



A very dainty piece of lingerie designed to impart beauty and grace.

D&A
Good Shape Brassieres

are regarded as the last word in luxurious lingerie. They have the style, beauty and elegance so essential in these garments.

Ask your Corsetiere to show you our new creations.

DOMINION CORSET CO.
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Makers of the Celebrated D & A and La Diva Corsets.

D&A
GOOD SHAPE BRASSIERES

FREE Great **PEDALMOBILE** Racing And-A Guaranteed **WATCH**



The great racing Pedalmobile is built exactly like a 6 cylinder 80 horsepower motor car. It has real electric head lights, wind shield, gasoline tank, long weeping hood, mud guard, radiator, horn, lamps, etc.

HERE IS THE GRANDEST PROPOSITION EVER MADE

BOYS, you can earn this big, handsome racing Pedalmobile and be the pride of the town. Pedalmobiling is the greatest sport ever invented; you simply jump in the car, apply the speed lever, touch your feet to the pedal and go spinning along to beat the band. Put on your coaster and take the hills without pedalling, turn the sharpest corners without fear of spilling, blow your horn if any one is in the way, or reverse your speed lever and stop. In fact, the Pedalmobile will do everything a real auto will do but burn up gasoline. Beats bicycling all hollow, and just think of it, boys, you can get a racing Pedalmobile absolutely free and a jim dandy guaranteed watch as well that anybody would be proud to own. It has double solid nickel case, famous American movement, stem wind and stem set and absolutely guaranteed for one year.

If you are a live go-ahead boy and these two grand prizes interest you, just send us your name and address. We want you to help us advertise and increase the demand for Fairy Berries, the delightful new cream candy coated breath perfume that everybody just loves.

Write today and we'll send you FREE, a big 10c. package of "Fairy Berries" to try yourself and with it just 35 handsome packages to introduce among your friends at only 10c. a package. Open your sample package, try "Fairy Berries" yourself and then ask all your friends to try them.

They'll like them so much that everybody will like to try a package or two, and you'll sell them all very quickly. It is easy. Return our \$3.50 when your sales are completed and we'll promptly send you the magnificent watch, all charges paid, and the big Pedalmobile you can also receive without selling any more goods by simply showing your fine prize to your friends and getting only six of them to sell our goods and earn our fine premiums as you did.

Hurry Boys. Be the first Pedalmobile driver in your town. Other boys are earning these fine watches and great cars, and you can too. You take no risk. If you cannot sell all the "Fairy Berries," you can return them and get prizes or cash for what you do sell. Write today to

THE REGAL MANUFACTURING CO., Limited, Dept. W 2 TORONTO, ONT. 26B

PATRONIZE A RETURNED SOLDIER'S FIRM

X Ray Egg Tester



HERE'S the best, handiest, most useful device in years. Something every housewife will appreciate. An absolute necessity in every home.

No more spoiled cakes, no more spoiled meals. Do you realize what this device means? It means that you can save time, money and temper. The X Ray Egg Tester will pay its cost over and over again a hundred times in the course of the year. No careful housewife should be without one. Price complete and prepaid 25 cents.

Agents Wanted
Charles E. Orr Company
1407 Blanchard Street - Victoria, B. C.

ALBERTA WOMEN'S WINNING FIGHT AGAINST HIGH COST OF LIVING

(Continued from page 12)

of money which should have helped the employed, the wage-earner, and eventually ourselves. The wheels of progress need the oil of common-sense, and the League is to be congratulated upon a good supply.

Miss Russell, dietician at the University of Alberta, recently addressed the League on The Domestic Science Problem. The rescue of the maid from mere machine work and the gaining for her of a place in the science of household management was strongly urged. Mrs. Hoyt, supervisor of household science in the public schools, gave a practical talk on The School and Economics, describing the work and the strong endeavour to inspire the girls with the highest ideals of home life, combined with common-sense methods.

Mrs. Nellie McClung, that winsome woman of wit and grit, gave an awakening address on the Gospel of Thrift, urging thrift not only in time and money, but in strength—women should save their strength by using their brains and concentrating their activities. "And yet, because we live in an electric button age, it is not necessary to save our energy just to turn it inward on ourselves and make us fat and lazy."

Mrs. Arthur Murphy, another of our gifted Edmonton writers, better known as Janie Canuck, of broad sympathies and tender heart, is ever ready to aid the activities of The League.

Mrs. J. Clyde MacDonald, the President of the Civic Club, known over the city for her open-hearted hospitality, and to the little children of poverty as a chum of Santa Claus, is enthusiastic over the good which is being accomplished by the Civic Club, not only for the beautifying of the city, but for the supplying of food as well. Last year, The Women's Industrial Association, now the Civic Club, succeeded in providing garden seeds for eighteen hundred and fifty children. Many of the children made a huge success of it, and in addition to the economic value, the educational value to the parents, as well as to the children, was of great importance. As Mrs. MacDonald said in her last annual address, "The day has gone by when women boasted they never soiled their hands with work." The Civic Club is working again this year for the children's gardens, and also forms part of the Vacant Lots Garden Club, an organization of men and women for the cultivation of vacant lots all over the city.

The United Farm Women

THE United Farm Women of Alberta, co-operating with the United Farmers, are making a big struggle against High Cost of Living. The cost of imported food and farm necessities has been considerably reduced by co-operative buying. The women have taken charge of the formation of egg circles, and the encouragement of school and home gardens. They urge greater production on the farm, better quality of products, and freer trade. Their aim is to get as closely in touch with the consumer as possible, eliminate waste, and make some sort of square deal between producer and consumer. "We believe," they say, "that in organizing our industry intelligently, we shall contribute very materially to a reduction in the High Cost of Living."

