A SUFFERER FOR TWELVE YEARS WHOSE TROUBLE WAS AGGRAVATED BY KIDNEY ISEASE TELLS HOW TO REGAIN HEALTH AND HAPPINESS.

From the Smith's Falls Record. Since the Record began to publish accounts of the cures by the use of Dr. Williams' Pink Pills, its representatives have found that half the wonderful cures effected by this medicine have not yet been given to public. Women as well as men who have found relief are eager to let the facts be known for the benefit of other sufferers Among them is Mrs. James Cotnam, of the



SUFFERED FROM SEVERE HEADACHE. The lady referred to was for twelve year a constant sufferer from nervousness, headache and kidney trouble. Having read so much about Dr. Williams' Pink Pills she de termined to give them a trial. Their use for a short time brought a great improve ment, and after taking them for about month the nervous headache and kidney trouble left her. The degree of thankfulas the above can better be imagined than de scribed. Here are Mrs. Cotnam's words "If you could only know or if I could but tell of the intense suffering which I have endured and the many sleepless nights I have spent in mental and physical agony, you would not wonder at the degree of thankful ness I feel for my restoration to health." Her trouble was a continual dread to her, and for a long time prevented her from doing any work. Since using the pills she is as well as ever-or to use her own words-"fully restored." In this household Pink Pills are now looked upon as one of the ne-

As is the case with every good cause Pink Pilis have much to contend with; spurious articles have been placed on the market, and, though in appearance and color they may resemble the genuine, they have an altogether different effect on the system. The writ-er was once in a store when Pink Pills were asked for by a customer. The dealer hadn't them but said that he had something "just as good." The public are warned against this " just as good" scheme which is too often resorted to by some store keepers. It should be borne in mind that Dr. Williams' Pink Pills are a specific for all diseases arising from an impoverished condition of the od or a shattered condition of the nervous forces, such as St. Vitus dance, locomoter ataxia, rheumatism, paralysis, sciatica, the after effects of la grippe, loss of appetite, headache, dizziness, chronic erysipelas, scro-fula, etc. They are also a certain cure for the troubles peculiar to the female system, correcting irregularities, suppressions and all blood and restoring the glow of health to pale and sallow cheeks. In the case of men they effect a radical cure in all cases arising from mental worry, overwork or excesses o firm's trade mark and wrapper (printed in red ink), and may be had of all druggists or direct by mail from Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady. N. Y., at 50 cents a box, or six boxes for

A Warning to Cigarette Smokers.

One of the most terrible warnings against cigarette smoking was given not long ago by a charister boy in one of the Brooklyn churches, who died in great agony at St. John's hospital. This is the story as given in the "Laws of Life."

Almost his last words were "Let any boy who smokes cigarettes look at me now and know how much I have suffered, and he will never put another into his mouth." He was a bright boy, an exquisite singer and had many friends. He lived with his grandmother and worked in a chandelier factory

Here is his story as he told it to his nurse, his trouble had originated from cigarette smoking. Some days he said he smoked cigarettes. At first he kept his grandmother in ignorance of his indulgence. As he continued to smoke the appetite grew on him with such force that he was unable to break it off, and it began to affect his constitution. "Why," I asked him "did you not stop when you saw what it was bringing you to?'

Oh, I could not," he replied. "If I could not get to smoke I almost went wild. I could think of nothing else. That my grandmother might not suspect me, I would work extra hours instead of spending my regular wages for cigarettes. For months l kept up this excess although I knew it was killing. Then I seemed to fall to pieces ail of a sudden." His disease took the form of dropsy in the legs and was very painful.

Sister Cornelia continued the story "During all his sufferings he never forgot what had brought him to his terrible condi tion. He kept asking me to warn all the boys against their use. A few days before he died, he called me to his bedside and said that he thought he had not lived in vain if only those boys who are still alive would profit by his sufferings and death." There is no form of tobacco so danger

as cigarettes, because the nicotine in the smoke is not absorbed in the loose tobacco smoked clean up to the end, but is taken, un filtered and undiluted into lungs. It was not the poison in the paper but the poison of the tobacco which killed Samuel Kimball, and is ruining the health of thousands of other pale-faced boys.

For Boys' Guidance.

SOW A CROP OF WHEAT AND REAP A HAR-"Don't be deluded into the belief that i s smart to know things that you wouldn't like to tell your mother," writes Ruth Ashmore in an article on "That Boy of Mine," in March Ladies' Home Journal. "Don't think it is smart to listen to stories that are not nice and which are about women. Gentlemen never unite in deriding women -that is a peculiarity of cads. Never read a book that you could not share with your sister, and never look at a picture that might no be framed and hung in her room. What You think somebody will call you 'girly'! Oh, no, my dear boy. If anything is said conduct there will be approbation given you, and the chances are that the older man will say of that younger one who is properly modest, 'Brown is a nice fellow; I should like him to come and see my daughters." It is not necessary for you to see the folly of anything. That is an exploded Why should you sow a crop of wild pats? Why not sow a crop of wheat and get a harvest worth having? From day to day, my boy, you make up the story of your life, and it is the little things, the little hones things, that will make you a man, mentally as well as physically."

