

Correspondence Column Helps for Home-Keepers Recipes and Style Notes

A PAGE FOR WOMEN

Bright Articles Daily on
Women's Interests and
Activities Here and There

DO YOU WORRY ABOUT GROWING OLD?

"You Shouldn't," Says Billie Burke, "For Our Greatest, Most Popular, Most Famous, Best-Loved Women Are Old in Years."

I have always wondered why women were so afraid of growing old; but when I voiced ideas on the subject someone always said, "Why, of course, you are young enough not to worry yet awhile."

I don't think I shall worry even when I have passed that line where it is—where the woman begins to worry, for I am going to do things up to the moment I leave this mundane sphere. Thank the fates it has been demonstrated in the last few years that a woman can accomplish things in the great world's movements outside the one task that has always been hers—that of bearing children.

This perhaps is the reason why women have dreaded old age, because they have dreaded the time when, according to the world's verdict, their one occupation should be gone.

It is entirely different today. Now most women just begin to live after their children have grown—yes, even after their grandchildren have grown.

The leaders of society today are grandmothers. Our greatest actress is a great grandmother and although some people say that the human voice rarely lasts after middle age, and that not many of our greatest opera singers are under 40.

Our famous woman writers and painters are all middle-aged women.

Then why should one worry about growing old.

The young girl is only a creature of general lack of interest and enthusiasm which the mature woman if she will, fulfills her highest destiny makes an out of it all.

Keep your head up. Don't draw your chin in. Don't close your mouth when you go to sleep. Use plenty of cold water on your face and neck and above all don't wear ugly high collars. Don't think unkind or pessimistic thoughts. This is the best world you've got.

Yes, I know this is only a sensible, extreme or do you think that they are becoming and graceful to young girls?

3. Do you favor navy blue serge of a superior quality for a bride's going away tailed suit?

4. Is the art gum used in cleaning gloves harmful to the kid of the glove? I've heard that it is.

5. Do you think a girl of nineteen too old to wear the regulation "sailor blouse"?

Thanking you in advance, I am, yours sincerely, LORITTA.

A.—I. Why not wear a corsage bouquet, as flowers are a predominating feature at a wedding. Three or three white roses add a dainty touch to a tailored suit.

2. The extreme Bulgarian styles do not appeal to me. Several, however, are slightly Bulgarian style, and I intend to wear a dress of that style.

3. If you intend to have your going away suit made of serge, I would advise you to select a blue-black navy. Serge is youthful and looks well in a tailor-made garment.

4. Art gum is recommended for cleaning gloves. I have never heard of it being injurious.

5. No.

"For the Sick-Room."

Dear Miss Grey: Would you kindly tell me through your helpful column, the name of a sweet smelling disinfectant for a sickroom, and oblige?

A.—There are various disinfectants, but they do not possess the quality of sweetness you require. However, "Sanatol" and "Jays' Fluid" are recommended.

If you experience difficulty in airing the room after disinfecting it, immerse a cloth in camphor, and allow it to hang near an open window where the breeze will blow through it.

"Needles collected and laid about add a spicy fragrance of the woods to the sick-room."

"Book Information."

Dear Miss Grey: I saw in "The London Advertiser," of May 6, that "Black Beth" wanted to know the author, and where the book "Paid For" could be obtained. But I think the book she means is "Bought and Paid For" and can be got at any book store that keeps the latest editions. The authors are Broadhurst and Hornblow, and it is founded on the play of the same name. Hoping that this is the book she means.

I remain a Mount Clemens reader of The Advertiser.

A.—I am sure "Black Beth" will appreciate this information in regard to her book.

Heated Carriages.

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"Now, Most Women Begin To Live After Their Children Have Grown."

A Sweeping Change

In springtime, when the word she gave Would I, her glad perspiring slave, The tacks pry out once more; I hauled, and rolled, and brushed, and beat, Then "putting down" our heads would meet, And how a kiss made labor sweet When Flora swept the floor!

Ah, me! From which you may infer Home's pleasures are not what they were In simpler days of yore; Science our joy domestic robs, And vacuum pumps now do the jobs We did with sentimental throbs, When Flora swept the floor.

—Frederick Moxon, in Judge.

Daily Menu

TUESDAY.
BREAKFAST.
Cooked Cereal.
Stewed Rhubarb. Muffins. Coffee.

