

Your Tongue is Coated!

LOOK inside your watch cover and see!

That's had business, Bill!

What were you Eating?
What were you drinking?
What kind of Lazy Chair did you take exercise in?

Now don't think it doesn't matter!

Because, it's your Bowels that talk now, every time you open your Mouth.

That doesn't help your Popularity, nor your Earning capacity.

Besides, a man with bad Bowels is in a bad way.

And, a Coated Tongue, or a Bad Breath, are sure signs of bad Bowels and poor Digestion.

* * *

Go and take a Ten Mile Walk, for Exercise!

'Finest thing in the world for Constipation, Indigestion, or Dyspepsia, Ten Mile Walks.

Haven't time? Too Lazy?

Well,—there is another Way.*

Take Artificial Exercise for your Bowels. That's—CASCARETS.

They rouse the Bowel Muscles, just as a Cold Bath freshens Athletic Muscles.

'Waken them up, Strengthen them so they Contract and Expand the Bowels and nistines in a healthy active manner.

That's how these muscles work the Food along, through your thirty feet of Intestines,—to its Finish.

That's how they squeeze Gastric Juice into the food, to Digest it.

That's how people make the millions of little Suckers in the Intestines draw the Justrition out of Food, and transform it



into Blood, Brawn, Brain and Bone.

No purging from CASCARETS, because there is no flooding of the Bowels with a waste of precious Digestive Juice, as with Salts, Castor Oil,—'Physic,' etc.

Cascarets act like Exercise,—harmless, pleasant, simple, convenient, but sure as Shooting.

The thin little Ten Cent Box, carried in your Vest Pocket constantly, is sure protection against the results of

—Late Suppers
—Cheerful Boozing.
—Rapid Eating
—Slow Walking
—Easy Chair Athletics
—And Lazy Liver.

* * *

One tablet taken whenever you suspect you need it will insure you against 90 per cent of all other ills likely to attack you.

Because 90 per cent of these ills begin in the Bowels, or exist through poor Nutrition.

Cascarets don't purge, don't weaken, don't irritate, nor upset your stomach.

Cascarets are Warranted to Cure Constipation, Indigestion, or, your money back.

* * *

Ten Cents, at all Druggists. Be very careful to get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

A sample and the famous booklet "Course of Constipation," Free for the asking. Address Sterling Remedy Company, Chicago or New York.

Stella was shocked and frightened. Then she knelt down upon her knees, buried her face in the sofa cushions, and burst into a passionate flood of tears.

"Were they all anger and indignation, those tears that fell in showers from my eyes?" she thought.

"And yet down at the bottom of my heart there was something else that I could not understand."

"The fierce, angry, disgusting at herself and the world, the bitter regret and the taken her at her word and gone."

"Oh, what a stupid, ill-natured, obstinate man he must be for!" burst Stella.

"Stella," cried Mrs. King, coming suddenly in. "My dear, what is the matter?"

"There is your cousin round the room, and he is asking me to go."

"Is there to have asked him to dinner, Stella?"

"No," said when he would come back."

Stella rose from her knees and stepped away the traces of her tears.

"Mamma, he has gone away, and I shall never come back again. He will not come back again."

"What on earth do you mean?" cried Mrs. King, agitated.

"I mean that I will never marry Mr. King, so."

"What? You must be mad! How could you say such a thing?"

"I have told you, and when you say it is so important this marriage is! But I am not so late. I will tell after him."

"Mamma! You will do nothing of the kind. You will catch Lord of the door. The man has insulted me. I will never marry him."

"How can you be so silly?"

"He has insulted you? What can he possibly have said?"

"Stella will say nothing."

"He has insulted her, and she would never marry him, no, never—never! She will sooner die than do so."

"And she should never see him again."

"But from her father more so."

"Argument, and of every threat that I can make, I will invent in order to make her daughter."

"He is a horrible, dreadful, wicked man. I had said. I can't tell you what he has said. I have said."

"I perfectly hate and detest him, and I shall never see him again."

CHAPTER V.

The immediate consequence of Stella's rebellious and undutiful conduct was that Mr. King had to write to her father-in-law.

[To be Continued.]

WERE THESE MURDERED?

Mysterious Deaths on Erie Railroad Tracks Near Oswego.

Binghamton, N. Y., Oct. 3. — The body of an unknown man was this morning found beside the Erie tracks near Campville, a few miles west of Oswego. Death had evidently been caused by a long wound in the abdomen, and the throat was also cut on the left side, evidently by a knife.

It is thought that the man was murdered by tramps on a freight train, and then the body was thrown from the train. Seven dollars found in the man's pocket indicate that the crime was not committed for robbery.

The body was found within a few hours of where the body of a man named Dwight was found a few days ago. It was supposed that Mr. Dwight had been killed by falling under a train from which he attempted to alight. The finding of this body now causes a suspicion that Mr. Dwight might have been murdered and his body placed on the track to be run over to hide the evidence of a crime.

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The glory and satisfaction of beautiful womanhood can be known only to those possessing the unlimited advantages of Dr. Williams' Pink Pills. They make us happy or enjoy the best of health of life. Pallid cheeks, sunken eyes, exhausted nerves, all tell of a terrible weakness. Dr. Williams' Pink Pills a weak woman needs is Ferrozine; it renews restores and vitalizes instantly — it's a woman's only remedy for weakness.

Ferrozine makes women strong, plump and healthful because it contains the nutriment that nature forms muscle, skin, bone and nerve. Vitalizing blood courses through the system, giving a delightful color, happy spirits, true womanly strength. Every drug store has a box of Ferrozine.

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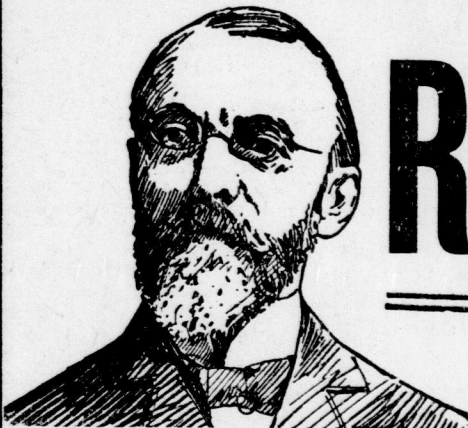
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is best for babies

Nestle's Food requires no milk—no sterilizing. Just add water

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Amethyst is from a Greek word signifying a remedy against drunkenness, it being supposed that the stone...