NEW WAY to BE WELL

Healthfulness of Oranges.

The one lesson which most people never seem to learn is, how to guard their health.

We have been eating oranges since time immemorial, yet how many of us know that orange juice contains a medicinal principle which has a marked action on the stomach, bowels, kidneys and skin. Some physicians go so far as to say that they can cure the average case of Indigestion, Constipation, Billiousness and Dry Skin with orange juice and proper diet.

This can be easily proved to the satisfaction of any sufferer. Take the juice of one or two oranges every morning before breakfast, take one or two "Fruit-a-tives" every night at bed-time, exercise a reasonable care in diet, and the proof will be found in health.

The cure will be greatly assisted and hastened by taking "Fruit-a-tives" in conjunction with the orange juice. "Fruit-a-tives" are fruit juices in which the medicinal principle of oranges, apples, figs and prunes are many times increased by the special way in which they are combined. Then tonics are added and the whole made into tablets. "Fruit-a-tives" may be obtained at all dealers, or will be sent postpaid on receipt of price—50c a box—6 for $2.50. "Fruit-a-tives," Limited, Ottawa.

Halifax & South Western Railway

Accom Mon. & Fri.	Time Table Jan. 20th, 1908	Accom Mon. & Fr
Read down	Stations	Read up
11.30	Middleton	16.08
12.00	Clarence	15.36
12.18	Bridgetown	15.18
12.44	Granville Cte	14.50
12.59	Granville Fy.	14.35
13.40 Ar.	Port Wade	D13.55

CONNECTIONS AT MIDDLETON WITH ALL POINTS ON H. & S.W. RY. AND D. A. RY.

P. MOONEY
General Freight and Passenger Agent.
HALIFAX.

Money in Old Postage Stamps

I WILL GIVE FROM

10c to $5 each

For old Postage Stamps, used on the Envelopes before 1870.

W. A. KAIN,
Box 186, ST. JOHN, N. B.

DOMINION ATLANTIC RAILWAY

AND

Steamship Lines

—TO—

St. John via Digby

—AND—

Boston via Yarmouth

"Land of Evangeline" Route.

On and after January 1st, 1908 the Steamship and Train Service on this Railway will be as follows (Sunday excepted):

FOR BRIDGETOWN.

Express from Halifax, ... 12.11 p. m.
Express from Yarmouth ... 1.54 p. m.
Accom. from Richmond, ... 5.20 p. m.
Accom. from Annapolis. ... 7.20 a. m

FOR BEAR RIVER.

Express from Halifax, ... 1.20 p. m
Accom. from Anna. Royal, 8.45 a. m.
Express from Yarmouth, 12.43 p. m.
Accom. from Anna. Royal, 7.39 a. m.

Midland Division

Trains of the Midland Division leave Windsor daily, (except Sunday for Truro at 7.40 a. m. and 5.35 p. m., 6.40 a. m. and 3.15 p. m., connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston Service

S. S. PRINCE ARTHUR

by far the finest and fastest steamer plying out of Boston, leave Yarmouth, N. S., Wednesday and Saturday, immediately on arrival of express trains from Halifax, arriving in Boston next morning. Returning, Prince Arthur leaves Long Wharf Boston, Tuesday and Friday at 1.00 p. m.

St. JOHN and DIGBY

ROYAL MAIL S. S. BOSTON.

Daily Service (Sunday excepted.)
Leaves St. John .... 7.45 a. m
Arrives in Digby ....10.45 a. m

Leaves Digby same day after arrival of express train from Halifax.

P. GIFKINS,
Kentville.
General Manager.

A CHEERFUL OUTLOOK.

The Montreal Witness in its admirable weekly review of the trade and financial conditions of the Dominion finds trade improving all along the line. Retail dealers are making satisfactory purchases from the wholesale houses in all lines of merchandise. The latter assure the manufacturers that the present year will see a huge volume of business transacted, and in anticipation of heavy orders, the manufacturing centres, or, in other words, the mills and factories, are making ready for a profitable season's work. The farmers also are preparing for a busy year. The coming summer will see the expenditure in Canada of the enormous sum of $100,000,000 or more, a conservative estimate, in the construction of railways, public works, and the extension and development of industrial enterprises. A very pleasing feature of the past week is the appreciable increases in the gross earnings in both the Canadian Pacific Railway and the Grand Trunk system, after a period of heavy decreases, due largely to the inclement weather. The general business trend of the country is largely shown by the earnings of the railways, and any depression or decline in trade, or the reverse, quickly reveals itself by this means. Altogether the outlook is cheering.