DINNER.
Boiled Potatoes. Creamed Onions. Lemon Pie.

SUPPER.
Potato Salad. Cold Tongue. Shredded Pineapple. Cake. Tea.

SEASONABLE RECIPES.

Fruit Salad.
Soak half box of gelatin in a generous pint of water, add the juice of two lemons and two cups of sugar. Bring to a boil and strain. When cool pour over two sliced oranges, two bananas, half cupful of cherries, half cupful of English walnut meats as nearly whole as possible. Stand on the ice till it sets. Serve with whipped cream.

Casserole of Lamb.
The next time you are preparing lamb get out your casserole and you will be delighted with the results of the given recipe.

Take two pounds of lamb from back, two tablespoonfuls drippings, two and a half cupfuls well seasoned stock, one-half teaspoonful onion juice, five tablespoonfuls well washed rice, one cupful canned or stewed tomatoes.

Cut the lamb from bones in pieces suitable for serving and put in a man's evening dress suit. Some of these coats are quite short, others are very long—this variety so that women of all figures can have these coats in becoming styles.

There are dozens of cutaway styles, from the quiet conservative two-button and moderate dip-back model, to the one that almost duplicates the coat of a man's evening dress suit.

When of wool poplin, eponge, Bedford cord, broadened worsted or serge, the cutaway should be in a one, two or three button model, but when of Canton silk crepe, silk tulle, silk poplin or Bedford cord, it is more effective if simply fastened with a pair of link buttons, for then the coat may hang or drape quite softly.

More closely to the head than ever clings the fashionable cutaway.

Silk stockings, with open work clocks, are the mode for evening.

In needlework beads are used in place of French knots.

Fine veils of net and spotted tulle are worn.

The new three-quarter length coats for spring are made of all sorts of novelty materials, striped ratine wool, begaline and eponge.

New cash draperies and waist belts of draped ribbon finishing in large square buckles make an attractive note on many of the new models.

For the spring suit, materials of a rough weave are preferred. Suits of silk will be popular, especially those made of crepon, poplin, brocade and eponge.

Very pretty for the small girl is the large hat of shirred beige taffeta, with a full crown of dark blue silk. A fantastic cock feather adorns the front.

Black slippers are rivaling the white ones. When patent leather slippers are worn they should have the colored heel and a flat knot in front to match.

Hamburg edgings and insertions are seen on some of the colored dresses for children, but the tendency is more toward tabored trimmings and buttons.

For a Young Mother, A child's sleeping room requires ventilation as well as the grown-ups. A close room is often the cause of baby's being wakeful and restless at night.

Shield the crib with a screen so that the air will not blow directly over the child, but the little lungs need to breathe in some fresh air if you want the child to grow strong and well. During the day also when the child is sleeping see that the room has some fresh air.

Kitchen Program For the Maid

This program might be hung up on the kitchen wall. It is culled from the practice of a methodical housekeeper, and is offered by us as a suggestion to others. It saves a constant reminding if maids have poor memories.

Daily Program.
Go over house, straightening up. These things should always be done in the morning except on wash day. Bathroom fixtures wiped out and left clean. Beds made, bureaus dusted, scraps on floors taken up with sweeper, porch brushed if it needs it, living-room dusted. In the afternoon fill oil heater, trim wick, empty garbage pail, burn all papers, empty scrap basket. Lie down or take a walk. There is plenty of time.

Special Work.
Monday—Clean silver, candlesticks, etc.; Scald and clean ice-box and bread box.

Tuesday—Wash. Wednesday—Scrub and disinfect bathroom and bedrooms. Go home after lunch dishes are washed.

Friday—Clean living-room, sleeping porch, front porch.

Saturday—Clean kitchen, scrub floor, air fireless cooker, scrub shed. In cleaning floors are to be oiled, windows cleaned and furniture polished as it needs to be done. Always wash around the edges of the heels are effective. Many of those offered for sale ready-made have quarters of fancy gray and black cloth trimmings which make the women, and there is a new wrinkle to have one's shoes match one's eyes in color! Blue-eyed women are lucky; they are some most fascinating sailor ties.

