

NEWS OF SPECIAL INTEREST TO WOMEN

ARTHUR THERE WITH HIS LITTLE HAMMER

His Warning Puts Damper on First Meeting of Equality League.

"Women have no right to complain about not having a vote if they do not attend political meetings," said Arthur Hawkes in putting a damper on the first meeting last night of the newly organized Political Equality League. He said that psychologically the cause had been won in Canada, and it only remained for women to demonstrate their capability of taking part in politics. He prophesied that the organization would be a potent factor for good in the government of Canada.

Among the speakers was a militant from England, Miss Pethick, who had been in prison six times. The election of the following officers was confirmed by the meeting: President, Mrs. H. D. Prenter; vice-presidents, Mrs. C. J. Hastings and Mrs. George Dickson; treasurer, W. I. Jackson; recording secretary, Mrs. J. Parker; secretary, Miss I. Perry; and the following councillors: Mrs. G. Grevitt, Dr. J. T. Gilmour, Mr. Albert E. Smythe, Prof. James Mavor, Prof. M. E. Horning, Controller Jas. Simpson and Prof. A. Delury.

COLDSTREAM AND ONTARIO SONS OF TEMPERANCE.

In joint session on Monday evening these divisions after initiating Miss Baker, Miss J. Piper, and Mr. W. Ties, held a musical program. Bro. H. Ferguson presided. The musical duets by the Misses Malloy and the readings of Miss Saunders were much appreciated.

A new division is being organized on Wednesday in Dovercourt under the direction of J. Mitchell.

DEATH OF MRS. LAFLURE.

CORNWALL, April 28.—Mrs. Laflure, wife of Wm. Laflure, died of pneumonia at the General Hospital today after being a patient for three days. She was a daughter of Mr. and Mrs. P. S. Woods and was born in St. Regis Falls, N.Y. Her parents have been residents of Cornwall for the past six months. She is survived by her husband and parents, four brothers and one sister, Frances and Ted Woods of Cornwall, Jeremiah Woods of Toronto, Harry Woods of Malone, N.Y., and Mrs. John Laflure of Sprague, N.Y.

WOMEN'S CANADIAN CLUB.

GUELPH, April 28.—A meeting to form a Women's Canadian Club was held at the Y.M.C.A. this afternoon, more than 100 women being present. The following officers were appointed: President, Mrs. T. J. T. first vice-president, Mrs. David McChesney; second vice-president, Mrs. Charles Crowe; secretary, Mrs. Buckingham; treasurer, Mrs. Gamble. The roll of characters was read and sixty-five names quickly enrolled.

CORSICAN FIRST AT QUEBEC.

QUEBEC, April 28.—With her arrival in port and her breath of fresh water at 8:15 o'clock this morning, the honor of being the first ocean vessel to reach Quebec this season, goes to the Allan liner Corsican, Captain Hall. The Corsican was followed shortly afterwards by the Donaldson liner Saturnia, while the Allan liner Ionian, docked at noon.

OFFER TO GO TO MEXICO.

KINGSTON, April 28.—Ten graduates of medicine at Queen's University are the latest to offer themselves for service in Mexico. They have asked the United States Consul for a place on the medical corps. The applications were sent on to the war department.

CIVIC SURVEY FOR BRANDON.

Announcement was made by the Toronto Bureau of Municipal Research yesterday that Brandon, Man., had decided on a survey and that the work would be undertaken by the bureau here. It will cost about \$1000. Special attention will be given to Brandon's accounting system.

Queen Quality SHOES

SPRING SHOES ARRIVING!

Our new stock of Spring Shoes is coming in and we have some splendid models in low cuts to show you.

New Colonial and Pump designs of beauty and Style combined with greatest comfort to feet.

See this pump—it's the very latest thought.

The Robert SIMPSON Company Limited

GOOPS

By GELETT BURGESS



Edwin Droid

I'd hate to think you'd be so rude as Edwin Droid. When I am reading letters, he creeps to my side and wants to see. When I am writing he will stare. To see what I am writing, there!

