

tain it herself, it would do the individual woman no harm to be thoroughly furnished with the necessary knowledge, and there are few who at some time do not have to care for the children of others.

There is nothing indelicate in the secrets of nature. We may look with pure and reverent eyes at her processes, as far as she permits their mysterious workings to be seen, and find only cause for awe and admiration. Unseen but ever present is the Lord and Giver of Life, in whom we live and move and have our being.

If the sacredness of life, even in its earliest stages, were more deeply impressed upon the minds of some women, it might lessen the tragedies of ruined health and burdened conscience that overshadow too many homes.

It is true that some women are laden with burdens beyond their strength to bear, and maternity from its too frequent recurrence becomes an oppressive weight, instead of the blessing it was intended to be. The remedy does not lie in the desperate woman taking the law into her own hands and staining her soul with crime by crushing the germ of the new life just begun. This is fraught with terrible consequences to body and soul alike. After the birth of the child, the best and wisest physician within