

June, 1912.

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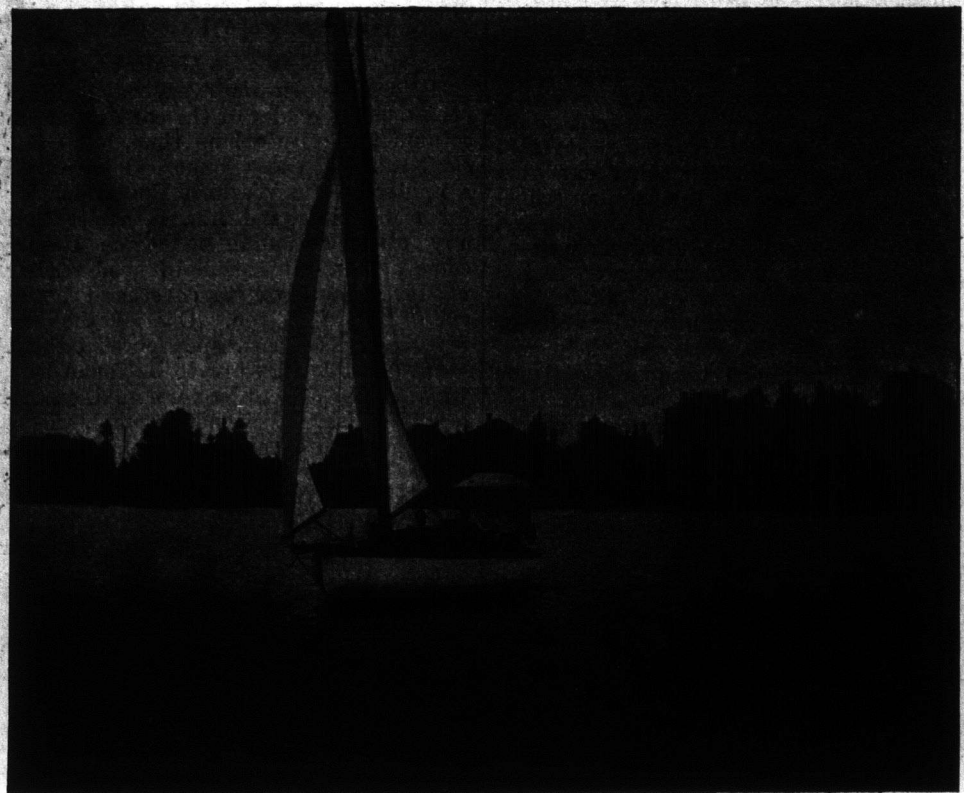
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London. Eng.

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the pleasure when reading a little further. I observed that he preferred the club or private dance for that very reason. Good! I am glad he has learned his lesson well enough to draw lines, and I would advise him to study the subject impartially and wisely, and he will be inclined to even draw the lines a little closer and leave the club dance on the outside. As I understand Josephus, it was dancing he condemned, not the people who participated, but I have observed that even good people make mistakes of judgment, and there are mothers who allow their daughters to attend dancing parties whose goodness is not to be impeached, but who have never given the question serious consideration, and have not realized what it might mean to a young susceptible nature. I want to be understood as condemning the dance, as I have known and seen it and its results, but I am not condemning the people who blindly participate or advocate dancing as an amusement. It is certainly an amusement that fascinates to such an extent that where it is flourishing in a neighborhood other amusements, except card playing, are promptly shelved. I have been an observer where dancing was indulged in from 8 p.m. till 8 a.m., which, of itself, is a sin against physical endurance, even if it were skating. A glass of wine, a bottle of whisky, keeps up the flagging footsteps, and adds the climax, that

worth while, can you build up a robust physique by dancing, or sharpen your intellectual powers, or stand firm when a little stimulant is offered? If you can do these things I am glad. Now look around critically and be candid. How many of your companions are likely to be weakened; be a little less manly than before one winter's dancing campaign? Last year The Christian Herald, after decrying the evil influence of this amusement, suggested some inventive genius try his skill to find something that would take its place, that would amuse without weakening and sullying. Only a few months ago I read an article from a prominent Roman Catholic bishop deploring this evil, and ascribing the downfall of many young girls as one of the results. His deductions were no guess work, but founded on sad testimonials. Now where shall we draw the line? Tight around the home. Holmes truly says, "The world has a million roosts for us but only one nest. Home! Let us protect the Canadian home. The strong man says, "If drink maketh my brother to offend, then will I take no more while I live." The pure woman will say when she has studied the question, "If dancing maketh my sister to offend, then I will attend no more dancing parties; but do all in my power to make the home pleasant and happy in other ways." If there were more girls like Girlie who, though she likes to have