Don't Be A Goop!

INCREASING DEMAND FOR ALL RIBBONS

Fashion's Choice Ranges From Widest of Rich Brocades to Narrow Rose Patterned Bands.

Never before has the beauty and adaptability of ribbon been so thoroughly appreciated. There is an increasing demand for all ribbons, from the widest, richest brocades which constitute the tiers or panniers on white net frocks, to the narrow rose patterned bands which cross the shoulders in exquisite French lingerie. Ribbons are in their element for this summer at least.

Many attractive scarfs are fashioned in wide flowered gros grain ribbons and ornamented with beads or fringe. Chic street hats displayed tricky bows in stripes and plaids, and some crowns are made from heavy basket weave ribbon. These models produce a quaint and artistic effect when adorned with vines and "glace fruits."

Many of the net puffs which distinguish a number of the exclusive models in dance frocks, are held in place by glorious bands of ribbon and caught with roses. Even the garden completing the tailor-made suit is developed in heavy Roman striped silk with corded edges showing. Nothing is more attractive for collars, revers and cuffs than rich artistic ribbon, and many of the odd vestees exploit daring patterns also.

Wide ribbons, both black and white, are much in vogue, narrow widths being used for monochrome cords, wrist bows and tango laces; while wide ribbons are tied in immense butterfly bows to exaggerate the bouffant style of skirts.

The narrow bouffants which constitute the lower part of many dainty lace frocks are made of four-inch noires, and fan tongues for pumps are fashioned in narrower widths. Laceings and loop bows of Dresden ribbons are noticeable on the elegant lingerie especially created to be worn with transparent gowns of chiffon, tulle, gauze or net.

W. T. C. U. MEETS TOMORROW.

The regular monthly meeting of the Toronto District W. T. C. U. will be held at 8 o'clock tomorrow afternoon in the Willard Hall, 20 Gerrard street east. The Willard board will meet in the morning at 11 o'clock.

Here comes the Spring!

Add to the Season's joy by drinking



Fresh, Fragrant and Delicious. Perfectly packed and Purity preserved.



TRUE VALUE OF MEAT EXTRACT

ESSENCE of meat or "beef-tea" is useful where persons must be nourished with as little disturbance as possible. Properly made, this is nourishing food.

Put two pounds of veal and the same amount of beef, cut fine, in a covered jar, in a saucepan filled with water. Keep the water simmering gently for eight or ten hours, when the juices will be extracted from the meat. Strain off the extract from the meat and place it on ice as soon as it cools.

It will turn to jelly when cold and a teaspoonful may be warmed and used as needed.

Such an extract as this is really strengthening, but the prepared beef essences, known as "Liebig's" extracts, are not. Doctors know, and so do trained nurses and dietitians, that all the gelatin, fibrin and albumen in the meat is excluded from them so they will keep. What is left is not food, but merely flavor. Liebig never claimed that his meat extract was food, but only that it stimulated weak appetites. Claims for the nutritive value of commercial beef extract have all been made by its manufacturers.

Analysis shows that a pint of this contains hardly an ounce of anything but water and makes us wonder how any invalids have stood on a seemingly appropriate diet of "calf's food" jelly and other light foods.

Meat gelatin is a valuable invalid food when it is made at home by a cook who understands that the strength of the meat must be drawn forth into the liquid by long, careful cooking, but it is not so good as broths. Mutton broth freed from its fat by being poured through a fat separator or by chilling and straining is one of the best. Barley may be steamed in a separate utensil and added to the clear hot broth. A tablespoonful of rich cream is another useful addition.

Chicken broth is a rich liquid good for light diet. Joint the fowl and cook it in unsalted water, closely covered until the meat falls from the bones. Strain it out, cook and free the liquid from the fat. Very hot toasted crackers are sometimes liked better with it than anything else.

Veal and sage broth may be given when delicate food is assimilated. Crack a knuckle of veal in several places and add three quarts of water. Do not salt, but cover and cook slowly until the water is reduced to one quart.

