8. Do not take notes in the bouse you visit.

9 Be wise and cautious, but do not show suspicion.

10. Bring or send a report of your case to the Conference at least once a month. Attend the meetings of the Conference as often as possible, as you will find them helpful.

## SUGGESTIONS.

As our object is the permanent improvement of the character and condition of the poor, we must strive to promote habits of thrift and industry. Insist on temperance.

The first aim of the visitor should be to establish friendly relations; this requires time and patience; we cannot expect to win their confidence, simply because we visit them, but must show an unselfish interest in them.

Encourage progress. however slow.

Be careful to avoid inquisitiveness.

. Do not dictate, but suggest changes and improvements.

Be careful not to make the poor discontented; incite their ambition for what they may obtain, but do not make them strive for what they cannot hope to accomplish Their lot is hard enough, and your aim is to cheer and strengthen.