

ALL SICK WOMEN SHOULD READ MISS SCHWALM'S LETTER

In All Parts of Canada Lydia E. Pinkham's Vegetable Compound Has Effected Similar Cures.

Many wonderful cures of female ills are continually coming to light which have been brought about by Lydia E. Pinkham's Vegetable Compound, and



Miss A. E. Schwalm

through the advice of Mrs. Pinkham, of Lynn, Mass., which is given to sick women absolutely free of charge.

The present Mrs. Pinkham has for twenty-five years made a study of the ills of her sex; she has consulted with and advised thousands of suffering women, who to-day owe not only their health but even life to her helpful advice.

Miss Annie E. Schwalm, of 326 Spadina Ave., Toronto, Ont., writes:

Dear Mrs. Pinkham:—
"I have found Lydia E. Pinkham's Vegetable Compound a specific for female weakness with which I have been troubled for years. I also had irregular and painful periods which affected my general health until last spring. I was only a wreck of my former self. In my affliction I was advised to use your Compound, and am so glad that I did so. I found that in a few short months there was no trace of female weakness, my strength gradually returned, and in a very short time I considered myself a perfectly well woman. I appreciate my good health, and beg to assure you that I am most grateful to you for discovering such a wonderful remedy for suffering women."

The testimonials which we are constantly publishing from grateful women establish beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases. Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. She asks nothing in return for her advice. It is absolutely free, and to thousands of women has proved to be more precious than gold.

SAYS THIS IS BEST

A leading health journal in answering the question, "What is the best prescription to clean and purify the blood?" prints in a recent issue the following:

Fluid Extract Dandelion, one ounce; Compound Salatone, one ounce; Compound Syrup Sarasaparilla, four ounces.

Shake well and use in teaspoonful doses after each meal and at bedtime. A well-known physician states that these are harmless vegetable ingredients, which can be obtained from any good prescription pharmacy.

This mixture will clean the blood of all impurities. In just a few days the skin begins to clear of sores, boils and pimples. It puts vigor and energy into run-down debilitated men and women. For many years Sarasaparilla alone has been considered a good blood medicine. But while it built up and made new blood, the impurities remained within and the good accomplished was only temporary. Finally, however, when used in combination with Compound Salatone and Extract Dandelion, works wonders. This combination puts the kidneys to work to filter and sift out the waste matter, uric acid, and other impurities that cause disease. It makes new blood and relieves rheumatism and lame back and bladder troubles.

Schlemmer's Music Store

BELL PIANOS.

Call and see the list of users your neighborhood, and hear their opinions of them.

Bell and Sherlock-Manning ORGAN'S

None Better, and Few Equals.

I Sell Sewing Machines

as low in price and superior in quality to any that can be purchased elsewhere.

Violins, Guitars, Mandolins, Harmonicas, Sheet Music, in stock and to order. Sole Agent for VICTOR and BELLER GRAMOPHONES.

H. SCHLEMMER, OPPOSITE SWIFT BROS.

The Man With Forty Ghosts.

A popular novelist talked with regret about the old ghost habit of the past.

"Famous painters first and famous writers afterward alike had ghosts," he said. "These ghosts were pupils, disciples. They did the basic work of the master's picture or novel, and the master polished up, put on the finishing touches and signed his name to it. This practice, indeed, still obtains in architecture. It was a practice that allowed a popular artist a manifold increase of production and consequently of income. Dumas, the elder Dumas, had no less than forty ghosts—forty intelligent young men writing away for him about D'Artagnan, Porthos, Aramis and the rest. But Dumas was reckless, and the existence of his forty ghosts became known; hence a good deal of scandal. At the height of this scandal Dumas said to a lady one night:

"Have you read my last book, madame?"

"The lady, with a mischievous smile, replied:

"No, M. Dumas. Have you?"

He Felt Complimented.

A man from Philadelphia, says a writer in the Ledger of that city, was visiting in a town of very few inhabitants. One day when he was about to make a purchase he discovered that he had exhausted his small change. The shopkeeper could not break the ten dollar bill offered him, and the man went out in the main street to see how he might solve the difficulty. He asked several persons, but no one had the requisite amount for the bill. At last an old white haired, seedy negro came along. In sheer desperation the man said:

"Uncle, can you change a ten dollar bill for me?"

