

A **MANUAL OF DIETETICS.** By J. Milner Fothergill, M. D., Ed.; Physician to the City of London Hospital, for Diseases of the Chest, etc., etc. New York: William Wood & Co. pp. 225. 1886.

The author's name is so widely and favorably known on this side of the Atlantic, both as a teacher and writer, that we are sure this new work from his pen will be welcomed by the profession at large. Nor will anyone be disappointed after a perusal of its pages. The question of dietetics has lately attracted much attention, and we are sure it has been ably handled by Dr. Fothergill in his present work. Part one deals, among other things, with the forms of food, methods of preparing, stimulants, prepared foods, etc., and will prove invaluable to the practitioner, while it will direct the student's attention to the importance necessary to be paid to the consideration of the food of patients. In part two he speaks of the food best adapted to various ages, and in various forms of disease, as struma, gout, phthisis, anæmia, etc., always giving in his own clear and lucid manner, reasons for such foods being administered as he suggests. The chapter on "Food in Gout" is worthy of special mention. We heartily recommend the book as a very valuable addition to the practitioner's library.

A **LABORATORY GUIDE IN URINALYSIS AND TOXICOLOGY** by R. A. Witthaus, A.M., M.D., Prof. of Chemistry, Med. Department University of New York. Wm. Wood & Co.

This little work will be found a very convenient and useful guide in laboratory work. It is pocket size and has blank pages for note-taking by the student. We heartily commend it.

**THE PHYSICIAN'S POCKET DAY BOOK.** By C. Henri Leonard, Detroit, Mich. Price \$1.

This excellent little visiting list has accommodation for 25 or 50 families weekly, also an obstetrical record, monthly memoranda and cash accounts. It is very convenient in form being about the size of an ordinary wallet. There are no tables or lists as in most other works of the kind. It is, therefore, the smallest and lightest in the market.

**THE PHYSICIAN'S VISITING LIST FOR 1887.** Philadelphia: P. Blakiston, Son & Co.

The old reliable visiting list of Lindsay & Blak-

iston is to hand for 1887. This is the 36th year of its publication and for convenience, compactness and strength it has no superior. It is arranged for 25, 50, 75 and 100 patients per week. Many useful tables and lists are to be found in the work besides space for visits, obstetric engagements, cash account, etc.

A **MANUEL OF OBSTETRICS** by A. F. A. King, A.M. M.D., Prof. of Obstetrics, Columbia University. Third Edition. Philadelphia: Lea Bros. 1886.

Much of the work has been re-written and such additions and alterations made as were considered necessary to keep it fully abreast of the most recent advances in obstetric science. New illustrations have been added, selected from standard authors.

Fothergill says of insomnia; "Opium is the agent where insomnia is due to pain; chloral where it is due to a high blood pressure in the arterial system; the bromides where there is any peripheral irritation.

"I want some preserves on my bread," whined a boy to his mother. "Johnny," coaxed the mother, "that nice butter and sugar is the thing for little boys." "I won't have it. 'Taint nothing but glucose and oleomargarine, and it's pizen. Gimme preserves if you don't want your little boy to die." He got the preserves.

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### Births, Marriages and Deaths.

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In Winnipeg, Man., on the 25th of Oct., the wife of Dr. A. McDiarmid of a son.

At Alliston, on Friday, November 12th, Samuel Bell, M.D.

On the 31st October, Dr. Byron Franklin, of Port Rowan, aged 55 years.

On the 25th ult., Dr. Aikman, of Ingersoll, aged 60 years.

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\* \* \* The charge for Notices of Births, Deaths and Marriages is Fifty Cents, which should be forwarded in postage stamps with the communication.