

**A RICH FINE FLAVOR**



Sold in Four Qualities

**The Imprisoned Heiress**  
—OR—  
**The Spectre of Edremont.**

CHAPTER II.

He had proceeded but a short distance when he encountered his servants, and he gave his trophy into their hands, saying that he would retain it for the present.

"We will continue our journey now," he said. "It will be of no use to hunt for the fellow, since he must be more familiar with the neighborhood than we are."

The men begged to be allowed to look for their master's assailant, but their request was negatived, and they followed him back to the carriage.

The Lady Lorean received her brother with open arms and a shower of tears, declaring that she had feared that he would not return to her alive; but her weakness was only momentary.

His lordship resumed his seat beside her, the outriders, by the lady's orders, acted as guard, and the travellers resumed their way.

"Lionel," said his sister, calmly, "do you think that shot the result of accident?"

"I do not," was the quiet response. "There is a design about the matter at once apparent. Our way was obstructed, and it might have been foreseen that my servants would proceed in advance to clear the road, and that I should be left alone, as the driver would not be taken into account, his horses demanding his attention. It seems to me that another motive than gain lies at the bottom of this affair; yet I may be mistaken."

"It might have been the action of a madman," Lady Lorean said, as they wound along the road beyond the plantation. "In fact, I believe that it was. But here we are."

They had reached the entrance gates at the foot of the park. The lodgekeeper had already swung them upon their massive hinges, and the carriage rolled into the avenue leading up to the mansion, that was boldly outlined against the dull sky.

The travellers had been so long delayed by their unforeseen adventure that it was already early twilight.

The mansion was brilliantly lighted, in honor of their coming, from ground to attic—all save the wing nearest the sea. That part of the dwelling was wrapped in impenetrable gloom; the window upon its upper floor were closely boarded upon the outside, and it presented so desolate an appearance as to seem accursed.

But while the travellers gazed upon it the unboarded windows of the wing flashed out a great display of lights in welcome of their coming.

**EASTERN CAP**  
with  
*Klinghose*  
INSIDE  
DANC  
Canada's National Headpiece

down and was killed. His father died by a fall from his horse. His grandfather was drowned. No male of the race ever escaped the curse.

"And the woman?"  
"It has always been the same with them—they have always experienced a period of suffering, terrible while it endured, but they have been happy enough afterward. Heaven grant that the misery of the Lady Alexina may not come from your hand! It is all to come, for her life hitherto has been cloudless."

"I will avert from her the curse of Egremont," said his lordship, confidently.

The Lady Lorean shook her head, implying that no one could avert on the heiress the doom of her race. The mile of drive from the lodges was a gentle ascent, and the carriage had proceeded slowly, but it now rolled to the front of the mansion, and halted beside the massive portico.

Lord Egremont made his appearance as it stopped, and came forward to assist the Lady Lorean to alight, and to greet his guests with the most unfeigned cordiality.

"Welcome to Egremont, my lord," said the earl, giving his arm to the lady and conducting her up the broad steps. "I have waited many years to say those words, to render to your lordship an account of my stewardship."

Lord Ashcroft blushed ingenuously at this allusion, and the earl then addressed himself to the Lady Lorean. Just within the door, at the head of the long wide hall, stood Lady Egremont in full dinner-dress, and she received her guests with the most impressive hospitality, declaring her delight at again meeting her dear Lady Lorean and his lordship.

The latter experienced a momentary embarrassment after these greetings scarcely to lift his eyes in the sudden fear of meeting those of the Lady Alexina.

But the heiress was not there. Lord Ashcroft was greatly relieved at this discovery, not caring to be seen by her for the first time in travelling attire.

Her absence seemed to him an indication of the most delicate modesty—trait he especially admired in woman—and of a retiring disposition, such as he had loved to attribute to his ideal. This idea was confirmed by Lady Egremont, who said:

"I could not persuade our dear Alexina to make her appearance, Lady Lorean; but she will meet you at dinner. She is such a shy, timid child that I quite dread her introduction into society."

Lord Ashcroft and his sister were then escorted to their respective apartments; and the former was guided to his by the earl himself. In the course of their remarks, the earl put his visitor at his ease by saying:

"Alexina has no gentleman acquaintances outside our immediate family, with the exception of the rector of the church ten miles distant, and he is a husband and the father of three children. I speak frankly, my lord—I believe Xina to have cherished an ideal which you will exactly resemble."

