

TOMORROW
Is always too late; begin today.
It is the only way to a position of usefulness.

F.C.B.C.
Forest City Business and Shortland College,
London, Ont.
will, at a moderate cost give you a business training that can be properly utilized in any walk of life. Mr. Kirkpatrick has accepted a position with Steinmeyer & Co., wholesale grocers, Milwaukee, Wis.

J. W. WESTERVELT, Principal.

Sweets to the Sweet
What's more fitting than a box of our delicious hand-made **BON BONS and CHOCOLATES?**

BOOMER'S
161 DUNDAS STREET.
J.W.

We Are Right in Front

—allowing no designs to get past us. We get them all. We would like to secure your order for Paper. First, because we are anxious to do all the business we can; second, because we like to see artistic results. Our WALL PAPERS help to make them so, and now is the time to call.

R. LEWIS,
434 Richmond St.
J.W.

Easter Novelties...

We have just received a new stock of **Exquisite Easter Novelties in Sterling Silver.** Call and see them. There's some very pretty and cheap ornaments.

H. Davis & Son
(Established 66 Years.)
170 DUNDAS STREET.
J.W.

Yes, We have much respect for your suitcases and other articles. We will clean and best of soap, brings your apparel to you in the best condition. **Wagon will call.**

Parisian Steam Laundry, (Limited.)
OF ONTARIO.
J. E. Spry, London Manager. Phone 559.
J.W.

FAIRBAIN
MERCHAND TAILOR.
Opp. City Hall, Upstairs.
J.W.

CAKES...
Fancy and plain, large and small. All kinds. All of the best.

KENT'S, 209 Dundas St.

R.K. Cowan
Barriester, etc., over Bank of Commerce
London.

SPECIAL NOTICES.

The Wabash Railroad.
If you are contemplating a trip to the gold mining country, please consider the merits of the Wabash Railroad, the short and true route via Detroit, Chicago, and St. Paul, to all points in the Kootenai district. Passengers leaving London and points west by a.m. train, reach St. Paul next day at noon, where direct connections are made for all points in the gold fields. Quickest and best route to Hot Springs, Ark.; Old Mexico, California, and all western points. Tickets and time-tables of this great railway from any railroad agent, or J. A. RICHARDSON, Canadian passenger agent, northeast corner King and Yonge streets, Toronto. 35 ct.

Headquarters for Baby Carriages—beautiful designs, beautiful colorings, and prices finer than ever. It costs nothing to see them at **TRAF-FORD'S, 95 and 97 King Street, City.**

Fast Line to New York.
The Lehigh Valley Railroad, in connection with the Grand Trunk Railway, have the fast through-running train service between Toronto, Hamilton, London and principal points in Ontario, to New York City. Only line running Pullman buffet sleeping cars. Time two hours ahead of all other lines.

Passengers for Europe via this line are landed in New York at Desbrosses or Cortlandt streets, in close proximity to all European steamship docks. Don't fail to ask for tickets and sleeping-car accommodation via Lehigh Valley route, at all Grand Trunk and station offices. J.W.

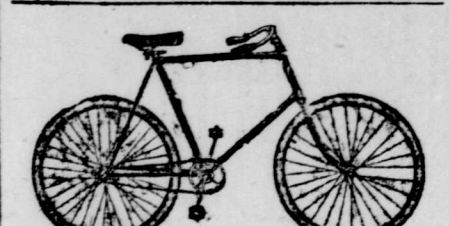
It seems impossible for some people to do a favor without entering it on their account books.

Piles! Piles! Itching Piles
SYMPTOMS: Moisture; intense itching and stinging, mostly at night; worse by scratching. If allowed to continue, tumors form, which often bleed and ulcerate, becoming very sore. Swayne's Ointment stops the itching and bleeding, heals ulceration, and in most cases removes the tumors. An drug store, or direct from the makers, Dr. Swayne & Son, Philadelphia. Lyman Sons & Co., Montreal.

The reason why men and women are because they try to pull where the push is necessary.

The great lung healer is found in that excellent medicine sold as **Bickle's Anti-Consumptive Syrup.** It soothes and diminishes the sensibility of the membrane of the throat and air passages, and is a sovereign remedy for all coughs, colds, hoarseness, pain, or soreness of the chest, bronchitis, etc. It has cured many when supposed to be far advanced in consumption.

Overcoatings and Suits
JOS. D'AMBRA,
262½ Dundas Street.
J.W.



