

## THE SECRET SPRINGS

What is the psyche? Psychoanalysts use the word "psyche," apparently, to avoid the theological implications of the word "soul." The psyche is the ego, the personality, if you please, that uses both the conscious and the subconscious minds in its self-expression. And it has aspects in which it seems to be superior to both and independent of them. Let me conclude with two cases of the kind from Doctor X's experience.

He had a patient—an architect, let us say—who was unsuccessful in his profession because he gave so much time and effort to unpaid work. He was trying to make his native town a "city beautiful," and he was neglecting his proper work in order to assist in campaigns of city planning and civic center schemes and organized projects for various civic improvements. Doctor X counseled him that he should devote himself first to gainful work for the support of himself and his family, and then use his surplus of time and money for the altruistic efforts which were now ruining him. After receiving this advice, the patient reported a peculiar dream. He had been standing on a plain, looking up at a "city beautiful" that had been built on a higher plateau and rather in the clouds. Some unknown companion was with him. After admiring