UR TEA

the pot of Tea a minute or so before ing. This evenly distributes the Tea nce that has been drawn from the es, but is lying mostly at the bottom on your Tea. And if it is KING COLE tful fragrance of the infused leaves. —both indications of unusual quality.

ifferent from other Teas.

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the former emperor to Germany oration of the old regime and the on of a greatly extended German on.

a federation, with William Ho- rn at its head, the Express ar- ould carry the seed of another ar. It insists that the former must be seized and his activi- vented. The Daily Chronicle in rial makes a similar demand.

**n Government For Belgium**

on, November 19—The Belgian will resign after King Albert arliament this week, according patch to the Daily Telegraph nges. M. Delacroix, a Brussels will be asked to form a coalition ent.


# HOW TO GET RID OF RHEUMATISM

## "Fruit-a-tives" Point the Way to Quick Relief

VERONA, ONT.

"I suffered for a number of years with *Rheumatism and severe Pains in my Side and Back*, caused by strains and heavy lifting.

When I had given up hope of ever being well again, a friend recommended 'Fruit-a-tives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine".

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"Fruit-a-tives" are sold by all dealers at 50c. a box, 6 for $2.50, trial size 25c.— or sent postpaid by Fruit-a-tives Limited, Ottawa.


TRAVELLERS' GUIDE

# DOMINION ATLANTIC RAILWAY

TIME TABLE REVISED TO MONDAY, SEPT. 29th, 1918.

GOING WEST

| | Express Daily | Mixed Daily |
|---|---|---|
| Middleton | 11.35 | 6.00 |
| Lawrencetown | 11.50 | 6.25 |
| Paradise | 11.57 | 6.40 |
| Bridgetown | 12.08 | 7.00 |
| Tupperville | 12.18 | 7.35 |
| Roundhill | 12.28 | 7.45 |
| Annapolis Royal | 12.42 | 8.30 |
| Upper Clements | 12.53 | 8.45 |
| Clementsport | 12.59 | 8.55 |
| Deep Brook | 1.06 | 9.10 |
| Bear River | 1.15 | 9.25 |
| Imbertville | 1.18 | |
| Smith's Cove | 1.22 | 9.35 |
| Digby | 1.37 | 9.55 |

GOING EAST

| | Express Daily | Mixed Daily |
|---|---|---|
| Digby | 12.05 | 4.20 |
| Smith's Cove | 12.20 | 4.40 |
| Imbertville | 12.24 | |
| Bear River | 12.28 | 4.55 |
| Deep Brook | 12.37 | 5.10 |
| Clementsport | 12.44 | 5.25 |
| Upper Clements | 12.53 | 5.35 |
| Annapolis Royal | 1.07 | 5.50 |
| Round Hill | 1.22 | 6.29 |
| Tupperville | 1.32 | 6.44 |
| Bridgetown | 1.45 | 7.05 |
| Paradise | 1.56 | 7.40 |
| Lawrencetown | 2.03 | 8.00 |
| Middleton | 2.20 | 8.30 |

R. U. PARKER,
General Passenger Agent.

GEO. E. GRAHAM,
General Manager.

# H. & S. W. RAILWAY

| Accom. Wednesdays only | TIME TABLE IN EFFECT March 10, 1918 | Accom. Wednesdays only |
|---|---|---|
| Read down | STATIONS | Read up |
| 11.10 a.m. | Lv. Middleton Ar. | 5.00 p. m |
| 11.41 a.m. | *Clarence | 4.28 p. m |
| 12.00 m. | Bridgetown | 4.10 p.m. |
| 12.32 p.m. | Granville Centre | 3.43 p. m. |
| 12.49 p.m. | Granville Ferry | 3.25 p. m. |
| 13.12 p.m. | *Karsdale | 3.05 p. m. |
| 13.30 p.m. | Ar Port Wade Lv | 2.45 p. m. |

Connection at Middleton with all points on H. & S. W. Railway and Dominion Atlantic Railway.

W. A. CUNNINGHAM,
Div. F. & P. Agent.


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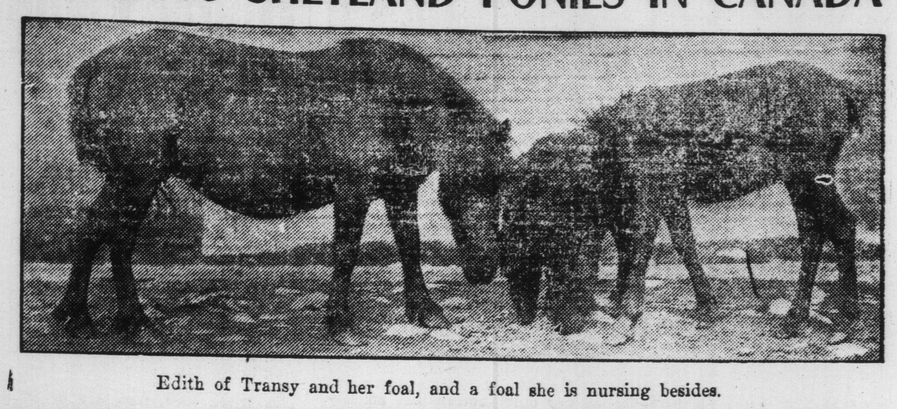
# BREEDING SHETLAND PONIES IN CANADA



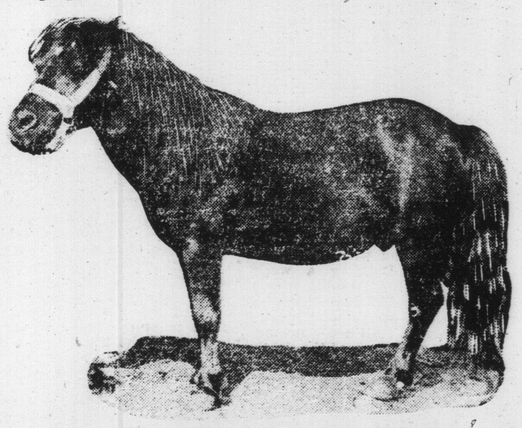
Edith of Transy and her foal, and a foal she is nursing besides.

