

# WOMEN and THE HOME

## MOTHERS FORM ALEXANDRA CLUB

Mrs. W. Rowley Elected President of New Organization at School.

With the organization of a Mothers' club in the Alexandra school last night, the London Mothers' club has entered its last stronghold. There is now a mothers' club in every school in the city. Mrs. W. A. Tanner, president of the London club, and her executive were present to effect organization.

Mrs. W. Rowley is the newly-elected president of the club, with the following excellent staff of officers: vice-president, Mrs. L. P. Marsh; secretary, Mrs. R. N. Warner; treasurer, Mrs. D. Livingston; membership convener, Miss Howie; program convener, Miss Namara; press secretary, Mrs. K. West.

Mrs. John Gemmill was the speaker of the evening. She thought the wise mother was the one who adjusted herself to conditions which surround her children. Only by contact with the associates of her children could she get their point of view.

Principal Corbin Brown of the Alexandra school was another speaker. He asked the co-operation of the new club with the teaching staff of the school, particularly in the special undertakings of the school; the Junior Citizens' league, the school orchestra, the school paper, and the pupils' reading room. These, he thought, would benefit with the interest of the mothers aroused.

Mrs. W. J. Carson, honorary president of the London club, was another speaker of the evening. She remembered the days when but a two-room school stood where the Alexandra school now stands. She mentioned the fact that as far as she knew, no other city was so well organized with mothers' clubs as was the city of London.

The officers of the main London club outlined the duties of the Mothers' club officers. The speakers were Mrs. Charles Turner, vice-president; Mrs. Alfred Drew, secretary; Mrs. Day, treasurer; and Mrs. E. J. Martin, press secretary. The first meeting of the new Alexandra club will be held on Feb. 10. About 30 or 40 members were present.

An attractive program included vocal solos by Mrs. E. J. Martin, readings by Mrs. R. E. Crouch and a brief address of welcome by Mrs. A. Tanner.



MRS. JAMES HENDRY, who was again returned as regent of the Leech Lomond chapter, I. O. D. E., at the annual meeting held yesterday.

## UNIVERSITY CLUB PLANS INTERESTING PROGRAM

Will Follow Up League of Nations Study at Coming Meetings.

The University Women's club, which meets on Tuesday night next at Playhousecroft, Queen's avenue, has an interesting program in store for the coming meetings of the year. The address of Col. Walter Brown on "The League of Nations" at the January meeting will be followed up at the February and March meetings.

At the first meeting, on Feb. 10, will have as its speakers Miss Evelyn Harrison, who will give a paper on the permanent court of international justice. A second paper on the international health bureau will be given by Dr. Madge Macklin. Mrs. Richard Crouch will preside.

Mrs. Edmond Moras will take a paper on disarmament at the March meeting, and another paper will be given on the international labor bureau.

A literary meeting is scheduled for April, when W. E. Collin of the University of Western Ontario will speak on the Georgian poets and poetry.

## LORD KITCHENER TO OPEN CLASSES

Will Begin Instruction in Home Nursing Next Week Under Dr. La Touzel.

The Lord Kitchener Nursing Division, No. 28, begins classes in home nursing next week, with Dr. J. R. La Touzel as the lecturer. The course which will be taken up will be a comprehensive one, including instruction in the following: Pulse, temperature, respiration, how to make a bed with the patient in, change the bed with patient in, make all kinds of poultices, fomentations, care of room, preparation of room, disinfecting all ways, bandaging, roller work. All wishing to take the examination must have attended six of the medical lectures and six of the practical lectures.

Those taking invalid cooking are: Miss Margaret Brown, Miss Agnes Clarkson, Miss Charlotte Fuller, Miss Myrtle MacMillan, Miss Kathleen Munro, Miss Mary Moore, Miss Nellie Pilkington.

Those taking first aid: Miss Annie Buskard, Miss Olive Carter, Miss Clara Fleming, Miss Edna Gould, Miss Grace Gilbert, Miss Edith Gilbert, Miss Alice Harding, Miss Pearl Mantz, Miss Minnie McCready, Miss Rena McPherson, Miss Nellie Pilkington, Miss Laura Stonehouse, Miss Janet West, Miss Lillian Woolner.

