

Campus Sports Action- In short form

by Frank Denis

Men's Volleyball

The UNB Red Rebels competed in the Atlantic Universities Athletic Association (AUAA) finals two weekends ago and could not beat the overpowering Dalhousie Tigers.

In the best of three final UNB dropped both games by similar scores of 3-0. Dalhousie hosted the two team tournament by virtue of finishing undefeated and in top spot at the end of the regular season. In the first game Dal won by scores of 15-1, 15-12, 15-1 and then swept on Saturday with scores of 15-5, 15-7, 15-2.

Claude Cullinan and Nathan Stairs of the Rebels each earned a spot of the AUAA all-star team thanks to their fine performances over the course of the season. Rebel rookie John Ellsworth also dug out an award as he was named Atlantic conference rookie of the year.

Swimming

Fredericton native Meaghan Seagrave was the lone UNB representative at the CIAU national swimming championships held in Halifax two weekends ago and did the school proud.

Seagrave, who was named AUAA female swimmer of the year managed to post personal best times in all three of the events in which she was entered.

She swam the 100m breaststroke in 1:15.19 to win the consolation final and followed that up with a 2:40.79 time in the 200m breaststroke. Her time in that event was the fifth best in Canada.

To cap the weekend off Seagrave was fourth in the consolation final of the 200m individual medley registering a time of 2:24.45. Beavers coach Andrew Cole was very pleased with Meaghan's performance. "She handled the pressure of the nationals extremely well and rose to the occasion at each event to surpass expectations."

Men's Hockey

The University of Prince Edward Island Panthers are this year's AUAA champions. The Panthers who beat the STU Tommies in the opening round then met the reigning National Champions, the Moncton Blue Eagles. Moncton won the first game 6-2 but UPEI rebounded to post back to back 8-5 wins to take the best of three series 2 games to one.

Over in the Kelly Division, Dalhousie disposed of both St. FX and Cape Breton easily to represent the division in the final against UPEI.

The final opened last Wednesday on the Island and the Panthers took advantage of their home ice to win 3-1. The series then shifted to Dalhousie for the final two games, if

necessary. Saturday in a do-or-die situation for the Tigers, Dalhousie held on to a 7-4 win to force a deciding third game played on Sunday.

With more than 2000 Dal fans cheering them on, the Tigers couldn't beat UPEI goalie Jamie Blanchard as UPEI shut out the home team 3-0.

The win gave UPEI the series and the right to represent the AUAA this weekend in Toronto at the Nationals. It's a right that the Panthers have earned three out of the last five years.

PRESS RELEASE

The UNB Masters Swim Club will host its 4th Annual Masters Swim Meet this coming Saturday, March 16, at the Sir Max Aitken Pool on the UNB

- Fredericton Campus. This sanctioned meet is open to all SNC - registered Masters swimmers: entries will be received in the lobby of the L.B. Gym 12:30 - 1:30 pm; warm-ups run 1:00 - 1:50 pm; photographer will be present 1:00 - 2:00 pm; meet starts at 2:00 pm. Spectators are welcome!

Last year's meet, which attracted some 50 swimmers aged 20 to 75 from Quebec, Nova Scotia, and New Brunswick, saw UNB Master Mich Oliver set a new Canadian record in the women's 30-34 50-metre backstroke. (Mich presently holds 7 Canadian and 3 world records in this age group.)

This annual event continues to reflect the growing popularity of Masters swimming in the Maritimes: organizers anticipate an increase in atten-

dance once again, with a club travelling from PEI for the first time, and more New Brunswick and Nova Scotia swimmers participating.

For more information, contact Don Gould at 457-2312.

Heart Marathon

With less than two months left to the 13th New Brunswick Heart and Stroke Marathon people are training like never before. Here are a few winter tips to help in your Heart marathon training:

1. Dress in layers of light clothing. The number of layers will depend on the temperature.
2. Keep your head and other extremities warm. Much of your heat loss will be from these areas.
3. Start your run at a slow,

easy pace gradually assuming a comfortable pace for you.

4. When beginning your run, run against the wind. It takes much less energy to do this now than at the end of your run.
5. Wear visible clothing or reflective strips when the lighting is dim. You have to be seen.
6. Be sure to cool down properly after your run. Wait until your pulse reaches near normal before starting any other activity.

For any questions or comments on the 1991 Heart Marathon, Call Terry Goodlad at 357-6566 (home) or 422-3086 (work). We welcome all calls.



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