Youthful visitors—the two children on the left belong to Mr. Percy Cowans, of Montreal, who takes an active interest in the Victory Loan Campaign.

IT was in 1912 that Mr. T. B. Macaulay, President of the Sun Life Assurance Company of Canada, first imported Shetland ponies to Canada, but long before this date he had made a careful and very close study of the breeding of these ponies. It was, therefore, very natural that during Mr. Macaulay's visit to the north of Scotland he looked for and secured the best possible pedigreed ponies. On his beautiful estate, which is situated on the Heights at Hudson, Quebec, near Montreal, there are today some of the most famous pure bred Shetland ponies in existence. The Canadian Pacific Railway passes through part of the estate and passengers to Point Fortune and Ottawa have very often wondered to whom the little jet black ponies belong.

Mount Victoria Pony Stud Farm at Hudson Heights welcomes visitors. It is a sight well worth seeing. Ponies of all types can be seen—from the tiny twelve or eighteen inch foal to the father of the herd, Silver Star of Transy, champion of all Scotland, who stands but thirty-six inches in height. Possessed of a long mane and tail Star looks the part. He is jet black and although ten years old is in prime condition. Then there is Edith of Transy, another prize winner, and a fine type of genuine Shetland pony.

Another pony that all visitors see is old Dorothea. She is just thirty years old, but you can't tell her age by just looking at her, for she looks just as well as the three year olds. She is one of the most famous Shetlands in the world, with a concentration of the best blood in Shetland—Prince of Thule, the strain which Dr. Douglas, author of "The Shetland Pony," says is the source of the best riding blood in the breed. Dorothea is believed to be the only Shetland pony living to-day which is practically pure bred to Prince of Thule on both sides.



Champion Silver Star of Transy, the head of the herd.

The ponies in the herd are black, chestnut and white, and black and white. Ponies suited especially for the use of children are bred, while experiments are being conducted to produce a new breed of pony by crossing pedigreed Shetland mares with a prize winning Hackney pony stallion. This is calculated to bring out a pony with all the gentle characteristics of the Shetland and all the fine action of the Hackney pony.

Besides ponies and all the stock that is found in a prosperous farm there is a herd of elk on the slopes of Hudson Heights. These run loose winter and summer and add to the attractions of one of the beauty spots near Montreal.

J. E. C.

# Gallant Canadian Grenadiers

The graveyard at La Boisselle, on the Albert-Bapaume road, shows the graves and simple wooden crosses in memory of three brave officers of the famous 87th Battalion, Canadian Grenadier Guards, all killed the same day.

A Canadian Brigadier General in a tank starting on a reconnaissance. He was heavily shelled while passing through what was a few moments before a German stronghold.


Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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**The Wonderful Island**

[From the Halifax Acadian Recorder]

The wonderful Island Republic of Cuba is fortunate in having as its representative here in the Atlantic Port of Canada Mr. Stables, whose high culture, keen intelligence and enthusiastic patriotism, as well as business alertness, so well fit him for the work in hand. And Cuba is a wonderful pearl of the Sea indeed. Her area is 48,000 square miles, or about exactly that of Nova Scotia and New Brunswick taken together, while her population is three and one half times that of the two Canadian Provinces, being nearly three and one quarter millions. And her population is far from congested. The State of New York, slightly smaller in area contains nearly twelve million people, Switzerland with one-third the area supports a slightly greater population. Roumania but slightly larger has more than twice the number of people, so that it will be seen that Cuba is capable of supporting three or four times her present number. Her resources are great and far from being fully developed. Almost the entire area consists of good agricultural land while the mountain districts are gifted with much mineral wealth. The growth in population and wealth since the old days of Spanish tyranny has been amazing, and it is quite probable that the total trade of the island last year came to over 8700,000,000, the export of sugar in particular assuming enormous proportions. This magnificent island has reaped a great harvest of wealth during the war and has from the first been hand and heart with the Allies. The Government ormally declared war on Germany some time ago and offered fifty thousand men fully equipped and supported to the American President for service at the front. The offer has not yet been accepted but may be later on when more shipping is available. The Cuban Government has also for some years supported a very large military hospital in France, while a powerful body of Cuban airmen have been doing effective work with the Allies for a long time. After the war is over and German beet sugar is debarred from Entente markets. Cuba's golden age will come together with that of the British West Indies, for there will be ample trade for all.

**Napoleon vs. Wilhelm.**

(From the Montreal Star)

In the despair of past Watreloo days the great Napoleon wrote to the futnre King George IV:

Your Royal Highness: A victim to the factions which distract my country and to the enmity of the geatest powers in Europe I have terminated my political career. I come, like Themistocles, to throw myself upon the hospitality of the British people. I put myself under the protection of their laws which I claim from, Your Royal Highness as the most powerful, the most constant and the most generous of my enemies.

It is Wilhelm's turn now, but the pen that wrote the royal signature to the Treaty of Brest-Litvosk can never frame so dignified an appeal.

Minard's Liniment cures Distemper