Dr. Edwin Seaborn was the lecturer and Dr. B. F. Keilior the examiner. The following members of the Lord Kitchener Nursing Division, No. 28, have taken their re-examinations for medals, medals, and labels.

Label—Miss Eleanor Davis, Miss Georgina Hoffman, Mrs. Ida J. Mills, Mrs. Alice M. Broderick, Mrs. Mary Routledge, Miss Mary Moore, Mrs. Florence Dickinson, Miss Carrie Leader, Miss Margaret Hill, Miss Margaret Sutherland, Mrs. Emily Churcher, Mrs. Blanche Forsyth, Miss Charlotte Fuller, Mrs. Jean Lawton, Mrs. A. Strain.

Pendants—Miss Eleanor Davis, Miss Georgina Hoffman, Mrs. Ida J. Mills, Mrs. Alice M. Broderick, Mrs. Mary Routledge, Miss Mary Moore, Mrs. Florence Dickinson, Miss Carrie Leader, Miss Margaret Hill, Miss Margaret Sutherland, Mrs. Emily Churcher, Mrs. Blanche Forsyth, Miss Charlotte Fuller, Mrs. Jean Lawton, Mrs. Alice Strain.

Medallions—Miss Agnes Clarkson, Miss Letitia Ketylle, Mrs. Eleanor Carter.

Members will be at the rooms each evening this week to receive registrations and give any information that is desired, 404 Talbot street. Phone 107W during the day.

## Winter's a Robber

Winter's a robber. He hides loot. Grass and song. Leaf and fruit.

Winter's a thief. Under your nose. He thrusts a hand. And your treasure goes.

Winter's a robber. One day he Came to my garden And took from me

A rainbow scarf And a jewelled cup. And gold that a dahlia Wand held up.

There must be a cave In earth or sky. Where he hideth what he takes As he passes by.

I wish I could find His treasure heap. With guarding winds All fast asleep.

I'd snatch a flower A song, maybe. Or the ribbon bough Of a willow tree.

—Louise Driscoll.

## Dorothy Dix

It Takes a Big-Souled Woman to Love Her Children So Well That She Desires Them to Love Their Husbands and Wives Better Than Her.

"I have a wonderful wife and an adorable baby, and I'd be the happiest chap in the world if only my mother would abandon her martyr pose and consent to be reasonable and human about things," said a young man to me the other day.

"But she won't. She has never 'got over' my marriage, as she says. Not that she dislikes my wife or has any objection to my marrying the girl I did. Her grievance is just that I am married at all and have set up a home of my own.

"So she is always telling me, and everybody else who will listen, how she dislikes me and how lonely she is without me, and she bemoans the ingratitude of children for whom a mother sacrifices herself and who go off about their own affairs just when they have got old enough to be a comfort to their parents. And she is always seeing slights where none are intended, and getting wounded over trifles, and weeping because she says I do not love her as I used to.

"And it isn't as if mother had the excuse of my being the only thing she had in the world to cling to. She's got father, who is the best old scout that ever lived. He would be tickled to death just to pal around with her, and they might have all sorts of good times together if she would quit sheehing me and fussing over me and stop making herself miserable about nothing.

"For my part, I don't see where the weeps come in. Seems to me that any mother should think herself very lucky when she saw her son married to a woman who was lovable, and loving, and a real helpmate to him, and established in a happy home of his own.

"What else does she want? To keep him tied to her apron string until he becomes a selfish, grouchy old bachelor, and then, when she dies, for him to be left without a single human tie in the world?

"Why, I never see a lot of old bachelors sitting around in a club, hating each other to death and fussing over their food, with no interest in their golf, and with nobody to care whether they live or die, without thinking that they make as forlorn a spectacle as you can find and pitying them from the bottom of my heart. How any mother can wish to see this fate on her own son is more than I can understand.