Hastings Bicycles
Superior construction.
Elegant finish.
Up-to-date in every part.
Unequaled value.
PRICE \$60.00.
Send for catalogue and get cash discount.

Wm. Gurd & Co.,
185 Dundas Street, London.
J.W.

A Fresh Coat

of paint is necessary to brighten up the appearance of woodwork. It is the same with a man's appearance. Our WALL COAT and other wearing apparel to keep respectability. See our spring cloths. Beautiful in design and texture.

SOUTHCOTT'S, 361 Richmond Street.
J.W.

DECIDEDLY MILD — FAIR TO CLOUDY.

Toronto, Ont., March 29-11 p.m.—The distribution of pressure has altered but little since yesterday. High pressure and fine weather cover the lake and eastern districts, whilst from the Northwest, south to the Gulf of Mexico, the pressure is generally low. The tendency is for decidedly mild weather throughout the Northwest and lake districts, and a general advance of a mild wave to the Eastern Provinces. Minimum and maximum temperatures:

Calgary, 22-32; Prince Albert, 20-26; Qu'Appelle, 22-36; Winnipeg, 22-44; Port Arthur, 22-40; Parry Sound, 20-46; Toronto, 22-44; Ottawa, 24-44; Montreal, 30-42; Quebec, 20-40; Halifax, 24-44.

PROBABILITIES.
Toronto, March 30-1 a.m.—Probabilities for 24 hours for lower lakes region: Decidedly mild; fair to cloudy, weather; some local showers.

LOCAL TEMPERATURES.
The highest and lowest readings of the thermometer at the observatory yesterday were 50 above and 23 above.

Our Bread is always fresh, delivered by central drivers. Best in the city. Try it and see.

JOHNSTON BROS.
Telephone 818.

Opera Jewel and Don Lucas.
A GOOD 50 SMOKE.

W. J. PORTWOOD
Richmond Street, Opp. City Hall.
J.W.

Married Her.
Thaddeus Smith Selected His Bride at the Cradle.

And Waited 19 Years for Her to Grow Up a Woman.

Bay City, Mich., March 30.—The death of Mrs. Thaddeus Smith last week recalls to mind a pretty little story concerning her honeymoon and subsequent marriage. Mrs. Smith before her marriage was Catherine Felton. Her parents lived directly across the street from the parents of Mr. Smith, her future husband, in York, Ont.

At her birth Smith was called in, and upon remarking what a pretty child she was, he was jokingly told if he would marry her, he could have her for his wife. This remark was taken in earnest by the shy, bashful boy of 16, and he remained in the neighborhood, a strong bond of friendship sprang up between them, which later ripened into love, neither ever thought of repudiation of the boy's determination on that day when she first saw the light.

At the age of 19 she was led to the altar by the man who had waited nineteen long years for her, and the union resulted in four children, now grown up. Two weeks ago Mr. Smith died at the age of 85 years. He came to this city in 1864, and recounted by judicious investments a fortune made during the construction of the Welland Canal and shattered in the panic of 1873. At the funeral Mrs. Smith contracted a slight cold, which she could not throw off on account of her advanced age, and it developed into pneumonia.

Mrs. Smith's remains were laid beside the man on whose strong arm she leaned from the cradle. The couple were universally beloved and respected.

BEFORE THE P. M.

Three Imbibers Dealt With—Each Allowed to Go.
There were a couple of Johnstons before Magistrate Parke this morning as drunks. Alf Johnston came in from Lobo yesterday, and partaking freely of the social cup, wound up at the police station. He was discharged and given another chance, as this was his first appearance for three years.

John Johnston, of Moss, who has been in jail on remand for a week to sober up, was also given his liberty. Sarah Morrison, who was remanded last Tuesday for drunkenness and vagrancy, being found sleeping on the lawn of the Collegiate Institute, came up again today. She told the court that during the week she had received a letter from her mother, who was ill at St. Mary's, where she wished to go. Sarah has two children, one of whom is 16 years old and the other about 8 years. She says she is a widow, and claims to have been drugged. She was discharged with a word of advice.

John B. Stetson's
Celebrated
American Hats.

New York's Latest Blocks just to hand in
STIFF AND FEDORA HATS.

ENGLISH LATEST SHAPES
in the celebrated makers,
MARSDEN & CO.,
CARINGTON, LAIDLO.
CHRISTY'S,
and other leading manufacturers.

Children's Headgear Our Specialty

Milne, Spittal & Co.,
146 Dundas St.