Pumps Going Out.
Something resembling pumps is offered but to the initiated the cut is different, as are the trimmings. Trimmings make the shoes, this spring, as clothes make the women, and there is a new wrinkle to have one's shoes match one's eyes in color! Blue-eyed women are lucky; they are some most fascinating sailor ties.

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Fashionable Shoe for 1913

Women with big feet and women with little feet will have plenty of sailor ties in the spring outfits—if they can afford it. Sailor ties with cloth quarters—quarters meaning the tops of low shoes—are very popular, and when the cloth matches the wearer's suit or regatta the shoes are very effective. Sailor ties are low shoes that aren't tied at all but are fastened with buckles.

Each pair of the custom-made variety has some little touch in the cut or finish to distinguish it from every other pair. Sailor ties with fine white stitching around the edges of the heels are effective. Many of those offered for sale ready-made have quarters of fancy gray and black cloth trimmings which make the women, and there is a new wrinkle to have one's shoes match one's eyes in color! Blue-eyed women are lucky; they are some most fascinating sailor ties.

There are some attractive mules this spring. One rose-colored satin pair, with just a tip for the toes to snugle in and a sole and high heel, has a cocky bow in front. Don't confound mules with boudoir slippers. Mules are pretty and graceful, boudoir slippers are comfortable. To take to boudoir slippers is a confession of age.

Very graceful are the satin slippers, and every woman who dances is safe in laying in a supply—satin slippers are always "in."

There is nothing particularly novel in the satin slippers, as they are still ornamental or plain—the same old styles—but there is, by the way, something new in bath slippers. These are Bulgarian bath slippers, most gorgeously embroidered, with brilliant, colored flowers.

The Housekeeper's Attire

Before beginning to cook make sure that the hands and nails are perfectly clean and the hair neatly dressed." The above is quoted from good authority and should be followed, writes Alice G. Kirk.

But the strange thing in the above quotation is that the one great fact was lost sight of entirely, and that was the dress of the housekeeper who was to prepare the meal.

There is a great psychology in dress, having its effect on the individual and everyone else with whom we come in contact. The artists who have designed fashions for years have recognized this from the social line, but it is only recently that special thought has been given to dress in the home, and never so far as I know, from the side which recognized the psychology of dress in relation to the work in the kitchen. Any old cast-off garment has usually been good enough there. A dark dress instead of a light-colored one; a dark apron instead of a light-colored one; and wash dishes on our clothes; but the stove and dishpan are used for their respective work. Then why put on a dark, homely kingdom apron full of gathers all around the belt to pick up all the dirt possible?

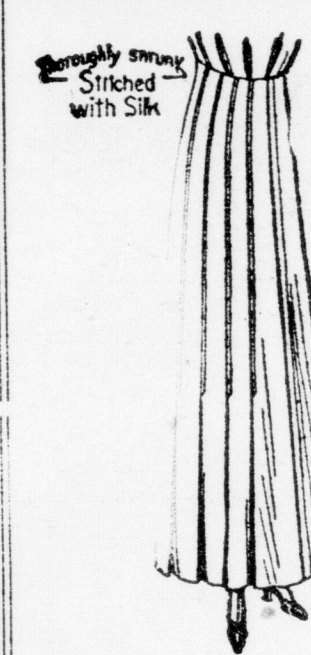
Two Experiments.

Let me give some experiments which have been made in several years' study of this work. Arise in the morning and dress with as few clothes as necessary, possibly leaving off the corset, and put on dressing sacque or kimono, slippers and hair in a loose, untidy fashion. Start the breakfast. Now study the lack of interest in the preparation of this meal or the eating of it. The food may serve must necessarily be in accordance with your dress and your interest. There is really no strong desire to put things in order after the meal. You would rather sit around and say, "How I hate to cook! I never did like to wash dishes and keep house," and many other depressing thoughts, for unrest and unhappiness follow naturally. It could not be otherwise. Now, let us change. Remove the clothing, take a quick cold or tepid bath in the tub or with a sponge. Five minutes is plenty of time for this. Put on all the necessary clothing for neatness, and watch the change in attitude of mind as you progress. Good shoes, low or high, as you choose, but comfortable heels—rubber heels are exceptionally good where there is much standing.

CAROLINE COE'S TESTED RECIPES FOR MAKING MEAT LOAVES.

