

to

some time through the newspaper office, found out that his wife was try-To remove mildew from white goods

# ...

"I admired that last piece you play

Marble surfaces should be cleaned by rubbing with a paste made of large lump of Spanish whiting and a of washing soda in teaspoonful enough water to thoroughly dissolve the whiting. Rub the paste on with a flamel cloth, leave for half an hour and then wash off with warm wate and dry carefully.

TIMELY HINTS.

dissolve two tablespoonsful of chlo-

ride of lime in a pail of water, dip

Repeat the process until

the goods and hang in the sun

sired result is obtained.

dry.

Buy your laundry soap by the quankity and pile it in such a way as to leave open spaces between the bars in a dry room. The harder it gets son who keeps the wheels of life mov the less it will wash away in using, while it does even more effective work

A good and inexpensive hair grow er is made of two ounces of pure castor oil and sixteen ounces of eau de cologne. If the spirit is of the proper strength the oil is dissolved in it, and the solution is oily, clean why we do things "thus and so." A and satisfactory.

Instead of washing varnished wall mixture : Add half a pint of paraffin linen cloth.

is so good for the teeth is that, being not always "consumed wich care," an alkali, it neutralizes the acid secretions of the month. It can be for the chance guest without grumb scented if desired with a little orris ling. Tooth powder containing camphor should never be used; it

### makes the teeth brittle. \* \* \* RECIPES.

Molded Salmon-Turn out a can of

salmon and free the fish from skin and bone. Beat two eggs, add to the salmon with one cupful of stale bread crumbs, add salt and popper to taste, one tablespoonful of lemon juice and one tablespoonful of finely chopped parsley. Pack in a wellhuttered mold and steam two hours This dish is good whether served hot or cold.

Olive and Celery Salad .- Pour boiling water over two dozen large olives, let stand for ten minutes then drain and drop into cold water for a few minutes to chill. Dry in a cloth and cut into strips, mix with one pint of blanched celery cut into half inch pieces, and one cupful of mayonnaise and arrange on lettuce leaves.

Salad-Take one can of Oyster bysters, three hard boiled eggs, four stalks of celery, the same quantity of broken crackers as you have oysters, butter the size of an egg, chop the whites of an egg, oyster and ce lery separately, season with a teaspoonful of salt and three shakes of pepper and toss together lightly with a fork. Mash the yolks very fine with butter and two-thirds pint of of vinegar and one-half teaspoon prepared mustard. Let come to a boil, stirring constantly, and pour

over mixture. Broiled Venison Cutlet .-- Clean and trim slices of venison cut from the

loin, Rub with salt and pepper, brush over with melted butter and roll in fine stale bread crumbs. Place in greased broiler and broil five minutes over a clear fire, turning three

ing to sell him their old mower. MADE HIM ANGRY. ed, professor, immensely," said Mrs Gaswell, "It had a kind of wild freedom about it, you know, a sor of get-up-and-go that just suited me. Was it a composition of your own?' "Madam," frigidly responded th the eminent musician who had been hired for the occasion, "I was putting a new E string on my vielin.'

....

THE EVERY-DAY WOMAN. She is not a genius, this plain pering. Just a well-balanced friend who goes on her daily rounds. Geniuse are often eccentric and can do grea things, but some of them don't like to peel potatoes nor put on a patch. We never feel afraid of the day woman, for she does not oriticize our English nor ask us the reason a rule this plain woman does not aim to be brilliant or great. She is paper with soap, use the following no smarter nor richer than we are and is a real obliging friend. She is to a pailful of warm water. Wash like ourselves and enjoys the com-the walls with a woollen cloth wrung mon joys of life, and "weeps with out fairly dry, and polish with a dry those who weep." She is full of sympathy, and we don't hesitate The reason why precipitated chalk tell her our troubles. My lady is

and is willing to cook a good dinne I am afraid that the plain, con mon-place people in life are not half appreciated. We could never do with-

out them. The beautiful woman is admired, the woman of intellect respected; singers, inventors, philanthropists are praised, but what of the plain toiler in the calico dress Abraham Lincoln voiced our senti-ments when he said: "The Lord must have liked the common people well, or He wouldn't have made so many of them."

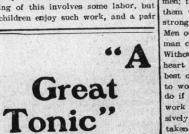
+ + +

IT IS VERY IMPORTANT NEVER TO DECEIVE A CHILD.

