scenes in all the broad borders of England have unveiled themselves to me. Walk, leap, run, exert arm, leg, body; but, in some way or other exercise!

EDUCATE YOUR SLEEP. - Many persons have habituated themselves to a very sparing allowance of four or five hours on the average. But there are few for whom it is sufficient; from seven to eight hours should be the average of your sleep. Yes! if you would create and make time educate your sleep.

Thus far the Rev. Paxton Hood. And now the editor throws away his quill and runs to catch the steamer for Niagara with a feeling closely akin to that of a certain New York pastor who threw his satchel on the table of a summer boarding house down in New Jersey with the remark, "There, thank goodness, I shall not have to preach or pray for the next six weeks."

THE DRAWING MASTER, THE TRUSTEE, AND THE DRAWING-BOOK.

In our last issue we referred to the combination of a Toronto trustee with a Toronto drawing master to manipulate for their personal gain the text-books of the schools with which they are officially connected. We observed that a good text-book for elementary classes must of necessity be the work of a practical teacher well acquainted with the details of the subject possessed of the power to present the matter in an attractive form and with due regard to the requirements of educational method. It fell to our lot to point out that although Mr. O'Brien may be a good artist with the brush, he shows a lamentable lack of power when he stands with the crayon to teach elementary drawing to a class in the public schools. It is manifestly quite possible to paint pretty good landscapes and at the same time to know very little of elementary drawing. We believe Mr. O'Brien has confessed as much in his letter to the secretary of the Art School declining to undertake the duty of examiner and acknowledging that he was not familiar with the principles of scientific drawing. The letters also in the daily press which have recently appeared describing his went of method and consequently of success with junior classes abundantly prove his inability to claim the rank of a practical teacher of drawing.

The questions naturally arise: Is such a gentleman competent to produce a text-book on the subject? Is it conceivable that any advantage will result from his efforts except the benefit to himself and his trustee-publisher? What could induce any man to undertake work which he does not pretend to understand? Is it allowable for a trustee and a teacher thus to arrange for a total change of books and system in their schools for their own private advantage? The public, will simply get no system in the place of a well-tried system, and an inferior text-book by an amateur will displace the finely graded course. The crude performance of an inexperienced teacher published by an interested trustee will hardly satisfy the people of Toronto. The taint of personal aggrandizement will cling to the whole transaction, for it may be briefly summed

some little pecuniary profit to two gentlemen who use their public position for their own private advantage.

While he adheres to his proper sphere Mr. O'Brien commands our respect, but when he enters into a doubtful combination with a trustee to faist upon the public schools an inferior text rook on a subject of which he knows nothing practically, we feel obliged to enter our emphatic protest and bring the whole matter thus prominently into public notice.

The increased volume of correspondence to this JOURNAL is one of the hopeful signs of the times. It is to be hoped that experienced men and women all along the lines will take the pains to write short accounts of their experiments and results for the benefit of the younger members of the profession.

If the financial and soil anding of teachers is to be elevated, the teachers aust do it themselves, they must not leave it to others. When the true professional spirit, the real esprit de corpe, autmates the whole army of teachers, they will move in solid column and their combined influence will be a power that will brush aside all opposition and procure for them their just position and reward!

CURRENT LITERATURE A NECESSITY.

It becomes more and more evident to those who come in contact with our young teachers that the daily paper and the magazine are almost as essential to a teacher's daily life as desks and books. There are daily papers published at even three dollars a year and teachers in rural schools would do well to consider whether they can afford to cut themselves off in isolation from the great stream of the world's thought and work for a whole week at once. Any teacher of enterprise could soon organize an exchange club among his neighbors in adjoining sections. If a teacher never reads a first-class review, never sees a daily paper, reads no professional journal he will soon find himself as completely out of date as some moss-covered fossil in the middle of a hemlock swamp. There is no money better invested. The CANADA SCHOOL JOURNAL would not be true to its mission did it not urge on teachers the apparent prodigality of spending their last dollar rather than become isolated from the great currents of modern civilization. Such prodigality is the truest economy.

UNIVERSITY FEDERATION.

The Christian Guardian, the chief organ of the Methodist church in this province, has at length taken a firm stand for a new departure in higher education. The Guardian remarks that the Union has made changes inevitable in their college work and that the present is a good time to consider any scheme that would allow Methodists to share in the advantages of the state provision for university education. The religious oversight of the students, and security as to the character of professors being guaranteed, the Guardian declar that it up as useless expense to parents, confusion in the schools, and would be neither wise nor patriotic for the denomination to