Strain this liquid from the meat thru a cloth and add seasoning of salt. Three tablespoonfuls of sage soaked in water and steamed until soft must now be added and allowed to simmer for half-an-hour. Beat the yolks of two eggs very light and pour a cup of hot cream over them, beating all the while. Put this into the hot broth and serve immediately.

Veal or chicken jelly makes tempting sandwiches for invalids who may have solid food. Pound the chicken or the veal with a mallet so the bones and meat are both crushed in a covered vessel until the liquid is reduced to about three pints and the flesh in strings. Strain thru a sieve, then thru a cloth, and season with salt and pepper and any herb that is desired. Pour into a mold and place on ice. When cold this may be sliced and placed between thin slices of home-baked white or wheat unsalted or "sweet" butter may be used on the bread if patient likes it.



WOMAN WINS SUIT FOR LOSS OF TRUNK

Mrs. Annie McDonnell Awarded Eight Hundred Dollars Damages Against Hotel People.

At the jury assize court yesterday Mrs. Annie McDonnell was awarded \$800 as compensation for the loss of her trunk while a guest at the Arlington Hotel.

Mrs. McDonnell stated that the trunk in question was sent to the hotel on Christmas Day, 1912, but on enquiry for it the following day it could not be found. The trunk contained furs, jewelry and wearing apparel which she valued at \$1000.

The hotel people denied that the trunk had arrived at the hotel at all. Alfred John Hearn, carriage agent, gave evidence as to the fact that he had delivered the trunk to the clerk and was told to put it inside the door.

AMATEURS AT THE PARK.

Tonight the amateurs perform at the Park Theatre, as set forth in their display ad. A large number will face the footlights extra to the regular bill of vaudeville.

Amateur night at the Park is known and conceded to be the best and most orderly amateur performance in the city. The management are to be commended in bringing the amateur to such a high standard. If you want to forget your troubles go to the Park Theatre tonight.

An Easy Way to Get Fat and Be Strong

The trouble with most thin folks who wish to gain weight is that they insist on brugging their stomach or stuffing it with greasy foods, rubbing on useless "flesh creams," or following some foolish or physical culture stunt, while the true cause of thinness goes untouched. You cannot get fat until your digestive tract assimilates the food you eat.

Thanks to a remarkable new scientific discovery, it is now possible to combine into simple form the very elements needed by the digestive organs to help them convert food into rich, fat-laden blood. This master-stroke of modern chemistry is called Sargol and has been termed the greatest of flesh-builders. Sargol is a regenerative, constructive power to coax the stomach and intestines to literally soak up the fattening elements of your food and pass them into the blood, where they are carried to every starved, broken down cell and tissue of your body.

Picture the result when this amazing transformation has taken place and you notice how your cheeks fill out, hollows about your neck, shoulders and bust disappear and you take on from 10 to 20 pounds of solid, healthy flesh. Sargol is absolutely harmless, inexpensive, efficient. Your druggist has it and will refund your money if you are not satisfied, as per the guarantee found in every package.

AMERICAN AVIATOR KILLED.

LOS ANGELES, April 28.—Charles C. Roystone, an aviator, fell 800 feet at Dominguez Junction, south of here today, and was so badly injured that he died shortly afterward.

HOLY NAME UNION PLANS BIG RALLY

Executive Arranges for Demonstrations in Berlin, St. Catharines and Toronto.

An important meeting of the executive officers of the Holy Name Union was held last evening, in De La Salle Institute, President James O'Hagan in the chair, when the great summer rally of the society in Toronto, and the demonstrations in St. Catharines and Berlin and other business of the union were discussed. The Very Rev. Dean Hant, spiritual director, Rev. Father Malour, Syrian branch, and delegates from almost every parish in the city were also present.

The Toronto rally was fixed to take place on Sunday, June 14, and will be held in the grounds of Loretto Abbey. The demonstration at St. Catharines will take place on the following Sunday, June 21.

