

The Weekly Monitor

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NO. 23

Effect of Earthquakes on Public Health.

It is said, by those who position themselves to know, that there has been a general improvement in the general health of San Francisco since the earthquake occurred. The statements are that there is an unadmitted fact that a great many men and women who were in poor health before the shock, with bad appetites and defective digestion, are now eating all they can get and digesting it without trouble, while the mental constitution which so often accompanies the dyspeptic state, has equally improved.

The explanation is made as simple as it is rational. Many of these people were fortunately deprived of their drains, alcohol and luxuries; they had nothing but simple food as they were compelled to take exercise in the open air to get it. The men have found it possible to live without cigars or whisky and the ladies without candy. They have cooked their simple meals in the streets, to the better ventilation of their houses; for the lack of light they have gone to bed early, with the compensation that they have risen with the lark. They have had the enforced benefits of a sanitarium and good health is the result.

Frederick Dixon was working at Windsor Junction for a man by the name of West. When the week's work was done, his employer gave him a cheque for seven dollars, which Dixon took into Halifax and got cashed, and that night was arrested by the Halifax police and kept in prison until the following Tuesday, charged with altering or erasing some words on the cheque. When Dixon was up for examination he was honorably acquitted, as there was no case against him. Somebody must have blundered when a man is deprived of his freedom and cast into prison for nothing, and his name published far and near in the Halifax papers.

Western Exhibits at the Great Dominion Fair.

The exhibit from the Province of Alberta that is on its way to the Dominion Exhibition at Halifax, extends 30 feet by 30 feet and will thus require a space of 900 square feet. The Saskatchewan exhibit will occupy 500 square feet. To accommodate these, so great is the crush in all departmental edifices, the Commission will erect a special structure. These exhibits from the newest Canadian Province will prove of exceeding interest. Splendid exhibits are also coming from the West Indies. The entries for the Horse Races closed on Monday, September 10th, and show that a magnificent field of horses for the Speed Competition will be seen on the first Exhibition Track. That everyone in Nova Scotia who wishes to visit the Dominion Exhibition may do so the rates of travel during the two weeks of the Exhibition have been put down to a mere fraction of the ordinary charge. For instance, on Extension Days a visitor from St. John on the D. A. R. may come to Halifax for \$4.00, and if by the I. C. R. for \$1.75, which also admits to the grounds. If from the Sydney's, the charge, including admission to the grounds, will be only \$2.25 from Yarmouth and return \$3.00; Amherst \$1.75; Truro \$1.15; from Victoria \$1.50 from Antigonish \$2.00. These are given as sample rates—all other rates are equally low. On days other than the Extension of which there will be four on the I. C. R., and four on the D. A. R., the rate will be only one fare or less for the return journey.

The Grand Stand opens for Saturday, the opening days will be the opening Show in the afternoon with the splendid Vaudeville and Spectacular "Carnival of Venice" and fireworks at night.

If in need of helpful accommodation write to or call on W. J. Butler, the Dominion Exhibition Bureau, 160 Hollis street.

There is more catarrh in this section of the country than all other diseases put together, and until the late 70s years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only medicine that cures it. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any cure it fails to cure. Send for circulars and testimonials. Address: F. J. Cheney & Co., Toledo, Ohio.

Sold by druggists, 75 cents. Fake Hall's Family Pills for constipation.

AT YOUR COOKS

"Beaver" Flour is the flour for home baking—for women who take pride in their culinary skills and their ability to run the house economically.

BEAVER FLOUR
A Blend of the finest flour wheat
It yields MORE bread to the barrel than any other brand.
Order "Beaver" Flour next time—and see how much more inviting and toothsome is everything you bake.

AT YOUR GROCER'S
Dealers write for prices on all kinds of flour, grades, brands and cereals. F. H. Taylor Co., Limited, Chatham.

It is estimated that the crops of wheat, oats and barley in the North West this year will bring the farmers the aggregate sum of \$90,293,900.

Rev. Dr. Trotter, of Wolfville, has received a unanimous call to the pastorate of the Ashford Asymmetrical church, Toledo, Ohio, and it is understood that he will accept the position, though he will not enter upon his new duties until January next. This church is the largest and most influential of the eleven Baptist churches in North West Ohio. Dr. Trotter expects to leave Wolfville for the West in a few days.

After a visit to Ontario he will spend the rest of the year quietly at Clifton Springs, N. Y.

If every business man in our town could do business in strict cash system it would be a blessing to us all. If we all had to pay cash we would learn to live within our means. It would save business men the expense of bookkeepers, and the loss of bad debts all of which some one has to pay. If every man could gradually work into a strictly cash system it would be better for us all.

Teething Time.

