

Radway's Ready Relief

For headache (whether slow or nervous), toothache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pain around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effects a permanent cure

A CURE FOR ALL

Summer Complaints.

Dysentery, Diarrhoea, Cholera Morbus.

A half to a teaspoonful of Ready Relief in a half tumbler of water, repeated as often as the discharges continue, and a flannel saturated with Ready Relief placed over the stomach or bowels will afford immediate relief and soon effect a cure. Internally—A half to a teaspoonful in half a tumbler of water will in a few minutes cure Cramps, Spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Nervousness, Sleeplessness, Sick Headache, Flatulency and all internal pains.

Malaria in its Various Forms Cured and Prevented.

There is not a remedial agent in the world that will cure fever and ague and all other malarious, bilious and other fevers, aided by RADWAY'S PILLS, so quickly as RADWAY'S READY RELIEF.

Price 25c. per Bottle.

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Take the "C. & B. Line" steamers and enjoy a refreshing night's rest when en route to Cleveland, Toledo, Columbus, Cincinnati, Indianapolis, Detroit, Northern Lake Resorts, or any Ohio, Indiana, or southwestern point.

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KEEPS THE THROAT CLEAN AND HEALTHY.
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Please mention this paper.

RIPANS

ONE GIVES RELIEF.

NO MATTER WHAT'S THE MATTER ON, OF THEM WILL DO YOU GOOD.

Rev. Frederick H. Marvin, long-time pastor of the First Congregational Church, of Great Barrington, Mass., and at one time a practicing physician, a graduate of the College of Physicians and Surgeons, New York, says of Ripans Tablets: "The formula has long been in favor with medical men, and the method of preparation in the present form is modern and a great convenience. I always keep a vial of the Tablets upon my dressing table, and use them with confidence whenever occasion arises. For a disturbed condition of the digestive organs I know of nothing so good, and for an 'all round' family remedy I do not believe there is anything better to be had."

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HEALTH AND HOUSEHOLD HINTS.

A hot bath taken on going to bed, even on a hot night of summer, is a better cure for insomnia than many drugs.

The application of hot flannel cloths is said to do wonders with those dark circles that will come under tired eyes.

To remove the fire and relieve the pain of a burn, soak at once in cold water, in which plenty of soda has been dissolved.

Huckleberry Pie.—Add one teaspoonful of vinegar to fruit, and, as in all kinds of berry pie, put a small piece of butter, a little salt and sprinkle a little flour on the lower crust before filling.

Apple Pie.—Place half of the sliced apples in the pie, then add sugar, a little butter, and spice as liked, and the pie will be much more evenly seasoned than when all the apple is put in first.

A teaspoonful of very strong coffee will nullify the effects of opium. Many poisons, especially of the metallic kind, are made instantly harmless if the whites of two or three eggs are promptly swallowed.

When the lungs, stomach or throat bleed give a teaspoonful of salt and repeat it often. For bleeding at the nose use ice on the back of the neck or keep the head elevated and pour cold water on the neck.

A heavy flatiron, weighing seven or eight pounds, will do better work if it is passed over the clothes once with a firm, steady pressure than a lighter iron hurriedly passed over the clothes two or three times.

It is well to remember for use in cases of illness where the burning thirst of the patient cannot be assuaged by cracked ice or water that a teaspoonful of glycerine will afford prompt and comparatively long relief.

When there are croupy children in the family, always keep a bottle of hive syrup in the house. Give from a fourth to one-half teaspoonful and repeat the dose every half hour until the patient vomits freely and there will be immediate relief.

THESE TINS

are found everywhere. They're on the pantry shelves of nearly every housewife, and in every grocery. They contain

Pure Gold Baking Powder

The purest and best

P. G. Flavoring Extracts are good.

A small hammock to be swung just over a baby's bath-tub is the idea of a mother whose infant was afraid of the water. In this way it can be sponged as thoroughly while lying down as if its little life were frightened out of it by the sudden plunge.

Blanc Mange.—Blanch two bitter almonds with two ounces of sweet almonds, pound them to a paste, and by degrees add a pint of cold water. Let stand until settled. Strain off the almond milk. Put into a pint of milk five ounces of loaf sugar, three inches of vanilla bean, and boil in an enamelled saucepan; stir until the sugar is dissolved, then add an ounce of well-soaked isinglass; strain into a basin; add the milk of almonds and a gill of cream. Remove the vanilla. When cold pour the mixture into individual moulds, and place in the ice box until wanted.

Minced Veal with Spinach.—Three pounds of fillet or loin of veal, uncooked, a few slices of ham, three young onions, one lemon, one tablespoonful of rubbed marjoram leaves, one tablespoonful of mixed mace and nutmeg powdered. Mince the veal and ham finely; add the onions chopped small, the lemon rind grated, marjoram, mace and nutmeg; mix all well together and dredge with a little flour; put it into a stew-pan with sufficient gravy to moisten it, and a large tablespoonful of fresh butter; stir well, and stew about half an hour; serve hot, dished with a border of spinach.

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June 13, 1896.

JAMES GUNN, Supt.

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