

...The HOME CIRCLE

CALENDAR FOR THE WEEK. Twentieth Sunday after Pentecost. Gospel, St. John IV. 46-53:

- Su. 13 St. Edward, K. C. M. 14 St. Callistus, P. M. T. 15 St. Teresa, V. W. 16 St. Gall, Ab. C. Th. 17 St. Hedwige, W. F. 18 St. Luke, Evangelist. S. 19 St. Peter of Alcantara.

HOLY NAME OF MARY.

Dear honored name, beloved for human ties, But loved and honored first that One was given In living proof, to erring eyes, That our poor flesh is near akin to Heaven.

Sweet word of dual meaning; one of grace, And born of our kind Advocate above, And one, by memory linked to that dear face That blessed my childhood with its mother-love,

And taught me, first, the simple prayer: "To thee, Poor banished sons of Eve, we send our cries," Through mists of years these words recall to me A childish face upturned to loving eyes.

And yet to some the name of Mary bears No special meaning and no gracious power; In that dear word they seek for hidden snares, As wasps find poison in the sweetest flower.

But faithful hearts can see, o'er doubts and fears, The Virgin-link that binds the Lord to earth; Which to the upturned trusting face, appears Greater than angel, though of human birth.

The sweet-faced moon reflects on cheerless night, The rays of hidden sun that rise to-morrow; So, unseen, God lets His promised light, Through holy Mary shine upon our sorrow. —John Boyle O'Reilly.

AUTUMN HOUSECLEANING.

Stains of oil and grease may be entirely removed from carpet or cloth by the brisk application of buckwheat flour, removing the flour as soon as it has absorbed the oil or until the spots have completely disappeared.

The best way to clean a piano is to use lukewarm water and a fine oil chamois. Go over the case a little at a time and rub dry with your chamois skin. Bruises may be removed by the application of a little pumice stone. Always use a silk-duster for a piano.

A good furniture polish is made by dissolving an ounce of Castile soap in half a pint of boiling water. Dissolve also in half a pint of turpentine two ounces of beeswax and half an ounce of white wax. Combine both mixtures when thoroughly dissolved, keep in bottles and shake before using. Put a little of the polish on with a piece of flannel and polish with a cloth.

To renovate a hair mattress take it into an empty room and remove the hair from it slowly, so that you may not be choked with dust. Pick the hair over thoroughly and

wash a little of it at a time, through several pails of strong soap-suds. When it is well rinsed and wrung as dry as possible, lay it in two thin sheets of thin muslin, basting them together at the ends and tacking them here and there in the centre and hang up to dry. Work of this kind should be attempted only when the weather is likely to be fair.

A polished floor appeals to many, but a sticky polished floor is undesirable. It collects dust which a cloth fails to remove. Many housewives omit to mix linseed oil with the turpentine and beeswax used to polish, hence the stickiness of the floor. If the mixture is blended properly and not too much put on, then well polished with a soft cloth the floor will never be sticky.

VALUABLE SUGGESTIONS.

To soften kid shoes that have been hardened by getting wet, clean them thoroughly and rub well with castor oil.

A teaspoonful of vinegar put into the water in which eggs are poached sets the whites and helps to keep the eggs in good shape.

Never place kitchen knives and forks in water. Wash them thoroughly with the dish cloth in hot suds, then polish and rub them dry.

To polish copperware, tea kettles, reservoirs, etc., use one teacupful of vinegar and one tablespoonful of salt; heat it, apply with a cloth, and rub till dry.

Do not put pans and kettles partly filled with water on the stove to soak, as it only makes them more difficult to clean. Fill them with cold water and soak away from the heat.

Ovens in time get very greasy, and are not nice for cooking in. To clean an oven dust it thoroughly, plates and all, with powdered lime, and sprinkle this thickly at the bottom. Heat the oven well, let it cool, and then brush it out. The lime will soak up all the grease.

BEGIN EARLY.

"I'm going to be trained as a hospital nurse as soon as I'm old enough," I heard a young girl say the other day; and then a small sister came running in to ask for help in some pet scheme and was dismissed with a frown and a "Don't bother!" and the embryo nurse settled herself in a comfortable corner with a new library book, in spite of the fact that the mother's hands were more than full and there were things in plenty waiting to be done if only there had been willing, helpful hands to do them. Lack of thoroughness here, wasn't there? She had not realized that training in patience, unselfishness, kindness and consideration was one of the best ways of fitting herself for her vocation; and so she was just idling away the years, growing more and more selfish every day, waiting till she was old enough to begin her actual medical training, evidently expecting that all the necessary qualities would be showered upon her miraculously when she needed them.

SOME RULES FOR COURTSHIP AND MARRIAGE.

Never go down on your knees to declare your love; you will spoil your trousers and feel very uncomfortable. Never call on your lady love while you have a cold in your head.

If you begin your declaration you will never be able to resume it after a fit of sneezing. A cold in the head inspires pity neither in the heart of man, nor in that of woman, and sneezing is fatal if the lady has the slightest particle of humor. Remember that, with a cold in your head, you have to say to her, "I love you, be darling! Oh! I had such a cold id be nose!" No romantic love, my dear fellow, could survive that.

If you are bald, never make love to a woman taller than you. Looked at from below you are all right. Never let your lady love see you without a collar; no, not even the very wife of your bosom. A man's head without a collar is like a bouquet without a holder.

Don't let your wife see you shave. Your idiotic, cowed look, your gaping mouth and grimaces are as many infallible remedies for love.

JESUS ALWAYS.

