

PALPITATION OF THE HEART.

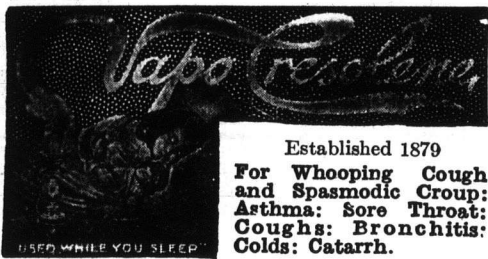
Sudden fright or emotion may cause a momentary arrest of the heart's action, or some excitement or apprehension may set up a rapid action of the heart thereby causing palpitation.

Palpitation, again, is often the result of digestive disorders arising from the stomach, or may be the result of over indulgence of tobacco or alcoholic drinks.

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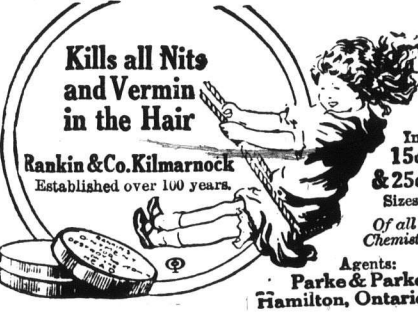
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Correspondence

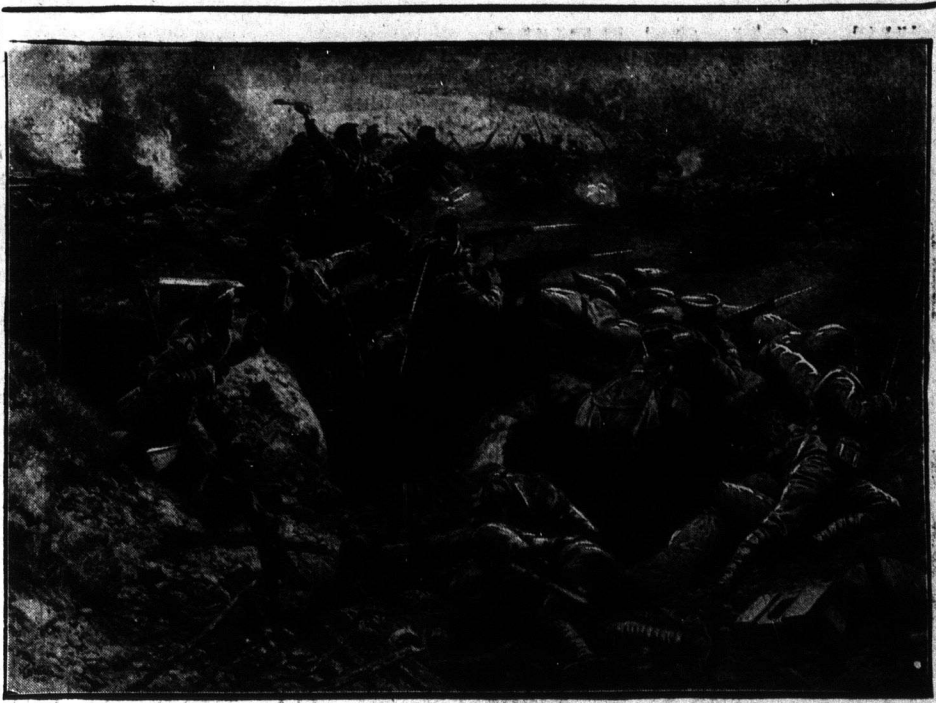
Notice to Contributors

The publishers of The Western Home Monthly note an increasing tendency on the part of correspondents to quote liberally from letters which have appeared in these columns in former issues. We particularly request our readers to refrain from doing this as we want our pages to contain original matter, and the simpler the language, the better. We are anxious, at all times, to receive bright, interesting letters from our readers and make no stipulations as to theme, except that matters appertaining to religions, politics and nationality, and also attacks on private individuals and corporations, should be barred. Our subscribers, by taking to heart this advice and acting accordingly, will help to make our correspondence pages more interesting.—Editor.

Votes for Women

Dear Editor.—No doubt lots of you will think this a very threadbare subject, but the many times I have heard this subject discussed, with all its pros and cons (and in my humble opinion the pros are and should be in the majority), there seems to me always a few essential items unanswered, one or two of these I would like to state and proffer my opinion on, and will be glad to have the opinions of others, criticizing or otherwise, as that is how we get to know things.

In the first place I want you all to understand I am hand and heart in favor of the cause of "Votes for Women," for surely, don't I think my mother and sisters are fully as much entitled to express their opinion for the country's welfare and back it up by having the vote, as the cad (and there is no other name for him) who accepts a bribe, directly or indirectly, or the foreigner who cannot read or write the English language, and often not able to speak it, and who are influenced by their tempters in religion, money or liquor. But some of our lady orators on this subject appear to overstep the mark when they quote instances in the most endearing terms (and quite right, too) of the genuine womanly woman who is under the "cruel yoke of man-made laws," with no vote for a remedy and often "turned down" for her artificial but more good-looking sister by man in his blindness—nick-named love. To all this I say we must get the remedy as soon as possible. I am afraid the blindness is incurable, although our lady orators are determined to give us men an eye-opener, but why at the same time do they idolize the militant suffragettes who take such a delight in breaking the law instead of improving it, and I fail to see how they can accomplish anything toward the good of the "cause" by endangering life and destroying property, people's mail, works of art, etc. Surely anyone outside the bounds of a lunatic asylum would not consider this a very womanly woman's way of obtaining their wants and wishes, and they have accomplished a lot in their favor by just being natural, the work of hysterical people never amount to much anyway. One item scarcely ever discussed is, "Is there a limit to woman's sphere?" This may not be a very safe item for me to handle, but it will furnish food for the critics, so here goes. All intelligent and unselfish persons will advocate "votes for women," but while we are talking thus, do we mean just votes for women or extend them the whole of the franchise? I think it would be most cruel to extend them the whole franchise; this would enable them to sit as members of parliament and we have to admit that a certain class of women—just now known as the militant class—would be rushing after the so-called honors of the M.P.'s office which to them would be no honor at all. I say this in all sincerity and out of respect to womanhood I say there is a limit to woman's sphere, as also to man's sphere. I think the majority of sane-minded people will agree with me that it would be just as ridiculous and out of place for a man to look after the nursery and such-like home affairs as it would for a woman to be going around the country to peddle politics for her own self-interest in seeking an office at the head of affairs.



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