

BLEEDING

If a leg or an arm has been nearly severed by accident and bleeding is going on from the stump, tie



A TOURNIQUET USED TO STOP BLEEDING

a strong handkerchief loosely about the limb just above the injury. Run a stick through this and twist the handkerchief till the bleeding stops. In case profuse bleeding takes place from a cut on any part of the body, place a clean handkerchief or piece of clean cloth right over the cut.

Bind it firmly with a second handkerchief or a strip of cotton.

FRACTURES

In any city or town where doctors are close by, the best thing the bystanders can do when a man breaks his leg is to get him lying down and leave him there till the doctor comes. Any handling you might do would only tend to **make** the jagged parts of the bone stick into the muscles or blood vessels and do additional injury. In places where a doctor cannot be got soon, secure a thin board and cut a piece off as long as the broken limb. **Then** bind the fracture up