"Every woman is bound to know that the normal life is best for all of us, and that the man who is householder, and husband, and father is healthier, happier and more successful than the old bachelor who sits around hotels, with nobody to work and struggle for, nothing to do but indulge his own desires, and only hirelings to care for him in his old age.

"So why should mothers wait and weep over their children getting married and starting out on the business of life on their own account? Why should they consider it a grievance that their children form new ties? Why should they act as if they had nurtured serpents in their bosoms who had turned and stung them when their children love their husbands and wives?

"Yet I know dozens of mothers besides my own who have never 'got over' their children's marriages, and who make everybody concerned miserable by cultivating a sort of morbid, melancholy air, as if one who has been stabbed by the hand she loved. They make their marriages and daughters feel as if they had committed the unpardonable sin, and keep their in-laws in the humble and apologetic attitude of a half-forgiven criminal who has robbed them of their treasures and whose offences they are magnanimously trying to overlook."

"There is no jealousy so bitter as mother jealousy," I replied, "and it takes a big-souled woman to love her children so well that she desires them to love their husbands and wives better than they do her."

## Social and Personal

Mrs. James MacRae, Maitland street, was a week-end guest in Woodstock.

Mr. and Mrs. L. Armstrong, of Maitland street, spent the week-end in Grimsby.

Miss Frances Uren of Toronto was a week-end guest at the Colborne street Methodist parsonage.

Mr. J. A. Wambold, Mrs. Flynn and Miss Ida Wambold spent the week-end with relatives in Kitchener.

Mrs. H. Smith and Mrs. Robinson have returned to the city from Guelph after a brief stay there.

Mrs. W. H. Line is going to Toronto this week for a few days, where she will be a guest with friends.

Mr. and Mrs. G. T. Brown, Talbot street, accompanied by Dr. Cronyn, were holidaying at Nassau, the Bahamas.

Miss Queenie Tees of Toronto is a much feted guest in the city, visiting at the home of Mrs. E. A. McDonald, 1840 Talbot street.

Mrs. George W. Tackabury of Los Angeles, who has spent the past month with relatives in the city, left on Saturday for Cleveland and New York.

A number of the staff of the London houses are arranging a sleigh ride party for tonight, when they will go to the Bungalow tea house for supper.

Members of the Kivans club will hold a ladies' night at the University of Western Ontario on Thursday, when Dean Sherwood Fox will be the speaker.

Mrs. Pike of New York, formerly of this city, is a guest with Mrs. F. P. Betts, Queen's avenue. In honor of Mrs. Pike, several delightful little parties have been arranged recently.

Mr. A. Smith and Mr. Leslie Uren were guests with Rev. Mr. and Mrs. H. J. Uren at the Colborne street Methodist parsonage, while in the city, week with the Varsity team, Toronto.

The Excelsior class of the Askin street Methodist church are arranging a sleigh ride party for Thursday evening, when they will entertain at the Bungalow tea house for the supper hour.

Mrs. C. W. Sweet is general convener for the Institute of Musical Art on Thursday evening by the young people's federation of the First Presbyterian church.

Rev. J. Spencer Hunter and Mrs. Hunter who have been attending the missionary conference in Washington, are spending a few days in the city, en route for their home in this city.

Mrs. Frank Anderson, president of the Huron diocesan branch of the women's auxiliary of the Anglican church, will go to Toronto in March to attend the half-yearly meeting of the executive of the Dominion W. A.

Mrs. Arthur Thompson, Talbot street, has returned to the city, visiting her sister, Mrs. Fred Patte, in Ottawa. On her way to London, Mrs. Thompson visited her nephew, Mr. Alfred Patte, and Mrs. Patte in Toronto.

Miss Opal Thompson, of Windsor, was a week-end guest with friends in the city, coming to town for her vocal examination. Last night Miss Thompson sang at the league meeting of the Colborne street Methodist church.

Mrs. Gordon Edgcombe, Colborne street, will entertain the Campbell street chapter, I. O. D. E., at the annual meeting, which will be held this month. Assisting hostesses will be Mrs. Sydney Horne and Mrs. W. J. McLean.

