

MARCH 23, 1917

BLE FROM
H TROUBLE

Until He Started
Fruit-a-tives"

AIN ST., MONTREAL.
s, I was a miserable
umatism and Stomach
requent *Dizzy Spells*,
food, felt wretched
uffered from Rheu-
y, with pains in my
nd my hands swollen.
"Fruit-a-tives" and
they did me good.
I felt I was getting
truthfully say that
the only medicine
LOUIS LABRIE.
\$2.50, trial size, 25c.
at postpaid by Fruit-
ttawa.

Freedom Assured

ch 19—Complete
een assured all
Russian Empire
vernment. Equal
are promised, ir-
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IN'S ADVICE

Run-Down Women
M.—"For a long
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Mrs. D. W. Kneass,
Vinol to create a
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March 19, via
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Medicine for child
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PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk means cure. Why not prove this? *All Druggists and Pharmacies*

British Patrol Sinks German Submarine

London, March 19—A U-boat was sunk by a British patrol after missing the Lapland with the torpedo.

As soon as the British have completed their lines of communication from Egypt to the point of furthest advance in Southern Syria, there is every reason to believe that a marked change will also take place in that country. The Arabs there, when once they are sure of the removal of the Turkish hand of repression, are just as favorable to local autonomy as those of the Hedjaz. The defeat of the Turks means the establishment of local autonomy whatever form a suzerainty may in the future assume.

Winard's Liniment Cures Carget in Cows.

French Pursuing Retreating Germans

London, March 19—Germans are in full retreat on a wide section of the French front with the French pursuing rapidly.

MARCH WEATHER RHEUMATIC WEATHER

Victims Can Cure Themselves With Dr. Williams' Pink Pills

With the coming of March people who are afflicted with rheumatism begin to have unpleasant reminders of their trouble. The weather is changeable—balmy and springlike one day, raw, cold and piercing the next. It is such sudden changes of weather that sets the pangs and tortures of rheumatism, lumbago and sciatica going. But it must be borne in mind that although weather conditions start the pains, the trouble is deeply rooted in the blood, and can only be cured through the blood. All the lotions and liniments in the world can't cure rheumatism. Rubbing may seem to ease the pain while you are rubbing, but there its value ends. Only through the blood can you cure rheumatism. That's why Dr. Williams' Pink Pills have so many thousands of cures of this trouble to their credit. The new, rich blood which they actually make drives out the poisonous acid and rheumatism is vanquished. Among many sufferers from rheumatism who have been cured by this medicine is Mr. C. H. McGee, freight shed foreman for the G. T. R. at Peterboro, who says:—"In the course of my work I am naturally exposed to all kinds of weather, with the result that about two years ago I contracted rheumatism which settled in my legs. At times I could scarcely walk, and often had to quit my day's work owing to the stiffness and pain. I tried different remedies without getting any help until I began the use of Dr. Williams' Pink Pills. I used six boxes of these and can say that I am about as well as ever I was. I still take the pills occasionally, and I hope that my experience may be of benefit to some other rheumatic sufferer."

If you suffer from rheumatism, or any other disease of the blood begin to cure yourself today with Dr. Williams' Pink Pills. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

BRITISH DESTROYER SUNK AND ANOTHER ONE DAMAGED

London, March 19—"Enemy" destroyers shelled the undefended place of Ramsgate on Saturday night. They retired hurriedly before our local forces and escaped in the darkness. It was not possible to ascertain the damage inflicted on them.

"At almost the same time enemy destroyers engaged one of our destroyers on patrol to the

eastward of the Straits of Dover, sinking her with a torpedo. She returned the fire, using torpedoes and guns. The result is not known. There were eight survivors from the crew. All the officers were drowned.

"A second British destroyer was torpedoed, but was not seriously damaged, whilst picking up the survivors from the first. A British merchantman in the northern part of the Downs was sunk by a torpedo during Saturday night."

DOMINION DEPARTMENT OF AGRICULTURE

Dairy Branch, Ottawa Free Milk Record Forms

Two five-year-old cows in a dairy herd where cow testing is practiced made two widely divergent records in 1916. One gave 6,616 pounds of milk and 204 pounds of fat, the others gave 3,370 pounds of milk and 288 pounds of fat. This means \$27 difference in income between the two. The owner did not expect to find such a difference. Yet who but the man among his cows all the time should best know their possibilities? Is there as much difference as that between two cows in your herd? Cow testing will help you to know, and will help you to save time, labor and feed. For if you retain only the best cows, you keep those that you are sure will repay you handsomely for all you expend on them. A request to the Dairy Commissioner, Ottawa, for milk record forms should state whether you want those for daily or three days weights per month; they are free for asking.