LAME SHOULDER.

Whether resulting from a sprain or from rheumatic pains, there is nothing so good for a lame shoulder as Chamberlain's Pain Balm. Apply it freely and rub the parts vigorously at each application and a quick cure is certain. For sale by
W. A. WARREN, BRIDGETOWN, W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

DOES THIS APPLY

TO YOUR TOWN.

A very worthy citizen with an eye for the comely and decent, and a horror of the unseemly, was disgusted as he walked our sidewalks yesterday morning after the rain had cleansed, and brightened the concrete and asphalt, to find the pavements besobbered and made filthy with the vile ejections from the public spitter. It is too bad that decent people are compelled to wade through such filth and that our public thoroughfares have to be the receptacles for the exudations of the dirty spitter. We have a by-law now against this street-spitting nuisance, so let it be enforced and give decent citizens a chance to walk on our sidewalks without wallowing in a filth that a pig would be ashamed to make.—Truro News.

Minard's Liniment Co., Limited.

Gentlemen,—Theodore Dorais, a customer of mine, was completely cured of rheumatism after five years of suffering, by the judicious use of MINARD'S LINIMENT.

The above facts can be verified by writing to him, to the Parish Priest or any of his neighbors.

A. COTE, Merchant.
St. Isadore, Que., 12th May, '98.

OLD AND NEW FRIENDS.

Henry Van Dyke.

Make new friends, but keep the old;
Those are silver, these are gold.
New-made friends, like new-made wine
Age will mellow and refine.
Friendships that have stood the test
Time and change, are surely best.
Brow may wrinkle, hair turn gray,
Friendship never owns decay;
For 'mid old friends kind and true
We once more our youth renew.
But, alas! old friends must die;
New friends must their place supply.
Then cherish friendship in your breast;
New is good, but old is best.
Make new friends, but keep the old;
Those are silver, these are gold.

MINARD'S LINIMENT
RELIEVES NEURALGIA.

The purity contract, which was entered into by the representatives of the two parties at St. Andrew's, worked well. Not a dollar was spent on either side for the purchasing of votes, and not a drop of liquor was used. Both parties kept their contract to the letter, and a bigger vote than ever before was polled. Certainly no Liberal ever obtained the majority here that was given to Mr. Armstrong.—St Andrew's Beacon.

Weak Women

To weak and ailing women, there is at least one way to help. But with that way, two treatments, must be combined. One is local, one is constitutional, but both are important, both essential.

Dr. Shoop's Night Cure is the Local.

Dr. Shoop's Restorative, the Constitutional.

The former—Dr. Shoop's Night Cure—is a topical mucous membrane suppository remedy, while Dr. Shoop's Restorative is wholly an internal treatment. The Restorative reaches throughout the entire system, seeking the repair of all nerve, all tissue, and all blood ailments.

The "Night Cure", as its name implies, does its work while you sleep. It soothes sore and inflamed mucous surfaces, heals local weaknesses and discharges, while the Restorative, eases nervous excitement, gives renewed vigor and ambition, builds up wasted tissues, bringing about renewed strength, vigor, and energy. Take Dr. Shoop's Restorative—Tablets or Liquid—as a general tonic to the system. For positive local help, use as well

Dr. Shoop's Night Cure

BEAR RIVER PHARMACY.
ROYAL PHARMACY.

THEN AND NOW

Paper prepared and read by Miss Emma Jackson at a meeting of the Sons of Temperance, Clarence East.

Change is written on all things here below. The seasons change, the earth the sky, the winds and the waves are changing, ever changing, now bright and gladsome, anon dark and gloomy, now high and threatening, again soft and low as an infant's breath in restful slumber. Our mortal life too, ever changing from infancy to youth, from youth to maturity, then swiftly down life's western slope to the end, the grave. On! on! ever changing, never still.

The last half of the nineteenth century and the dawn of the twentieth has witnessed wonderful changes in religious political and social life, the world over. Some forty or more years ago, when the prospects of our having a railroad running through our beautiful valley of Kings and Annapolis and on to the Metropolis was being discussed in its various aspects, pro and con, an elderly man in our community said: "Mark my words, there will never be a railroad through this Valley," "Not so sure of that, am I," a neighbor replied, "I would not be surprised if during my life I should see the cars running through the Valley." And he lived to realize the fulfillment of his expectations. Yet methinks had even he, optimist, though he was, been told that, ere his children reached his age, there would be another line of railway, and that crossing his own farm, he would have been somewhat incredulous. Half a century ago our cousins across the border, many of them, were wont to consider our part of the world, 'Land of Evangeline' though it was, as a sort of semi-wilderness and its inhabitants not far removed from the denizens of its forests. Today, tourists by the hundreds are swarming into it at every available point and are lavish in their praises of its beautiful scenery, and its intelligent, hospitable inhabitants.