Let us never excite hopes that cannot be realized, nor answer questions in a way which will certainly bring a recoil of mistrust. Children will often ask questions about matters which it is impossible to explain. Under such circumstances it is always better to say frankly that you will explain everything one day, and in he meanwhile solicit confidence and faith. Anything is better than to give some foolish and jesting answer which will never be forgotten, will shake confidence, and will make the subject in question a forbidden one between you.-The Rev. F. B. Muyer.

ABOUT THE HOUSE.

Ideal pillows can be made of the silky down of milkweed. The gathering of this involves some labor, but children enjoy such work, and a pai



of pillows fit for a king,-light and less than four our wn-may prace your A fad of the season is a long, nur

row centerpiece covering the middle of the table from end to end, with st size doilies for protecting the polished table at each end. Mos exquisite is a centerpiece of this description bordered with two narrow garlands of English eyelet work intercepted by a band of ine renais-sance lace. A starrow edging of renaissance lace finishes the embroidery and each of the corners is inset with are required to a square of the handsome lace. For breakfast cloths white or natu ral colored linen is edged with blue, pink or yellow borders. Small her stitched napkins match these in color and design. With colored inen hem-stitching is preferred to fringed edges. Nouveau art patterns are

being employed extensively for the colored borders, such as convention alized buttercups, poppies, etc. On more expensive cloths enormous reces or fleur de lis, magnificently shaded outline the table top or form an artistic cluster in the centre.

+ + + THE CORRECT BRIDE'S CAKE. The London Sun is credited with the following : "The correct bride's cake from now on will be a simple loaf, spiced and fruited, iced and orange wreathed in natural blossoms, and only large enough exactly supply the bridal party. Of ourse, the ring, spoon and thimble will be baked into the loaf, and the centre of the table will be still cupied by the gorgeous plaster and nougat edifice, meanst for ornamentation, not for food. Then for guests at the recention the confiseur tiny bridal loaves. Every one is a miniature cake in itself, appropriately spiced, cut square, in a circle heart form, iced, wreathed with artificial orange blossoms and bearing in high sugar relief the couple's initials in the centre. Every one of these toy cakes is to fit, at a costly wed

ding, in a box of watered white silk having a hinged top and fastened with white wax, stamped with the bride's seal." ...

In a recent edition of "Wemen of help young girls and women into a full understanding of practical life, set of maxims from the note books of two famous and beautiful women are given. One of these women, the Princess of Asturias, sister of the King of Spain, has just died. Helene. Queen of Italy, is living. Both were women of broad and more or less valuable to any girl in any part of the world. Helene, Queen of Italy, has made these notes : "My daughters must not be idle girls. I wish them to know everything about Italy and other countries. I think idleness is a disease that eats the heart. It is a mistaken notion to educate a girl into the opinion that she is weak

born in most instances as strong as men; it is false education that makes them weak. I wish Italy to have strong as well as beautiful women

sition, which she defined to a friend sively intended for men. Men, have

THE TRUE WITNESS AND CATHOLIC ORRONICLE es of sugar daily The Poet's Corner. increased the weight of the men to whom it was issued, and that the were able to do better work that IN AN OLD TAVERN. their comrades. tes of te In insta tique a lump of sugar proved wond derfully efficacious; and, moreover, contrary to the general supposition sugar quenches thirst. The experi-This was a chapel once I and now Fashion's resort, a pretty place to dine ! ments in behalf of sugar have Here glittering ladies sit and sip so satisfactory that the sugar ratio of the German soldiers will be rais their wine

eat a considerable

juicy roast,

violin.

ry din

floor,

grail,

now

of the clover,

ward

meadows about me

his noonday labor:

from the valley of Quiet-

ed in shimmering garmen

And, when the whirling flakes

the day its musical cadence:

A violet bursting in spring thrills m

shakes me with infinite pathos,

the march of the midnight planets

The voice of Song outcries

or tears, or music.

mournful nightfall,

Theocritus singing;

der.

with exquisite music;

And all the gods of indolen

-Maude Healey, in New World.

+ + +

THE SILENCE WITHIN.

I gather my poems out of the heart

lin toast.

To

The

A WOMAN'S HEALTH

two ounces a day. In Holland youn

nen training for athletic contes

quantity of sugar."

