#### CHATS WITH YOUNG MEN.

The young man in business is the subject of an article by the eminent Dean Farrar, of England, from which these choice extracts are taken. In Business.

The young man in business, if he is living a much more ideal life than that which keeps a too exclusive eye on the main chance; if, in the demands of business, he does not forget the loftier and more eternal claims of a noble human life, must cultivate also a certain courage and independence of manly rectitude. Whatever may be his business, he will be thrown among manly rectitude. Whatever may be his business, he will be thrown among others of his own age; and it is one of his highest duties, not only to abstain from setting a bad and dangerous example, but also to escape the average, and to maintain a high standard before all men. And this is where the fear of man, the feebleness which is afraid to say "No," makes so many young men. say "No," makes so many young men fail. When Benjamin Franklin was a youth in a printing office, the other lads went out to bring in for lunch their foaming tankard's of beer or portheir foaming tankard's of beer or por-ter. Franklin was then a total ab-stainer from conviction, which was very rare in those days. His comrades laughed at him, and jeered him to their hearts' content, as a milksop and a fool; but he held his own with unwav-ering good humor. All those other printers' lads died in humble obscurity, has Franklin rose to greatness and imprinters' lads died in humble obscurity, but Franklin rose to greatness and im-

mortality.
"Eripuit coelo fulmen, sceptrumque

In the courageous steadfastness of his boyish character, we see one of the secrets of his future eminence. After all, the young man in business

stituated, as regards companionship, very much like the boy in the public school, or the young man at the universities. His good example will be of priceless value wherever it is exhibited. When Coleridge Pattison was a boy at Eton, he was captain of the boats, and he had the courage to de-clare that he would resign his captaincy, and take no part in the rowing, if coarse songs were sung at the annual supper. When a very great living statesman was at Eton, he used de-liberately to turn his glass upside down, before all eyes, if an improper toast was proposed. "When Arthur Cumnock went to Harvard," writes Mr. R. H. Davis, "the fast set had marked him for its own. The manly thing, so the incoming freshmen were thing, so the incoming freshmen were told, was to drink and gamble politely, and wire-pull for the societies, and cut recitations. In four years this idea of the marly thing has changed, be-cause the young athlete threw all his influence on the side of temperance in all things, fair play, courtesy and mod-

esty."

But what a young man will be in business and in life depends upon what he is in his own soul. There can be no perfection of manhood, there can be no nobleness of life, without the grand old manhood, there is the grand old temperance, sobernobleness of life, without the grand old eternal virtues of temperance, soberness and chastity. If a young man cannot say "No," when he is asked to join in sweepstakes, or bet on this or that "event," it may soon be all up with him. There is one jail in England of which a wing is said to be almost entirely filled with felons who began their downward career by betting and gambling, in a way which they chose to regard as manly and interesting. Tens of thousands in all ranks have been led on the high road to ruin by this detestable epidemic of spurious excitement. He who wishes to be a true man must begin to take the right

have I seen a heedless youth gazing with a too curious spirit upon the sweet motions and gentle approaches of an inviting pleasure, till it has detained his eye and imprisoned his feet, and swelled upon his soul, and swept him into a swift destruction."

If a youth has not character enough, or firmness enough, to resist the devil amid those serpent-like insinuations or terrible time leave here the services of amid those serpent-like insinuations or terrible tiger leaps by which Satan is certain to assault the soul, he may give up all hope of doing well either in business or in life. He will have nothing to give back to God at last except the dust of a polluted body, and the shipwreek of a lost soul.

"So unspeakably poor may a soul go back into the gray mists of nothingness. They may write 'Here lies no one buried,' and then after that let it go as it may."

Oh, that every young man, whether in business or not, would bear this in mind; that for the drunkard, the cheat, the liar, the impure, the cor-ruptor of others, there is—short of a deep repentance and a total change—no hope on earth. What is true of the body is true also of the soul. The laws of God are to the moral powers what the laws of nature, so called, are to the

physical powers.

"Obedience to the laws of nature preserves the bloom and life of the body; obedience to the laws of God body; obedience to the laws of God preserves the bloom of the soul, 'In all these things is the life of the Spirit.' Moral death, ever enlarging itself, is as inevitable upon a course of sin as speedy mortality upon a course of vice. When sin enters it brings forths abundanty after its kind, and death is not so much its arbitrary death is not so much its arbitrary

Floating On the Back.

Dr. R. B. Burroughs writes as follows to the editor of the Jacksonville Fla., Metropolis:

"Several years ago the city papers kindly published an article from mypen on this subject. The recent sad loss of life at Pablo and other seaside resorts and in the treacherous waters of the St. John's show that the advice given was unheeded or forgotten. At the time mentioned a beloved friend, a

guest at my summer place a few miles from Pablo, while bathing was carried out to sea, and when almost out of sight and all nope to us had fled (an agon ized sister and brother ringing their hands and weeping in dispair) to our suprise we suddenly saw his body impelled forcibly toward us; there we saw it recede a few feet and then again, as it were, shoot twenty feet toward the shore. This continued until my son and myself, at last able to reach him, bore him insensible to the beach.

