

Big Ben



100,000 Farms
run on his Schedule

Put your early rising problems in Big Ben's hands—just tell him what time in the morning you want to get things stirring around your place.

He's calling time and keeping time now for five million families—more than a hundred thousand of them live on farms.

See Big Ben today at your dealer's. 7 inches tall, handsome, built to last for years. Rings two ways—once for five straight minutes, or at half-minute intervals for ten minutes, unless you shut him off. Price \$2.50 in the States, \$3.00 in Canada.

If your dealer hasn't him, send a money order to his makers and he'll come direct by parcel post, all charges prepaid.

Western Clock Co.

La Salle, Ill., U.S.A.

Makers of Westclox

Let Him Help Himself To CROWN BRAND CORN SYRUP

It will do more than satisfy his craving for "something sweet"—it will supply the food elements needed to build up his little body and help him to gain in health and strength.

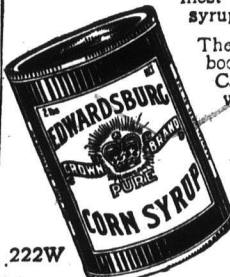
"Crown Brand" is a wholesome, nourishing food—as well as the most delicious of table syrups.

The recipes in our new book, "Desserts and Candies", will tell you just how to use it, in many novel ways. Write for a copy to our Montreal Office.

Dealers everywhere have "Crown Brand" in 2, 5, 10 and 20 pound tins.

THE CANADA STARCH CO. LIMITED
MONTREAL, CARDINAL, BRANTFORD, FORT WILLIAM.

Makers of "Lily White" Corn Syrup, Benson's Corn Starch and "Silver Gloss" Laundry Starch.



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Beans—Refuge Wax—Pods round, clear and transparent and of handsome appearance. Is tender, very productive, free from rust, and stands dry weather well. 1/4 lb. 15c., 1 lb. 45c., 5 lbs. \$2.00. Postpaid.

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Peas—Bruce's Early Settler—A grand extra early wrinkled marrow variety. The pods are large, deep green, and filled with large peas, possessing the rich flavor and quality of the best late varieties. It attains a height of about 1 1/2 feet and is very productive. 1/4 lb. 15c., 1 lb. 40c., 5 lbs. \$1.75. Postpaid.

If sent by Express at purchaser's expense, deduct 10c. per pound. BRUCE'S Seeds are the cheapest, because they are the best.

FREE Our handsomely illustrated 128-page catalogue of Vegetable, Farm and Flower Seeds, Plants, Bulbs, Poultry Supplies, Garden Implements, etc., for 1916. Send for it.

John A. Bruce & Co., Ltd., Hamilton, Ontario
Established Sixty-six Years.

landscape. The grouse begin to call and some of the hares commence to change color, although most remain white until well into March.

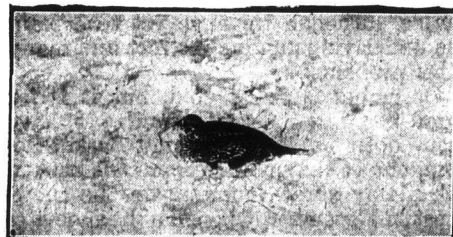
March "many weather," the old saying runs, but one is tempted to regard it as the first month of Spring. Bare spots appear on the prairie, and here and there little pools of water. The gophers awaken from their long sleep, the first birds—the crows—return, stray blades of new grass appear, and there is an indescribable feeling of elation in the air.

To the observant, particularly on the prairie, there are no "dead" months, for every month, every day, indeed, has an interest of its own. This article is brief, for I have omitted many things—the wonderful snow-shoes of the bush-rabbits, the elongated scales along the

is awarded, his due honors, to be worn ever after on state occasions. All awards are made and all disputes settled by the Council, and no man would dream of being so foolish as to wear an honor that had not been conferred by them, or in any way to dispute their ruling.

In the light of this we see new interest attached to the head-dress of some famous warrior of the West, when he is shown with a circle of tufted feathers around his head, and then, added to that, a tail of one hundred or more reaching to the ground and trailing behind him. We know that, like the rows of medals on an old soldier's breast, they are the record of wonderful past achievements; that everyone of them was won, perhaps, at the risk of his life. What wonder is it that travellers on the plains to-day tell us that the Indian values his head dress above all things else. He would usually prefer to part with his ponies and his teepees before he will give up that array of eagle plumes, the only tangible record that he has of whatever was heroic in his past.

From "The Book of Woodcraft." By Ernest Thompson Seton. Published by Messrs. Constable & Co., Ltd. Price 6s. net.



Sharp-tailed grouse sunning itself on the snow.

toes of the grouse, the excavations of the badgers in the snow-drifts, the occasional visits of the red-polls—but it may show that winter on the immense prairie need not be dull, and that a person living away at the "back of beyond" is not necessarily out of reach of all uplifting influences, and that the cold months need not really be dreaded.

The Redskin's War Bonnet and What It Means

The typical Indian is always shown, with a war bonnet, or war cap, of eagle feathers. Everyone is familiar with the look of this head-dress, but I find that few know its meaning, or why the Indian glories in it so.

In the days when the red man was unchanged by white men's ways, every feather in the brave's head-dress was awarded to him by the Grand Council for some great deed, usually in warfare. Hence the expression, "a feather in his cap." These deeds are now called coups (pronounced coo), and when of exceptional valour they were grand coups, and the eagle's feather had a tuft of horsehair, or down, fastened on its top. Not only was each feather bestowed for some exploit, but there were also ways of marking the feathers so as to show the kind of deed.

Old plainsmen give an exciting picture of Indian life after the return of a successful war party. All assemble in the Grand Council lodge of the village. First the leader of the party stands up, holding in his hands or having near him, the scalps or other trophies he has taken, and says in a loud voice:—

"Great Chief and Council of my Nation, I claim a grand coup because I went alone into the enemy's camp and learned about their plans; and when I came away I met one of them and killed him within his own camp."

Then if all the witnesses grunt and say, "Hu!" or "How, how!" ("So—it is so") the Council awards the warrior an eagle feather with a red tuft and a large red spot on the web, which tell why it was given.

The warrior goes on: "I claim grand coup because I slapped the enemy's face with my hand (thereby warning him and increasing the risk) before I killed him with my knife."

A loud chorus of "How, how, how!" from the others sustains him, and he is awarded another grand coup.

"I claim grand coup because I captured his horse while two of his friends were watching."

Here, perhaps, there are murmurs of dissent from the witnesses; another man claims that he also had a hand in it. There is a dispute, and maybe both are awarded a coup, but neither gets grand coup. The feathers are marked with a horse-shoe, but without a red tuft.

After the first each of the warriors come forward in turn and claim, and

A small boy who was sitting next to a very haughty lady in a crowded subway car kept on sniffing in a very annoying manner. At last the lady could bear it no longer, and turned to the lad.

"Boy, have you got a handkerchief?" she demanded.

The small boy looked at her for a few seconds, and then, in a dignified tone, came the answer:

"Yes, I 'ave, but I don't lend it to strangers."—New York World.

Ever Think of It?

Some folks go on clogging their systems and drugging themselves day after day with tea and coffee—half sick most of the time. They wonder what balks their plans and keeps them down.

Suppose you stop tea and coffee 10 days and try

POSTUM

You can then learn what a difference it makes in body and brain to quit tea and coffee, which contain the drug, caffeine, and use the food-drink—Postum.

"There's a Reason"

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