Well-Managed Indians

It seems to me that the statesmanship of Canada has settled the question how to deal sion that in this Canada stands Gen. Sheridan is credited with the atrocious remark that the best Indian is a dead Indian. Canada has shown that the dead Indian is the very worst Indian. In 1892 the Indians of Canada produced 181,-740 bushels of wheat and 339,632 bushels of orops in proportion, as well as \$1,309,474 worth of fish, furs, and other industries. Dead Indians could not have done these things. It is to the credit of Canada that she is converting what was a danger to the State into a strength to the State. It was not the Indian's fault that he was degenerating-it was his destiny; it is not our fault than those to which he put it-it is our mission. But it would have been our fault

tories merely as outlets for our surplus population, without considering the claims of the occupiers to our aid, our protection, ay! and to our sympathy, as men with souls and as British subjects with rights.

It would have been our fault and our shame if we had regarded the Indians as we regarded the wild beasts, the natural evils of a new country, to be gradually removed in the process of settlement. Canada was kinder and wiser. When the Indian sent up his wail of lamentation, "We are miserable and wretched, our pipes often cold, our tents melancholy," he did not cry of deaf ears. The redman was not allowed to sicken beprosperity. Canada has saved the Indians, and in doing so she has profited herself. It

if we had looked on the Indians' vast terri-

is argued by many that, figures notwith-standing, the Indians are dying out. Even if this be so, surely it is better that their last words be words of thankfulness and blessings for the good done to them, rather than im precations and curses against those whom destiny has placed to rule over them. Extensive Use of Canned Goods. It is really surprising the variety of things o eat that are put into cans. As as matter

of fact, one can live, and live comfortably, on canned foods alone. "I can stock your house," said å big wholesale grocer, "so that you need not make another purchase of food for five years, and you shall have every day a perfect dinner of soup, fish, entrees, roasts, its, pudding, cheese, and coffee, all canned goods." Canned goods, though, have proved themselves of the greatest value to the traveler

from the fact that an enormous amount of nourishment can be carried in an exceeding-ly small compass. The Arctic explorers first found out the value of canned meats and vegetables, and in this way were able to travel with less hardship and to do things which would have been impossible had it been necessary for them to depend upon food in its original form.

When the Greely expedition went away in 1881 a large quantity of pemmican was put on board. A large part of it was not consumed on the trip, and on the return of the explorers it was sent back to the firm from which it was bought. When the Peary expedition was being fitted out, ten years later, and the same firm was doing the providing, they opened sample cases of this pemmican and found it to be in as good condition as if fresh made. So it was sent out with Peary, and on that explorer's return to New York what was left proved to be as good and as nourishing as it had been in 1881.

No expedition of recent date has plunged into the Dark Continent without being well equipped with tin boxes of all sizes and varicties. It is said that there is no desert plateau in any part of the earth where one is not liable to run across an empty beef can. Translantic steamers and sailing vessels about to start out on long voyages use these goods in great quantities, because they keep so well and because they can be stored so

High Prices For Novels.

The boom in prices for the work of successfortune of successful prospectors of gold mines. At the time the contract was finally settled I informed you that Mr. Du Maurier had received £10,000 from Messrs. Harper for his forthcoming novel. The price is princely, but the American publishers were confirmed in their judgment by the fact that a London firm, Messrs. Smith, Elder & Co., had voluntarily approached the author of "Trilby" with a similar offer. Mrs. Humphrey Ward, whose business affairs are managed by an expert, has, after a somewhat prolonged campaign, signed a contract whereby she will also receive £10,000 for her next work, which is to be published simultaneously in the United States and this country. The latest record price has been paid to Mr. Conan Doyle, who for his new novel "Rodney Stone," the opening chapters of which appear in the current number of a magazine, has received a check for £7,000. The payment of £10,000 for the copyright of a novel is not unrecorded. The best known case is that of "Endymion," the transaction proving so unremunerative to the publisher that Mr. Disraeli generously offered to make part repayment. But there is certainly no case where within a period of six months an aggregate of £27,000 has been paid to three elists contributing each a single story.— Ediuburgh Scotsman.

Fortunes From Judicious Advertising.

