

# The Signs of Heart Trouble

You can Surely Secure Heart Health and Strength through Dr. Shoop's Restorative.

Heart weakness which can be dealt with as all is nerve weakness. Just as your hand trembles when its nerves are weak, when your heart nerves are weak your heart flutters and palpitates. Other signs are shortness of breath after slight exercise; fainting spells; pain or tenderness about the heart caused by irregular heart action; choking sensation as if the heart was in the throat; uneasy sensation in the chest, showing that the heart isn't working right; usually the left side, but frequently the right side, and difficult breathing; another and feeling of weakness. There is absolutely no way to treat a weak heart. This is to be expected. Can you imagine how any thing else can be done? Dr. Shoop's Restorative will bring back the strength to the heart nerves always. There is nothing in this remedy to stimulate; nothing that leads to nervousness. The strength that it gives is natural and permanent. It is just the same strength as Nature gives to those who are well. Dr. Shoop's Restorative (Tablets or Liquid) creates strength which extends over the whole inside nerve system—it overcomes the cause of the trouble as well as the result. Sold by



T. B. TAYLOR.

## INSURANCE

J. H. HUME.

AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES. REPRESENTING Five Old and Reliable Fire Insurance Companies. If you want your property insured please call on J. H. HUME and get his rates.

ALSO AGENT FOR C. P. R. Telegraph and Canada Permanent Loan and Saving Co. Ticket Agent for C. P. R.—Tickets sold to all points in Manitoba, Northwest and British Columbia.

## THE LAMBTON

Farmers' Mutual Fire Insurance Company. (Established in 1876). J. W. KINGSTON, President. THOS. STEADMAN, Vice-President. DIRECTORS: ALBERT DUNCAN, JAMES ARMSTRONG, HENRY MCBRYAN, PETER MCPHEDRAN. W. G. WILLOUGHBY, Secretary-Treasurer, WALSUT P. O.

## Farms For Sale.

400 ACRES, Lot 21, Con. 4, S. E. R., Warwick, situated on gravel road 1 mile from Watford. Soil rich clay loam, frame barn and outbuildings in good repair, good frame house with cellar, plenty of fruit, wood and water, farm principally in grass. Price \$9,500. Terms to suit. Owned by John G. Miller, Watford, P. O.

50 ACRES, W. 1/2 of E. 1/2, Lot 22, Con. 4, S. E. R., Warwick, 1 1/2 miles from Watford, on gravel road, soil light clay loam, two wells, 2 acres orchard, 5 acres bush, frame house and barn, granary, stables etc. Price \$2,500. Will exchange for 100 acres to suit. Wm. McLean, owner, Watford P. O.

416 ACRES, Gore Lot 2, Con. 2, S. E. R., Warwick, 95 acres cleared, balance hardwood timber. Soil clay loam, easily worked and well drained, two spring wells, large brick house, good orchard, mostly winter fruit; good frame barn, stables and driveway, 6 miles to Watford and Wyoming, 1/2 mile to church, 2 miles to Wainstead Post Office. Price \$4,900. Possession spring or fall. Own by John Brock, Wainstead P. O.

The above are a few of the desirable properties in this locality for sale by the Western Real Estate Exchange. Farms advertised free until sold. For further particulars regarding these properties, apply to the owners, or to

C. L. BRYCE, Agent, Western Real Estate Exchange, Frost & Wood, Warehouses, Watford

50 YEARS' EXPERIENCE

# PATENTS

TRADE MARKS DESIGNS & COPYRIGHTS

Anyone sending a sketch and description may quickly ascertain our opinion free whether an invention is novel and patentable. Communications strictly confidential. Handbook on Patents sent free. Offer a agency for securing patents. Patents taken through Munn & Co. receive special notice, without charge, in the Scientific American.

Scientific American, A hand-colored illustrated weekly. Largest circulation of any scientific journal. Terms, \$3 per year; 10 cents a copy. Sold by all news-dealers.

MUNN & Co. 361 Broadway, New York. New York Office, 615 F St., Washington, D. C.