ONE OF THE SIGHTS OF NATURE...
Pleasure-seekers can find nothing more pleasant than a trip to Springbank and visit to the beautiful scenery in its rustic and picturesque beauty.

Cars Run Every Hour.

London Advertiser.
TELEPHONE NUMBERS.
107.....Business Office.
134.....Editorial Rooms.
176.....Job Department.

In the Dining-Room.

WEDNESDAY, MARCH 31.

BREAKFAST:—Acidulated bananas. Cracked wheat with cream. Eggs sur le plat. Steamed gram-bread. Coffee.

LUNCHEON:—Baked codfish. Buttered toast. Currant buns. Peach cream. Tea.

DINNER:—Duchess soup. Spiced roast mutton. Mashed potatoes. Rich parsnips. Corn fritters. Sweet pickled watermelon. Cream puffs. Drip coffee. Cheese.

Cut these recipes out and paste them in your scrapbook.

Acidulated bananas:—Slice four ripe bananas in a glass dish and squeeze the juice of a large lemon over them. Then add a gill and a half of water and half a pound of sugar. Let stand half an hour in cold place.

Eggs sur le Plat:—Beat two eggs separately, spread upon stoneware platter, then drop five eggs upon this, season with half a teaspoonful of salt and a third as much of pepper. Sprinkle half a teaspoonful of cracker crumbs over all and place in a hot oven until eggs are set.

Baked codfish:—Pick one teaspoon of codfish, wash and dry in a cloth. Water while you mix two cups of cold mashed potatoes with one pint of sweet milk, mix for 20 minutes. Add a pinch of pepper and salt if necessary. Stir with codfish, pour in pudding dish and bake about 30 minutes.

Peach cream:—Mash a cupful of canned peaches (or fresh in season) through a coarse sieve. Allow as much cream as peach pulp, sweeten with two tablespoonfuls of sugar and beat briefly until the cream is light. Serve in glasses with currant buns.

Duchess Soup:—Two slices each of butter and onion cooked in a tablespoonful of butter five minutes. Add one quart of white stock, one small blade of mace and onion, three tablespoonfuls of butter. Melt two tablespoonfuls of butter, stir in two tablespoonfuls of flour until free from lumps, add gradually the seasoned stock, one-half teaspoonful of salt, saltpepper of pepper and one pint of rich milk. Stir in four tablespoonfuls of grated cheese. Cook two minutes.

Roast Mutton, Spiced:—Prepare any roast of young mutton by rubbing well with a teaspoon of salt and an even teaspoon of pepper, place in iron baking pan with six whole cloves, one dozen whole allspice, three tablespoonfuls sugar, one-third pint vinegar and two-thirds pint water. Cover with another pan and cook very slowly in gentle oven until half an hour before serving, then let the heat into the oven and brown quickly. Baste often and add water as needed.

Rich Parsnips:—Boil half a dozen parsnips with six thin slices of bacon. Allow the water to boil away and then fry down to a rich brown. The bacon gives a fine flavor.

A COWARDLY ASSAULT.

County Engineer Talbot Waylaid on York Street Monday Night.

County Commissioner Talbot, while taking his evening walk on York street last night, was brutally assaulted, but by whom, and for what cause or purpose, Mr. Talbot is at a loss to know. The assault took place near the corner of Lyle street, and was so sudden that Mr. Talbot has no idea who his assailant was, or what instrument was used on the occasion. The first blow, which was apparently struck with a walking cane, did no damage, but the next followed swiftly, and caught Mr. Talbot just over the right eye, rendering him unconscious, and inflicting a wound about three inches long over the right eye, on the forehead.

When Mr. Talbot regained consciousness, he made his way to the office of the Society for Bible Study, in the course of the pleasant programme. Rev. W. J. Clark gave some interesting reminiscences of his experiences in old London. The following numbers were also acceptably rendered: Instrumental, Mr. Barron; vocal solos, Miss Chadwick; recitation,

WHY YOU SHOULD TAKE
Williams' Royal Crown Remedy

BECAUSE IT

Renovates the system.
Dispels nervous debility.
Purifies the blood.
Cures that tired spring feeling.
Arouses energy and activity.
Gives you fresh, new blood.
And is the Best of All Spring Medicines.

51 Per Bottle. For sale by all druggists, or at

BARKWELL'S DRUG STORE
J.W.

FRUIT PUDDING

makes delicious puddings and desserts, 10c per package. All flavors.

TRYPHOSA

Makes the nicest Jelly. No trouble to make. Simply dissolve in boiling water. Very delicate flavors; 10c per package.

