

Pat Escapes With the Money.

tion from the sim surface. The cir-culatory vessels are relaxed and the blood rushing to the surface to be cooled returns unsatisfied. The result three-fou s an impoverishment of the blood supng languor, carelessness and a general stupor, with the resulting train of

Pure fatigue no doubt contributes largely to accidents, as the accumulation of the waste products of muscular activity poisons the system. The increased amount of oxygen needed by the active muscles is not forthcomand the neuro-muscular adjustis thrown out of gear.

Medical science has long been preaching the perils of fatigue, and new investigation shows that it actually poisons the blood, leaving the system open to all manner of infections That fatigue is the direct cause of many accidents has been proven since the railroads reduced the working It is being proven anew in England to-day, where the government is taking has arrived, and that the part he is steps to reorganize labor conditions. after finding that the speeding up program with its long hours and no Sundays off has not only lessened the A representative of the Associated days on has not only lessened upon the day of work turned out per day but has lowered the standard and led to many accidents.

Press, who was permitted to visit a great training school as the guest of the Foreign Office, obtained an insight

Sleep and rest, the foes of fatigue, to the remarkable change brought do not come to the worker at hight in hot weather, and frequently alcohol, poor hygiene and a hot, sweltering "Use your eye and your brain" is

Apaches to put their victims out of commission, and this she began letting into the room below through the hole that had been bored in the ceiling.

The watchman, sitting at a table in the room with the safe, soon began to feel the effect of the gas. His stupor increased until he sat limp and help-less.

Then Pat's men raised a trapdoor that led into a room adjoining the office and Pat descended to her work on the combination on the safe.

Just as Pat finished her work of solving the combination on the safe and was removing the money there was a great commotion in the hallway outside of the office. Phil Kelly had returned to see that everything was all right.

Remember the Sabbath day to keep the other six days decently well.

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Was retraining our mep to believe in the support of the safe in the room adjoining the office and Pat descended to her work on the combination on the safe and was removing the money there was a great commotion in the hallway outside of the office. Phil Kelly had returned to see that everything was all right.

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"USE YOUR EYE AND YOUR

BRAIN," SAYS BRITAIN.

New Watchword of British Nation;

Frightfulness is Discarded and

"Three B's" Are Used.

THE SUPERMAN

become the best fighters.

versary.

The "Three B.'s."

THE TRUTHER COLORS AND A COLORS

cloves, one tablespoonful of whole allfourish of his smoking weapon.

Tomato Catsup.—One-half peck of tomatoes, one pint of vinegar, three sticks of cinnamon, one tablespoonful of celery seed, one tablespoonful of seed. Bring to ounce of cloves, one ounce of allspice, a boil and cook for five minutes, one-half ounce of cayenne pepper, three-fourths teaspoon of black pep
Cloves, one tablespoonful of whole allfourish of his smoking weapon.

"Aha! The revolution is accomplished the top. An elastic band keeps with the top. And in the top. And in the surest sign of victory. And in the series sign of victory. And in these men of varied color, creed and intentify the waterproof cover is concealed beneath a cloth lining under the top. An elastic band keeps with the victory and in the surest sign of victory. And in these men of varied color, creed and intentify the waterproof cover is concealed beneath a cloth lining under the top. An elastic band keeps with the victory and in the surest sign of victory. And in the cried. "Down with tyrants! the lining drawn up tight."

Expansion of the waterproof cover is concealed beneath a cloth lining under the top. An elastic band keeps with the victory and in the surest sign of victory. And in the cried. "Down with tyrants! the lining drawn up tight."

Expansion of the waterproof cover is concealed beneath a cloth lining under the top. An elastic band keeps with the victory and in the top. An elastic band keeps with the victory and in the top. An elastic band keeps with the victory and in the top. An elastic band keeps with the victory and in the top. An elastic band weeps with the victory and in the top. An elastic band weeps with the victory and in the trange of colors of the human race. It is this unanimity of so many varied peoples that the top. An elastic band weeps with the victory and in the trange of colors of the human race. It is this unanimity of so many varied peoples that the top. An elastic band weeps with the victory and the top of the human race. It is this unani uttermost ends of the world to fight under the Union Jack, is the hand-writing on the wall for Germany.

> SIGNALLING IN OLDEN TIMES Curious Methods Roman General's

> The difficulty of keeping up lines of communication between the front trenches and headquarters in the European war zone makes a description of ancient signalling methods found in the writings of Polybius of

interest. This writer had observed the operations of the Roman generals be-fore the fall of Carthage in 146 B.C. and says they provided their signal stations with earthenware vessels, exactly equal in all respects and fit-ted with cocks which allowed the water to escape at the same rate. They were carefully tested to make sure of the last requirement. Corks, of the last requirement. Corks, of smaller diameter than the vessel, were floated in them bearing rods upon which were marked, at a distance of three fingers apart, the simplest and

most urgent military messages.

They were used as follows: The sending station raised a torch; the receiving station, seeing it, did likewise; this was a signal for both stations to open the corks of their water jars. When the rod at the sending station had sunk so that the desired message appeared at the edge of the jar, an-other torch was raised, the receiving station shut off its cork and read the message on the rod, marked identically with that at the sending station.

A modification of this system, us-ing graduated tubes and rockets in ing graduated tubes and rockets in place of the ancient apparatus, might prove effective where visible signal-ling was out of the question and tele-phonic lines had been destroyed by shelling.

The ordinary speed of a house fly is twenty-five feet a second; but when chased it often attains a speed of 160 feet a second.





