10 - 2 It takes a joint of beef to make a bottle of 病 On sale at all Druggists and Stores. WENTY FIVE YEARS

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e, promptly vanish

ons of the respiratory tract.



Told by Mrs. Lynch From Own Experience. Providence, R. L.-"'I was all run down in health, was nervous, had bead-sches; my back ached all the time.

he pursuit of the much longed for "turn to a divilian occupation." A baset list beside me, with the simple, but apt quotation, "the true and the interpret of the simple, but apt quotation, "the true and the interpret of the simple, but apt quotation, "the true and the interpret of the simple, but apt quotation, "the true and the interpret of the simple, but apt quotation, "the true and the interpret of the simple, of the site attalion Railway Troops, whose plendid leadership, unitring indus-try and pardonable pride in his crack allway construction unit, made his have to be a revered one among the one under his command. A quiet and reserved man, he has that big-uees which comes from big under-takings. As a C.P.R. engineer, the bethobridge viaduct, and the North Toronto grade separation, were/pre-war testimonials to his skill and ef-fleiency. Twenty-seven months of un-remitting work in France and Bei-re ord and experience in supervising of and experience in supervising the laying of steel and the erection of bridges. "Railways are the artieries of modached all the time. I was tired and had no ambfilion for any-thing. I had taken a number of medi-cines which did me no good. One day I read about Lydia E. Pinkham's Vege-table Compound and table Compound and what it had done for what it had done for women, so I tried it. My nervousness and backache and headaches disappeared. I gnined in weight and feel fine, so I can honestly recommend Lydis E. Phykham's Vege-table Commend in any woman who is

A MAN OF DEEDS.

ol. Ripley Never Looked for the

Spot-light. The khaki of returned men is fast eing relegated to the limbo of half-

orgotten things, and the thoughts of

ar experiences are transient now in he pursuit of the much longed for

the laying of steel and the erection "Rallways are the arteries of mod-ern warfare"—this fact was early re-cognized by Sir Eric Geddes, and miles of light guage railway track was laid with the rapidity of spread-ing a stair carpet, but if only par-tially relieved the congestion. Broad gauge railways were urgently re-quired to bring troops and military expelies to the rail heads. In the autumn of 1916, the 1st Battalion, C.R.T., worked on the Somme, build-ing narrow guage. at Maricourt, Combles, le Forel Farm, Rouge, and Boucheveenes. Early in the following spring the Germans, yielding to pressure from Backache and nervoumess are symp-toms or mature's warnings, which in-dicate a functional disturbance or an unhealthy condition which often devel-ps into a more serious althant. Women in this condition should not continue to drag along without help, but profit By Mrs. Lyach's experience, and try this famous root and harb remedy, Lydia E. Pinkham's Vegetable Com-pound—and for special advice write to Lydia E. Pinkham Med.Co., Lyna.Mass.

CANADA'S PROGRESS WEEPING ECZEMA Another Page In Story of Country's SOON RELIEVED The rush to Peace River with prospector for timber, for above all for ch above all for chances to apply their capital of intelligence, energy, ex-perience, industry, or money to the development of the natural resources of the country for the benefit of man-kind—and incidentally for their own personal profit and welfare. The largest area as yet unoccupied, offering undoubled facilities for crop and stock-raising, is the Vermillon district. It is an area 150 miles in A Pariect Treatment For This Distressing Complaint "I had an attack of Weeping

Eczema; so bad that my clothes would be wet through at times. For four months, Isuffered terribly. and stock-raising, is the Vermilion district. It is an area 150 miles in length by 50 in width, with a large navigable river flowing through its centre, and with a railway 125 miles away. With the railway and Peace River the trip to this region can be made by raff, flat boat, or steamer. Before the railway reached this point the district was isolated. Mr. F. H. Kitto, of the Douinion Department of Natural Resources, described it thus:---I get no relief until J tried "First actives and 'Sootha Salva' The first treatment gave me relief. Altogether, I have used three boxes of 'Sootha Salva' and two of

'Fruita-tives', and am entirely well'' G. W. HALL. G. W. HALL. Both these sterling remedies are sold by dealers at 60c. a box, 6 for \$2.50, or sent on receipt of price by Fruit-atives Limited, Ottawa.

of Natura thus:--"Located about 250 miles north of the town of Peace River, cut off from the outside world except for steam-boat service during a few simmer months, with its interest focussed on months, with its interest focussed on "Fruit-a-tives" is also put up in a trial size which sells for 25c.

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the fur trade of its own great dis-trict, the little post has lived its own life and retained its simple customs, far from the stress and worry of greater centres. The dawn of a new era is just approaching, but the tran-sition will be rapid." Before the war the development of the weat the incoming of settlers. historical records reg the west, the incoming of settlers, the breaking of new ground, was the subject of much descriptive writing. The war turned our attention to Europe and relegated Canadian af-

relegated Canadian at to the back pages o bers. The Peace Rive of the indications tha ng back to normal con to the reading of ou story of national pro-

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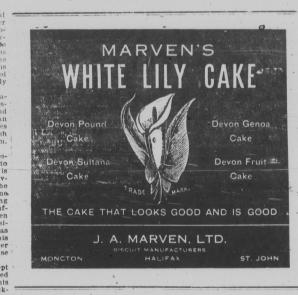
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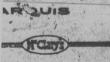
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was telling a friend was telling a friend in a construction of the manuel Francis, whom the second right in her vigilance was overheard re-manuel reaction with the second re-manuel reaction of the second re-monent's thought, "if ever you set to men in a corner and one looks bored to death, the other one is Francis."

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