His lordship's countenance evinced his pleasure, and he said:

"I love your ward already, without having seen her, my lord, and it shall not be my fault if she does not love me. I pledge myself to realize her ideal so far as I am able, and it will be my greatest happiness if she will accept me as her future husband."

This ardent and rash avowal delighted the earl.

After a brief conversation, he named the dinner hour, and retired in high good humor to communicate to Lady Egremont the voluntary pledge of their guests, and his brightening hopes for their own future.

When the Lady Lorean and Lord Ashcroft descended to the drawing-room, announced by a pompous-looking servant, they were received by Lord and Lady Egremont with the greatest cordiality, and welcomed anew to Egremont.

"Lady Alexina, allow me to introduce to you Lord Ashcroft, the son of your father's dearest friend," said the earl, formally.

A faint murmur fell upon Lord Ashcroft's ear, and, shuddering at the fluttering of his heart, he summoned courage to raise his eyes and gaze upon his unknown betrothed.

(To be continued.)



**For Better Baking**

**CARNATION** makes richer, more delicious cakes, pastry, puddings, and other dishes. It is just pure fresh milk, evaporated to double richness, kept safe by sterilization. No waste with Carnation—it keeps indefinitely until the can is opened, and for several days after opening if placed in a cool, clean place. With your groceries, order several tall (16 oz.) cans or a case of 48 cans.

Try the recipe given here. One hundred just as good are to be found in free Carnation Recipe Book. Write for it.



**ONE EGG CAKE**—1 egg, 1/4 cup sugar, 1/4 cup butter or substitute, 6 tsp. water, 1 1/4 cups flour, 2 tsp. Carnation Milk, 2 tsp. baking powder. Cream the butter or substitute, add sugar gradually, and well beaten egg. Mix and sift flour and baking powder, add alternately with milk, diluted with water to first mixture. Bake in a greased shallow pan. Spread with Chocolate Icing.

Produced in Canada by  
**CARNATION MILK PRODUCTS CO., LIMITED**  
Aylmer Ontario

**Carnation Milk**  
From Contented Cows

**SIDE TALKS.**

By Ruth Cameron.

**SHE SAYS SHE NEVER FUSSES.**

**HER TONSILLITIS Was Worse.**  
I wondered, when I heard about it whether she remembered her severe pronouncement about babying oneself. Probably not. Or, if she did, she probably thought that her tonsillitis was a totally different matter, and that if anyone else had what she had, they would have babyed themselves more.

There are a good many people like this neighbor of mine. They are constantly trying to assist their superiority over others by finding fault with the way other people bear pain, or give in to sickness, or in other ways face unpleasant conditions of life. As proof of their right to find fault, they will tell what they do, with that back patting accent on the "they," which is really as naive as saying "I'm better than other people."

But they ignore the fact that whereas they do know how the other people act, they do not, and cannot possibly, know the exact conditions which the other people face.

**You'd Have To Have The Same Headache.**  
You can't tell how you would behave with your neighbor's sick headache unless you could have it with her.

You do not know how patiently you would put up with your friend's father-in-law unless you have lived in the house with him not as a guest but as his daughter-in-law.

You do not know how you will feel about old age until you are old yourself.

I know a woman who says: "When I stop being useful I know I shall want to live any longer. I shall want to be taken."

**Her Point of View May Change.**  
How does she know? Maybe she will be eager to die, and maybe she won't. It is in my belief that whereas we can view death with great equanimity from a distance, as we draw nearer to it we are less enthusiastic, less anxious not to be a bother to anyone, and more anxious to "stay and see the show a little longer."

I have been surprised many times to find myself acting and feeling very differently from the way I should have prophesied I would act and feel under certain circumstances. And I don't suppose there is anyone of adult experience who hasn't had such a sur-

**Why the Coal Bill Varies in Winter**

TORONTO.—The variability of Canadian winters may be due to the temperature and position of the Japan Current according to Sir Frederic Stupar.

Sir Frederic outlined the conditions which govern the kind of winter which may be experienced in south eastern Canada.

"In normal seasons," he said, "North Pacific cyclonic areas usually move south-eastward with their centres well off the coast until at about the latitude of Northern British Columbia they enter the continent, while anticyclonic conditions of moderate intensity with low temperature prevail in Yukon and the Mackenzie River."

Outlining the conditions which lead to abnormally cold winters, Sir Frederic explained that in certain years "the Pacific cyclonic areas are less intense and enter the continent further south, while great anti-cyclonic developments occur in the far north and sweep south-eastward over Canada, accompanied by severe cold waves, which not infrequently reach the Atlantic coast."

