

### Nerves Weak Had Hysterics

Orillia Lady Tells of Her Pitiable  
Condition When the Nerves  
Gave way and She Be-  
came Sleepless, Ir-  
ritable and  
Excited

Orillia, Ont. Oct. 11th.—There is an abundance of proof found right here in Orillia that Dr. Chase's Nerve Food is unrivalled as a means of forming new, rich blood and building up the exhausted nervous system.

At this season almost everybody feels the need of restorative, tonic treatment to keep up vitality and ward off the tired, languid feelings. This letter will give you some idea of the splendid results to be obtained by using this great food cure.

Mrs. Percy Moulding, 28 West street, Orillia, Ont., writes:—

"Some years ago my nerves got the better of me. I became so bad that on one occasion during a thunderstorm I had a severe attack of hysterics. Then I became anxious about my condition. It was sleeplessness and nervous debility that were my trouble. Some nights it would be 1 o'clock before I could get to sleep. Knowing the good results obtained from the use of Dr. Chase's Nerve Food, I commenced a treatment. I took about seven boxes, and gradually I could feel my nerves becoming steady and my appetite returning. I could sleep well, and stay alone without any difficulty. Some little time ago I commenced losing in weight, and I began using the Nerve Food again as a tonic. I used only two boxes, and recovered the weight I had lost. I cannot speak too highly of Dr. Chase's Nerve Food, and when I see anyone looking ill or nervous I say, 'Get busy and use some Nerve Food'."

Dr. Chase's Nerve Food, 50 cents a box, full treatment of 6 boxes for \$2.50, at all dealers, or Edmanson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

### She Might Have Been Your Daughter

(In Conversation)

She married in her early twenties. The dew of heaven was on her brow. The light of heaven was in her eyes. In her heart the love throbbed big and glad, that makes for all the world the Eden of innocence and beauty and truth. As she walked down the aisle of the church, going out on that strange new journey of life, so queenly was she, so winsome, so undefiled, had she been your daughter your heart would have swelled with holy pride, and hope for her in her new home would have been high and confident and strong.

But when the home door closed her good angels must have wept, for in the darkness an enshrouded pestilence walked, whose coming cast no shadow and whose footsteps made no sound upon the stairs.

Never again was she to know happiness, or purity, or health. Children came to the home, one, two, three, each with its own entail of sorrow, and bearing, seen or unseen, the brand more inescapably, more inevitable, more mysteriously persistent than any brand of Cain. And through years of torture, in every joint of agony, and along every nerve of pain, she herself in her own body and soul paid the wages of his sin that was not her sin. The innocent suffered for the guilty. The harvest of horrors and unspeakable anguish was reaped long years after, by hands that did not sow the accursed seed.

Yes! she might have been your daughter.

Her name is Legion. You will find her in every hospital in Canada, in every Home for Incurables; and her ill fated children, whom even her divinest love could not save from the penalty of their father's unspoken heedless sin against the inexorable Law of Nature, they jabber in the words of the feeble minded, and are in that endless procession which, through all the centuries, has crowded the asylums for the insane.

Of course it is the Old Story. It is old as human sin. It is monotonous as the endless procession of human life. It is majestic and merciless as the organic law of human society. No man liveth to himself, or dies to himself alone. The law of transgression runs "unto the third or fourth generation of them that hate," but the law of chastity and purity and obedience works redemptively "unto thousands of them that love."

She might have been your daughter—that innocent victim of our enshrouded social sin. The sin is still here in a thousand forms and guises. The pestilence walks every night in the social world where he lives who one day may be the partner of your daughter's home. Is it nothing to you that he be warned and that she be saved?—The Toronto Globe.

Available statistics tend to the conclusion that approximately one-eighth of all patients admitted to public wards in Canadian hospitals are syphilitic. Of these, two-thirds do not know they are suffering from the disease.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

### Letters to the Editor

(Editor's Note:—The columns of The Union Advocate are open at all times, when space is available, to correspondents who may desire to express their opinions therein on questions of public interest.

Opinions differing from those held by The Union Advocate will be given space as freely as those with which this paper agrees, and letters from correspondents are published with the distinct understanding that the opinions expressed in such letters are not necessarily those of The Union Advocate.