"After recovery his story was that, after losing all hope, guided by some mysterious impulse, he had turned upon his back, when he felt himself carried rapidly forward. He had then turned over upon his face to get his bearings, when he was carried out further from the land, and on again placing himself upon his back the surface waves brought him rapidly to the shore, a rescued man. It is an error that the drowning man is attacked by cramp except in very cold weather.

that the drowning man is attacked by cramp except in very cold weather. He drowns from heart failure, induced by the violent exertion and the upward pressure of the water upon the ab-domen diminishing the space and im-peding the action of the heart. By turning over on the back this pressure is removed, the back being almost entirely a strong wall of bone and muscle.

Also, when on the back the entire

body is nearer the surface, and the surface waves tend toward the shore, the under current out to sea, even th legs, when upon the back, being less exposed to the current that tends toward the sea. By floating gently upon the back the heart, relieved of its pressure, becomes calm and quiet, and the swimmer can regain his strength and float for hours. The bather whose heart is weak should always present, when standing erect, the right side of the body to the waves, and thus avoid the Sullivan-like blows of the incoming waves upon a crippled heart. In every bathhouse should be posted the injunction: 'In case of exhaustion or accident, turn upon the back.'

### OUR BOYS AND GIRLS.

STORIES ON THE ROSARY BY LOUISA EMILY DOBREE.

The Descent of the Holy Ghost MAGDALEN'S CELL.

"I am so afraid, dear Mother, that you are not so well. Your writing is not as firm as usual," she wrote, "and not as firm as usual," she wrote, "and when you next write to me please do tell me just how you are. It appears to me ages ago since I left the convent, so much seems to have happened since. I cannot tell you how grieved I was to hear that Father Ruthven was going to Chine, be wrote to tell me so last week. China; he wrote to tell me so last week, and of course you know about it. I do feel more lonely than ever, for I could always write to him, and now the letters will take so long coming and going that it will not be the same. Of course, as he says, he hopes not to lose sight of me, but still I can't ask him things as me, but still I can't ask him things as I could when there was only a delay of a couple of days. Dear Mother, you do think of me don't you? Life is so very different, to what it was at the convent; there it was so easy, at least easy compared to what it is here. I often wonder if I should do this or read that wonder if I should do this or read that and I am puzzled, but I try to remember what you said about having a cell in one's heart and there I do try to listen to what the Holy Spirit says to me. And it is wonderful, Mother dear, how He does answer. I seem not to know what to do, and then something between either I come across something the propers either I come across something the come across something th true man must begin to take the right course as a young man respecting all these matters. He must be sternly on his guard against seductive pleasures. "I have sat upon the shore and waited for the gradual approach of the sea," wrote Lady M. Wortley Montagu, "and have seen the dancing waves and white surf, and admired that hie who measured it with His hand had given to it such life and motion; and I have lingered till its gentle waters grew into billows and had well-nigh swept me from my firmest footing. So have I seen a heedless youth gazing with a too carrious series are three girls and a brother, and we go to the people are very nice and I like them very much indeed, particularly a family for Nevilles who live close by. There are three girls and a brother, and we go to the people are very nice and I like them very much indeed, particularly a family for Nevilles who live close by. There are three girls and a brother, and we go tout cycling a good deal, and they are very pleasant company; but I often feel I should like a Catholic to talk to—you understand what I mean. The girls said Mrs. Sheldon quickly, and Magnitus and the said magnitus and the sai I should like a Catholic to talk to—3da understand what I mean. The girls laugh at me because I won't read all the books that they do, and here there is no one to advise me. Only here again my 'cell' comes in, for there I hear some voice which tells me when to put down a book, even though it is interesting, when it is about things I know you would not like me to read about.

"Aunt Lillie and I get on very well. I am so sorry for her, for her life has been sacrificed altogether to grandmamma, who would not let her marry a She has never cared to marry any one else, and now she amuses herself with else, and now she amuses hersel when her dogs, as a relief from grandmamma, who is very trying. She keeps away from granny as much as she can and leaves her to herself. Granny loves to contradict, and her moods change so to contradict, and her moods change so quickly and so much, that one never knows which kind of one she will be in. Then, too, what one can talk about one day and which pleases her is quite wrong on another, and the meals are often dreadfully uncomfortable. So I pray often that I may know the right things to talk about, and sometimes I seem to get on better. I make myself happy here in spite of all things, and it seems quite funny to be so poor and nappy here in spite of all things, and it seems quite funny to be so poor and not to have money. Grandmamma says many nasty things about dad which are very hard to bear, for I forgive him if he has made a muddle of my money and so it really can't matter to anyone else."

else."
When the letter reached the convent, When the letter reached the convent, Mother Mary Joseph was lying in her cossin. An operation, which had been impending for a long time, was found necessary to be performed at once and she died under it. So the Rev. Mother returned Magdalen's letter to her, and the girl, as she read the brief account of the death of her friend, felt indeed alone. First Father Ruthven, then Mother Mary Joseph!