GRANULA

is made from the best Winter White Wheat. It is very palatable and nutritious, makes delicious porridge or puddings, 10c per package.

If you want reliable Table Supplies go to

T. A. Rowat & Co.,
234 Dundas Street. Phone 317.

A Local Budget

—Mr. W. H. Dell, the well-known baker, has assigned to W. J. Saunby.

—Mr. W. J. Nicholson, buyer for Robinson, Little & Co., left yesterday for the European markets.

—Books and pamphlets printed in the neatest designs and on shortest notice at The Advertiser Job Department.

—Miss Ida Simms, of South London, a graduate of the Western Ontario Shorthand Academy, has secured a position with Wm. Gurd & Co., of this city.

—Mr. F. Messmer, who has been in the hospital in Toronto for some time, hopes to be able to assume his duties in the London Collegiate Institute on April 1.

—The first steamer to arrive at Port Stanley this season is the tug Bell, Captain George Brown, from Port Burwell, which entered at Port Stanley Saturday.

—Messrs. J. L. Haycock, M.P.P. for Frontenac, and Alex. McLaren, M.P.P. for Hastings, are in the city, the guests of Mr. Samuel McL. Dettlor, 314 Queen's avenue.

The week of April 4 to April 11 is by popular request of the Lord's Day Alliance to be observed as a week of special prayer in the interest of Sabbath observance throughout Ontario.

—Messrs. A. W. Porte, S. R. Parsons, George Ritchie, and others, of Toronto, are seeking incorporation as the Toronto Biscuit and Confectionery Company, with a capital of \$100,000.

—Mr. John Bowman, president of the Board of Trade, of this city, is in receipt of a communication from the secretary of the London (Eng.) Chamber of Commerce, inviting him to be present at the jubilee demonstration in London from June 21 to 26, and to participate in the festivities. The invitation is signed by Kenny B. Murray, and is limited to the person to whom it is extended.

—Edward Dyer, one of the young men arrested for disorderly conduct at the Port Stanley track on Sunday street, was up before the judge yesterday on the charge of being concerned in stealing a crock of butter and a ham from Dr. Buckle's cellar last winter. No evidence was offered, and Dyer was discharged.

—Another old resident has gone, in the person of Matthew Ryan, who died suddenly of heart trouble on Sunday, March 29, at the age of 68 years. Deceased came to London in 1847, and was widely known. He leaves a wife and two sisters. The funeral will take place on Wednesday morning at 8:30 o'clock from his late residence, London town, for St. Peter's Cathedral, London, and thence to the Catholic cemetery.

ROWELL GOES FOR TRIAL.

Walter Rowell, a 13-year-old boy, who was charged with stealing a horse from Crowell Schwartz, of Masonville, on the night of Sept. 1, last year, was committed for trial yesterday afternoon by Squire J. B. Smyth. Young Rowell well connected and looks little like a criminal. He has refused to plead and again to stay at a good home with his parents in Biddulph township, preferring rather to earn his own livelihood among the farmers. Mr. Schwartz, in his evidence, said young Rowell was trustworthy and industrious, and when the boy took the horse he had no doubt wished to visit his uncle in Sarnia, and would have returned it. Constable Frank Walden, who is a relative of the boy, said he found the pony and the boy on the farm of Joseph Paisley, in Plympton township. Young Rowell was apparently sorry for his conduct, Walden said, for the morning after the arrest Walden had refused to let the boy go, and he had slipped away from him while driving. Rowell told Walden that if he could have sold the pony for \$5 he would never have seen his face in Canada again.

A PLEASANT EVENING.

A very pleasant social time was held in the parlors of the First Presbyterian Church last evening, under the auspices of the Society for Bible Study. In the course of the pleasant programme, Rev. W. J. Clark gave some interesting reminiscences of his experiences in old London. The following numbers were also acceptably rendered: Instrumental, Mr. Barron; vocal solos, Miss Chadwick; recitation,

Miss Irene Love; vocal solos, Miss Higgins; violinello solos, Mr. H. Saunders; vocal solo, Mr. Peters; vocal solos, Miss Templeton; duet, Misses Templeton and Higgins; recitation, Mr. R. V. S. Saunders. After the programme had been completed, refreshments were served by the ladies of the society. The rooms were prettily decorated with flowers, and a most delightful evening was spent by the young people assembled.

THE IMPERIAL QUARTET.