The Berlin demonstration, it is expected, will take place on June 28. Very Rev. Dean Hant reported that \$800 had been secured up to the present in connection with the summer camp, which would be held in the grounds of Mr. T. P. Phelan at Oakville.

It was also decided that all delegates should report their branch meetings as soon as possible after meetings take place, to the secretary, Mr. Robert Kerr.

MRS. JAMES STUART LEFT LARGE ESTATE

Widow of Former Hamilton Bank President Bequeathed Property to Daughter and Grandchildren.

Among the wills filed in the surrogate court yesterday was that of Mrs. James Stuart, widow of the former president of the Bank of Hamilton.

Mrs. Stuart died on April 17 last, and leaves an estate of \$148,106, including 120 Rushmore road. After a number of personal bequests, valued at \$10,000, the balance is to be invested in the name of the Holy Name Union, the age of 25, when the estate is to be equally shared by her daughter Margaret and her eight grandchildren.

The last clause in the will was that any disputes or legal proceedings by dissatisfied beneficiaries will mean his or her disinherment.

MUSICIAN MUST EXPLAIN WHY HE PLAYED AT WEDDING.

Action has been taken by the officials of the morality department concerning the Jewish wedding held directly opposite St. Stephen's Church, College street and Brunswick avenue, last Sunday evening. A summons was issued for Fred G. Walwright, musician, charging him with pursuing his avocation on the Lord's Day. As Walwright declares he was merely playing there as a favor to the bridegroom, of whom he is a personal friend, a nice legal point arises for the magistrates to decide upon. Walwright says he did not take a cent in payment for his services.

WILD FLOWERS

CONDUCTED BY RACHEL R. TODD M.D.

The Common Blue Violet

"How glorious art thou, Earth! And if thou be the shadow of some spirit lover still!"—Shelley.

A violet by a mossy stone, Half hidden from the eye! For 'tis the star that often one Can see, when none but he—Wordsworth.

There is a mystery about the shy violet that stirs the most drowsy imagination. What is the fascination of the flower exercises over every charm of youth, for the trusting faith of a child.

Poets of every age and nation sing of its immortality, lovers from the time of mythology dream of the violet's love of their beloveds, and legends that come to us out of the mist of time are replete with reminiscences of the undying beauty of this world-wide blossom.

Wordsworth names the blue violet "the untrifled innocent." Shelley sings of "earth's tremulous eyes," "bedewed with silver tears," "the nectar of spring's earliest buds," while Tennyson dreams of the spirit of the woods that "woos to her heart the shining dew." Even Browning came out of her cloud of words and likened the violet to

"Kindest eyes that look on you 'Without a thought disloyal."

One might as well try to think of the dandelion being unknown to the world as the violet. There are no woods without their banks of the blue-purple blossom, while a country without its spreading meadows "bedewed with blue of heaven" is yet to be discovered. Says Cowper:

"Meadows of softest verdure, Purpled o'er with violets."

Where will you find the blue violet? Wherever blows the spring breeze, thru the wide, wide world.

"How sweet it is when mother Fancy swoots The wayward brain, to saunter thru a wood, full of many a lovely brood. Tall trees, green arbors and ground flowers in flocks."

How will you know the blue violet? By its low-growing, five-petaled blossom, long-spurred; by its heart-shaped, jagged-edged leaves of rusty living green and by its golden, honey-laden, bee-haunted, by its purple hue of "heaven's own blue."

THE STERLING BANK OF CANADA

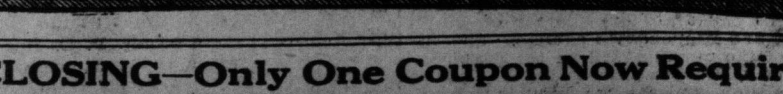
SAVE BECAUSE— NO. 122

You exercise the calmer second thought when you must draw money from the bank to make a purchase.