"In other years the North Pacific cyclonic areas appear to be of such intensity that they force their way into the continent in high latitudes and actually prevent the formation of anticyclones and the low temperature which accompanies them. These conditions lead to mild winters in Canada."

"The Meteorological Service," said Sir Frederic, "is now investigating whether there is any connection between the temperature and position of the Japan Current and the behaviour of these cyclonic areas."

**Just Folks.**

By EDGAR GUEST.

I am not bound by conscience to achieve High goals beyond my strength or gift or skill.  
To plant my banner on a higher hill Than those whom my neighbours proudly leave  
Their standards when the sun sinks down at eve;  
I hear no voices that urge greater will  
Or bids me strive for larger conquests still  
And vaster fortunes, blind to all who grieve,  
But something in my soul commands me thus:  
"Keep faith with God and man and play his friend!"  
Head not the cry of fame vociferous,  
But keep life's gentler manners to the end;  
Let others find in you those nobler things  
Which self-sought glory very seldom brings.

If one is youthful and slim, the quaint, raised waistline is permissible of the lining silk of the coat.



**Guard Your Mouth**

Let WRIGLEY'S be the guardian of your mouth and throat.

It will combat trouble of various kinds. It helps to keep the teeth free from food particles that ferment and cause decay.

It has an antiseptic effect. It relieves acid mouth and thus not only prevents harm to the teeth but serves to sweeten the stomach.

It stimulates digestion and helps to prevent the forming of gas that causes dyspepsia.

Read from a widely known medical work:

"Chewing gum aids tooth nutrition and the cleansing action is a definite benefit—it prevents dyspepsia. Good chewing gum is excellent for bad digestion."

**So we say, after every meal**  
**WRIGLEY'S**

**Buy real Vanilla Extract**

Make sure you get the real Vanilla, not an imitation. Buy Shirriff's—the extract of the finest Mexican Vanilla Beans. Aged until it is stronger, richer, infinitely superior.

**Shirriff's True Vanilla**

**St. JOHN'S Grocery Stores**

**Best Goods at Lowest Prices.**

Pure Gold Jellies.  
Ox Blood 2 in 1 Shoe Blacking.

Very Best Canadian Butter.  
Hartley's Rasp. and Straw.  
Jam, 1 lb. pots, 47c.

Birds Custard Powder 4c. pack; ge  
Herb Soap.  
Ammonia.

Jaynes Fluid  
Knox's Sparkling Gelatine.  
Browning for Gravies.  
Puritan Metal Polish.

Large Green Grapes 19c. lb.

**J. J. ST. JOHN.**  
Duckworth St. & LeMarchant Road.

**Insurance**

Fire and Marine.  
If you insure with us you get

**Perfect Protection.**  
**Personal Interest.**

**SERVICE.**  
Information freely given.

TESSIER'S  
INSURANCE AGENCIES,  
Oct 2, 11 St. John's.

**WHO WILL GET YOUR LIFE INSURANCE MONEY.**

Statistics prove that 90 per cent. of Cash Estates of \$5,000.00 and upwards are lost in seven years.

65 per cent. of Widows lose their all in five years. A widow generally has no experience in making investments, and is liable through bad advice to dissipate her whole capital.

**Make Your Life Insurance Payable to The Eastern Trust Co.**

In Trust for your wife and children. This will assure them of a permanent income from these funds.

**DO IT NOW.**  
**The Eastern Trust Co.,**  
Head Office Halifax, Nova Scotia.  
Nfld. Branch Pitts' Building,  
St. John's.  
may 30, 11, t. 11

**VICTOR SAFES.**

A size for Every Business.  
WALTER E. WHITE,  
Bon Marche Bldg. Phone 1521.  
dec 10, m. t. h. t. t.

**Frank**  
4,000  
Sea  
Duc  
App  
SECURE  
SECURE  
An epidemic  
which has  
deaths, has  
carrier of  
of the vict  
LIBERAL  
The step  
toward one  
which suffi  
tion, are  
favor by t  
About 100  
were defea  
met yester  
tion. The  
constitution  
perts, who  
leader, an  
working to  
overhauling  
bottom. Pa  
rected aga  
committee  
The candid  
responsible  
which is b  
lapses. A de  
representat  
of independ  
committee.  
FRANCE T  
The Free  
formed the  
sioner. Ho  
ember 31  
will pay o  
ada in con  
amount tot  
TRENTO  
The crub  
which is b  
yacht Lief  
her home r  
Kaltbus in  
ment in a  
Capt. Kalt  
of the local  
ESSO