Hamburg Loaf.—Two and one-half pounds of hamburger steak loaf, one cup of milk, one even tablespoon chopped onion, one egg, salt, celery salt and pepper to taste, one tablespoon of chopped pepper, one tablespoon chopped carrot, one-half cup of fine bread crumbs. Mix all together thoroughly, grease a bread pan, shape meat mixture into loaf, and bake 40 minutes in moderate oven or half an hour in hot oven. Very nice cold.

Ham and Veal—Steamed Loaf.—Two pounds of lean veal, one-half pound boiled ham, two eggs, one cup of milk, one-half a cup of fine bread and cracker crumbs, seasoning. Put veal and ham through a fine meat grinder, add salt and pepper to taste. Add eggs to milk and beat thoroughly. Turn into meat. Mix well and add bread crumbs and mix into loaf. Put in deep pan and steam three hours. When ready to serve turn off the liquor, which should be about one cup. Thicken with one tablespoon of flour blended with a little water. Boil five minutes and strain, turn one tablespoon of this gravy over loaf, and send the rest to table in a gravy boat.



Separate Skirts AT CLEARING PRICES

AS THE time is drawing near when we will be moving into our new store, we are beginning our attacks on our large stocks, and prices are being slaughtered to reduce these goods. At present we find we have more Skirts than we should have, and consequently this department will see some big bargains this week. These are all new lines, and are the best of value.

Women's Separate Skirts, \$2.75
These Skirts are made of very good quality French panama, in black and navy, and have panel backs and raised waistline. These are splendidly tailored and prettily designed. Sizes 36, 38 and 40. Regular \$4.00 values, for \$2.75

Serge and Panama Dress Skirts, \$3.75
These are regular \$5.00 values, and are made of fine French panama and all-wool serges. Are made in panel back style with high waistline. Some have single pleats on side, others with double pleats. All are beautifully tailored and fit perfectly. All sizes. Selling at \$3.75

Misses Tailored Separate Skirts, \$2.00
These are made of all-wool tweeds, in navy, tan, brown and gray shades; raised waistline and panel backs. A splendid skirt for spring and summer wear. Sizes 33, 35, 36 and 37. Clearing sale price \$2.00

Children's Spring Coats, \$3.75
14 only Children's Spring Coats, made of all-wool cheviot cloths, in tan, maize and cardinal shades. Neatly trimmed on collar and cuffs with fancy braid. Sizes 6, 8, 10 and 12. Special sale price \$3.75

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EXTRAVAGANCES OF THE ANCIENTS

Caligula the Terrible dissolved pearls in powerful acids, in imitation of Cleopatra, and spent \$400,000 on a single repast.

A friend of Cicero paid \$4,000 for a dish of singing birds.

One famous Roman epicure, after having spent \$4,000,000 in his "good" living, poisoned himself because he had not quite a half million left.

Schenck purchased 500 earrings worth tables, which cost from \$40,000 to \$50,000 each. An ex-consul under Nero had a murmur wine ladle which cost him \$200,000. As high as \$20,000 was paid for a bronze statue to adorn a garden in ancient Rome.

Daily Healthogram

TO GET FAT eat more than you absolutely need, sleep long hours and regularly. Do not worry. Be regular in habits and get plenty of fresh air. Do not depend on medicines or fat foods to turn the trick.

The Poets' Corner

AN HOUR.

One little hour, caught in a day of gold,

While fallen crimson leaves were drifting deep;

A perfect jewel given us to keep—

Remembrance for a hungry heart to hold;

Some day, when all my world is dead and cold,

And I toll upward on a rocky steep,

That hour, stirring in its age-long sleep,

Shall thrill my soul to answer as of old.

But oh! your hands to lie upon my hair,

Your heart to beat with mine, your lips to touch,

As in the hour God gave to you and me

To ease the thorn years we both must bear;

One little hour, since we have loved so much—

A blinding instant, for Eternity.

—Myrtle Reed.

THE WORD OF PRAISE.

There is nothing better for a human being, sometimes, than a little hearty praise. Many good people conscientiously act on the perfectly opposite, and seem to think nothing better than a little hearty blame. They are mistaken, conscientious in their blame as they may be. There are sore burdens enough in life, bitterness and pain enough, hard work enough, and little enough for it, enough to depress a man and keep him humble—a keen