## Depends Upon the Richness and Regularity of Her Blood.

A woman needs a blood medicin regularly just because she is a wo man. From maturity to middle life the health and happiness of every woman depends upon her blood, its richness and its regularity. If blood is poor and watery, she is

weak and languid, pate and nervous If her blood is irregular she suffer untold tortures from headaches, back aches and sideaches, and other un spéal-able distress which only women Some women have grown to expect this suffering at regular inter vals, and bear it in hopeless silence But they would escape the greater part of it if they took a box or two of Dr. Williams' Pink Pills each time oc to help them over the critical period. Dr. Williams' Pink Fills actually make new blood. They help a wo man just when nature makes the greatest demand upon her blood supply. They have done this for thou ands of women throughout Canadawhy shouldn't they do that much for you ? Mrs. James Candy, 25 Edith venue, Toronto, says : "I think Dr. Williams' Pink Pills a medicine that should be taken regularly by every woman in the land. : suffered greatly from those ailments that only woman knows. I had backaches and headaches, and a weary bearing down pain. I was very irregular, and wa

often forced to go to bed for two of three days at a time. I tried many medicines, but got nothing to help

new strength and relief from pai or doing things rather than striving to be lights in a frivolous society, a how thankful I am for what the medicine has done for me, and I would urge all women who suffer as I did to try Dr. Williams' Pink Pills." Dr. Williams' Pink Pills are th greatest cure in all the wide world for all the weakness and backaches of anaemia, all the heaviness and dis tress of indigestion, all the sharp stabbing pains of neuralgia, rheumat ism, lumbago and sciatica, and all the other ills that come from poor, weak, watery blood. Dr. Williams' Pink Pills make new blood with every dose, and thus strikes right at the root of nearly every disease that afflicts humanity. But remember that the "just as good medicines" that some druggists offer never cured anyone or anything. Insist upon th genuine pills with the full name Dr. Williams' Pink Pills for Pale People on the wrapper around every box. I in doubt send to the Dr. Williams

FOR THE DOCTORS.

Old Mrs. M-, who was seriously

Medicine Co., Brockville, Ont., and the pills will be sent by mail at 50 cents a box or six boxes for \$2.50. FUNNY SAYINGS.

## THURSDAY, OCTOBER 26, 1906. Your little home, with folded hane nce to whose source I A silent influ

trace The little good there ever was in 1111111 To be a woman " Is there any more

That you have need to be from day to day How wonderful to have your heart,

your store, Of purity and goodness, and to say: Where once the contrite sinner cam 'One that I love is nobler since I came

Here, the sleek merchant carves the One that loves me is better for my trombone's toot or scrape A woman. Oh, there is no greater

name While now and then above the men That ever on the mortal tongue shall wake !

college Freshman shouts a maud -Charles Hanson Towns. + + +

all's This was a chapel once. Behold th UNFULFILLED. The carven stalls and pillared gal

We'll read that book, we'll sing that lery, song, But when ? O when the days are long. Where meager priests once knelt in reverie.

When thoughts are free and voices And meditation how their souls t clear. save.

Some happy time within the year-The days troop by with noiseless This was a chapel once. Across the tread.

The song unsung, the book unread. Black robes of acolytes were wont to trail, We'll see that friend and make him From sacred goblets, holy as the

feel Vould servitors a pure libation pour

The weight of friendship true as steel Some flowers of sympathy bestow: Behold the sacrilege ! To Bacchur But time sweeps on with steady flow Until with quick, reproachful tear We lay our flowers upon his bier.

> And still we walk the desert sands, And still with trifles fill our hands, While ever-just beyond our reach-A fairer purpose shows to each The deeds we have not done, but will-

ed, Remain to haunt us-unfulfilled.