On Sunday, Masses were said just for that day, as the temporary church was served from Massingham, some distance off, too far for Mrs. Sheldon to allow Magdalen to go on her cycle, so that, altogether, the girl was left very much

to herself.

The experience was bound to have a good or bad effect, but Magdalen was a girl who, since her first Communion, had tried, not by fits and starts, but perseveringly, to rule her life by the Law of God, to struggle against her faults and not to resist the instincts of grace. And now that she found herself in a position of singular leneliness as in a position of singular leneliness as to her spiritual life, she redoubled her efforts with the result that she made

never alluded to his money matters mending.

In the summer the Nevillee had a cousin who came to stay with them, a Mr. Hanforth, who, to Magdalen's delight, was a Catholic and one who practised his religion. The acquaintance developed into intimacy, and by the time winter set in Magdalen's life had changed very much, for she was engaged to Mr. Hanforth and was to be married in the spring. There was real love on both sides, and Magdalen was happier than she had ever been in her life. The prospects for the future were not grand by any means, for Mr. Hannot grand by any means, for Mr. Han-forth had no appearance of being rich, and the income he had mentioned to

and the income he had mentioned to Mr. Waring in writing to ask him to sanction the engagement was not large. "Do you propose to live on love, then?" inquired Mrs. Sheldon acidly, for she was in no ways pleased at the prospect of losing Magdalen, upon whom she had learnt to lean very much. The girl, too, was so bright and cheerful and so full of fun that the old lady really considered her the sunshine of really considered her the sunshine of that dull house, though she would not

have told her so for the world.
"We shall not be very poor," said
Magdalen, "and Herbert and I are Magdalen, "and Herbert and I are quite willing to face small means."
"Humph! Well, you have never really tried them, "said Mrs. Sheldon, "for here you have had no responsibility or the management of money."
"I know, grandmamma, but though the state of the said was a single state."

it may not be grandeur, or like Home leigh, still we shall have enough to live

on, and I shall try to turn out a better manager than you expect."
"I don't think accounts will be your forte," said Mrs. Sheldon, who had been casting about in her mind for

something unpleasnt to say.

Magdalen smiled.

'No, I fear my arithmetic is not very good, grandmamma; I never liked it at school.'

by saying anything she could against them. Magdalen flushed up, and a retort

was on her lips.
"The Mother who taught me was a splendid arithmetician," said Magdalen. "The fault was mine, granny." dalen. "The fault was mine, granny."
"Then when, may I ask, are you and
Mr Handfull, or Hanforth—
"Hanforth, grandmamma, but do call
him Herbert. He wants to ask you to

Magdalen shyly.
"He doesn't want to wait longer, and neither do I."

said Mrs. Sheldon quickly, and Mag-dalen was startled at the tone, for there was a suspicious huskiness in her

voice.
"Don't you, grandmamma?" said

Magdalen. "Well, I shall have to be ready in

either cases."

"I shall miss you very much," said Mrs Sheldon, blowing her nose violently, "very much indeed, and that is a great deal for me to say."

"I am so sorry, grandmamma," said Magdalen, who had no idea of the pleasure and brightness she had brought into that house where an undisciplined tower and selfsh nature contrived allowers.

temper and selfish nature contrived al-ways to affect the atmosphere unpleas-

antly.

"Yes, I shall miss you, Magdalen,
you are a good girl and a very unselfish
one. No one ever manages to pick up my knitting as quickly as you do, and your voice is so pleasant when you read aloud, and you have been very sweet to me always.

TO BE CONTINUED.

#### IMITATION OF CHRIST.

THAT CREDIT IS NOT TO BE GIVEN TO ALL MEN; AND THAT MEN ARE PRONE TO OFFEND IN WORDS.

Oh, how good a thing and how peaceable it is to be silent of others, and not to believe all that is sald, nor easily to report what one has heard, to lay one's self open to few, always to seek thee the beholder of the heart, and not be carried about by every wind of words, but to wish that all things both within and without us may go according of the pleasure of thy will! How secure it is for thee keeping of

#### FOSSIL CALUMNIES

The assaults on the Catholic Church at the Methodist Conference were more serious and virulent than might be gathered from the skeleton reports printed in the daily papers. With the fuller knowledge now to hand we are enabled to judge of their real character.
It must not merely the vicious outburst
of the Rev. Dr. King that indicated

the spirit and scope of the eruption there was in the terms of the Episcopal Address a general indictment of the policy of the Church, and methods adopted in many countries to carry this policy into effect that disclosed this policy into effect that disclosed a deep-laid purpose to inflame predjudice and distert the lessons of history. Epithets of deliberate insult are conreal progress.

