

CHATS WITH YOUNG MEN

THE LIGHT OF OTHER DAYS
Of in the still night
Ere slumber's chain has bound me,

We do not know why God has put
such kind people about us or such
provoking people; why we have not
more riches or creature comforts.

Other girls seek their pleasure in
going to questionable places of
amusement. Public dance halls and
such places lure many thoughtless
girls to lifelong unhappiness.

They get a ois of their
own type. And then trouble be-
gins.

In 1892
we first offered the public our
"SALADA"
TEA

Millions now use it with great
satisfaction. Have you tried it?
Louis Sandy
HABIT MATERIALS
and WEAVINGS



Happiness is the natural flower of
duty.
BLYMYER
BLANCHARD
CHURCH

Hotel Wolverine
DETROIT
Newest and Most Modern
500 Rooms 500 Baths
Rates \$2.50 Up

MODERATION IN UTTERANCE

There is a certain power in
reserved and moderate utterance. It
is the style that lawyers admire in
judicial decisions and that diplo-

OUR BOYS AND GIRLS

GOOD NIGHT, JESUS
Jesus dear, the day is over,

Would that I might tarry near Thee,
Rest beneath Thy lonely shrine,

TAKE CARE OF BABY

The life of a baby depends more
or less on the sanitary care taken
by the mother. Many an infant has
had disastrous results from using a
poor and unsanitary rubber nipple.

Bishop Weston laid the telegram to
the Holy Father before "the Com-
mittee responsible for the Con-
gress," conservatism would have
triumphed, and the telegram would
never have been sent.

THE SWEETNESS IN LIFE'S CUP

Into all our lives, in many simple,
familiar, homely ways, God infuses
this element of joy from the sur-
prises of life which unexpectedly
brighten our days and fill our eyes
with light.

A GOOD ALPHABET

Attention at both work and play,
Busy all the livelong day;
Courteous at home and school,

THE TELEGRAM TO THE POPE

Among the echoes of the Anglo-
Catholic Congress, held in London
during July in celebration of the
ninetieth anniversary of the Oxford
Movement, about the last to die out
in the silence of oblivion was the
telegram which Bishop Weston of
Zanzibar proposed in Albert Hall

A perfectly balanced being should
be like a well-balanced tree, though
soaring upward, yet firmly rooted
in the earth.

5 1/2 %

Invest your surplus funds
in the
Guaranteed Investment
Receipts
of this Corporation.

These Investment Receipts are issued
for sums of \$500 and upwards, repay-
able in five years.

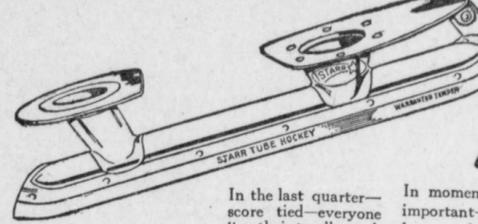
They are a
Trustee Security
as authorized by law.

The
TORONTO
GENERAL TRUSTS
CORPORATION
A. D. LANGMUIR, General Manager
W. G. WATSON, Asst. General Manager



Right There
WHERE YOU CAN PUT
YOUR HAND ON IT
Keep a bottle of

Absorbine J
Then—when the children develop
Sore Throat, or Pain in the Chest—
or there is a Bruise or Burn or Cut
to Dress—you have the right
remedy to ease the pain, allay in-
flammation, render the wound anti-
septic and start healthy healing.



It's the
Blade
that Counts.
In the last quarter—
score tied—everyone
"on their toes"—each
man on both teams
straining for an advantage, and using
his last ounce of energy toward one
purpose—to "bulge" the net and score
the winning "counter".

STARR SKATES
MADE IN CANADA - USED ALL OVER THE WORLD

That's why, year after year, hockey
players, whose names are almost house-
hold words, stick to STARR Skates with
their correctly tempered blades—the
blades that hold their "edge" long after
ordinary skates are dull.

THE
STARR MFG., CO.,
LIMITED
DARTMOUTH, N. S.
TORONTO BRANCH
122 Wellington St., W.

HOW TO SUCCEED

Here, young man, is some sound
advice on "How to Succeed" by
J. H. Barringer, general manager of
the National Cash Register Co.:

PATRON SAINT OF LITTLE GIRLS

The tongues and pens of all
nations are employed in the praises
of the youthful St. Agnes who
overcame both the cruelty of the
tyrant and tenderness of her age
and crowned the glory of chastity
with that of martyrdom, says the
True Voice. Tradition has it that
at the time of her death she was but
thirteen years of age. Her beauty
had won for her the affections of
the Roman Prefect's son. But she
repelled his advances, saying, "I
will have none of thee, thou prey of
death, for I have been won by
another lover. He hath placed a
sign upon my brow, that I should
have no other lover but Him. To Him
alone in true confidence do I
commit myself, for loving him I am
chaste, receiving Him I am a
virgin."

ADVICE TO GIRLS

Some girls fancy that their duty
lies everywhere except at home.
They flit about here and there and
have time and effort for everything
except what their mothers require
of them. Such young women never
amount to anything. They will be
of little good to themselves or
others. They think that by running
about and being at this and that
affair some young man will be
captivated by them. But the
sensible young man does not care
for that kind of girl. That is the
reason why these runabouts either
do not get married or, if they do,



Fortify Now
Against the sudden changes of temperature
which are such a shock to the system

MILD one day, cold the next. Warm
and dry indoors, cold and damp
outside. These sudden changes
waste vitality at an enormous rate. If the
benefits of summer temperature and
outdoor life are to be maintained it is neces-
sary to fortify the system against this strain
of sudden change of temperature.
The fresh air, the more natural foods,
the exercise you take in the summer time
help to get your blood rich and your nerves
steady.
How to retain this benefit to your health
is the problem now confronted.
It is worth while to try to keep well
and there is nothing like Dr. Chase's Nerve
Food to help you.
If you are down it will help you up,
but it is so much easier to keep well than

Dr. Chase's Nerve Food
Feeds into the blood the very elements which are necessary for the creation of new nervous energy,
new vitality and good health. 50 cts. at all dealers or Edmanson, Bates and Co., Ltd., Toronto.