## LONG WALK IN OFFICE.

Average Business Man Covers Vast Territory in a Year. "If I had a cent for every mile I walk during office hours every day I'd soon be able to retire," is a remark frequently heard from men and women who are kept on their feet while at business. The general impression is that the distance traveled daily is very great. And so it may be. But the simple experiment of carrying a pedometer for a few weeks will probably show that one's income at a cent a mile would not be worth collecting until the end of a year.

A downtown office man has just finished an experiment of this nature. He carried a pedometer six weeks, registering its total each night. At the end of that time it was found that the distance traveled, though varying greatly from day to day, came to a fairly even average at the end of each week. How many miles do you suppose he walked on the day of his highest record? Twenty? Thirty? Fifty? No, only nine miles. The lowest record came the very next day and was a mile and a half. But the average for each week was thirty-three and one-third miles, or an average of six and a half miles for each working day. The six weeks showed totals as follows: 39 1/2, 27 1/2, 37, 34, 32 1/2, 30, or an aggregate of 200 miles and a half mile over. At the end of six weeks, therefore, he would have collected \$2 at a cent a mile.

In the course of a year this office traveling represents an impressive walking tour, with its total of 1,733 miles. If made as a continuous trip across country it would take him from New York to Bismarck, N. D., or to Galveston, Tex.

## Deafness Cannot Be Cured.

by local applications, as they cannot reach the diseased portion of the ear. There is only way to cure deafness, and that is by constitutional remedies. Deafness is caused by inflamed condition of the mucous lining of the Eustachian Tube. Hence the tubes are inflamed you have a rumbling sound or imperfect hearing, and when it entirely closed, deafness is the result, and unless this inflammation can be taken out and the tube is restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

P. J. CHENEY & CO., Toledo, O. S-14 by Druggists, 75c. Take Hall's Family Pills for constipation

A Loud Call. William H. Crane, the actor, was once asked how it was that he never attempted serious Shakespearean roles. "But I did once," replied the comedian. "Years ago in the west I played 'Hamlet.'"

"Did you, indeed?" said an admirer and friend. "Didn't you have a great success? Didn't the audience call you before the curtain?"

"Call me!" roared Crane. "Why, man, they dared me!"—Argonaut.

That Was Different. Landlady—I will let this excellent room at reduced rates because there is a woman next door who plays the piano continually. Applicant—Oh, that won't make any difference! The room is for my nephew here, and he is deaf. Landlady—Ah, in that case I must charge the full price!

Dangerous. "Would you like to see my aquaria?" asked the naturalist. "Well, if he's securely chained I might, but I'm so afraid of wild beasts," replied the visitor.

Neutrals are soured from above and stung from below.—German Proverb.

## Your Doctor

Can cure your Cough or Cold, no question about that, but why go to all the trouble and inconvenience of looking him up, and then of having his prescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE for a quarter.

Why pay two to five dollars when a twenty-five cent bottle of SHILOH will cure you as quickly?

Why not do as hundreds of thousands of Canadians have done for the past thirty-four years: let SHILOH be your doctor whenever a Cough or Cold appears.

SHILOH will cure you, and all druggists back up this statement with a positive guarantee.

The next time you have a Cough or Cold cure it with

# SHILOH

## EVERY PALE WOMAN

Read This and Learn the Way to Good Color and Better Health.

Pale people have pale blood. In other words the blood is watery and lacks red corpuscles. The stomach is wrong. Assimilation is poor and food is not changed into blood. Naturally the system is robbed of vitality, lacks strength and reconstructive power.

Don't slip from vigor into weakness. Don't allow the appetite to fall, but instead use Ferrozone.

You're bound to feel rejuvenated and strengthened at once.

Appetite is braced up, digestion is stimulated, vigor imparted to the stomach. Every thing you eat is transformed into nutriment that applies what your this weak system needs.

Vital, life-giving blood that makes rosy cheeks and dancing eyes—that's the kind that Ferrozone makes.

The strength and buoyancy that defies depression and tiredness, that's the sort you get with Ferrozone.

Every pale woman can transform her bleached out appearance with Ferrozone.

Not only will it improve looks and spirits, but by rebuilding all weak, tired organs, Ferrozone establishes a soundness of health that's surprising.

For men and girls who want to feel well, to be well, to be well and stay well, nothing known in the annals of medicine is so good as Ferrozone.

