

To be satisfied with a little is the greatest wisdom ;: and he who increaseth his riches increaseth his cares : but a contented mind is a hidden treasure, and trouble findeth it not.

Yet if thou sufferest not the allurements of fortune to rob thee of justice, or temperance, or charity, or modesty, even riches themselves shall not make thee unhappy.

But hence shalt thou learn, that the cup of felicity, pure and unmixed, is by no means a draught for mortal man..

Virtue is the race which God hath set him to run, and happiness the goal, which none can arrive at till he hath finished his course, and received his crown in the mansions of eternity.

CHAP. VIII.—TEMPERANCE.

The nearest approach thou canst make to happiness on this side the grave, is to enjoy from Heaven, health, wisdom and peace of mind.

These blessings, if thou possessest, and wouldst preserve to old age, avoid the allurements of voluptuousness, and fly from her temptations.

When she spreadeth her delicacies on the board, when her wine sparkleth in the cup, when she smileth upon thee, and persuadeth thee to be joyful and happy ; then is the hour of danger, and let reason stand firmly on her guard.

For if thou hearkenest unto the words of this adversary of virtue, thou art deceived and betrayed.