

purer and warmer than the patient is used to. It is not at all uncommon to find the whooping cough prevailing in one town or village, when another village at a very small distance is entirely free from it; therefore, disinfectants should be freely used about the house, and the phlegm should be destroyed carefully. If, at the first appearance of this disease, care is taken to follow the following directions, a speedy cure may be effected easily: Take notice of the symptoms; if the patient seems inclined to vomit, gentle vomits frequently repeated are beneficial. If the bowels are loosened, gently help to keep them open. The body at the same time should be kept at one moderate warmth and perspiration helped. Many people think that oily balsamic pectoral medicines possess wonderful virtues for the cure of whooping cough, and accordingly exhibit them plentifully to patients of every age and constitution, without considering that everything of this nature must load the stomach, hurt the digestion, and of course aggravate the disorder. At the commencement of the disease, the soles of the feet, and the hands and wrists should be rubbed with the following mixture, at morning, noon and night:—Garlic roots and horse radish, equal quantity, beaten together with vinegar in a mortar, and simmer on the stove, and strain off the liquor for use, keeping warm stockings on the feet; the food of the patient should be easy of digestion. A drink may be made as follows:—Take one ounce of liquorice root, one ounce of comfrey root, and one handful of herb thyme, boil them well in three pints of water until half is wasted; give a half cupful of the liquor or less; as the patient is in general very thirsty, give a little and often, but when not thirsty, give more each time to the half cupfull. This has cured my own son and daughter, and many other children whom I have known. If, through improper treatment or through neglect, it should turn to inflammation of the lungs, a physician should be had; but there is no fear of inflammation if the above regulations are strictly adhered to at the beginning of the malady.

I have known whooping cough as well as other coughs to originate from worms, accompanied with a violent cold; the cure in this case would be to give the patient a good drink of onion water, that is to steep some sliced onions in water all night, and take a good drink thereof every morning fasting;