"Uncle" looked dazed for a moment, then his shuffling figure straightened. With a doffing of the hat and a bow worthy of Chesterfield he replied, with dignity:

"No, marse, I can't change no ten dollar bill, but I done 'preciates the compliment jes' the same, sah."

Birds That Boat in Their Nests.

"The mother bird sat on her eggs at the water's edge, and when I approached she pushed off with her foot as though the nest had been a boat, and away she floated calmly down the stream."

"What you saw was a rare spectacle," said the nature student. "The bird was a grebe, the colymbus minor. She always builds on the water's edge, and her nest is always woven of aquatic plants so closely and firmly that it will float herself and her eggs without leaking. On the approach of danger the bird pushes off. Nor is she at the current's mercy during her voyage. She uses her foot as a paddle, and I have seen her steer her boat-nest with some little dexterity round a bend, landing in a quiet cove as well, say, as the average young lady waterman."

Fresh Sheets at Premium.

The woman who had just returned from abroad, where she had visited some country towns, was telling of the comforts and discomforts of the European country hotel. "They have an aversion to putting fresh sheets on the beds for every new guest," she said, "and we always pulled down the bedclothes the minute we were assigned our rooms to examine the sheets. Ten chances to one they were wrinkled and had that 'slept in' appearance, and we invariably insisted on fresh ones. Finally we struck a series of towns where the hotel proprietors got the best of us, for the sheeting they used was a sort of crepe stuff, something like seersucker, and for the life of you you couldn't tell whether they'd been slept on or not."

Hardened by Sulphuric Acid.

Hardening an ordinary drill in sulphuric acid, states the English Mechanic, makes an edge that will cut tempered steel or facilitate cutting hard rock. The acid should be poured into a flat bottomed vessel to a depth of about one-eighth of an inch. The point of the drill is heated to a dull cherry red and dipped in the acid to that depth. This makes the point extremely hard, while the remainder remains soft. If the point breaks, rehardens, but with a little less acid in the vessel.

A Dangerous Secret.

Upon asking an eminent scientist how he accounted for enjoying exceptional and unbroken good health a doctor was informed that the cause was habitual self denial. "In fact," admitted the professor, "I only partake of one meal each day." "Hush!" exclaimed the physician in alarm. "Pray keep this to yourself! If many people were to follow your example we medical men should be ruined."

CRESOLENE ANTISEPTIC TABLETS

A simple and effective remedy for SORE THROATS AND COUGHS. They combine the germicidal value of Cresolene with the soothing properties of slippery elm and licorice. Your druggist or from us, 10c in stamps. Lescage, Kline Co., Limited, Agents, Montreal, 402



BOVRIL

Contains the life-sustaining elements of

B E E F

Beef extracts contain only the flavor and stimulating elements of beef—the nutritive values are lost in the making. Baron Liebig, the inventor of beef extracts, admitted that. He said "It is but a condiment and stimulant, containing no matter capable of sustaining life."

That is where BOVRIL differs from beef extracts.

BOVRIL does contain the nourishment and life-sustaining elements of beef as well as its rich flavor.

BOVRIL gives strength and nourishment to the invalid. With its help you can make left-over scraps into delicious consommés, bouillons and soups with very little trouble.

BOVRIL is the true economist in the home kitchen.

Your grocer sells BOVRIL.

Her Very Good Reason.

The two wives were discussing the pecuniary peculiarities of their respective husbands, and they coincided with great unanimity until they reached the point of their own relation to the purse strings.

"My husband never gives me a penny unless he growls about my extravagance," said one.

"Mine does the same thing," attested the other.

"But I get even with him." And her face showed the color of satisfaction.

"How do you ever do it?"

"I go through his trousers pockets when he's asleep."

"Goodness gracious!" exclaimed the other. "I wouldn't do that for anything."

"Why not? Haven't we a right to the money as well as they have?"

"Yes, but I wouldn't go through my husband's trousers pockets for it."

"I'd like to know why?" said the first, quite indignant at the apparent reproach.

"Because," blushed the other, "he carries his money in his waistcoat pocket."—Pearson's Weekly.

A CRIPPLE'S AGONY.

Sciatic Pains Made Limbs Useless and Life a Burden—South American Rheumatic Cure Snapped the Pain Chords and Cast Away the Crutches.