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Adelaide and Simcoe Streets. Broadview and Wilton Ave. Queen St. and Jameson Ave. Dundas and Keele Streets. College and Grace Streets. Wilton Ave. and Parliament St. Yonge and Carlton Streets. GENERAL MANAGER A. H. WALKER.

CLOSING—Only One Coupon Now Required



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HOW TO GET IT ALMOST FREE

Clip out and present this Coupon, together with our special price of either 68c or 98c for whichever style of binding you prefer. Both books are on display at

40 Richmond Street West, Toronto, and 15 Main Street East, Hamilton.

1 COUPON AND 98c Secure the \$2.50 Volume

Beautifully bound in rich Maroon—cover stamped in gold, artistic inlay design, with 16 full-page portraits of the world's most famous singers, and complete dictionary of musical terms.

1 COUPON AND 68c Secure the \$1.50 Volume

Well bound in plain green English cloth, but without the portrait gallery of famous singers.

Out-of-Town Readers Will Add Postage as Follows:

Heart Songs by parcel post; the rate: Within twenty miles of Toronto, 7 cents. Beyond the twenty miles limit and within the Province of Ontario, 15 cents. Quebec or Manitoba, 22 cents. Other provinces, the regular charges of 24 cents.

"HEART SONGS" The song book with a soul! 400 of the song-treasures of the world in one volume of 500 pages. Chosen by 10,000 music lovers. Four years to complete the book. Every song a gem of melody.

THE GARDEN

CONDUCTED BY RACHEL R. TODD M.D.

A Last Word or Two About the Perennials.

When making up your garden beds for this year, it is a good thing to dig up the whole clump of giant phlox and divide the roots. And this division should be made before the fresh young shoots are too far up.

Giant phlox is one perennial that can be moved about at one's will, and apparently no harm come from the moving. Once the root is three or more years old, that root will bear an amazing amount of tampering with—and benefit thereby. At least that has been our experience.

It is a positive fact that from one good-sized root, divided into almost impossibly small fragments (but a bit of the old woody root left to each), the spring before last, and then the same subdivision repeated last spring, the garden now boasts this spring, over 500 sizeable clumps, every clump showing ten or more fat green shoots.

And there is simply no end to the bloom. And those same fat roots are now being divided into two or more this year again. Bloom? Bloom, did we hear anyone ask? Of course they will bloom in August. And we can see now, in our mind's eye, the immense heads of them.

So, do the same with your phlox roots. The roots are very hard to

WITHDRAW FROM MEMBERSHIP.

At a meeting held at the University Settlement, the Junior Suffrage Society passed a resolution to withdraw from membership in the Canadian Suffrage Association, and to join instead the national Union of Women's Suffrage Societies of Canada.

Sow Simmers' Seeds

Now is the time to tone up your lawn by sowing some fresh LAWN GRASS SEED

SIMMERS' "TORONTO PARKS" LAWN GRASS MIXTURE is recognized as the best. Per lb., 30c; 5 lbs., \$1.40; 10 lbs., \$2.75.

WHITE DUTCH CLOVER, for mixing with lawn grass seed. Per lb., 50c; 5 lbs., \$2.50; 10 lbs., \$5.00.

SIMMERS' "SHADY NOOK" GRASS MIXTURE, for lawn or garden. 5 lbs., 25c; 10 lbs., 40c; 50 lbs., \$1.25; 100 lbs., \$2.50.

SHREDDED CATTLE MANURE, for lawn or garden. 5 lbs., 25c; 10 lbs., 40c; 50 lbs., \$1.25; 100 lbs., \$2.50.

Sow Sweet Peas Now!

SIMMERS' "GILT EDGE" MIXTURE, composed of only the best late-flowering varieties. Packet, 5c; 10c; 25c; 50c; 1 lb., \$5.00; 5 lbs., \$25.00.

SIMMERS' SUPERSPENCER MIXTURE. Packet, 10c; 25c; 50c; 1 lb., \$5.00; 5 lbs., \$25.00.

J. A. SIMMERS LIMITED, 141 to 151 King St. East, Phone Main 2402.