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HEALTH AND HOUSEHOLD HINTS.

Dirty slugs breed disease and bring roaches. Borax water will remove stains from the hands. Remove egg stains from spoons by rubbing with salt. A small box filled with lime will absorb dampness. Cream and acids do not curdle, but milk and acids will. Gum camphor scattered about mice haunts will drive them away. After taking cake from the oven, let it remain in the pan for five minutes; it will then come out easily without breaking. A raw egg swallowed at once should detach a fish bone lodged in the throat. We have known a bit of dry bread swallowed in a lump to answer the same purpose.

Calf's liver is excellent when broiled. Parboil it a moment by pouring boiling water on it; wipe it dry, dip in melted butter, dredge with flour, and broil over a clear fire.

Ice Cream.—Four quarts of strawberries with their caps on, and four cupfuls of granulated sugar. Mash the berries with the sugar, and let them stand several hours; then strain the juice. Use four quarts of cream, and four cupfuls of white sugar. Add the juice of the strawberries, and beat the whole to a stiff froth.

Fricassee Eggs.—Boil a dozen eggs ten minutes. When cool, peel and slice. Season some grated bread crumbs with salt, pepper, and nutmeg, and beat the yolks of three raw eggs very light. Dust the eggs with flour, then dip into the beaten eggs, then into bread crumbs, covering well on both sides. Fry in hot lard.

Poached Eggs with Cream Sauce.—Break fresh eggs into boiling water, slightly salted. When set, remove from the water with a skimmer and pour over them the cream sauce: One teacupful of sweet cream, a little chopped parsley, a tablespoonful of butter and a teaspoonful of flour mixed smoothly together, and salt and pepper to season. Boil three minutes, and pour over the eggs.

Strawberry Pie.—Line a deep pie-plate with rich paste, and bake a delicate brown. Have ready enough strawberries to fill the shell; when it is nearly baked, add sugar to the fruit, and make a meringue of whites of two eggs and two tablespoonfuls of powdered sugar. Quickly fill the shell with berries, spread the meringue roughly over the top, return to the oven and brown slightly. Serve cold.

Green Pea Soup.—Four pounds of beef cut into small pieces, half peck of green peas, one gallon of water, half a cup of rice flour, a small quantity of chopped parsley, and salt and pepper to taste. Boil the empty pods of the peas in the water one hour, then strain and put the beef into this pea water, and boil steady for one hour and a half. After boiling one hour, add the shelled peas, and twenty minutes later add the rice flour with salt, pepper and parsley. After adding these ingredients, stir frequently to prevent scorching. Strain into a hot tureen, and serve immediately.

BILIOUSNESS CURED. Gentlemen,—I have used Burdock Blood Bitters for Biliousness and find it the best remedy for this complaint. I used several other remedies, but they all failed to do me any good. However, it required only two bottles of B. B. B. to cure me completely, and I can recommend it to all. Yours truly, Wm. Robinson, Wallaceburg.

In Japan occupations pass from father to son. Not long ago an announcement in a Japanese newspaper stated that a certain dancing master would hold a service in commemoration of the one thousandth anniversary of the ancestor who first adopted that profession.

CONSIDERED THE BEST. Dear Sirs,—I also can bear testimony to the value of your wonderful remedy for the stomach, liver, bowels and blood, B. B. B. I have used it as well as Burdock Pills for over three years, when necessary, and find them the best remedies I have ever used for constipation. Mrs. Gregor, Owen Sound, Ont.



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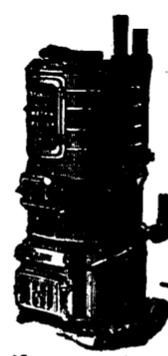
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