Fifty years ago, a girl 'unmarried' at thirty was sneered at, as an 'old maid' and her position even by her friends, considered an undesirable one. Today scores of such, educated, accomplished in the highest degree, are deliberately choosing a life of single obsessedness and in the various professions and avocations of the day are proving themselves in no respect inferior to their brothers and fully capable of taking care of themselves. We are truly living in a progressive age, and wonderful changes within the last fifty years have taken place, likewise in the field of art, literature and science. Inventions startling, wonderful have burst upon the world. Then, too the nations of the earth are drawing closer together in friendly counsel over conflicting interests, rather than watching for opportunities to invade and destroy each other. In the religious and political life of the world, methinks there may be some, who would honestly question whether all changes have indeed been for the better, whether the men who for some twenty-five or thirty years past have occupied the Legislative Halls of our own and other lands as well, were in reality the men of sterling worth and unselfish devotion to the best interests of their country as were their predecessors, whether likewise the men who today exercise the right of the ballot, are men like their fathers, true to their party and their principles, or men, who for the dollars few or many will be bought and sold, not deserving the name of men. Some there be, who affirm that what is true of the political world is no less true of the religious world, a large amount of the counterfeit coin, not having the ring of pure gold in other words, too much professing, too little possessing religion. Be this as it may, in many ways there have marked changes for the betterment of the human race as a whole our knowledge of its needs, far beyond that possessed by our forefathers, and our ability, and our desires as well, to respond to that need far in advance of theirs, because of our greater knowledge of humanities needs. Ours an age of large hearted, Christian benevolence. But what shall we say of that curse of the human race, the liquor traffic? Glancing backward over the past we cannot but think that even here some progress has been made, and staunch temperance men are awakening to the fact, that would they have what they earnestly desire,—a Prohibitory Liquor Law enacted, then must they throw aside party interest, and standing shoulder to shoulder send as their representatives to Parliament only men pledged to be true to the temperance cause, the cause of all mankind.

"Write it in the nature's laws, blotting
out the license clause;
Write it in each ballot white, so it can
be read aright.
Where there's drink there's danger.
Write it over every gate, on the church
and halls of state;
In the hearts of every band, in the
laws of every land.
Where there's drink there's danger.

After but a brief glimpse of life's activities and interests in our own land, and the world over, we conclude that notwithstanding the views of some to the contrary that the world as a whole is growing better, and we are nearing the dawn of the time, when man shall meet in man a friend and brother and each shall seek the common good of all mankind

"There is an old way they can't improve,
Although it has been tried,
By men who have studied and studied
And worried until they died.
It has shone undimmed for ages,
Like gold refined from its dross,
It's the way to the kingdom of heaven
By the simple way of the Cross.

Didn't Agree with Me

Mr. Arthur Tennison, 88 London Street, Toronto, writes enthusiastically of the merits of Psychine for all stomach troubles.

"For seven years I have had indigestion and dyspepsia. I tried scores of remedies. My room resembled a drug store with nostrums which I had bought. Eventually I used Psychine, and every dose brought permanent relief."

All throat, lung and stomach troubles quickly cured by Psychine. It is the prescription of a great specialist. At all druggists, 50c and $1.00, or Dr. T. A. Slocum, Limited, Toronto.

The apple stump of an Oregon farmer has been successfully grafted with twenty-three varieties of fruit, including peaches, plums, prunes and even some nuts.

If you would like to fool some wise, Coffee Critic, who "knows fine Coffee on taste and flavor," quietly make for him a batch of Dr. Shoop's "Health Coffee" and serve it piping hot. It deceived Mrs. Shoop, and will I believe deceive anyone. And there is not a grain of real Coffee in it. Health Coffee is made from pure toasted nuts, grain, malt, etc. Made in a Minute—no 20 to 30 minutes tedious boiling. 1½ pounds 25c.
Sold by J. E. LLOYD.

A Kansas paper publishes the following unique reminder to delinquent subscribers: "There is a little matter that some of our subscribers have seemingly forgotten entirely. Some of them have made us many promises, but have not kept them. To us it is a very important matter—it's necessary in our business. We are very modest and don't like to speak about it."

It might be called a matter of $$ and sense.

PROF. H. A. HOWELL, OF HAVANA, CUBA, RECOMMENDS CHAMBERLAIN'S COUGH REMEDY.