J. C. Ayer began life as a drug clerk and advertised Cherry Pectoral in a small way, but when he died he left a fortune estimated at \$15,000,000. C. I. Hood began "that tired feeling" in a small way in 1870, and is now rated as a millionaire. A. B. Scott and Browne, was working at a moderate salary twenty years ago; to day his firm is spending \$1,000,000 a year for advertising. Brent Good, proprietor of Carter's Little Liver Pills started on a cash capital of \$840, and now cannot spend the money he is making; and many the same way. Judicious advertising has made it possible for Seabury & Johnson to spend annually \$50,000 on popularizing their products; W. I. Hanson Company \$500,000 on Pink Pills for Pale People, and Wells, Richardson & Co. \$500,000 Paine's Celery Compound. Dr. A. L. Helmbold was at one time a retail druggist in Philadelphia. He finally began the manufacture of his Buchu Compound, and put his entire surplus capital of \$2,000 into a contract for one month's advertising, and in a short time comparatively, was enjoying a clear income of \$150,000 per year, besides spending as high as \$250,000 annually in advertising. Orange Judd, the publisher, owed his first success largely to the mistake of his office boy in ordering a page advertisement instead of a column, as instructed.

Good Results Observed Good Results Observed.

Rev. Dr. McLeod, Thorburn N. S.: "I have in several cases observed the good results of your remedy for dyspepsia in my congregation, I have no hesitation in recommending it as a useful remedy."

Prominent men throughout our land witness to the merits of this great remedy. GREAT because it cures. Free sample K. D. C. Co., Ltd., New Glasgow, N. S., and 127 State street, Boston, Mass.

—In Japan the currency is on a silver basis, with the result that \$100 in gold is worth \$218 in money of the realm.

—The marriage rate in England and Wales during the last quarter of last year was lower than in any previous like period.

Agricultural.

Milk, butter, poultry and eggs are ducts that can be marketed every month in the year. One is not compelled to borrow before selling such products. The success 0 bushels of wheat and 339,632 bushels of with large numbers, but who commence with tatoes toward feeding the world, and other a few and breed for what they want. Their progress may be slow, but by beginning in a moderate way, giving particular attention to the use of improved breeds, they reach in a few years a secure position, as they have receipts coming in daily from such products, and are enabled to have ready money at all

Any plant not desired on a farm is a weed Some weeds cannot easily be destroyed, and yet they can be utilized at times. A farmer who had difficulty in getting rid of white mustard turned sheep on it. The sheep gave a good profit, and as the mustard was then a profitable crop it became desirable, and no longer a weed. He had to resort to sowing mustard seed in order to keep up the supply

the second year.

It costs a large sum on cold days in order to keep animals warm. They have no stoves as sources of heat, being warmed by food eaten. The animal heat must be sufficient to enable them to endure severe cold. This heat, which is created, is an expense to be borne first of all, as the gain in weight will be according to the excess of food over that necessary to supply the ordinary necessities of the animals. The way to save a portion neath our civilization and to die amid our of this expense is to provide warm and dry quarters. Good shelter is something which pays for its cost in one or two seasons. are more liable to be filthy than clean, as the

cows are kept at the barnyard nearly all the time. It is impossible for the milk to be clean when the sides and udders of the cows show the effect of the filth on the floors of the stalls. Good bedding and stanchions are aids to cleanliness, but the cows should be brushed and the teats and udders washed hefore milking.

Experiments made show that good butte an be made at a cost of 13 cents per pound, but the cost may be more or less, according to management, breed and kind of feed. The skill of the manager is more important than the food, as injudicious feeding may occasion a loss. Each cow is an individual whose preferences and characteristics should be studied and understood.

Shade Trees.

Farm News notices the fact that the fashon of setting shade trees is becoming almost niversal and it is one that should be encouraged, for they are both picturesque and iseful, and add much to the appearance of a home. When this is being done, though, care should be taken not to set the tree where they will be in the way at some future time. When setting trees try to imagine how they will look when full grown and ther you can easily determine where they should stand. The primary object of a shade tree is, of course, the cool shade they provide but this is something that can be easily over done. We know of more than one house that is shaded until it is gloomy, and that is not the object of shade about a house. As sunshine is the greatest and best disinfectant and deodorizer the trees should be set so as to allow the sun to strike every part of the house and shine into every window that it could reach if the trees were not there Again the trees should be set in places where they will never interfere with views from the windows of the house unless there may b some that it is desirable to use the trees as trees make the best living screens for they are there the year through. Too many trees in a yard is not as bad as none, but they spoil the effect. We have many natural trees that make perfect shade trees, and the nurseries furnish many ornamental sorts that look well in a yard. Set shade trees by all means, but do not set them so as to keep sunshine from the house, and spoil your out-

Give Cows Clean Water.