How sweet it is to be saved by Jesus; it seems as if it were better than if we had never fallen. It is such joy to owe everything to Jesus, such a joy not to be able to do without Him for one moment. Such a joy to find Him everywhere and always to find Him laying us under new obligations and binding us with fresh chains of love. Would that we were bound so fast to Him that we could never get loose from Him.

PERFECTION.

It must be something more than the tameness of a common virtue, something higher than the level of ordinary attainments, which do great works for God. We must aim at perfection; we must strive after the arduous heights of Christian holiness; we must endeavor to imitate the saints of God; we must put before ourselves as possible, aye, and as hopeful aims, their devoted and heroic deeds.

IRISH LIONS.

(From The New York Sun.)

Irish lions are rare birds, as Sir Boyle Roche might say, but they are getting along swimmingly in the Dublin Zoo. About two hundred of them have been raised, and the young cubs sold brought \$25,000 into the treasury of the gardens. Now the managers of the institution are going into the business of lion raising with a vengeance. It appears that the climate of Dublin agrees perfectly with lions, however sorely it may strain the constitutions of other animals. All the Irish lions are South African descent, and it is hardly necessary to say that in Dublin they must be counted among the rebels. It is to be hoped that the British Government, in view of this fact, may not crush this lion-raising industry in Ireland, because the splendid animals, rebels though they be, are intelligent, docile and good natured, like all Irish-born creatures, except bulls.

The king of the Dublin lions is a magnificent black-maned fellow called Caesar, and his wife is a beautiful Nubian lioness. Their family foots a total, so far, of nine, and the expectations are bright. The British lion died recently in Africa. Long live the Irish lions in Dublin!

HOW TO CLEANSE THE SYSTEM.

Parmaelee's Vegetable Pills are the result of scientific study of the effects of extracts of certain roots and herbs upon the digestive organs. Their use has demonstrated in many instances that they regulate the action of the liver and the kidneys, purify the blood, and carry off all morbid accumulations from the system. They are easy to take, and their action is mild and beneficial.

"CHURCH MUSIC."

Mr. R. R. Terry (of London) read a paper on "Church Music," at the recent Catholic Conference, Newcastle-on-Tyne. He said a popular belief amongst their Protestant friends, and one which died very hard, was that they had very fine music in their churches. They had heard a good deal about ignorance that afternoon, and he could hardly say that "Where ignorance was bliss"—he would not wish the quotation. They were not concerned, at least at present, with popular fictions; they wanted to deal with facts; and the fact stared them in the face that their Church music was in anything but a satisfactory condition. It was their bounden duty to offer to Almighty God only of their best, in music, painting, sculpture, and it was nothing but sacrilege to offer the second best, to say nothing of the worst, as was sometimes the case. How was reform to be brought about?

HE DEALT, FIRST, WITH BAD PERFORMANCES, AND NEXT WITH BAD MUSIC.

One of the most fruitful causes of bad performances was the reluctance of singers to give an adequate amount of time to practice. The second cause was the lack of vocal training, especially with boys. Choirs suffered by the absence of any recognized model. The time was ripe for some movement to remedy this absence. He complained that unsuitable music was often affected by singers. He had found that some of their little choirs attempted critical Masses which would tax the efforts of trained bodies like that of Brompton Oratory. It was folly for choirs to attempt music beyond their power. Some of the sublimest music ever written was simplicity itself. Performances were often marred by the tyranny of the organ. The tendency was to have larger and larger instruments, with a corresponding abundance of fancy stops. The mechanical appliances for orchestral imitations increased, too. This was a fatal temptation, especially to the inexperienced amateur. Under this demoralizing influence English organists were losing the breadth of style and artistic self-restraint which formerly characterized them. This demoralization extended to the choir, too. The function of the organ was to accompany the choir, not to lead it—to embellish the singing, not to smother it. As to bad music, that might be either artistically worthless and bad in itself or it might be music was merely unsuitable for ecclesiastical purposes.

MUSIC THAT WAS ARTISTICALLY BAD.

could only be banished when a sufficiently educated public refused to tolerate it. As to music that was unsuitable for ecclesiastical purposes, he suggested a number of tests. He told choirmasters that their churches should have the best ecclesiastical music. Let them take care that the music produced in the singers an attitude of reverence, and did not foster a spirit of self-importance and a love of display. There was an abundance of music about whose liturgical and devotional fitness there could be no doubt. He gave an historical sketch of Catholic music, several examples of which were rendered by the choir of St. Dominic's, Newcastle. He had not (he said) reverted to the early English music merely to have a dig at their ancient friends. He repudiated any such intention. The church music of the sixteenth century was bound up with the theological changes which then were taking place, and in discussing the question it was impossible to avoid touching disputed points. He was not stirring up the dying embers of a burnt-out controversy. The question was a new one. This early English music was an unexplored field to all save a very few students. It was only right that Catholics should be put in possession of facts which had been too long withheld from them. They had long had Anglican Cathedral music pointed out to them with pride, and their own music derided as a foreign importation. They had been too long ignorant of the fact that all this early English music, whether it had been sung and admired in Anglican Cathedrals, as it had been for the last 300 years, or had lain in libraries and museums, was Catholic in spirit and Catholic in origin, and

WRITTEN BY CATHOLICS FOR THE SERVICES OF CATHOLICS.

It was their heritage and their birthright; and the fact that their claims to it had lain so long dormant did not make any less their duty to revive it. It was a duty they owed to their Catholic forefathers. It was the possession of one more link with their national past, when England was undivided in her loyalty to the see of Peter, and our land was justly called the island of St. Peter.

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