Miss Read, the first president of the United Farm Women, then called the Auxiliary to the United Farmers, is an English woman, widely read, and cultured, who was identified with Settlement and Institute work for factory girls in the Old Country. The first vice-president, Mrs. Rice-Jones, also English born has with enthusiasm contributed much to the growth of the Association. Mrs. Barrett, the efficient secretary-treasurer, is from the land of the Blue Nose, educated at Truro, in the high and normal schools, in Alberta College, and in the University of Service. She is well gifted for the many duties of her position. Blessed with energetic brain and active fingers and a well developed sense of loyalty to her fellow workers, she is typical of the women who accomplish much work in this land of big opportunities and great responsibilities.

Mrs. Walter Parly, a woman of wide culture and executive ability, was chosen president at the Convention in 1916. Having lived some years in India, and later in Germany and Switzerland, she came on a visit to Canada, where Romance met her and she was fortunately persuaded to stay. Her part of Alberta was then sparsely settled, and she has watched with great interest the development of railways, towns, and cities. With a knowledge born of experience, and being an enthusiast over the possibilities of the United Farm Association, she is the right woman in the right place.

Mrs. Spencer, the new vice-president, is, like Mrs. Barrett, from the Province noted for its export of brain. Enthusiastic with the gladness of life, for the lessening of its sorrows, and deeply interested in the wider service of the United Farm Association, she is ready and eager to do her part.

The earnest members of the United Farm Women are seeing social and economic conditions at first hand, and wide opportunities for service have opened for them. Never letting "I dare not" wait upon "I should," they will have a large part in shaping the destiny of the better Alberta which is to be.

The women of the cities and towns and the women of the country are coming to understand

more fully their need of each other. United by the closest ties, they should pull together that the going may be easier. In Alberta, the Province of vast agricultural areas, the farmer's troubles are everybody's troubles. The enormous diet of bugs and gophers is of deepest interest to the city wife as well as to her sister in the country. Early frost and hail are only occasional assistants to High Cost of Living, but the industrious bugs and exceedingly active gophers are always on the job. Would that some brainy experimenting woman could devise some means of making a substantial reduction in their bill of fare!

To Encourage Home Production

MISS Isobel Noble, the President, gave an interesting and practical address to a representative gathering of Alberta women attending the Institute Convention at the Capital in January, 1915. The gist of it was that the Club devote its energies to devising some plan to further lower the cost of living. It was suggested that canning clubs be established, wherein young girls would be taught that branch of domestic science, and "that The Women's Institutes be the women behind the can." Poultry farming and dairying could be similarly taught, and the girls initiated into many money-making, pantry-filling devices. Miss Noble outlined a scheme whereby an agent appointed by the Government could go through the country forming these clubs, and encouraging the cultivation of the small fruits and vegetables which grow readily in Alberta, instructing the growers how to can their produce, and how to market the finished product. This country agent could give lessons in the use of the fireless cooker and other labor-saving devices, and could interest and work with the school teachers. Last year a demonstration in canning was given under the direction of The Woman's Institute Department at each of the half-day stopping places of The Mixed Farming Special Train.

Miss Mary McIsaac, Superintendent of Institutes, gave an interesting report of the activities of the year, and congratulated the members upon the increased efficiency of the workers, and the large amount contributed for relief work at home, for different War Funds, for Belgium and Red Cross Work. During the Spring, Institutes had been visited by a trained nurse and by three Directors of Household Science in the Provincial Schools of Agriculture. These ladies gave lectures and demonstrations in home nursing, cooking, sewing, and laundry work. The real value of The Institutes is becoming more fully realized, and through them the knowledge is spread abroad that home-keeping is a vocation worthy of time, money, and specialization. "He who creates a home creates a potent spirit which in time fashions him who fashioned."

A Clearing House of Information

MRS. Muldrew, in a splendid address on The Conservation of Women's Resources, crisply advised, "Save your spine and use your arms; you need all the backbone you have." She held out a warning to the too perfect housekeeper. Better a less perfect house, or a less perfect dinner, if the last ounce of strength has to be exhausted to acquire it and the perfection used up before it reaches the child.

In the struggle against High Cost of Living, the housewife, not always knowing that she does not get what she asks for, has been an easy mark. These Leagues, Clubs, and Institutes are proving themselves clearing houses for information. Knowledge of local markets, of food values, the quantities which may be handled advantageously; the relative amount of time, labor, and fuel required; practical ways of saving materials really worth while; salvage of by-products; the extending of the flavour of expensive foods through cheaper foods, as in meat stews; the planning of meals to provide a rational, nutritious, and appetizing diet; attractive means of serving—this is but little of what may be acquired where women eager to help and eager to learn are associated. It is possible, too, that not only household management claims their attention, but that among the elect—be it whispered—husband management is quietly studied. Most of them having wide experience in the latter accomplishment attach much importance to proper feeding in order to ensure continued good humour. Even a beginner like Eve knew enough to be sure of the good natured acquiescence of Adam if she suggested something good to eat.

One cannot but admire the splendid work accomplished in Alberta by the long-headed woman of pioneer days, adapt in making, with indomitable pluck, the best of primitive means, and by those of later times accustomed to the use of "educated lightning bolts." They are of the type of her who said, "I reckon what you have to do you can do."

Having earnestly worked over yesterday's sums, they have faith in the solution of tomorrow's problem. To those disheartened by the many rebuffs in the struggle against High Cost of Living comes their cheery cry:

"Try once again; the world is ever new
Each day. Your chance? Your chance is you."