Impure water is the best medium yet discovered for the transmission of germ disease o animals. Substances may be brought into existence in which microbes will multi ply faster and live longer, but these sub stances must be artificially produced at considerable pains and need not be at all considered in the production of disease amo farm animals in the business of stock raising In water rendered impure by the presence of decaying organic matter practically ever disease producing microbe will live and multiply; hence impure drink not only reduces thrift, but is also the most fruitful medium to introduce germ diseases among farm animals. These diseases are generally the most virulent and dangerous. Take, for example, specific swine plague. The suis bacillus soon dies in pure water or pure air, but in water contaminated with decomposing organic matter it will live for weeks. An mpure water containing suis bacillus is sure to produce swine plague in the animals drink-

There is little excuse for forcing farm animals to drink foul water, for nowadays pure water can be provided certainly and easily. During the last 25 years there have been great improvements in implements and ma chines for watering live stock.

Women in Dairies.

Modern machinery has taken away every ne of woman's occupations from her-spinning and weaving, sewing, and last, of but ter making. The milkmaid poetry has van ished. But women must not for that reason give up the dairy business. Women as well as men can manage dairies. They can avail themselves of the best machinery in market, read and think and keep up with the times in butter making, cheese manufacturing and milk and cream selling and make a prosperous living for themselves just as they did in the olden times when the poets sang of the milkmaid. There is something in woman's quick fingers and dainty cleanliness that is particularly adapted to the improved methods o butter making. Thousands of women are to-day earning good livings in the various branches of dairy occupation, and thousand more can do the same.

Preserving the Old Orchard.

If the orchard is worth preserving and caring for, it should not be kept in grass but cultivated frequently, up to about the middle of August. Crimson clover might then e sown; if it does well, some pasture would be secured in late fall and early spring. Replow another year and continue the cultivation as in the first year. If crims clover does not succeed in your land and lo cality rye might be sown in order to keep the ground well furnished with humus and preserve its power of retaining moisture in dry weather. But if conditions are such that it seems advisable to seed it down, then sow four to five quarts of timothy, two of red clover and one of alsike per acre. In addition to this it might be well to add about two pounds of orchard and tall meadow fescue if good seed can be produced. If the land is not run together and is friable on the surface, it need not be plowed. Cultivate harrow and sow the seed as early as possible

Minard's Liniment Cures Garget in Cows.

Quality Superior to Quantity

'My dear," said a New York man to his wife, after perusing the evening paper, "are you aware of the fact that a man's brain eighs three and a half pounds?"
"You've just read that, haven't you?"

"Well, doesn't that article say that a woman's is somewhat lighter?" "And it also informs you that a woman's

in is much finer quality?" Well, then, just concentrate your three nd-a-half-pound intellect on that scuttle, and figure out how much it will weigh after you bring it up full of coal from the cellar." The man with the great head departed for the lower regions in search of information.

—An Englishman can go around the world and touch on British territory all the way, viz.: from England to Halifax, N. S., across Canada to Vancouver, across the Pacific to Hong Kong, thence to Singapore, Penang, Mauritus, Cape Town, St. Helena and England or from Panang, to Caylon, Rombay, and Cappan, Rombay, land, or from Penang to Ceylon, Bombay, Aden, Perim, Malta, Gibraltar and home. tion that no other nati

-Minard's Liniment Cures Diphtheria.

# FEED!

Just arrived by schooners Swanhilda and Temple Bar, 145 bbls. Cornmeal, and 100 bbls. Flour, of the following brands:— "GOLDIE'S BEST,"

"GOLDIE'S CRESCENT," "GOLDEN STAR." 'ACADIAN." "SPLENDID," "KENT MILLS," and "DAISY."

Cornmeal in bags, Feed Flour, Wheat Chop, Oil Meal, Cotton Seed Meal, Midd-ings and Shorts, all for sale at LOWEST MARKET PRICES.

Christmas Goods We are just opening our Special Lines for he Christmas trade. Call and see them

JOSEPH 1. FOSTER

GRANVILLE STREET. Bridgetown, Dec. 4th, 1895.

FLOUR! FLOUR!

screen to hide. In such cases, evergreen THE subscriber has just received at the Masonic Building, Granville Street, a carload of SUPERIOR FLOUR, am which may be found the following favorite brands, viz.:

favorite brands, viz.: Five Lilies, Five Roses, Goldies' Best, Crown of Gold. Sun, Victoria and Chancellor CORNMEAL, FEED FLOUR,

Middlings and Shorts, ALWAYS IN STOCK AT LOWEST PRICES. Also a few half-bbls. of Rolled Oats. The above Flour is manufactured from selected wheat, "old crop," and is guaranteed AT WILL BE SOLD AWAY DOWN

W. M. FORSYTH.

## NOTICE!

All whom it may concern are hereby notified that after this date the undersigned will not recommend for payment any bills for support or attendance upon the poor of this Municipality, unless such bill is accompanied by a written order, given before the performance of the service, by the Overscers of the Poor of the district wherein the liability is incurred, and also by a certificate from the Councillor of the Ward, stating that the incurring of the liability was a necessity, and that the supplies furnished or the service performed were obtained at a reasonable rate. The undersigned, however, reserve the right to revise any bill in which, in their opinion, any excessive charges exist. the right to revise any bill in which, in their opinion, any excessive charges exist.