Every mother dreads that period in her baby's life known as teething time. The baby is fussy, irritable, and teething, the child suffers, greatly, and is so cross and irritable that the whole household is on edge. All this is changed in homes where Baby's Own Tablets are used. This medicine always affords relief, softens the swollen tender gums, brings the teeth through painlessly. In proof Mrs. W. B. McCoy Dunbligh, Ont., says: "I have used Baby's Own Tablets a splendid medicine at teething time. My baby was very cross at that time, was cross, restless and had no appetite. After giving her the tablets there was a marked improvement, not only in the course of a few days he was not like the same child. The tablets are just the medicine to give little ones, over the teething time. You can get Baby's Own Tablets from any druggist or by mail for 25 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont."

A dead whale was towed into Deep Cove the other day. It had no other wound than from that of a charge of common shot, lodged a little above the snout hole. A small affair to finish a creature like that.

Three Nights in a Dory

After suffering the most terrible hardships, John McKay and Aubrey Gregory, two well known fishers, belonging to Schar Cavalier, Capt. R. B. Porter, of Gloucester, reached land at Belle Isle on Aug. 19, having been astray for three days and nights in their dory. Both men were in bad shape and nearly gone when they reached the shore, but have since recovered.

The vessel was fishing on Baccara Bank for up on the coast of Labrador and 150 miles off Belle Isle. No more dangerous spot to fish can be imagined, with its sudden fogs, swift tides and icebergs.

The men got astray during a fog on August 16 and were unable to find their vessel again. They were without food and water and to add to their perils a heavy wind and rain storm came on and they had all they could do to keep their dory on top of water. They had a sail and compass, and being very experienced men, lost no time in finding themselves astray in taking the only chance for life by heaving to land, hoping to reach it before their strength gave out.

The heavy storm made their chance a rough and desperate one, but they kept to it, and by almost constant bailing succeeded in keeping afloat. The cold weather and lack of food and water began to tell on them and the morning of the 18th, found themselves nearly used up and almost helpless. With a determination and desperation born of despair, their weary hands still kept the dory on her course and in the afternoon the sight of land brought joy to their hearts for they knew then that they were safe. They had sailed a true course. They landed at four o'clock in the evening and were well cared for. They had suffered terrible hardships and would not have been able to have survived another day.

The Bank of Yarmouth

The commitment for trial of Senator Lovitt and S. A. Crowell, President of Yarmouth, on a charge of making false and deceptive returns to the Government is an event of importance and furnishes evidence, so far as it goes, of one of the ways by which the management of banks may deceive the public. The particular method adopted was the placing of large amounts in the current loan column of returns which ought to have appeared in the savings debt column. There is no evidence that any other bank has done anything of the sort, but the disquieting feature in this case is that the fact was apparently not discovered until after the bank's failure. Naturally the question arises, Why was it not previously discovered by the Government inspectors? In the absence of government inspectors it is only fair to assume that the failure followed too quickly to permit of this being done. But even in such case it remains that time enough elapsed to wrong depositors. The bill holders are secured of course by the provisions of the Banking Act; it is the depositors who suffer as well as the share holders. Without contentious it may be pointed out that the insurance companies have been subjected to loss and damage upon original suspicious a better foundation should be a general demand for a Banking Commission investigation based upon this disclosure alone.

At 8 o'clock Monday evening, in a thick fog, Norwegian steamer Alma, from Louisbourg to St. John, with 4,000 tons of coal, struck on Gall Ledge, east side of Baccara, about a mile from the light, where she now lies in a dangerous position with the forward compartment full of water. The crew landed in boats and are now being cared for at Baccara. The ship will likely be a total wreck.

Blueberries are selling in the Boston market at 14 and 16 cents. Market is very firm. Last Thursday the D. A. R. steamer Prince George had 296 crates.

On Wednesday of last week, J. Homer Deane, photographer, Barrington was found dead in his garden. He was a son of the late S. Deane Deane and unmarried. Mr. Frank Deane of the Truro News is a first cousin. His death was due to natural causes.

The general conference of the Methodist church of Canada is called to meet in Montreal from September 12 to Oct. 4 this year. The D. A. R. will issue one day rates on through issue of tickets should there be ten or more delegates from points along their line.

The Coast Guard says: "A year old child of Clarence Cox, South Side, was drowned in a wash tub partly full of water on Wednesday last week. It had been out doors but a short time, and when its mother who had been busy with her housework, went to look for it she discovered it had drowned in the tub, which had been placed near the well."

Secret of Good Bread



Is Good Flour
PURITY FLOUR

Made in the most modern mills in the world from nothing but the choicest Western Canada Hard Wheat. It yields the largest amount of nutriment and is the most economical and healthful.

Sold Everywhere in The Great Dominion
WESTERN CANADA FLOUR MILLS CO., LIMITED
Mills at Winnipeg, Cochrane and Brandon

It seems a pity not to use **Morse's Tea** if you can get it.

Business Men
who appreciate the importance of being WELL DRESSED WEAR
HEWSON TWEEDS
The patterns leave nothing to be desired in the way of elegance—and the cloths are pure wool
Look for the Hewson trademark.