Won't you try Ferrozone? Concentrated cure in tablet form, that's Ferrozone, 50c. per box or six for \$2.50, at all dealers.

## PERIL IN PAINLESS FACES.

Victims of Dread Malady May Be Hurt Without Knowing It. "The red-hot wire," said the electrician, "burned the man's cheek till it sizzled and smoked. Yet he never moved out of the way. He continued to laugh and joke and pull on his clay pipe, and a smell of burning rose into the air."

"I pulled him to one side. 'Would you stand there,' I said, 'and be burned to death?'"

"Was I burning?" he said, with a scared look. And he put his hand to the side of his face—the wrong side. Was it possible that he couldn't feel that horrible hurt?

"Gentlemen, that man had no feeling in his face whatever. He told me that he had been operated on for tic douloureux, and the operation, while it had cured the tic, had left his face dead to all sensation."

"I had often read of tic douloureux in English novels, but I thought it was a trifling disease. This chap said it was a facial neuralgia so painful that in the past 90 per cent of its victims either went crazy or killed themselves, but now there is an operation that gives relief."

"Every victim of tic undergoes the operation; hence there are a lot of people walking the earth with no feeling in their faces. The condition is a dangerous one, because you are likely to get hurt without knowing it."

ENGLISH SPAIN LINIMENT removes all hard, soft or calloused lumps and blemishes from horses, blood spavin, curbs, splints, ringbone, swellings, stifles, sprains, sore and swollen throat, coughs, etc. Save 50c by use of one bottle. Warranted the most wonderful Blemish Cure ever known. Sold by T. B. Taylor & Sons.

With the return of cool weather the question of fuel is once more occupying the mind of the public. So many are prepared to burn coal by putting in coal ranges and coal heaters that wood is not in demand to any great extent.

Dairy products will come high this coming winter, by all accounts. Hay will be scarce and dear, coarse grains will be plentiful, but the price will follow the hay markets. In the eastern townships as high as \$13 a ton was paid last week.

Miller's Grip Powders Care. T. B. Taylor & Son.

DETECTIVE HEENAN desires to draw attention to the following: Section No. 351 of the Criminal Code provides that "Every one is guilty of an indictable offense, and liable to 14 years' imprisonment who steals anything in or from a railway station or building, or from any engine, tender or vehicle of any kind on any railway."

## CASTORIA

For Infants and Children. The Kind You Have Always Bought. Bears the Signature of *Wm. D. Mitchell*

The Speed of Light. Just think of it! Eleven times around this globe of ours in the space of sixty seconds! Can you imagine anything that moves with such remarkable speed? Sound travels only twelve and a half miles per minute and a rifle ball (if its speed were not diminished by resistance) sixteen and a half miles. Light passes through a distance equal to seven and a half revolutions of the earth in one minute, but electricity travels so astonishingly fast that it is able to complete the circuit of the earth eleven and a half times in sixty seconds.

Oratory in the Commons. One of the London weeklies laments the decay of oratory in the house of commons. An observer has classified the styles of parliamentary speaking thus: "Haw haw" style, the "hum and haw" style and the "be haw" style. The first, he says, is used by the haughty gentlemen who lol in triumph on the treasury bench, the second distinguishes the utterances of the keen and watchful gentlemen on the front opposition bench, while the third sort fairly describes the effort of the private member.

The Heartless Editor. Assistant—This poet says that the last two verses of his poem may be omitted if you think it is desirable. Editor—I'll do better than that. I'll omit the whole poem.

His Girl. "Her father and mother both strenuously object to me." "And the girl?" "I don't think she'd look at me but for that."

## LOCAL OR OTHERWISE.

The Wallaceburg glass factory has again resumed operations and is employing 400 men.

Miller's Worm Powders cure fever in children. T. B. Taylor & Sons.

Why is a clock the most modest piece of furniture? Because it covers its face with its hands and runs down its own works.

"The evidence shows, Mrs. Mulcohey, that you threw a stone at Policeman Casey." "It shows more than that, yer honor, it shows that O! hit him."

Can't eat? Take Miller's Compound Iron Pills for a few days and observe the results. T. B. Taylor & Sons.

"JOHNNY, why is it dangerous to go to the woods in spring?" "That's easy. 'Cause the bullrush is out, the cow slips around, the grasses have blades, the flowers have pistils and the little twigs are shooting."