Mr. and Mrs. Norman Marc, Lambeth, assisted by Mrs. J. O. Burtwick, entertained at a reception and dinner in honor of Mr. and Mrs. Percy Davidson. Covers were laid for fourteen, and the tables were effectively decorated with red and white. The evening was spent in games and music.

The Annex girls of the London Life entertained a sleighride party to the Bungalow tea house last Saturday night. Covers were laid for twenty-two, after which dancing and games were greatly enjoyed by the young people.

Miss Kathleen McCarthy was pleasantly surprised last night when she was presented with a handsome home of St. Joseph's hospital by a number of her nursing comrades. Miss McCarthy is a member of the 1919 class of St. Joseph's hospital.

A number of the girls of the office staff of the Hobbs snowshoe Company held a delightful snowshoe party last evening at the Bungalow tea house. Covers were laid for 13, and Miss Scott was in charge of the arrangements.

Among the out-of-town guests for the Lobban-McCarthy wedding, which will take place on Wednesday, will be Rev. James McCarthy of Detroit, brother of the bride; Miss Margaret Lobban of Wyanadotte; Miss Mary Lillian Boyce of Toronto; Miss June Hutton of Dublin, and several relatives from Ingersoll.

Among the artists who are taking part in the musicale and tea which is being given by the executive of St. Paul's cathedral tomorrow afternoon for the ladies of the church are Mrs. MacDermott and Miss June Warren, soloists; Mrs. Charles Ivey, violinist, and Mrs. Harris Elliott, pianist.

Mrs. G. Peacock was the hostess of a delightful young people party of a delightful young people party held recently at her home on Colborne street, in honor of her son, Mr. William Peacock. It was the occasion of his twenty-first birthday. Covers were laid for thirty guests.

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"There is no jealousy so bitter as mother jealousy," I replied, "and it takes a big-souled woman to love her children so well that she desires them to love their husbands and wives better than they do her."

DOROTHY DIX.

Mrs. G. B. Coleman assisted the hostess at the supper hour.

Miss Lillian Johnston, Princess avenue, was the hostess of a delightful bridge given yesterday afternoon. Nine tables were in play, a number of other guests coming in at the tea hour. Ophelia roses were used effectively on the tea table above a cloth of Italian cutwork and fllet lace. Yellow candles in silver sticks were also used.

The students of the East London collegiate are planning a "conversation" for the evening of Feb. 17. The committee in charge of the dancing and games includes: Miss Ada Menhennick, in charge of the games; Miss M. M. Taylor, of the refreshments; Miss Watson of the dancing, and Mrs. A. E. O'Neill of the reception committee. The social evening will follow a debate with the St. Thomas collegiate students in the afternoon.

The parish hall of the Church of St. John the Evangelist was the scene of an enjoyable gathering last night, when the members of the senior and intermediate branches of the girls' friendly society entertained the Huron college students and the young people of the congregation. Bright red hearts and cupid were used in the decoration scheme. The evening was spent in games, including a merry card party. The senior branch had charge of the games, with the intermediates convening the refreshments.

Among the most interesting events of next week will be the welfare masquerade dance, which is being held in the Winter Gardens on Feb. 10, under the direction of the Lion's club. Prizes will be awarded for the best costumes. There will be novelty dances and other attractions. No invitations are being issued, but a welcome will be extended to everyone whether in costume or not. The committee in charge includes Col. C. M. R. Graham, Dr. F. Giffen, Alex. Morrison, Frank Barrett and Reginald Fawcett.

The home of Mr. and Mrs. Armond McNeer, Maitland street, was the scene of an attractive event recently, when they entertained in honor of Mr. McNeer's father, Mr. William McNeer, who was celebrating his 82nd birthday. The evening was spent in cards and dancing. The guest of honor calling off an old-fashioned square dance. Special guests were Mr. McNeer's children and grand-children, including Mrs. A. W. McNeer and the Misses Marjorie, Mary, Pearl and Master Max McNeer, Mr. and Mrs. T. Wilcox, Miss Blanche and Master Billy Wilcox, Donald Tompkins, Mr. and Mrs. Clifford Wilcox, Mr. and Mrs. D. Wilcox, J. Atkinson and F. Hopper.

