

Baby's First Lesson

Nestlé's Food

is best for babies

NESTLÉ'S FOOD

has stood the most exacting tests of several generations. It is so easily assimilated that the most delicate baby thrives on it. Made only of pure cow's milk, and needs only water to prepare it for use.

Let us send you, free of charge, a sample package of Nestlé's Food containing sufficient for eight full meals.

Send us a postal card.

LEEMING MILES & CO.
Canadian Agents
MONTREAL

The boy caught the man lovingly by the hand, looked up into the bloated face with a smile and said: "Papa, you must not get lost any more, for the policemen charge a heap of money for finding you."

NEW PIPE ORGANS INSTALLED.

The D. W. Karn Co., Limited, of Woodstock, have just erected in Knox Church, St. Mary's, a very beautiful little organ, which was opened on October 4th by Mr. Arthur Blakeley, of Toronto. The action of the instrument is tubular pneumatic throughout. The console is detached, so that the choir sit between the player and the organ. There are five stops in the great organ, six

stops in the swell and one in the pedal organ. The accessories are seven couplers, four pistons, crescendo, full organ, tremolo and swell pedals. All the stops run through the entire compass, and the tone quality of the instrument is satisfactory in the extreme. The firm have also placed in the Presbyterian Church at Wingham within the past week a slightly smaller organ, but with the same style of action and accessories. The cases of both these organs are of chaste design.

THE SONGS OF GOD.

"The Lord's song in a strange land."

By the Rev. A. C. Macpherson, M.A.

Come, let us sing the songs of God,
Heirs of salvation, come:
Songs of the strait and heavenly road
That leads the traveller home.

Sing to the Lord our song of life,
Life of the soul within;
Strong to maintain the threefold strife,
And by His grace to win.

Sing to the Lord our song of faith,
Faith in the One in Three;
Faith in a Life thro' Jesu's death,
Our own eternally.

Sing to the Lord our song of hope,
Anchored within the veil;
Hope that shall cheer us up the slope
When'er we faint or fail.

Sing to the Lord our song of love,
Love with her fruits to show:
Love for the Father, throned above,
For all He made, below.

Sing to the Lord our song of home,
Home by His presence blest;
Sweetest of memories when we roam,
And type of endless rest.

Sing to the Lord our song of praise,
Praise hand in hand with prayer:
Opening and end of all our days,
Always, and everywhere.

Till, when our earthly path is trod
On to its peaceful even,
We, on the golden harps of God,
May sing the song of heaven.
Amen.

Indigestion

isn't always the stomach's fault. Constipation clogs the bowels—lazy liver won't work—kidneys get upset. No wonder food is not digested properly.

ABBEY'S SALT stirs up the liver and kidneys—cures constipation—makes the bowels move regularly. It tones up the stomach, aids digestion and gives you an appetite. Absolutely free of alcohol.

At all Druggists—in 25c. and 60c. bottles.

Abbey's Effervescent Salt

WHAT SULPHUR DOES

For the Human Body in Health and Disease.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cure-all, and mind you, this old-fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form, so that a single grain is far more effective than a table-spoonful of the crude sulphur.

In recent years, research and experiment have proven that the best sulphur for medicinal use is that obtained from Calcium (Calcium Sulphide), and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets, and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health: sulphur acts directly on the liver and excretory organs, and purifies and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and cannot compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles, and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins, while experimenting with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples, and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yet I know of nothing so safe and reliable for constipation, liver and kidney troubles and especially in all forms of skin disease as this remedy."

At any rate, people who are tired of pills, cathartics and so-called blood "purifiers," will find in Stuart's Calcium Wafers a far safer, more palatable and effective preparation.



THE CANADIAN NORTH-WEST HOMESTEAD REGULATIONS.

Any even numbered section of Dominion Lands in Manitoba or the North-West Territories, excepting 8 and 26, which has not been homesteaded, or reserved to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one quarter section, of 160 acres, more or less.

ENTRY.
Entry may be made personally at the local land office for the district in which the land to be taken is situated, or if the homesteader desires, he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the local agent for the district in which the land is situated, receive authority for some one to make entry for him. A fee of \$10.00 is charged for a homestead entry.

HOMESTEAD DUTIES.
A settler who has been granted an entry for a homestead is required by the provisions of the Dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under one of the following plans—

(1) At least six months' residence upon and cultivation of the land in each year during the term of three years.

(2) If the father (or mother, if the father is deceased) of any person who is eligible to make a homestead entry under the provisions of this Act, resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.

(3) If a settler has obtained a patent for his homestead, or a certificate for the issue of such patent countersigned in the manner prescribed by this Act and has obtained entry for a second homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by residence upon the first homestead, if the second homestead is in the vicinity of the first homestead.

(4) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this Act as to residence may be satisfied by residence upon the said land.

The term "vicinity" used above is meant to indicate the same township or an adjoining or cornering township.

A settler who avails himself of the provisions of Clauses (2) (3) or (4) must cultivate 30 acres of his homestead, or substitute so head of stock, with buildings for their accommodation, and have besides 80 acres substantially fenced.

Every homesteader who fails to comply with the requirements of the homestead law is liable to have his entry cancelled, and the land may be again thrown open for entry.

APPLICATION FOR PATENT.
Should be made at the end of the three years, before the Local Agent, Sub-Agent, or the Homestead Inspector. Before making application for patent, the settler must give six months' notice in writing to the Commissioner of Dominion Lands, at Ottawa, of his intention to do so.

INFORMATION.
Newly arrived immigrants will receive at the Immigration Office in Winnipeg or at any Dominion Land Office in Manitoba or the North-West Territories, information as to the lands that are open for entry, and from the officers in charge, free of expense, advice and assistance in securing land to suit them. Full information respecting the land, timber, coal and mineral laws, as well as respecting Dominion Lands in the Railway Belt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, Manitoba, or to any of the Dominion Land Agents in Manitoba or the North-West Territories.

JAMES A. SMART,
Deputy Minister of the Interior.

N.B.—In addition to Free Grant Lands to which the regulations above stated refer, thousands of acres of most desirable lands are available for lease or purchase from railroad and other corporations and private firms in Western Canada.

SHOES For Boys, For Girls.

There's no denying the fact that shoes for children should be carefully selected.

It's not always a matter of price with the thoughtful parent. It's Fit, Comfort and Durability.

OUR SHOES ARE Comfort Shoes.

They're good wearing shoes too. It will pay you to shoe the children here.

H. & C. BLACHFORD,
114 Yonge Street, Toronto.