"As long as I can remember my mother was a faithful user and friend of Chamberlain's Cough Remedy, but never in my life have I realized its true value until now," writes Prof. H. A. Howell, of Howell's American School, Cuba. "On the night of Feb. 3rd our baby was taken sick with a very severe cold, the next day was worse and the following night was desperate. He could not lie down and it was necessary to have him in the arms every moment. Even then his breathing was difficult. I did not think he would live until morning. At last I thought of mother's remedy, Chamberlain's Cough Remedy, which we gave, and it afforded prompt relief, and now, three days later, he has fully recovered. Under the circumstances I would not hesitate a moment in saying that Chamberlain's Cough Remedy, and that only, saved the life of our dear little boy." For sale by
W. A. WARREN, BRIDGETOWN, W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

Steamer Prince Arthur had 108 crates of live lobsters among her outward cargo on Saturday. Prices in Boston remain the same as before, $35 for large and $20 for small per crate.

Owing to the enormous advance in the price of teas at the gardens during the past eighteen months, The "Salada" Tea Co. have had to raise the price of "Brown Label" from 25c. to 30c. and "Green Label" from 30c. to 35c. per pound. No other changes in prices have been made. The chief reason for the advance in the price of Ceylon Tea is due to two causes: First the enormously increased demand coming from Russia, which country is abandoning China Tea in favor of the finer teas of Ceylon. The other cause is due to the planting out of Rubber, which is more profitable to the grower than tea.

Mrs. Wallace Foster, Yarmouth, retired on Saturday night with her baby in the same bed. Upon awaking next morning she found the child dead beside her, supposed to have been suffocated. An inquest was held and a verdict rendered that the cause of death was suffocation.

FOR DISEASES OF THE SKIN.

Nearly all diseases of the skin such as eczema, tetter, salt rheum and barber's itch, are characterized by an intense itching and smarting, which often makes life a burden and disturbs sleep and rest. Quick relief may be had by Applying Chamberlain's Salve. It allays the itching and smarting almost instantly. Many cases have been cured by its use. For sale by
W. A. WARREN, BRIDGETOWN, W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

A mammoth codfish, which tipped the scales at 97 pounds, was brought into T wharf, Boston on Thursday, in the hold of the Provincetown fishing sloop Vesta, says the Post. It is the largest cod ever landed at T wharf. The giant fish was caught in the Bay of Plymouth. The men who brought it up at first thought that they had captured a whale.

Black Watch Remarkable for richness and pleasing flavor. The big black plug chewing tobacco. 2267

ANNUAL WHITEWEAR SALE
—AT—
CLARKE BROS'.

Grand Opening February 3rd. & Following Days.

ECLIPSE BRAND

Four Reasons why Eclipse Whitewear will satisfy you:

1st. Made by practical experts. You're sure of perfection in finish.

2nd. Material is purest and best that experienced buyer can obtain from the world's best markets.

3rd. Style the latest. Expert designers have closely followed fashion's latest demands, and cutting gives wide generous measurements that fit with ease and grace.

4th. Prices are invincible. Though cost of labour and material has increased rapidly, we offer the following goods of this year's still higher quality and workmanship with the same unbeatable values of last year,

Night Robes.