Letters which in the judgment of The Editor, are unreasonably offensive to anyone, will not be published. No letter will be published without the signature of its author.

#### CORRECTIONS AND CRITICISM

Blackville, N. B. Oct. 1, 1917  
Editor Advocate:

Allow me a little space to correct a few errors of type in "The Pioneers."

On pages 6, 7, line 20, for "blood" read "food" in the poem on Breboeuf. On page 10, line 6, insert "loyal" before "sotils."

On page 12, line 8 in the poem on Lord Durham, for "arranged" read "arrayed."

I observe "The World" has a notice of the book, in which it says: "Michael's muse is murdered."

Well, the Commodore's paper was a corker at the business of "murdering" my muse in days gone by as former files of "The World" could amply testify.

"People with 'glass houses' etc. I have reason to be grateful" to the publishers of "The Pioneers" for the pains they have taken with the work and feel sure intelligent readers will be able to make sense despite the few mechanical errors.

(Sgd) MICHAEL WHELAN.

### Girls! Lemon Juice Is Skin Whitener

How to make a Creamy Beauty  
Lotion for a few Cents

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quart of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in. Then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quart of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands.

### OBITUARY

MRS. JOHN HAMILTON.  
The death of Mrs. John Hamilton, took place at Chicago, on the 22nd ult.

Deceased was in her 57th year, was the daughter of the late Finlay MacDiarmid of Centre Napan. She is survived by her husband; two daughters, Ruth and Jean and four sons, Wallace, Donald, Chester and Charles. One sister also survives, Mrs. Alex. MacDiarmid of Centre Napan and eight brothers, John of Nelson, Finlay of Moncton, James of Kamloops, Donald of Cleveland, Thomas of Chicago, David of Melrose, Robert of Centre Napan and Charles of Saskatchewan.

### Farmer Fined £5,500

George Thompson, a Lincolnshire farmer, was recently fined £5,500 for selling potatoes at above the maximum price fixed by the Food Controller. Thompson sold his potatoes at an average of £15 per ton, while the price fixed by the Controller was £11 10s. There were 55 charges against him to which he pleaded guilty, and he was fined £100 on each charge, in addition to £250 costs. Thompson sold more than 1,000 tons of potatoes above the legal price.

#### HOW'S THIS

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts thru the Blood on the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, Ohio  
Sold by all Druggists, 75c.



## "Let Me Help You Carry the Burden, Mother"

"If Canada fails us in October, we must curtail many of our activities."

Sir ARTHUR STANLEY,  
Chairman, Executive Committee,  
British Red Cross.

It now costs \$300,000.00 a week to carry on the work of the British Red Cross, or \$16,000,000.00 a year.

Every minute of the day and night it costs \$30 to minister to the sick and wounded and dying.

Last year Canada's magnificent contribution paid for the entire work of the British Red Cross for nearly seven weeks.

This year, in view of the greater need, it is earnestly and confidently hoped that Canada's contributions will be as great proportionately as the magnificent offering of last year.

Our trust is, that the Citizens of Canada will give generously to this noble cause on—

## "OUR DAY", OCTOBER 18th

#### A Few Facts about British Red Cross Work.

The British Red Cross Society is the only institution which carries voluntary aid to the Sick and Wounded of the British forces on land and sea in every region of the War.

Its work is therefore the concern of all classes of British subjects, whether living in the British Isles, in the Dominions and Colonies beyond the seas, or in foreign countries.

#### IN GREAT BRITAIN

57,000 Hospital Beds found in the United Kingdom.  
30,000 of these provided with Nursing Staff.  
2,000 Trained Nurses working at home and abroad.  
7,500 V. A. D.'s helping in Army Hospitals.

\$220,000 spent on equipment of King George Hospital (1,850 beds) and \$130,000 a year contributed to cost of its maintenance.  
\$225,000 spent on building and equipping Netley Red Cross Hospital (1,000 beds); and  
\$625,000 spent on maintenance.  
\$175,000 for Orthopaedic Curative Workshops and Training Fund.  
\$185,000 for Facial Injury Hospitals.

Send Contribution to Local Treasurer or to Lady Tilley, Organizing President, Canadian Red Cross Appeal, St. John, N. B.