The engagement is announced of Miss Mabel Louise Eccles, daughter of R. M. Eccles, Blissfield, Mich., to Dr. Pearson P. Winn, of Alvinston. The marriage will take place at Alvinston, on October 18th.

The healthy glow disappearing from the cheek and moaning and restlessness at night are sure symptoms of worms in children. Do not fail to get a bottle of Mother Graves' Worm Exterminator; it is an effectual medicine.

The Waiter: How do you wish your bacon cooked, sir? The Farmer: Does it make any difference in the price? The Waiter: Why, no, sir. The Farmer: Then, by gosh, I'll have it cooked with three sigs.

Three lighthearted meals promptly relieved by taking one of Miller's Compound Iron Pills after each meal. T. B. Taylor & Sons.

A curious phenomenon was witnessed recently on the 9 con. of Beverly township, a few miles from Galt, when a violent wind and rainstorm prevailed over an area of only a few acres the storm visited spot, being bathed in sunshine and paralyzed with stifling heat.

MESSES. JAS. W. CAMERON, and W. S. CALVERT, M. P., made an important sale of real estate they hold in the city of Winnipeg, this week. They sold 10 lots of their group of 74 for the handsome sum of \$12,000. This property was purchased in 1882.

ENGLISH SPAIN LINIMENT removes all hard, soft or calloused lumps and blemishes from horses, blood spavin, curbs, splints, ringbone, swellings, stifles, sprains, sore and swollen throat, coughs, etc. Save 50c by use of one bottle. Warranted the most wonderful Blemish Cure ever known. Sold by T. B. Taylor & Sons.

With the return of cool weather the question of fuel is once more occupying the mind of the public. So many are prepared to burn coal by putting in coal ranges and coal heaters that wood is not in demand to any great extent.

Dairy products will come high this coming winter, by all accounts. Hay will be scarce and dear, coarse grains will be plentiful, but the price will follow the hay markets. In the eastern townships as high as \$13 a ton was paid last week.

Miller's Grip Powders Care. T. B. Taylor & Son.

DETECTIVE HEENAN desires to draw attention to the following: Section No. 351 of the Criminal Code provides that "Every one is guilty of an indictable offense, and liable to 14 years' imprisonment who steals anything in or from a railway station or building, or from any engine, tender or vehicle of any kind on any railway."

In conversation with Mr. W. H. Taylor, ex-M. P. P., on Monday, we learned that he had been successful in securing the postmastership at Parkhill, recently made vacant by the resignation of Mr. F. J. Hutchings, Mr. H. N. McLeod having dropped out of the race. Mr. Taylor will no doubt make a good man for the position. He has already entered upon his duties.—Parkhill Post.

PREVENT DISORDER.—At the first symptoms of internal disorder, Parmelee's Vegetable Pills should be resorted to immediately. Two or three of these salutary pellets, taken before going to bed, followed by doses of one or two pills for two or three nights in succession, will serve as a preventive of attacks of dyspepsia and all the discomforts which follow in the train of that fell disorder. The means are simple when the way is known.

An invention that may revolutionize the cement brick and block business has just been perfected by H. J. Hurd, of Berlin, says the News-Record. This is an automatic cement brick and block machine. The machine will have a capacity of 30,000 bricks or 2,400 blocks a day and will turn out what is in reality a pressed brick, perfectly smooth and nonporous. Patents have been applied for and local capital is being interested.

## Mrs. Elizabeth Nash.

The death of Elizabeth Nash, wife of Dr. Nash of Forest, took place early last Saturday morning in her 78th year, after a lingering illness. Deceased was born in Ireland on the 10th of November 1828 and while yet a child came to this country with her grandparents and three uncles, the Fenner's one of whom, Joseph Fenner, one of the oldest settlers of Warwick is still living there with his son George. On November 28th, 1847, deceased, whose maiden name was Elizabeth Fenner, married to Dr. Nash, and settled in Forest where they have since resided. Nine children were born to them, four of whom died in infancy, and 4 died after reaching mature years, leaving only one son Richard Nash of Detroit, surviving. Six grandchildren also survive her. The funeral took place Sunday afternoon from the family residence, King St., to Beechwood cemetery, Rev. A. L. Beverley officiating. The bearers were—N. Kimball, C. McLean, W. J. Porte, P. W. Campbell, W. Lochead, and T. Jones.—Free Press.

