

A Horse Sedan-Chair in Honan, China.

spends his spare time at the magnificent summer home of his brother-in-law, Lord Mount Stephen, at Grand Metis, on the south shore of the St. Lawrence nearly opposite Tadousac. Among the notables who make an annual pilgrimage to Murray Bay may be mentioned the family of President Roosevelt (the President of course not being allowed to leave the United States during his term of office), U. S. Secretary of War Taft, Edward Blake, M.P., and a host of people from western points who find this an ideal spot for a quiet holiday.

Other points which claim their quota of Montrealers are Dorval, Beaconsfield, St. Anne's, Hudson and Hudson Heights and Senneville, the latter about four miles up the Ottawa above St. Anne's. Among others who journey regularly to Senneville may be named Mr. R. B. Angus, a well known director of the C.P.R., Mr. E. S.



Chinese Springless Carts.

Clouston, general manager of the Bank of Montreal, and family, and Mr. W. L. Wanklyn, general manager of the Dominion Coal Company.

Through the Rockies

THEN there is the Rocky Mountain region in the far west, that country of stupendous and awe-inspiring sights, of fifty Switzerlands rolled into one, of nature in the rough, which every Canadian should see, but which by reason of the magnificent distances, is not accessible to many in the far east unless they happen to possess time and money above the average. Well has this region been called one of the world's natural playgrounds, and what nature has so well begun the Canadian Pacific Railroad and the Canadian Government have magnificently finished. Seekers after the grand and the majestic in nature, will never return disappointed from



A Tonga-Used on the Plains of India.

the Rockies. The well known resorts, enumerated above, have something of interest for the naturalist, the geologist and the botanist as well as for the ordinary tourist, for the artist, the hunter and the fisherman as well as for the health seeker.

Banff and its surroundings alone offer an attraction which every summer make it the destination of thousands of tourists. Here is located the headquarters of the great Canadian National Park of over 5,000 square



A Japanese Travelling Chair.

miles where the overworked business man may revel in the beauties of nature and forget there are such things as cities, offices or desks. Here he may, if he wishes, climb a mountain or two before breakfast, spend his morning in the splendid museum, and the rest of the day visiting Bow Falls, the hot springs, the lithia spring, the buffalo corral, the observatory, and the various caves, basins, lakes, valleys, and mountains which abound in the park. If he does this all in one day he will be a phenomenon, and has nobody to blame but himself if his appetite is five sizes ahead of him at the end of the day.

At all the other principal points of interest in the Rockies, the Canadian Pacific maintains splendid, well appointed hotels in the thoroughly equipped fashion for which they are everywhere famous. At these hotels every provision is supplied the tourist for the most complete exploration of the district. Should he wish to break a record as a mountain climber, he will find Swiss guides on hand to accompany him. If he is not of the





Travelling in Hilly Hong Kong. SOME CURIOUS METHODS IN THE EAST