

THE LITTLE GIRL BOOK

derful thing for you. But you must help, and I think you will be glad to do so, when you have read and have understood this lovely story.

I had one of these books when I was your age. My mother gave it to me at that time, and when I came to understand these things, I knew my mother was thinking only of my future happiness and health and I felt like helping her all I could.

I want you, my little daughter, to grow up to be a splendidly healthy and beautiful woman. I wish you to be a better woman in many ways than mother is. You can be, for you have some advantages which I did not have, even as your children will have advantages which you cannot have.

You can take with you when you grow from girlhood into womanhood much of the innocence of your child-