509 Made of Long Cloth. Tucked Lawn Front, Sale Price.....47c
452 V Shaped., finished with frill of lawn, taped seams, Sale Price....73c
452½ V Shaped, made of good long cloth, neck and sleeves finished with lawn frill, yoke lace insertion. Sale Price.....75c
457 also 464 Made of soft nainsook, Mother Hubbard yoke trimmed three cluster tuckings, tape seamed Sale Price.....99c
461 Made of good long cloth, sailor Collar, Mother Hubbard yoke, three cluster tuck and hamburg trimmed. Sale Price.....87c
470 also 477 Made of fine Nainsook, Mother Hubbard yoke trimmed with Lace and insertion Sale Price.....$1.09
576 Made of fine soft long Cloth, slip over style. Hamburg and lace trimmed, taped seamed. Sale Price.....$1.23
489 Made of soft finished Cambric yoke tucked and Hamburg trimmed Sale Price.....$1.25
1102 Made of Lonsdale Cambric, Hem stitched yoke Hamburg trimmed-out sizes for large women Sale Price.....$1.40
524 also 517 Made of fine Nainsook, slip over style, lace and applique trimmed. Sale Price.....$1.59
538 also 533 Made of fine soft Long Cloth Yoke trimmed with two clusters of tucking and insertion finished with Feather stitched Braid Sale Price.....$1.75
548 Made of fine soft Lonsdale, slip-over style, lace and applique trimmed, Sale Price.....$1.87
558 Made of fine Nainsook, slip-over style, yoke trimmed with two rows of lace insertion and applique, Sleeves Hamburg trimmed, Sale Price.....$2.29
577 Made of fine soft Nainsook, slip-over style yoke applique and Hamburg trimmed. Sale Price..... $2.75
840 Made of soft finished cambric, yoke trimmed three cluster tucks, finished with Feather Stitched Braid, out sizes for large women, Sale Price.....$1.00
881 Large sizes 45 to 44 Bust, sale Price.....$1.33
780 Made of soft fine long cloth, 15" Flounce, three rows of wide insertion, lace trimmed, tape seamed Sale Price.....$1.33
756 A better quality Sale Price . $1.50
789 A better quality Sale Price . $1.75
860 Made of Lonsdale cambric 16" Flounce, five cluster tucking, Hamburg trimmed, tape seamed Sale Price.....$1.85
807 also 806 Made of English long cloth 15" Flounce four rows of lace and applique trimmed, tape seamed Sale Price.....$2.00
810 Made of fine long cloth 16" Flounce two three cluster tucks, Swiss Hamburg trimmed, tape seamed Sale Price.....$2.25

Drawers.

27 Made of good cotton, finished with wide Hemstitched hem Sale Price.....19c
672 Made of long cloth, finished with lawn frill and tucking Sale Price.....25c
605 Made of English long cloth 5" frill three Hemstitched tucks, tape finished. Sale Prices.....25c
613 Made of good cotton, umbrella frill, three tucks, hamburg trimmed tape seamed. Sale Price.....39c
669 Made of English long cloth, deep flounce lace and insertion trimmed tape seamed, Sale Price.....40c
620 Made of Fine long cloth, 5" frill; finished three cluster tucks, lace and insertion trimmed tape finished Sale Price.....45c
673 Made of fine soft Long cloth 6" frill applique insertion and trimmed. Sale Price.....$1.25
629 also 617 Made of Lonsdale cambric 5" frill, three Hemstitched tucks, Hamburg trimmed tape seamed
619 615 Sale Price.....50c
617 Made fine long cloth, Umbrella frill Lace and insertion trimmed. Sale Price.....60c
635 also 634 Made of long cloth, Umbrella frill, Handsomely trimmed Sale Price.....75c
669 Made of Lonsdale cambric, deep Umbrella frill, handsomely trimmed Sale Price.....85c
672 Made of fine cambric Umbrella Frill handsomely trimmed. Sale Price.....$1.00
656 Made of fine cambric Umbrella frill handsomely trimmed Sale Price.....$1.00

Underskirts

200 Made of good cotton, French band finished with deep hem, three cluster tucks. Sale Price.....7c
752 Made of fine cambric, French band finished deep lawn tucked flounce and torchon lace. Sale Price....59c
751 Made of Lonsdale Cambric, 9" Flounce; French band, Lace trimmed, tape seamed. Sale Price....66c
756 Made of soft finished cotton, French band; deep lawn flounce finished with wide insertion and lace. Sale Price.....75c
751 Made of long cloth, 10" Flounce three cluster tucks and Hamburg trimmed. Sale Price.....84c
756 also 749 Made of soft fine long cloth 13" Flounce two rows lace insertion, lace trimmed, tape seamed. Sale Price.....92c
763 Made of long cloth, 10" Flounce three rows tucking, Hamburg trimmed, tape seamed, Sale Price $1.00
766 Made of English Long Cloth, 11" Flounce, two rows 5 cluster tucking and Hamburg trimmed tape seamed Sale Price.....$1.19

Corsét Covers

363 Made of good cotton, full front lace and insertion trimmed Sale Price.....25c
306 Made of fine cambric, low round neck, full front, lace trimmed. Sale Price.....29c
309 also 313 Made of fine English long cloth, full front hip length, lace and ribbon trimmed Sale Price.....37c 39c
318 Made of fine Nainsook, full front Hamburg and ribbon trimmed, large sizes for stout women, Sale Price.....45c
324 also 345 also 326 Made of fine, Nainsook low round neck full front, lace and insertion trimmed, tape lins strapping, Sale Price 50c 60c 65c
354 also 377 also 386 Made of fine Nainsook, low round neck, handsomely trimmed lace and insertion. Sale Price.....75c 99c $1.00

Soliciting your orders either personally or by mail, We are,
Yours very truly

CLARKE BROS.'