legislation and regulation, the best conditions for the democratic development of local enthusiasm, initiative and pride; providing the leadership that will stir communities to self-directed progress; sup-porting liberally, especially in the less prosperous districts, local effort to provide better schools or to initiate new lines of work, so that every community in the Province may be equally well served in education; outlining courses of study that will be elastic enough to permit of wholesome freedom; arranging for text-books through which pupils and teachers may receive the most help and greatest culture; organizing the citizenship at large to put itself to school in night schools, reading clubs, debating societies, extension courses, etc.

The Home and School Association. Co-ordinating and encouraging all the above agencies.

If you find plants or insects that are strangers to you, take them to your teacher and learn all about them. One should not, however, expect the teacher to know everything. There are many problems in nature that puzzle even the most thousand the state of the st most learned professors and highlyeducated people are learning new things all the time. Life is one continuous school and there is always a great deal that we never learn. Your teacher will halo the school and the school are stored to the school and the school are school as the school are school and the school and the school and the school and the school are school and the school and t help you to find out many things about animals, plants and insects-work to

If a corn-tester has not yet been constructed and used in the school, the time is opportune now to carry on the work. In connection with your corn studies, read the article, "Selecting Seed Corn for Silage Crops," which appeared in the issue of April 1, page 611.

We hope you did not miss the Spray Calendar in the issue of April 1. This Calendar should be preserved at the school. It will guide you in caring for the school garden or home plots.

Start now to make a collection of plants and insects. The work is interesting when one becomes engaged in it and above all it is educational.