The cost of outside assistance to the poor of this Municipality has grown to such unreasonable proportions (about double what it is for the County of Halifax) that unless all those who have in any manner to do with the assisting of this unfortunate class of our population unite in the effort to reduce the charges, the undersigned will be forced to the alternative of recommending the withholding of outside assistance altogether.

HECTOR MACLEAN, E. H. TUPPER, FREEMAN FITCH. Committee on Tenders and Public Property, Municipality of Annapolis.



CARRIAGE SHOP -AND-REPAIR ROOMS. Corner Queen and Water Sts

THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs, that may be Buggies, Sleighs and Pungs, that may desired. Best of Stock used in all classes of work. Painting, Repairing and Vanishing execu in a first-class manner. ARTHUR PALFREY.

HELP WANTED WE MUST HAVE HELP. We pay n women \$10 to \$18 per week for easy hom No books or peddling. Steady emple



# RAILWAY!

'Land of Evangeline' Route On and after Monday, 2nd March, 1896, he trains of this Railway will run daily,

Trains will Arrive at Bridgetown: Express from Halifax .... 11.26 a.m Express from Yarmouth... 2.01 p.m Accom. from Richmond... 4.30 p.m. Accom. from Annapolis... 6.30 a.m. Trains will Leave Bridgetown:

Express for Yarmouth... 11.26 a.m. Express for Halifax..... 2.01 p.m. Accom. for Halifax..... 6.30 a.m. Accom. for Annapolis.... 4.30 p.m. ROYAL MAIL S. S. "PRINCE RUPERT."

DAILY SERVICE.

ST. JOHN and DIGBY. Leaves St. John......... 8.30 a.m. Arrives in Digby...... 11.15 a.m.

Leaves Digby...... 1.00 p.m. Arrives in St. John...... 3 45 p.m. Trains are run on Eastern Standard Time. W. R. CAMPBELL, General Manager K. SUTHERLAND,

Yarmouth S. S. Co., Limited The Shortest and Best Route between

THE QUICKEST TIME. 15 to 17 hours be tween Yarmouth and Boston.

Commencing Nov. 6th and until further notice will leave Yarmouth for Boston every WED-NESDAY AND SATURDAY EVENING, after the

L. E. BAKER, Pres. and Managing

Great Slaughter

Ranges, Square Cooks, Elevated

FOR COAL AND WOOD, SET UI AT SHORT NOTICE.

Stove Pipe and Elbows WHOLESALE AND RETAIL.

in stock and made to order. ALLEN CROWE.



THOMAS DEARNESS. Importer of Marble

Monuments, Tablets, Headstones, &c. Also Monuments in Red Granite Gray Granite, and Freestone. Granville St., Bridgetown, N. S.

N. B.—Having purchased the Stock and Trade from Mr. O. Whitman, parties ordering anything in the above line can rely on having their orders filled at short notice. Bridgetown, March 19th, 89.

A. BENSON, UNDERTAKER, BRIDGETOWN.

> FINE CLOTH-COVERED and HIGHLY-POLISHED

Caskets and Coffins of every description kept constantly on hand.

Hearse sent to any part of the County when required. Orders from a distance met with promp

Bridgetown, May 7th, 1895. ST. CROIX COVE, April 4th, 1895. Having been a sufferer for a number o years with some throat trouble, I was per

Lingard's Cough Balsam and found immediate relief. I would recommend it to all who are suffering from sudiseases as Bronchitis, Coughs, Colds, etc. Yours truly,

FRANK RAND & CO., Fruit Brokers, Spitalfields Market, London, G. E

### Highest market prices guaranteed, and peral advances made against consignments. Cable address .-

"RAND, SPITALFIELD, LONDON. WM. RAND, CANNING,

# your child

You note the difference in children. Some have nearly every ailment, even with the best of care. Others far more exposed pass through unharmed. Weak children will have continuous colds in winter, poor digestion in summer. They are without power to resist disease, they have no reserve strength. Scott's Emulsion of cod-liver oil, with hypo-

phosphites, is cod-liver oil partly digested and adapted to the weaker digestions of children. SCOTT & BOWNE, Belleville, Ont.

### EMPORIUM DEPOT

On Granville Street, Staple and Faney Goods, DRY GOODS, GROCERIES. HARDWARE.

The place to buy is where you get most for the money. Call and be convinced that we do as we say. We do not advertise what we have not. We have a choice line of

CONFECTIONERY.

Our Porto Rico Molasses, Sugars and Teas are the finest. A trial will convince.

Best American Kerosene Oil

at lowest possible prices.

Lumbermen's Suitings

JUMPERS and OVERALLS.