Mrs. C. Denley, Maitland street, entertained at a delightful children's party yesterday in honor of the ninth birthday of her daughter, Miss Helen. Covers were laid for twelve at the pretty supper table, gayly decorated in pink and blue and centered with everlasting flowers in many colors. The lovely birthday cake also carried out the color scheme with its pink and blue candles, and dainty pink and blue favors were placed at each plate. Games and music were also greatly enjoyed by the little people, who included Mary Thompson, Ruth and Jean Stanfield, Elsie Hutchison, Eileen Storie, Marion Hessel, Edna Lindfield, Stanley Smith, Teddy Spence and Stanley Hessel.

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# Enjoy Your Meals

HOW delicious food can be—how stimulating to conversation, to general good will, to congeniality. But many of us eat foods that are too rich. And some of us just plainly eat too much: digestion's overloaded. Here's what happens: As an appetizing dish is being served, how often you hear, "Certainly looks good, but—it wouldn't agree with me". Have you also sometime said, "Well, I wish I could", or do you belong to the I-can-eat-most-anything folks?

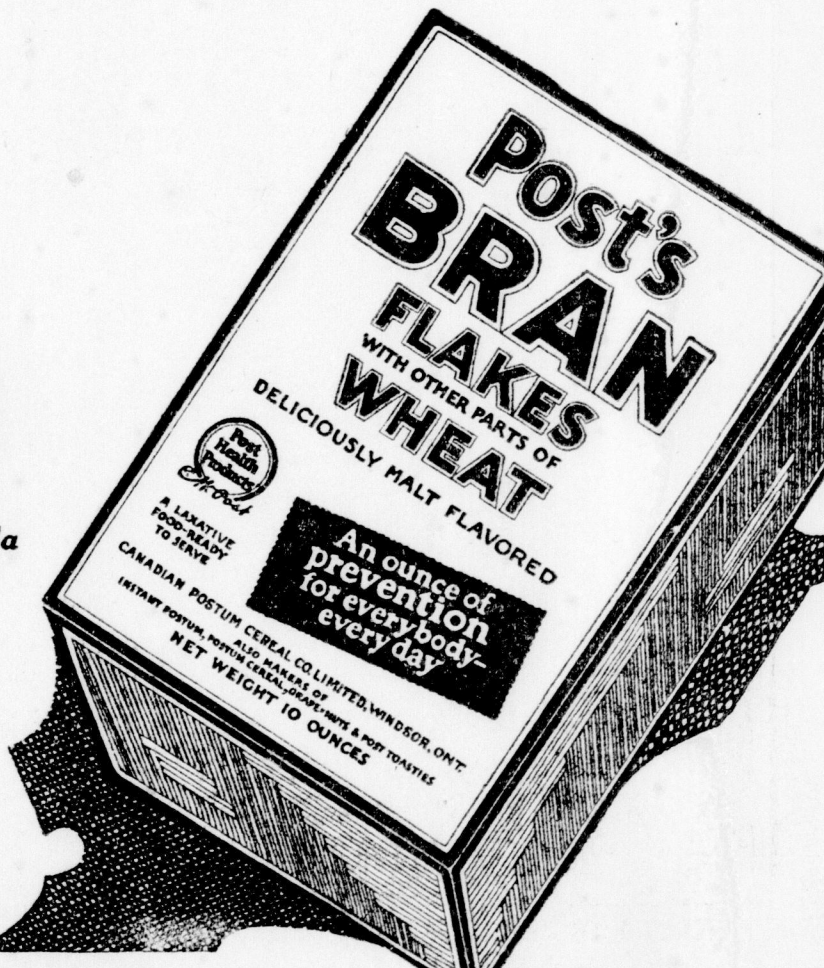
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