

the "bairnies" a-bed, let the mother take both the "Jocks" and "Jeans" in this committing of the four selections comprising List I. Surely God looks down in love on the scene, where mother and "tots", kneeling beside the little cot, pour out together with loving and with lisping tongues the Lord's Prayer, the Shepherd Psalm, the Words of Blessing, and the Lambs of the Flock. Life is hallowed in the home where the little voices are stilled each eve with the words of God's love. If you have never tried it, commence with curly-headed Charlie to-night.

Then comes List II., "For Those Under Eleven". Here surely the father must take his share of the responsibility. Some definite time must be set apart for the work, and once set apart, must never be set aside. The few minutes which should always be spent with the children before they fall asleep, may still be the best. These sturdy lads and lassies of eight, nine and ten, will have sweeter dreams in the night and clearer eyes in the morning, if, before closing their senses for the day, and committing themselves to the care of their heavenly Father for the night, the words of the sweet singer of Israel, and of the matchless Prophet of Nazareth take possession of their minds, and by their sweetness and holy calm hush all the little worries and strifes of their young lives to rest.

Be assured that ten minutes spent with a boy or girl immediately before going asleep, is worth hours during any other time of the day. The thoughts then impressed on the mind work silently on the brain-tract during the long hours of the night, and when morning comes, have been incorporated into the mind and will. Fill the mind of the child with awe, and reverence, and holy mystery before he goes to rest, if you would have him rise next day with the faith of the child-man, and the vision of the seer.

Don't rob your child of his birthright. Give him of all the pure and the holy. Fill his mind with all the beautiful and the true. And do it in his most receptive moments. Have you never had the tender pleasure of spending the "story hour" with your children? Then, try it to-night.

With List III., "For Those Eleven and Over", a more definite, a more systematic

plan seems necessary. Here are the three divisions, First Year, Second Year, Third Year.

It seems necessary that this work should be completed by the fourteenth, or at latest, the fifteenth year. After that age the memory faculty is less active, and the boys and girls just bursting into young manhood and young womanhood feel forces, strange, strong impulse within them, which make such exercise irksome, and impel them to seek scope for those pent up powers in other fields.

The Passages for the First Year seem to fall naturally to boys and girls of eleven, for the Second Year, to boys and girls of twelve, and for the Third Year, to boys and girls of thirteen. The "story hour" would not be sufficient to overtake this work. And, if not the "story hour", what more suitable time than some portion of that day set apart for rest, thought and holy calm? The Sabbath seems to supply the occasion looked for. The writer speaks from experience with two lads of ordinary mental power, and he has found one hour on the Sabbath, between the family devotions and morning church services, to be ample time for the completion of each year's work. Of course it must be an hour of work. Father and boy must be removed from all distracting influences, and both must be willing workers toward the same end.

Toronto

After Sunday School

By Rev. W. R. McIntosh, B. D.

The home that appreciates the Sunday School, and is anxious to co-operate, has a hundred avenues of approach. One of the broadest and best of these is the interest it takes in the proceedings of the day after the School is over.

When children attend a picnic, or a birthday party, the interest taken by parents and other members of the home in the recital of what happens, constitutes a large part of the enjoyment and profit of the event. Parents often steal an hour or two of precious time to heighten the joy of their children by their actual presence. Sometimes they go to meet them and convey them home, or greet them at the door with a bright smile and eager enquiry. Or the conversation at the tea-