The first concert of the Imperial Male Quartet, given in the Auditorium last evening, was one of the most eminently successful musical events of the season. The quartet's abilities, so well known to London audiences, and, in fact, throughout Western Ontario, would have been in themselves a drawing card, but besides this, much of the best talent in the city was arrayed in the programme. Each artist was received with applause, and after the rendition was accorded an encore. Mr. Jim Fax, of Toronto, in his humorous monologue, convulsed the audience and continuous laughter from the audience. The following excellent programme speaks for itself.

Instrumental—First War March (Attila).....Mendelssohn
Quartet—Anchored.....Arranged by Shattuck
Grand aria—Roberto O. de la Sombra.....Donizetti
Comic song—The Philosopher.....Chas. Osborn
Solo—Vergil.....(Erasmus)...Verdi
(Aria, Mr. J. T. Dalton.
Piano solo—Valse Brillante.....M. J. K.
Duet—David and Goliath.....M. J. K.
Violin solo—F. Colina and H. H. McDonald.
Solo (Scotch)—When the Kyle Comes Home.....Mr. F. H. Robinson.
Overture—Scotch selections.....Cox
Tener solo—N. Apples (Marian)...Flotow
Violin solo—F. Colina and H. H. McDonald.
Quartet—The Village Blacksmith.....Weiss
Solo—The Fog Bell.....Ciro Pinatti
Violoncello solo—Gavotte.....Poppo
Miss Stella Riedon.
Grand duo—Suoni La Tromba (Puritan)...Donizetti
Messrs. J. T. Dalton and H. H. McDonald.
Comic song—Mrs. Groves's Boy.....Frank Dalton
Grand finale—Edison.....Bowman
Orchestra.

The personnel of the quartet was as follows: J. C. Lockhart, first tenor; W. E. Collins, second tenor; J. T. Dalton, first bass; H. H. McDonald, second bass.

The accompanists were: Mrs. H. R. McDonald, Mr. F. L. Evans, Mr. C. E. Wheeler, Mr. W. H. Hewitt, and Mr. Vivian Howe. The work of Mr. Creswell's orchestra was excellent.

CANADA RICHLY ILLUSTRATED.

The citizens of London have a treat offered them in the pictured travel talk on "Canada, its scenery and history," its battlefields and heroes," to be given on Thursday afternoon and evening by Mr. Frank Yeigh, of Toronto, in the Auditorium, under the auspices of the "Y's" of this city. This will be Mr. Yeigh's first visit to London. For three or four years past the press of the Dominion has given the highest praise to Mr. Yeigh for the excellence of his entertainments, both as to the high quality of the stereoscopic views and the literary and descriptive quality of his matter. His Canadian lecture is said to be specially fine as to illustration and originality of treatment. The Globe says: "The prevailing idea that our national history is the reverse of picturesque, thrilling and romantic is dispelled by Mr. Frank Yeigh's picture lecture. Canada, given before a crowded audience, a vivid idea of the five different periods of Canadian history was had from the excellent series of new and original stereoscopic views of great clearness and beauty, well as from the accompanying eloquent descriptions by the lecturer. It would be a decided advantage if the lecture could be seen and heard by all Canadians." The matinee will be from 4:30 to 5:30 p.m. and the evening lecture at 8 p.m. At the matinee the children will sing some national songs and choruses. We beseech two Mr. Yeigh two full houses, and it can be predicted that they will be highly delighted audiences as well.

SIXTH WARD LIBERALS.

A Large Audience Listen to an Excellent Concert in the Foresters' Hall.

The annual concert of the Sixth Ward Liberals was held in the Foresters' Hall last evening. There was a large audience present, and an excellent programme was given as follows:

Piano recital.....Miss Cora Packham.
Song.....Miss Allie Wray.
Song.....Miss John Gilmore.
Recitation.....The Judgment Day.
Song.....Mrs. H. McDonald.
Song.....You're Welcome.
Song.....Tell Me Pansy Does You Love Your Honey.
Mandolin selection.....Mr. A. Fraser.
Song.....If the Waters Could Speak as They Flow.
Song.....Dr. Fred Wood.
Song.....There's No Time Like the Old Times.
Song.....Mr. N. H. Johnston.
Song.....Mr. R. Madge.
Recitation.....Mrs. E. Westland.
Solo.....The Clang of the Forge.
Song.....She May Have Seen Better Days.
Piano solo.....Miss Allie Wray.
Song.....The Latest.
Song.....Miss Cora Packham.
Song.....Mr. E. Keough.
Col. F. B. Leys, president of the Sixth Ward Liberal Club, acted as chairman, and Miss Packham as accompanist. The audience was most appreciative and encores were numerous.