Out of the wayside weeds, out of the + + + In gleams from the dewdrop's soul,

FIRST AND LAST COMMUNION. from wings of brids shaken down Yes, I remember well the time, the

Poems the night-rain brings, shot place, through the beeches inces Of First Communion-date of rarest Poems the grasshopper sings, beating

grace Sweetest of childhood's happy days t The gossamer web is a rhythm blown

For then, As when He walked amongst the sons A rondeau that turns on itself, fold-

of men, Christ in His arms raised up His litar

tle child. tangled at dusk in the thickets, With soothing gesture, fatherly and in th mild,

bleat of lambs on the hillside. And pressed him to His bosom, With All things sing to me-cry, laughter the same

Unutterable tenderness He came The storm hath its rhythmical beat Into our hearts full often since that

day, Ever an ebb or flow-a flame, or How many more such visits shall He pay

pay Before He comes to summon us away? A rivulet bearded with moss to me How many such between us and the

shore Of that dark ocean He will waft us

A child's voice, heard in the dusk o'er As our Viaticum? Ah !! None can tell Save only One Who keeps the secret The flash of the daybreak's sword

well. To Him I leave the manner, time and

\* \* \*

ALMA AMD I.

Alma and I.

you think ?

... Hush ! Bye and bye !

Please don't ask me.

.Sit in my new cance.

....I don't know where.

Eves ?......Blue as the sea. Hands ?......Soft, slender, full of

Boat ?.....Quite still upon the

Mother ?......Sitting comfortably.

embrace. Mine A......In the same fix. Why ?......I have to hold her because ?.......She's only six.

-Allen Ayrault Green.

lake.

She ?.....Also sits there.

grace.

Love ?.....

Lips ?..

The sweep of the mighty winds, the place shout of the prophet-voiced thun-Of that dread change, so He but

Restlessly throb in my soul, and give the grace Of Last Communion. When and how shape themselves into measure. and where,

Why ? Ask of God. He knows. Pro I know not, care not; but for this I fit to me there is little; care-Scorn, sometimes, and hunger; these Dying may I my Last Communion

are the wages of singing. make Surely I know, who have sat with In peace with Him Who died, too, Poverty in her nightrobe, for my sake. And may that loving Lord, my part-

The songs of the poet avail when the multitude pauses to listen, ing spirit take. But dry chaff sowed on the wind are -Rev. Matthew Russell, S.J. they in an age that hears not.

Yet, like a rain, a flame, a gust of music curved downward, They stir in the silence within and

+ + +

A WOMAN.

start into rhythmical being-Breezy ?.....Just a little. aken it because women would not thus: "You see, my daughter Har-Light ?.....The rising moon Weather ?..... Very warm all day,

the corner. I sen love, to Edna and to Margaret H and Winifred will 'c cousins in Frampto think I am one of sins, apart from th ship. Harold went out afternoon to set s This is the first tin ing rabbits. To-me birthday. She will We have prepared a her. Good-bye, Au to hear from the li next week. Frampton, Oct. (I do not particul of setting traps for fact, for any animal take liberty and lif poor little things. be the first conside dear.)

4 4

THURSDAY,

near Girls and Boy

The cold weather

bringing thoughts

the joyful times yo

have when the smo

think, we had in I

morning the first

winter supply of s

light, however, that

leave a mark on

though winter does

of enforment, still

we get tired of it.

chicks, and write m

ling me what you

is Rose? I have

a long while from 1

Dear Aunt Becky :

nice letters from Edna and Winifred

ters from Frampto

ders if those girls h

and if so to ask t

will write again.

this week.

Our little corner

Your lo

+ +

Isn't i

00

Dear Aunt Becky : As I have been re of the True Witness any from Farnham I write one. I am 1: to the convent. I and one sister. My and my sister is Papa is away most that we are alone w grandma lives on a from here, and we of have a good time. will close now hopin ter in print.

Your loving

Farnham, Que.

(I am glad to see our column this wee will be a regular co + + JACK'S KNIG "Promise me one th it to you," said Unc hat ?" hesitated

"That you will per chivalry every day the "Oh, but you can't well !" said Jack. 7

trying experience. They have been referred to as leaders in the move ment for a "new womanhood of Europe." But their impressions of life \_ and life's duties should prove

and can not be strong. Girls are

Men ought to have a religion; no wo man can afford to be without it Without the thought of God in he heart how can a woman make the best of her self? I am not opposed to women doing work that men now do if they fit themselves for it. The work of the world was never exclu- ill, found herself to be in a trying po-

GOOD ADVICE.