Pumps! Pumps!

We would be glad to talk with you about that pump you are going to put in after haying.

We have a good stock of the celebrated Myers Pumps of all kinds—both house and barn pumps.

We also carry in stock a good supply of water pipe and fittings of all sizes.

The Bridgetown Foundry Co., Ltd. New Fall Goods

Ladies' Jackets

We are showing the very latest styles and prices are very moderate. We have had to send two repeat orders already this season.

Ladies' Furs

Ladies' Fur Ruffs and Stoles in all the new furs, including Sable, Jap Mink, Marmot, Jap Sable, Columbia Sable, Ohio Sable, Black, Blue and Grey Opossum.

LADIES' MUFFS TO MATCH

Ladies' Underwear

We are opening this week the finest lot of Ladies' and Children's Vests and Drawers and Combination Suits that we have ever shown. Quality and prices cannot be equalled.

We have a few of these Waists and Underskirts left which we will continue to sell at the same very low prices.

John Lockett & Son

Our Fall and Winter Hats are all in

We are busy getting ready for the opening, and in the meantime our stock, which is the best we ever had, is new and it is really the best time to make a selection.

Miss Annie Chute

Bridgetown and Annapolis
Sept. 17, 1904.

PARADISE.
Mrs. Florence Sanford, who has been visiting friends in Clarence, returned to her home the first of the week.

Miss Jessie Balsom, who has been the guest of her cousin, Miss Hilda Atkins, returned to her home on Monday last.

Mr. and Mrs. G. Foster returned home on Monday from Antigonish where they have been visiting friends.

A number of our people spent a very pleasant day at Port Lorne last week.

Herbert Daniels, who has been the guest of Mr. and Mrs. Valdez Saunders, has returned to his home at Lexington, Mass.

Miss Emma Dargie, of Lynn, is the guest of her brother, J. B. Dargie.

A number of our men left on Monday for Akbarshot.

Lane Back
This is an ailment for which Chamberlain's Pain Balm has proven especially valuable. In almost every instance it affords prompt and permanent relief. Mr. Luke LaGrange of Orange, Mich., says of it: "I was afflicted with a bad lane back, I purchased a bottle of Chamberlain's Pain Balm, and two applications effected a cure." For sale by W. A. Warren, Pharm. B.

Minard's Liniment Co., Limited.
Dear Sirs,—I had a Bleeding Tumor on my face for a long time and tried a number of remedies without any good results, and I was advised to try MINARD'S LINIMENT, and after using several bottles it made the tumor quite small, and it healed all up and disappeared altogether.

DAVID HENDERSON,
Belleville Station, Kings Co., N. B.
Sept. 17, 1904.

FOR THIS SATURDAY

- 1 doz. each of following articles will be sold 10c. each
- Extension Strainer 10c
 - Dish Drainer 10c
 - Scrubbing Brush 10c
 - Cake Coiler 10c
 - Egg Beater 10c
 - Tin Preserving Kettle 10c
 - Nutmeg Grates 10c
 - 10 qt. Tin Pail 10c
 - Clothes Rack 10c
 - 10 qt. Tin Dish Pan 10c

BIG VALUES BIG SAVINGS BIG BUSINESS

CHESLEY'S Saturday Special Sales

- 1 doz. each of following articles will be sold 5c. each
- 2 Jelly Pie Plates 5c
 - 2 Asbestos Stove Mats 5c
 - Cake Mixing Spoon 5c
 - Wire Soap Dish 5c
 - Williams' Mug Barber Soap 5c
 - Stove Lifter 5c
 - Dust Pan 5c
 - Skimmer 5c
 - Dipper 5c
 - Bells 5c
 - 3 Ironing Wax 5c
 - White Cup and Saucer 5c
- Glass Tumblers One half dozen for 15c. Limit 1-2 dozen to a customer.
- Wooden Butter Trays Size 10 1/2-2 1/4 in. Limit one to a customer 25c.
- Jardenieres A Fancy Jardeniere for only 15c.

SPECIALS IN OUR GROCERY DEPARTMENT

- Soap Sunlight Soap Special 4c
- Tea Tea Rose Blend 30c Special 25c
- Breakfast Food - 8c Malta Vita—Breakfast Food, Special
- RAISINS—Seeded Raisins, 1 lb. package Special 11c
- SODA—Cream Soda, Special 1 lb. pkg 8c
- CANDY—Mixed Cream and Chocolates. Special 13c
- PINE APPLE—Singapore whole Pine Apple Special 14c
- CREAM TARTAR—Guaranteed Pure Cream Tartar. 2 pkgs. for 11c
- CHOCOLATES—Mixed Chocolates 6c Special 32c
- RICE—Cleaned Picked Rice 2 lbs. for 9c
- SODA—Magic Soda 1 lb. pkg. special 2 1-2c
- CHOCOLATES—Special Mixture 25c