A year passed away quickly. Mr.
Waring paid periodical visits to the Court, but was usually wandering about the continent, and in his letters he never alluded to his money matters

A distert the lessons of history. Epithets of deliberate insult are conspicuous throughout the long vilipend of the Rev. Dr. King. Every time-worn and stale slander about the Church in Spain, Mexico, the Philippines and else-reading a

the way in which his death was referred

to by Dr. King:
I confess to you that I have been among the number of those whose spiritamong the number of those whose spiritual stomach has been nauseated by the nonsense that has been poured out in canonizing the late Leo XIII, while he has been working his way through Purgatory.

The fact that this low-minded vulgar-

ity was rebuked by Chief Justice Love did not prevent other speakers, like Bishop Foss, from repeating Dr. King's calumnies, as regards the attitude of Catholics toward the public schools here, in another form, later on.
What are we to say to the outcry made by representative non Catholics about "antagonism to the public schools" when we find, as was pointed out last week, that it is the belief of some of these gentlemen that the pub-lic school system in the Philippines is calculated to undermine the faith of calculated to undermine the faith of the Catholic people, as the so-called "National" system in Ireland was so designed and applied—but, thank God ineffectually? The motive is not confessed, so far as the United States is concerned, but it was shown to have existed at least in regard to the Indian something unplesant to say.

Magdalen smiled.

"No, I fear my arithmetic is not very good, grandmamma; I never liked it at school."

"Probably they did not know how to teach it there," said Mrs Sheldon, who had a poor opinion of convents, and liked to irritate Magdalen if she could, by saying anything she could against the same right to a share in the general school fund distribution, and they have the same right as non-Catholics and Jews to have their conscientious convictions respected, as those of non-Catholics are. These are the plain terms of the proposition, and not all the coarse or violent grants of the indian schools. The Catholics have a right to a share in the general school fund distribution, and they have the same right as non-Catholics and Jews to have their conscientious convictions respected, as those of non-Catholics are. denunciation of malice or envy can alter them an iota. In other words Catholics claim, as American citizens, equality before the Amerian Constitu-tion—which under present system they do not receive.—Philadelphia Catholic Standard and times.

> When we do a painful thing with a great love, this great love softens the pain, and makes us content to suffer. —

#### THE WONDERFUL RECOVERY OF

A NIPISSING MAN. STRICKEN WITH PARTIAL PARALYSIS HE WAS UNABLE TO USE EITHER RIGHT ARM OR RIGHT LEG.

ARM OR RIGHT LEG.

Mr. John Craig, a well known farmer living near Kells, Nipissing district, Ont., is another of the many paralytics, who owes his present good health and ability to go about—if not life itself—to the use of Dr. Williams Pink Pills. Mr. Craig gives his experience as follows:—But for the use of Dr. Williams Pink Pills I do not believe that I would be alive to-day. I was stricken with that terrible affliction. partial paralysis, I had absolutely no power in my right arm or leg I was not able to sit up—in fact if I tried to do so I would fall over. I had to be lifted like a child, and my family and friends be-lieved death was very near. The doctor told me that he could do nothing for me, and that I was liable at any moment to have a second stroke which would carry me off. I was in this deplorable condition when I was advised to use Dr. Williams Pink Pills. I sent for three boxes and before they were all used could move the fingers on my hand, which had hitherto been absolutely numb and powerless. You can scarcely imagine my joy at this convincing proof that the pills were helping me. From this

on I kept getting stronger and the control of my paralyzed limbs gradually came back until I was again able to walk about and eventually to work. I gladly give permission to publish the story of my cure with the wish that it

tional evidence that Dr. Williams Pink Pills are not an ordinary medicine, and that their power to cure in all troubles of the blood or nerves places them beyond all other medicines. You can get these pills from any medicine dealer or direct by mail at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams Medicine Co., Brockville Ont. See that the full name "Dr. Williams Pink Pills for Pale People" is printed on the wrapper around every box. on the wrapper around every box.

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The Hibernian Total Abstinence Association of this city, held a very interesting meeting last Sunday after-noon in Rathbone Hall, Washington street. Prominent among the speakers was Judge Emmons, Chairman of the Boston Police Board, who gave a description of the work he is aiming to accomplish in lessening the evils of intemperance.

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# Question Box

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The cure of Mr. Craig gives additional evidence that Dr. Williams Pink 25 cents post paid. vance the price of this book. In future it will be sold at

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