Europe," a publication designed to me until I began taking Dr. Williams Pink Pills, and they have given me

ed in butter. It should always cooked rare. Serve 'with currant jelly or port wine sauce.

nison cutlets may be saut

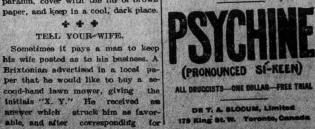
Pumpkin Marmalade .- Cut a ripe yellow pumpkin into large pieces pare, scrape out the seeds, and the weigh. To every pound allow pound of sugar and an orange or lemon. Grate the pumpkin on a coars grater, and put it into a preserving kettle with the sugar, the grated rind of the orange or lemon, and the strained juice. Let it boil slowly stirring frequently and skimming well until you have a smooth, thick mar While still hot pour it int malade. glass or china jars or tumblers, filling not quite full. When cold, pour over the top a covering of melter paraffin, cover with the lid or brown paper, and keep in a cool, dark place \* \* \*

TELL YOUR WIFE.

Sometimes it pays a man to kee

- " PSYCHINE" is a wor tonic. It contains medicinal elements not found in any of the patent medicines. "Psychine" is a regular practicing physician's A tonic for weak people, for men of business worries, for the tired mother, the pale, languid girl. Young girls just budding into womanhood; elderly people who feel that weakness due to old age find it a remedy they cannot do without. It restores vitality, creates rich, new blood, removes al impurities, strengthe ns the nerves If you need a trial ask druggist for "PSYCHINE."

## GREATEST OF ALL TONICS



「大学」のない。「「	
The State of the State	A. SLOCUM, Limited
	and the design of the date of the second
178 King	st. W. Toronto, Canada
Billiologic Continionals	

fit themselves for it. The world is rist married one o' these omeypa And I, who sing, in my soul, am luldoctors and my daughter Kate an alvery busy, very occupied and often very happy. Why should women led into infinite quiet. lypath. If I call in the homeypath my allypath son-in-law an' his wif -C. J. O'Malley, in New World. on the outside of this activity will get mad, an' if I call in my aland happiness just because they are lypath son-in-law then my homeypath women ? God intended all the world son-in-law an' his wife will get ma should work. He did not mean that an' if I go ahead an' get well withou one sex should work and the other You say that you are but a woman either o' 'em, then they'll both be be idle. I wish my daughters mad, so I don't see but I've got to know how to do real work and to be you die outright."-Detroit Free Press. fitted every way to help others." + + + SUGAR USEFUL. DOMESTIC AFFLICTION. The British Medical Journal inform

us that sugar is about as beneficial a thing as one can eat. Speaking of A bright girl asked to be absen from school half a day on the plea sugar as a food, this authority says that company was coming "In certain circumstances it can be "It's my father's half-sister converted into fat, and thus store her three boys," said the girl, anx other doesn't see the human hody it produces h ously, and m she can do without me, because thos

and energy, and one of its special adboys act dreadfully." vantages is that it takes up very The teacher referred her to the printed list of reasons which justified ittle space. Little muscular de ration, it seems from experim ence, and asked her if her occurs under a sugar diet; but who came under any of them. "Oh, yes, Miss Smith," said

the muscles are fabigued and worn out nothing so guickly brings them into serviceable condition again as the use of sugar. The German army surgeons, in the course of investiga-tion, found that an extra ration of lic Messenger. girl, eagerly, "it comes under head," and she pointed to the "Domestic affliction."-Young C

Who are so very wonderful to m You tell me there is little you can do Little indeed that all the world can There are no battles on the open plain That you can fight, as I, a man can fight; BADO But who shall say your life is lived in vain

If all my darkened days you hav kept light ?

Oh, little woman, be glad, be glad That you are what God made you Weil I know

How you have served me when th dey was sad,

me so ! ng Cath

Be very glad that you, in your

rincesses in distress Time ?.....Quite late in June. slay, and I haven't s sign of armor and s Where ?..... Upon the silvery lake.

"There are plenty tress; and, although look it, some are, ne esses in disguise," You can tell them h Look for these, and cessful you will be m than Sir Thomas M You have not only princesses, you h them."

Jack walked away ression about his mor that he would do or time he had long tales of knighthood; Uncle Boswell was especially where book ed, he usually had so for Jack to earn the the boy confessed ma worth while. The end of the we

The end of the week as Uncle Boswell had sephew had failed this voices outside his do me, grandps." Jack "Lean hard when yo bad foot. It doesn't Lean hard when yo Lean hard's you can