James Smith, Dairyman, Grimsby, Ont., writes: "I was a great sufferer from sciatica. For a time I was completely laid up and for two weeks I was compelled to go on crutches. My limbs were almost useless. I tried many remedies without benefit. South American Rheumatic Cure was recommended. It took six bottles to effect a cure, but I am thoroughly cured, and I heartily recommend it as the greatest of remedies." (10)

The French For "Kittie."

If you attempt to coax a French kitten by calling "kittie, kittie, kittie," the animal will stare at you with absolute indifference or shrug its shoulders and walk away. The dictionaries and phrase books will give you no help, one and all ignoring the theme. It took me months to discover the proper call. When I asked, "How do you call it?" the natives always replied, "Un petit chat." If I continued, "What do you say when you wish it to approach you?" they respond, "Venez ici." I had about despaired of succeeding in my quest when I chanced to hear a little girl summoning her pet. She said, "Mi, mi, mi, mi, mi," and "kittie" came running to her as obediently as could be. Of course mi was pronounced "me."—Travel Magazine.

HEART MIRACLES

Suffocation, Fluttering, Palpitation, Acute Pains—Certain Signs of the Heart's Sickness—Dr. Agnew's Heart Cure Relieves in 30 Minutes.

In cases of heart trouble Dr. Agnew's Cure for the Heart has proved itself the quickest acting remedy in existence. It has stepped in when the victim of heart disease seemed beyond hope—in the last gasp—has stayed death's hand, and has proved a never-failing and permanent cure. It is an honest medicine and will do all claimed for it.

Dr. Agnew's Liver Pills are the cheapest liver corrector known. (8)



For all kinds of Baking



—for Bread, Biscuits and Pan Cakes—for Pies, Cakes and Fancy Pastry—no flour, milled of a single kind of wheat, compares with a BLENDED FLOUR.

It bakes whiter and lighter—it contains more nutriment—and it yields MORE bread etc. to the barrel.

Use A Blended Flour

(of Ontario and Manitoba Wheat)

and you use the perfect flour.

BLENDED FLOUR combines the splendid food properties of Manitoba wheat—with the whiteness and lightness of ONTARIO wheat.

TRY A BLENDED FLOUR—the result of your first baking will PROVE its superiority.



This trademark is on all fine BLENDED FLOURS. It is the sign of quality.

Look for it on every bag and barrel you buy.



GRAND TRUNK PENSION SCHEME

Employees Retire at 65, on One Per Cent. of Their Average Salary.

Montreal, Dec. 19.—The new pension scheme of the Grand Trunk to be maintained by the railway for the benefit of every employe will come into effect January 1. Under its terms, every employe must retire at the age of 65 years. An employe who has served fifteen or more years, will receive an annuity of 1 per cent. of the average annual salary paid for ten continuous years.

The fund will be administered by a board chosen from the employes of the company.

Are You Subject to Colds?

They don't load your stomach with cough syrups. Send healing medication through nostrils—send it into the passages that are subject to colds and catarrh. Easy to do this with Catarrhzone, which cures a cold in ten minutes. Even to the lungs goes the healing vapor of Catarrhzone—all through the bronchial tubes, nostrils and air passages—everywhere a case of disease remains will Catarrhzone follow. You'll not have colds, nor will you suffer from sniffles, bronchitis or throat trouble if Catarrhzone is used. Get it to-day. 25 cts. and \$1.00 at all dealers.

CANADIAN.

The Senate last year cost \$269,075.

Mrs. John Webber, of Hespler, is dead aged 73.

John K. Burke, of Aso Station, Ont., is dead, aged 58.

Belleville will proceed to erect an isolation hospital.

Federal legislation in Canada last year cost \$1,322,074.

Peterboro will ask Carnegie for \$35,000 for a library.

Mrs. Elizabeth Gallagher, of Hamilton, is dead, aged 74.

From Halifax Tuesday 95 undesirables were deported.

The House of Commons' expenses last year were \$769,195.

Haney & Miller have three large scows beached at Port Burwell.

Peterboro Protestant church will hold a week of prayer in January.

Guelph residents complain of the present plan of garbage collection.

Canada's flour is too dear to sell in Japan, reports W. T. R. Preston.