Out for a Sail.

should make any mother pause before arraying her daughter in soft dreamy robes with bare arms and low neck, and sending her to waltz with a partner whose breath smells deliciously of peppermint. Curly Bill says draw the line. All right. One family party touch no whisky; leave at midnight; the others say crank, breaks up the dance too soon. Draw the line again: form a club with rules and regulations. All right; there we are, no whisky, no gambling, no late hours. Some of the young men take a drink before coming, later on have a little on the quiet; our unsuspecting girls think they belong to a select club, but, alas, it is hollow-hearted, and will either be broken up by the few, who stand for having a strong line drawn, or will continue to deteriorate. Our friend Josephus was sounding a note of warning to his own family, I understand; the family that have answered the call, "Come out from among them and be ye separate." The Christian Endeavor and Epworth League; their motto is "Look Up—Lift Up." Suppose we call dancing by the harmless epithet of a "Questionable amusement." Now then, dear little girls with blue or brown eyes, looking out and forward into glorious womanhood, the question for you is: Can I, by attending dances, make my own life sweeter or truer; can I be an uplift to my friends and help them to make good in life? Now, young man, if you wish to be strong and do what is

a good time, demands innocent fun, the uplift to our Canadian home would be such as to give inspiration to the world. "Pleasures are like poppy's spread," You seize the flower the bloom is shed."—I should certainly very much like to write to Girlie, but I have so many correspondents that I better refrain in justice to them. She closes wishing everybody success in life, and I will close by sending your readers or everybody a summing up of "success" by Bessie A. Stanley, and I notice dancing is not mentioned. "She has achieved success who has lived well, laughed often and loved much; who has gained the respect of intelligent men, and the love of little children; who has filled his niche and accomplished his task; who has left the world better than he found it, whether by an improved poppy, a perfect poem or a rescued soul; who has never lacked appreciation of earth's beauty, or failed to express it; who has always looked for the best in others and given the best he had; whose life was an inspiration, whose memory a benediction."

A Homebuilder.

## Arguments Worth Thinking About.

Manitoba, March, 1912.  
Dear Editor,—In reply to Josephus's unworthy sermon on dancing, I would say that I agree with him, that the modern dance is the reverse to that of

# Sensational Revelations

Medal Presented to the Discoverer of Sequarine, the Wonderful New Principle of Organic Life.

Mystic Serum which Cures Nervous and Organic Diseases and makes the Old Young. More Swift and Effective than any Remedy hitherto known.

For a number of years scientists have been vainly seeking for a principle of organic life which has hitherto baffled the ingenuity of the most deeply learned to unearth—viz., the primary force or element which is the factor of natural disease immunity within the human body. When Professor Brown-Sequard, LL.D. (Camb.), F.R.S., and F.R.C.P. (London), announced that after laborious experiments he had discovered this greatly sought vital principle in the form of a serum, he created a sensation such as rarely agitates the minds of scientists.



BROWN-SEQUARD, F.R.S., F.R.C.P., London, Professor of Medicine at the College of France, the discoverer of Sequarine and founder of modern serum-therapy.

The new serum, named Sequarine in honour of the discoverer, is regarded by physicians as a wonderful new weapon with which to combat disease and prolong life, and its discovery is spoken of as one of the greatest triumphs in the history of medical science. It is certainly of more practical value than any serum hitherto known. Those present at the meeting of the Paris Biological Society, where the Professor revealed the composition and explained the action of Sequarine, expressed the opinion that this serum will render obsolete the present methods of treating many diseases.

Its diversity of application was found so great as to be almost beyond belief while its swiftness and certainty in curing every case were truly wonderful. It is a nerve food, blood purifier, and a corrector of functional disorders at the same time.