BEST MAKES OF

Boots, Shoes, Larrigans,

Our Winter Stock is nearly complete

IN LADIES

Dress and Faney Goods

'twill pay to give us a call.

ve have a fine line of FRAMED PICTURES
for Parlor that we are selling at a very
small advance on the price of the
glass. They are very pretty
and a rare bargain.

COME AND SEE.

Will take in exchange any quantity of good oats, first-class Butter and Eggs, Beans, etc. also, money in any quantity.

J. E. B.

B. W. B. & CO.

This Insect Powder

Remember the place, at

Pyrethrum

Cinerariæfolium!



Nova Scotia and United States.

TWO TRIPS A WEEK The fast and Popular Steel Steamer "BOSTON,"

NESDAY AND SATURDAY EVENING, after the arrival of the Express train from Halifax. Returning leaves Lewis' Wharf, Boston, every TUESDAY and FRIDAY at twelve o'clock, noon, making close connections at Yarmouth with the Dominion Atlantic R'y, and coach lines for all parts of Nova Scotia. This is the fastest steamer plying between Nova Scotia and the United States, and dorms the most pleasant route between above points, combining safety, comfort and speed. Regular mail carried on Steamer, Tickets to all points in Canada via Canadian Facific, ways, and to New York via Fall River line, Stonington line, and New York, New Haven Chartford, and Boston & Albany Railways. For all other information apply to Dominion Atlantic Railway and N. S. Central Railway agents, or to

W. A. CHASE, Sec. and Treasurer.

STOVES

R. ALLEN CROWE'S,

FURNACES Powdered

**Dalmation** Coal Vases, Coal Hods, Fire Sets, Stove Boards, Lanterns, Sheet Zinc. Insect flowers

is the Highest Grade Manufactured TINWARE OF ALL KINDS Put up in 1-lb. Sifting Tins and in bulk. DEARBORN & CO. Agents-ST. JOHN, N. B.

BRIDGETOWN

#### N. B.—Our Sifting Tins contain from 1 to 2 g. more than other makes. Liver **Troubles** Cured.

Eastern Passage, Halifax, Dec. 15th, 1894. C. GATES, SON, & Co. C. GATES, SON, & Co.

Dear Sirs.—My son Spurgeon has been sick with Liver trouble for a number of years, and we have tried every medicine that we could hear of without his receiving any benefit until he used your LIFE OF MAN BITTERS AND SYRUP, which have made a cure of him. As this may be of benefit to others you are at liberty to publish it. Yours truly,

BARBARA A. NEWCOMB.

Moncton, N. B., Sept. 21st, 1894. C. GATES, SON, & Co. C. GATES, SON, & CO.

Dear Sirs,—I had been troubled with Indigestion, and tried quite a number of different medicines which I did not receive any benefit from until recommended by Mr. Thomas Groto try a bottle of your INVIGORATING SY.

RUP, which gave me instant relief, and up to this time I have not felt any of the old trouble. Yours truly,
GEO, A. ROBERTSON.
(Of the firm of Robertson & Givan, Hardware

# XMAS!

Central Book Store. MISS B. ELDERKIN. The XMAS GOODS at Miss

B. Elderkin's are prettier

and in greater variety

The Best Returns For the Least Money ARE OBTAINED FROM THE OLDEST, LARGEST AND MOST POPULAR CANADIAN COMPY,

THEE Canada Life Assurance COMPANY, LATAll persons insuring before the 31st of Dec., 1894, will obtain a full year's profit.

Coal! Coal! HARD COAL

Nov. 28th, 1894. tf Agent, Middleto

Furnace, Egg, Stove and Chestnut. SOFT COAL OLD MINE SYDNEY.

Get my prices before buying. GEO. E. CORBITT. ALL KINDS OF JOB WORK NEATLY

#### The Kousehold.

open and beneath it is a blue and white tile

ox, with a drawer beneath for wood. In

ould carry out in a saucer.

Over the fire or on the side next its heart,

there is always the never-failing soup kettle

terical lump in her throat, that is good

sense. When a French housekeeper makes

her clear bouillon it is a matter for rule, but

into the everyday soup kettle goes every

scrap of food in perfect condition and un

weetened. A crust of bread, a slice of

apple, a bit of cauliflower, a shred of cab-

bage, a piece of bacon, a couple of chicker

wings, one follows the other, day in and day

out, until by some unlucky chance it runs

With the coffee and bread first, breakfast

established as a matter of national custom,

oup, or at least the foundation for soup,

eady for both luncheon and dinner, the

kitchen and the cookstove lose half their

error for the Frenchwoman. With ways of

cooking meats whereby they almost cook

from the baker, salad, cheese, and fruits for

desert, that is why life sits more lightly on

the banks of the Siene than on many who dwell on the other side of the Atlantic.

Art of Walking Well.