Edward Towe, administrator of the estate of the late S. Slater, will offer for sale tomorrow (Wednesday) at 2 o'clock, by Mr. N. H. Johnston, at his rooms, 241 Dundas street, three parcels, situated on corner of Maitland street and Central avenue. A good opportunity to purchase a small home in a good locality.

One voice all over the land goes up from mothers, that says, "My daughters are so feeble and sad, with no strength all out of breath and life at the least exertion. What can we do for them?" The answer is simple and full of hope. One of four weeks' use of Hop Bitters will make them healthy, rosy, brightly and cheerful.

Let J. J. Smith, of Sept. 14, I have been using Hop Bitters, and have received great benefit from them for liver complaints and malaria. I feel better. They are superior to all other medicines.

Windsor Salt
Purest and Best for Table and Dairy. No adulteration. Never cakes.

KINGSMILL'S Grand Millinery Opening

We beg to announce that on **Thursday, Friday and Saturday**

We will show all the latest and prettiest styles in Headwear, and extend a cordial invitation to the ladies of London and vicinity to be present.

Mantles.

Also over 400 pattern Jackets and Capes. We can assure you a finer collection of garments was never seen in London before.

Silks.

It is impossible to use words to describe the gorgeousness of our new Spring Silks. All we can do is to ask you to come and see them and welcome. 100 dress lengths from \$5 to \$25 the dress. No two alike; cannot be seen elsewhere.

Dress Goods.

Patterns—Over 400 to choose from, embracing every style that's fashionable and every color that's reasonable. We could write columns describing the beauty of each separate style, but again we must extend our invitation and advise and say, come and see them.

Carpets.

New Spring designs in Royal Axminster to hand, with border to match.

Agents for Butterick's Patterns and Publications.

SUBSCRIBE FOR THE

"Glass of Fashion." 25c for 12 Numbers.

Dundas St. **KINGSMILL'S** Carling St.

Slept 168 Hours.

James May Aroused From His Long Slumber.

A Feat That Caused Considerable Talk and Speculation as to Whether the Man Would Ever Wake.

The long sleep of 168 hours, into which James May, of Orillia, was placed a week ago last night by Prof. Ferris, the hypnotist, was broken at 10:07 last night. The failure of the professor to awaken his subject on Saturday night at the end of 120 hours, caused considerable agitation in some quarters, and many people became concerned as to whether the young fellow would ever wake again or not. The doctors had promised to attend at 9:30, but at 9:45 they had not appeared, and the professor proceeded to arouse his subject.

The subject was placed upon the stage, and the professor addressed the audience and found fault with the press and complained about being unable to secure commitment at a moment's notice. He said: "It is something I have not met with anywhere in the Dominion of Canada. I have here failed to secure any person or power to state that my work has been legitimate and genuine." He made several challenges, and stated that if necessary he would produce a state of suspended animation in a subject to demonstrate the genuineness of his great hypnotic power. This Dr. Hodson, of the collegiate institute, the only professional man present, did not think necessary, and the professor proceeded to awaken the sleeper. He was placed between two chairs, his body being made rigid enough to bear the weight of the professor. This done he was placed on his feet, and the muscles of his face relaxed, and a lady's hat-pin thrust through the cheeks, protruding at each side. The subject evinced no sense of pain, and no blood issued from the perforated cheeks. A process of rubbing followed to arouse the slumberer. May showed signs of consciousness, and yawned, "What do you want—getting a fellow up out of bed at this time in the morning?" and then resumed the sleep. The rubbing and slapping was continued. May was surrounded by a company of ten men, who clutched him by the arms and legs, and when the sleep was broken, a confusion of the muscles caused a struggle that taxed the combined strength of the ten men. The sleeper dozed off again, but was placed on the chair. A little rubbing of the head, and a slap of the professor's hands, opened the subject's eyes. They became riveted on the optics of the professor as the latter said, emphatically: "You can't go to sleep again, if you do. If you do the soles of your feet will burn and every tooth in your head will ache."

MARY E. BISHOP, Collinsville, Ill.

Write to us a postal will do and we will send you a sample of Mellin's Food free of charge.

INFANTS

Fed on cow's milk alone are frequently troubled with constipation. The milk forms in hard curds in the baby's stomach and the infant is unable to digest them. Mellin's Food added to the milk prevents the forming of hard curds in the stomach, renders the milk easy of digestion and prevents constipation.

Mellin's Food is