## MARVELLOUS CURATIVE POWERS.

Experiments and tests made by physicians resulted in astonishing revelations of the marvellous curative powers inherent in Sequarine.

It was found efficacious in a very wide range of diseases, among which were the following:

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| Nervousness,    | Dyspepsia,        |
| Neurasthenia,   | Liver Complaints, |
| Anaemia,        | Indigestion,      |
| Rheumatism,     | Paralysis,        |
| Gout, Sciatica, | General Weakness, |
| Kidney Disease, | Influenza,        |
| Diabetes,       | Pulmonary         |
| Dropsy,         | Troubles.         |

A doctor observed that one of the many advantages of treatment with Sequarine is that no violent or harmful drug is introduced into the system when taking it. This remarkable remedy is purely an animal extract, and its use can in no case be otherwise than beneficial. Every organ and nerve centre of the body is favourably affected by it.

## OLD PEOPLE MADE TO LOOK AND FEEL YOUNG.

At a meeting of the tenth Congress of Medicine held in Geneva, Dr. Doyen, the great French scientist, said: "Preservation of his life through several centuries depends solely on man. By multiplying the white corpuscles in the blood (phagocytes) we increase the co-efficient of vital resistance and can estimate its value. This new departure in Therapeutics will soon come to the front." Part of the great curative and healing power of Sequarine resides in the fact that when taken into the body it increases the number of phagocytes with startling rapidity. In addition to its highly beneficial action in multiplying the blood corpuscles, Sequarine causes increased nerve potency and very active tissue respiration and purification. This accounts for its being a specific for diseases of such widely different character

Sequarine is, in fact the staminal force within the body which decreases gradually in volume as old age approaches, thereby permitting diminution of physical and mental power which result in the phenomenon known as "the weakness of old age." By introducing it into the system the aged, or prematurely aged, may actually cause a return of the feeling of youthful strength and buoyancy. In the words of Professor Goizet:—"Sequarine is a restorative of strength and not a stimulant. It increases the patient's vitality and at the same time cures

his complaint. This serum is in fact a source of life more powerful than the interchange of blood or any remedy in use to fight against old age and illness. Mankind will in the near future regard this Serum as one of the principal factors in life prolongation and health preservation. It will then be found in every home just as bread and other necessities are to-day.

## ABSOLUTELY FREE.

Sequarine will cure any ailment which causes a general weakness of the whole organism. In order to disseminate knowledge of its peculiar potency and properties a book has been prepared which gives the distinctive qualities, actions, and uses of Sequarine. Copies of this book may be obtained free of charge by writing for it.

The Sequarine book is a gift well worth having. It tells how this wonderful serum was discovered, gives details of Dr. Brown-Sequard's experiments to determine its powers, and tells how, after learning its manner of action, he startled a gathering of the world's most famous men of thought by demonstrating its almost miraculous properties. It relates why the greatest of the world's physicians regard the discovery of Sequarine as the most important addition to medical science since Harvey's discovery of the circulation of the blood, and why they eagerly adopted Sequarine as an entirely new force with which to combat disease and prolong life. It gives instances of cures effected which would be incredible but for the status of those who certify them.

Last, but not least, the free Sequarine Book describes fully the diseases for which this serum is an infallible remedy, reveals the secret of its composition, and tells how anyone may obtain Sequarine and take the Sequarine Serum treatment in the privacy of home. The treatment is as simple and agreeable as it is swift and effective.

Sufferers from any ailment who wish to enjoy again the superb power of that perfect health which is the companion of a flawless digestive system, pure and rich blood, and a steady and powerful nervous organism, are especially invited to apply for this interesting and instructive book. In it will be found much valuable information which has never before been published—information which, if acted upon, will surely mean a restoration to health.

The Booklet can be obtained free from C. RICHTER & CO., Manufacturing Chemists, 59-61 New Oxford Street, London, England.



Whenever you feel a headache coming on take

## NA-DRU-CO Headache Wafers

They stop headaches promptly and surely Do not contain opium, morphine, phenacetin, acetanilid or other dangerous drugs. 25c. a box at your Druggist's.

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