Have you ever noticed how few women

valk well? Nowadays, when the streets are

full of all sorts and conditions of women, you

all the time how they must do it, and the

esult is an affectation worse than any awk-

wardness. French women have a lous? If

u want to walk well, hold yourself erect

on't throw shoulders back, though you

have probably often heard that piece of er

ral position. Don't put your toes down firs

like a dancing master, but try to make both

once. Hold your body firmly, your head

-A brief talk in a story printed in The

Tousehold has in it a helpful hint. A young

narried woman receives a call from an older

or arose to go the hostess came with her to

the door, and out upon the pleasant piazza,

which, however, looked a little dusty in the

"Oh, dear!" said the young wife, "how

rovoking the servants are! I told Mary to

into the disturbed young face with kindly

numorous eyes. "I am an old housekeeper.

rect people's attention to defects. Unless

"Now, if I had been in your place, and

ticed the dirt, I should have said: 'How

blue the sky is!' or 'How beautiful the

clouds are!' or . 'How bracing the air is!

Then I should have looked up at that as I

spoke, and should have gotten you safely down the steps and out of sight without your

Girls Be Neat.

No girl should look unkempt in this day

and generation. There are the gold, silver

or jet safety pins to fasten skirt band and

belt in the back to keep the former from sag-

ging. There are patent shoe buttons that can be put on in a twinkle. There are tiny

ombs and hairpins to confine obstreper

locks that otherwise would hang like a

mussed shawl fringe over throatband and

collars, and, not least of all, for dressy occa-

sions there are these adjustable fichus. A

clean ugly girl is infinitely more attractive

than a pretty dirty girl. It is shocking to observe how many neglect the apparently

appearance. Ill-kept teeth, finger nails and

hair, buttonless shoes, ragged dress braids,

sagging waistbands and soiled, untidy laces

would detract from the personal charms of a

-- Eggs are a standard breakfast dish, and

there are so many ways of serving them that

t is a common saying that they may be pre-

pared in five hundred different ways. We

have boiled eggs, poached eggs, fried eggs,

eggs on toast, scrambled eggs, steamed eggs,

eggs used in omelettes, custards, and salads

Simply boiled in the shell, they are palatable

and wholesome, and the best way of doing

this is to put them in cold water on the

stove, and take them out when the water

boils. The gradual heating prevents the

brittle skin from forming next the shell. It

is a mistake to think that rare eggs are more

digestible than eggs well done. There is a

waxy stage which the yolk acquires after five

ninutes boiling, but, if cooked for ten min

utes, when the yolk becomes friable and

mealy, they are quite as digestible as soft-

Wedding Breakfast Menu

A simple menu for a wedding breakfast is

the following: Scalloped lobsters in indivi-

dual shells, chicken salad, rolled bread and

outter; very carefully-prepared tougue,

pretty shapes, bread sticks, ice cream and

fancy cake, the wedding cake, hot tea, coffee,

-"It amuses me," says a physical culture

eacher, "to hear mothers tell their children

to hold their shoulders up. It is the chest not the shoulders, that needs attention. If the chest is raised the shoulders fall naturally into a proper position. I tell my pupils to imagine a ball at their throats which they must roll off over their chests."

ocolate and iced lemonade.

boiled eggs.

rifling details which would impro

Let me give you a bit of advice: Never di

you do so they will rarely see them.

these things in mind.

ow dusty it is."

seeing the dust."

oneous advice. Just keep them in a natu-

nselves, good cheap bread and cakes

ry or discretion suggests a new start.

Through the truant officer's activen-year-old newsboy called "Ja streets for the restraint of the school. The American Kitchen Magazine another quota of enlightment in the matter. After escape at the first opportunity, but soon got interested in the proceedings. Toward the close of the session the teacher said: nouncing that every American observer of close of the session the teacher said:
"Now, I will read this from this little domestic economy over there decides sooner or later, viz., "that there is no spot on earth probably where living may cost as much as book and any of you who wish to can repeat it to the class in your own words. Don't try to say it as I read it, but just as you in Paris, nor where one can live so cheaply," she picks out for the American housekeepers' adoption certain of the Frenchwoman's Jimmie's eyes grew big and he was all at-'thrifts." Among these is "the plaything tention. The tea which is called the furnace." The chimney

Can the cow run? Yes, the cow can run. Can the cow run as fast as the horse? No. the top of the "stove" are two fire boxes, one burns charcoal at the rate of 5 cents a the cow cannot run as fast as the horse."

"Chimminy!" thought Jimmie; is 'at all?

'At's dead easy." His hand was up in a twinkling in imitation of several others.

His interested face caught the teacher's eye, day on really busy days. A piping hot fire can be made in one of these boxes in about three minutes, there is no waste of heat or uel, and there is many a weary American mother who would rejoice and be glad if she and she said: could find in her Christmas stocking a stove "Well, James, you may try it, but be she could keep clean with a dishcloth, fuel she could put in with a spoon, and ashes she

from the first reader:

Joker's Carner.

by your seat."