## Cheaper Coal

The daily papers state that some of the coal dealers in Toronto and London have announced that they will fill all orders for the black diamond during the coming winter at \$6 per ton.

## Lambton Medical Association.

The regular meeting of The Lambton Medical Association was held in Petrolia on Wednesday afternoon, Oct. 10. The following members were present—Dr. Dunfield, Calder, MacAlpine, Mulligan, Smith of Petrolia; Dr. Chaloups and Armstrong of Oil Springs; Wilkinson Bentley, McDonald, Newell of Sarnia; Chappelle and Reid, Wyoming; Hubbard of Forest.

Dr. Bentley and Wilkinson read interesting and instructive papers on Idiopathic Enlargement of the Colon and Typhoid Fever, which were freely discussed by the members present. The next meeting will be held at Watford in February.

## Men Ruled by Force, Women by Charm.

And yet because they live less strenuously, women neglect the early evidences of failing vigor. The wise women will not permit her charms to be robbed by ill-health. When she feels appetite failing, nerves getting on edge, color fading, she takes Ferrozone. How it sharpens the appetite! How quickly rich blood is available to restore color to the cheeks, buoyancy to the step! Batter try Ferrozone. You'll feel like a new being, with new vigor and ability to confront life's difficulties. You are sure to bless the day you commenced Ferrozone. Sold everywhere in 50c. boxes

## Fire in Petrolia.

Petrolia, Oct. 11.—Last night the fire brigade were called out by an alarm which proved to be the G. T. R. roundhouse. The flames had made considerable headway and the frame structure was very shortly a mass of fire. The firemen succeeded in preventing any spread of the conflagration, but the roundhouse was completely destroyed.

## Your Painful Corn.

What it wants is the soothing attention of Putnam's Corn Extractor, which lifts out the very root and branch in short order. No pain, no after effect, just clean whole cure—thats "Putnam's."

## Chantry Farm, KERWOOD, Shorthorn Cattle AND Lincoln Sheep.

FOR SALE 25 Extra Good Lincoln Ram Lambs.

Parties breeding Long Woolled Sheep will do well to see these lambs as I am selling them at a price that I will guarantee to refund as shearlings and 2-year-olds. Breed to the Lincoln, the heaviest shearing sheep, and raise some good lambs for next year's trade.

E. H. DE GEX, KERWOOD.

## County of Lambton.

Treasurers' Notice as to Lands Liable for Sale for Taxes A. D., 1906.

TAKE NOTICE that the list of lands in the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County, has been prepared by me, and that copies thereof may be had in the office of the Treasurer of the County of Lambton in the County Buildings on Christina Street in the town of Sarnia.

AND FURTHER TAKE NOTICE that the list of lands liable for sale as aforesaid is now being published in the Ontario Gazette in the issues thereof bearing dates the 28th day of July and 4th, 11th and 18th days of August, A. D., 1906.

AND FURTHER TAKE NOTICE that in default of payment of the taxes in arrears upon the lands specified in said list together with the costs chargeable thereon as set forth in the said list so being published in the Ontario Gazette before the day fixed for the sale of such lands, being the 31st day of October, A. D., 1906, the said lands will be sold for taxes pursuant to the terms of the advertisement in the Ontario Gazette.

AND FURTHER TAKE NOTICE that this publication was pursuant to "The Assessment Act 4, Edward VII Chap. 23, and amendments." DATED at Sarnia this 28th day of July, A. D., 1906.

HENRY INGRAM, Treasurer Lambton County.

## SOUTH END BAKERY.

## OYSTERS

BY THE PINT, QUART, GALLON OR PLATE. SELECT BALTIMORE BRANDS.

Get Your Choice Confectionery here. Everything you want in the line of plain and fancy candies. Special rates for large quantities.

## OUR WEDDING CAKES

Cannot be surpassed for flavor and quality. Leave your order.

## SMOKERS SUPPLIED

with Choice Imported and Domestic Cigars.

## PEARCE BROS.

SOUTH END BAKERY.