

NEURALGIA

This excruciating trouble is usually seated in the face or head, following the course of some nerve, but attacks other portions of the system as well. It is characterized by acute pains, sometimes steady, at others spasmodic and darting headaches and a feeling as though the forehead was encircled by a band of iron. One of the highest medical authorities has said that "Neuralgia is the cry of the nerves for better blood." Pure, rich, red blood, so essential to the human well-being, speedily follows the use of Dr. Williams' Pink Pills for Pale People. Through this enriched blood the nerves are nourished and strengthened, and the excruciating pains of neuralgia vanish.

NEURALGIA CURED

Among the best known residents of the township of Gainsboro, Lincoln county, Ont., are Mr. and Mrs. Peter Beamer. For a long time Mrs. Beamer was the victim of a complication of diseases, which made her life one of almost constant misery, and from which she nearly despaired of obtaining relief. To a reporter who interviewed her, Mrs. Beamer gave the following particulars of her illness, and cure:—"For some nine years I was troubled with a pain in the back, and neuralgia, which caused me unspeakable misery. The pain in my back was so bad that whether sitting or lying down, I suffered more or less torture. My appetite left me, and I suffered from headaches accompanied by attacks of dizziness that left me at times too weak to walk. My nervous system was badly shattered, so that the slightest noise would startle me. I was under the care of three different doctors at various times, but did not succeed in getting more than temporary relief. I also used several advertised medicines, but with no better results. I was finally urged to try Dr. Williams' Pink Pills, and got half a dozen boxes. In the course of a few weeks I noted considerable improvement, and as a consequence, I gladly continued the use of the pills for several months, with the result that every symptom of the malady left me, and I was able to do my housework without the least trouble. As several years have passed since I have used the pills, I feel safe in saying that the cure is permanent, and the result also verifies the claim that Dr. Williams' Pink Pills cure when other medicine fails."

Miss Sarah Belisle, Brockville, Ont., says:—"For a long time I was a severe sufferer from neuralgia. Frequently the pain was so great that I would be unable to sleep at nights, and as a result I was very weak and run down in health. Having always heard Dr. Williams' Pink Pills highly spoken of I decided to try them, and am pleased to say that they have fully restored my health, and I no longer suffer from the excruciating pains that once made my life so miserable."

PICKLED PEARS.—Twelve pounds of pears, six pounds of sugar, one quart of vinegar and spice to taste; boil pears till you can stick a fork into them; skim them and put in the sugar and vinegar and cook until done.

GOOD PICKLES.—One medium-sized cabbage, one dozen of green cucumbers, two dozen of green tomatoes, slice fine, sprinkle with salt, leave over night, drain well, add half a dozen red peppers sliced fine, two ounces of white mustard seed; mix all together and cover with cold vinegar.

CATSUP.—One dozen large tomatoes, chopped fine; sprinkle over them one-third of a teacupful of salt; drain off; add half a dozen sweet peppers, three heads of celery, chopped fine, a cupful of sugar, a pint of vinegar, a tablespoonful each of cinnamon, allspice, a teaspoonful of cloves. Mix well, put in glass jars and seal tight.

DRESSING FOR SANDWICHES.—One-half pound of nice butter, two tablespoonfuls of mixed mustard, three tablespoonfuls of salad oil, a little red or white pepper, a little salt, yolk of an egg, rub the butter to a cream, add the other ingredients and mix thoroughly; set away to cool; spread the bread with this mixture and put in the ham, chopped fine.

PARCHED RICE.—Put into a frying pan enough butter to cover the bottom. When it is hot add cold boiled rice, a little at a time. Fry a delicate brown and serve.

RICE PUDDING.—One quart of milk, three tablespoonfuls of rice, four tablespoonfuls of sugar, a very small piece of butter, a nutmeg, a little salt, raisins if you choose. Bake slowly for two hours.

BLACKBERRY PIE.—Line a deep pie plate with paste and fill with one pint of very ripe blackberries, three-fourths cup of granulated sugar and a pinch of salt. Pour over this one cup of sweet cream, and bake with one crust.