Jimmie arose. Ordinarily he was not bashful, but now his face was flushed and he —a wholesome custom, economical one, and one which every American woman who diswas trembling with importance as he said: covers it clings to faithfully. A bowl of soup to a hungry child or a beggar, a cupful herself as fast as de horse? Naw, she ain't soup to a hungry child or a beggar, a cupful when the mother herself is tired and a hys-

The teacher was overcome, but neverthe less "Jamesy" was a favorite from

In a Scotch Parish.

THE MINISTER WAS NO MATCH FOR THE OLD It was in one of the cozy villages of bon-

and all the "weemin." For once gossiy and church were travelling the same way, for Dougald McSorlie, the minister, had suddenly grown unpopular, and the numbers of his congregation were steadily diminish thing must be done; so he concluded to do

ing tendencies.
"Tonald," began the minister, "for why were ye no' at the kirk last Sawbath?"

have a good chance to watch the varieties of This was hardly the reply that was expect gait. Very few walk gracefully. One gravity: "I dinna like ye rinnin agravity: "I dinna like ye rinnin agrav Tonald cast a sidelong glance at his critic. some students of Delsarte who are thinking "I widna care a grain, meenister, gin it was

HEAD CLERK FOUND THE OLD MAN WILLING

The following story comes from the west: prosperous proprietor of a considerable clothing business in a country town. He had in heel and ball of the foot touch the ground at his employ one John S., whom he had adup, your chin in, and walk a great deal with vanced from cash boy to head clerk, and who had for many years been an attache of

> time his request had been granted. merchant's desk with another request for an increase of \$10 per month. "Vy, Shon,"

could not get along without me." "Grace," said the older woman, looking "Mein Gott! Shon, vot vood I do suppose you vas to die?" "Well." hesitated John, "I suppose you

would have to get along without me then. "The "old man" took several whiffs from his big pipe and said nothing. At last gravely remarked: "Vell, Shon, I petter gonsider yourself dead."

There is a man in Taylor knows how to mortgage cows. The for him. The man is a farmer, and rec

The farmer was obdurate, and gave no satisfaction that he would ever pay the note Finally the collector said: "Well, I'll have to take the eleven co named in the mortgage."

pulled out a copy of the mortgage and read as follows: " One red and white cow, one cow spotted red and white, one red cow with white spots, one cow with white spot in forehead. white cow with red spots on side, one white fore feet, one white cow with red spots on shoulders, one red cow with white spots on hips, one white cow spotted with red. 'Now, how do you like that?" continued the

"Oh, that's all right; I see you've got

The New Boy.

Papa-Wasn't that a pretty rough game you were playing this morning? What was it, anyway? Bobby-We were playing war. I was George Washington, and Tommy Jones was

the American army. Papa-And who was that poor boy who semed to be getting the worst of it? Bobby-Oh, that was the new boy who has just moved next door. He was British army.

Dean Swift on one occasion called at a roadside house for shelter from a storm. The lady happened to be one of his admirers, and she greeted him with great warmth. "What will you take, sir?" she inquired. Will you have an apple pie, a goose pie, a cherry pie, a plum pie, or a pigeor "Anything but a magpie," replied the

Why He Was Bad. day, and his mother said:

"What are you afraid of?" "Good little boys get to be angels, and I don't want to be an angel and have fedders like a hen."

careful and get it right. You may stand up

in it wid de horse, see!"

nie Scotland, where gossip is the chief barter and church the chief duty of every "mon"

little house-to-house missionary work, and thus arouse more interest in church affairs. But his enthusiasm was short lived. The first man he accosted was Tonald Campbell,

"I was at Mr. McShouter's kirk, meer

better gress.'

the store.
Since his promotion John had se era imes asked for a rise in his salary, and e morning John again appeared at the ol

alretty; vat for I bays any more?"
"Well," replied John, confidently, "Iam provoking the servants are! I told Mary to some the piazza thoroughly, and now look how district is "

your principal help here; I know every destail of the business, and, indeed, I think you

The Cows in the Mort zuma Record knows this man, and

ly a collector called on him for the payr

of a note secured by chattel mortgage.

"Oh, no, you haven't got eleven cows on this farm."
"Why, yes, I have." And the collector

eleven mortgages on my old red and white cow; there she is down in the pasture; the boys will go down and help you catch her!"

dean, in his usual dry, sarcastic tone

butter, pepper, and salt, and pour arouthe cauliflower.

A little 4-year old boy was bad the other "Sammy, why don't you be good?"
"Cause I'm afraid," was the prompt

Tomato sauce is a nice looking as well as appetizing garnish for a head of boiled cauliflower. Put a tablespoonful of vinegar into the water in which the cauliflower is cooked to prevent it from turning dark. Make a puree of canned tomatoes; season well with