Vanier and Lasage, departmental storekeepers, of Montreal, have assigned.

Infants too young to take medicine may be cured of croup, whooping cough and colds by using Vapo-Cresolene—they breathe it.

Mrs. Godbold, of Waterloo, is dead, aged 80.

Edward Stonehouse, for 27 years a carpenter in St. Thomas, is dead, aged 77.

The car ferry, Ashtabula, is at Port Burwell with 1,600 tons of soft coal for the C. P. R.

Mr. T. C. Burdick has resigned the principalship of Aylmer Public School owing to ill-health.

Philip Hetcheson, of Tweed, was found guilty at Belleville of assaulting two little girls.

C. P. R. traffic for the week ended Dec. 14, 1907, \$1,419,000; same week last year, \$1,206,000.

F. D. Corbett, of Halifax, a former merchant, has given \$10,000 towards a children's hospital.

Mrs. Margaret Scriber, of Peterborough, fell dead in her home, while talking to friends.

Contracts for 100 engines, to cost \$2,000,000, and to be delivered in August have been let by the G. T. R.

Rev. Dr. S. E. Nelson has been offered \$3,500 per year to remain as pastor of

Knox Church, Hamilton.

A Seaforth citizen was held up one evening last week by a stranger and relieved of \$10. The police have a clue.

Holloway's Corn Cure is a specific for the removal of corns and warts. We have never heard of its failing to remove even the worst kind.

The price of hydro-electric power for Guelph is now \$21 per horsepower, \$2 less than formerly quoted.

Lorne Smith, a G. T. R. brakeman, of Stratford, was struck by an overhead bridge and his skull fractured.

The Blenheim and South Kent telephone line is almost completed. It is one of the best equipped in the country.

George T. Brown, of Ottawa, railway mail clerk, was injured in a pitch-in on the C.P.R. near Jack Fish Bay.

LOCAL OR OTHERWISE.

SOMETIMES a fellow thinks he's "hiding his light under a bushel," when in reality his light has gone out.

PETROLIA Baptists have extended a call to Rev. Mr. Grimshaw, formerly of Kingston, which call has been accepted.

MR. GEO. BANNERMAN of Brooke, has purchased the Jackson farm, just on the outskirts of Forest. The price paid was \$3,500.

In Nebraska a man and woman have recently been married to each for the fourth time. This is what might be called intermittent matrimony.

MISTRESS—"Bridget, I told you five times to have muffins for breakfast. Haven't you any intellect?" Bridget—"No, mum; there's none in the house."

MR. W. H. STEWART of Rouleau, Sask., formerly Clerk of Warwick township, is renewing acquaintances throughout the township. Mr. Stewart is secretary-treasurer of the new town of Rouleau. He will spend a couple of weeks in Ontario.

A NUMBER of men on the street were having a discussion as to who was the greatest inventor. Some said Edison, some said Watt, some Morse, some one and some another. Finally a pawnbroker got a word in and said—"Well gentlemen, dose was great peoples, but I tells you dose who man invented interest was no slouch."

AN old southern dandy was presented with triplets and was so elated over the event that he called in everybody to see them. Among the visitors was an Irishman. "Say, boss," exclaimed the old man, "what do you think of that?" "Well," said Pat, looking the babies over carefully and pointing to a healthy looking one, "I would keep that one."

CHICAGO had a phenomenal fall of snow in January, 1905, and no less than 1,100 extra men were employed to clear it away. That snowfall is still being paid for in Chicago. Not only have the original 1100 emergency snow shovellers remained on the list ever since, but there was quite a scandal when it was discovered this week that the number of the snow shovellers on the pay roll had increased to 1,500 last July.

NEVER get the idea that your business is decreasing. But if you must think it does not let other people know it. Keep a stiff upper lip. There is nothing like a successful business to draw business. Advertise and make the people come your way. Go around looking as though you were attending a funeral and people will shun both you and your business house.

THE merry jingle of the sleighbells has given a Christmas rush to business. The hard times cry which prevails in a great many places, especially the larger towns and cities, does not apply to Watford and vicinity. The farmers in this section have been blessed above their brothers in many counties, and the sleighing coming so early in the winter will give them a good chance to deliver the large quantity of wood that was cut last winter.