Nature makes the cures after all.

Now and then she gets into a tight place and needs helping out.

Things get started in the wrong direction.

Something is needed to check disease and start the system in the right direction toward health.

Scott's Emulsion of Cod Liver Oil with hypophosphites can do just this.

It strengthens the nerves, feeds famished tissues, and makes rich blood.

FOR SALE BY ALL DRUGGISTS
Read the name of the product and the ad. for the beautiful Savings Book and Child's Sketch Book. Book back contains a Good Luck Prayer.

SCOTT & BOWNE
125 Wellington Street, West Toronto, Ont.

CONVENTION CALL

The annual convention of the Nova Scotia Temperance Alliance is hereby called to meet in the Y. M. C. A. Hall, Halifax, March 29th, at 10.30 a.m. The Executive Committee will meet at 9 a.m. There will be three sessions. The afternoon session will deal with the question of

the amalgamation of Social Service Council of Nova Scotia Temperance Alliance. The Social Service Council will be represented by Canon C. W. Vernon.

All the churches and temperance organizations are hereby invited and earnestly requested to appoint delegates to this con-

vention.

Pastors of all congregations, officials of all societies are urged to bring this call before their respective organizations. The following national leaders and others expect to be present and address the meetings: Dr. T. Albert Moore, Toronto; Dr. J. G. Shearer, Toronto; Mr. F. S. Searce, Toronto.

Will all friends of Temper-

ance kindly see that contributions are forwarded to the Provincial Treasurer, P. McG. Archibald, Truro, a week before the date of meeting. The railways will grant the usual reduced fares. All delegates ask for Standard Certificates at points of departure.

Rev. H. Wigle, President.
D. C. Ross, Secretary.

Grand Duke Nicholas, The Idol of Russian Army

London, March 16—Grand Duke Nicholas, idol of the Russian army and ranked as Russia's master strategist, looms up as the big military figure of the hour in the Empire, which has just witnessed a successful and almost bloodless revolution and the abdication of its Emperor.

The relinquishment of the throne by Nicholas II automatically deprived him of his rank as commander-in-chief of the Russian armies. The heir to the throne is an infant and Grand Duke Michael, named as regent, while a soldier of repute is not of commanding military experience.

Thus the nation, the Petrograd dispatches indicate, is turning to its most tried and trusted military leader. Grand Duke Nicholas is reported to have arrived at the Capital and the probability is pointed to that he will take command of the troops.

Of the complete success of the revolutionary movement, in which the lead was taken by the Duma, there seems no doubt. While there have been few advances received as to the attitude of the army at the front, such news as has been received indicates that the military, with the exception of reactionaries among the officers, together with all the popular forces of the Empire, is backing the new Government.

The civil forces of the nation are co-operating with the Government most heartily in restoring normality in the life of the country and general political amnesty is reported in a proclamation by the new Russian Minister of Justice.

Grand Duke Nicholas is said to have endorsed this move as one necessary to save the Empire and bring the war to a successful conclusion.

The Council of Nobility already has held special meetings in fifteen provinces and endorsed the new revolutionary government.

For Sale—Mare Colt, 3 years old in April; weight about 1000; partly broken, Ernest Forsythe, North Alton, sw 41 x

Horse For Sale—11 yrs. old, weight 1050 lbs. Good worker. Apply to B. H. Porter, East Halls Harbor. 2ax

MURAD

CIGARETTES



The blending is exceptional

Everywhere Why? Finest Quality

FIFTEEN CENTS

CANADIANS WANTED FOR NAVAL SERVICE



For Duty off the Coast of Canada.

Applications for immediate service as officers in the Canadian Naval Patrols are requested from ex-officers in the Royal Navy, the Naval Reserve, or men holding Officers' Certificates in the Mercantile Marine. Seamen, Stokers and Engine Room Ratings are also wanted at once. PAY Officers from \$2.50 per day and \$30.00 monthly and upwards to dependents. Men from \$1.05 per day and separation allowance. Must be sons of British subjects. Ages 18 to 45. Men from 18 to 38 are wanted also for immediate service in the Overseas Division of the R. N. C. V. R. Experience not necessary—accepted recruits proceed at once to England for training. Pay \$1.10 a day and upwards. Separation as in C.E.F.

Apply to nearest Naval Recruiting Station or to The Naval Recruiting Secretary, 305 Wellington St., Ottawa.

