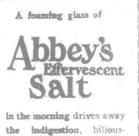
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ness and constipation of vesterday-brings health, strength and energy for the days to come. AT ALL DRUCCISTS, 25C AND 600 A BOITLE

WE ARE BEST WHERE WE ARE. we look at the circum Sometimes stances by which we are surrounded and think how impossible it is for us ever to be, in the midst of such daily experience, what we ought to be. We grumble over our lot instead of cheerfully accepting it at God's hands, be-lieving that he knows what is best for We think regretfully that if the us. We think regretfully that if the people we are called upon to meet from day to day were different, if they had the same earnest aims and hopes as ourselves, if the worries aris-ing from our work were less frequent and irritating, if we had not this mickly body or inherited weakness, we should be different from what we are. Dut it is not so The neglinit was so: 118. should be different from what we are. But it is not so. The psalmist was ac-curately right , when he said: "Thy judgments are true and righteous." The judgment of God never errs. It cannot fail. He does not plant the orchid on the Alpine heights or the edel-weiss in the tropics. He knows the nature of each plan in his universe, and ture of each plan in his universe, and places it under the conditions best suited for its development. So like-wise the personal requirements of each one of us is known unto him; we can, therefore, be certain that he has placed us just where our personal charac

ed us just where our personal onarac-ter can fully unfold itself. Instead of bemoaning our difficul-ties, we ought to be thankful for them, for out of these trials is forged what we call character. We know men in whose faces we can read it, and we know how it has been won. Wheneverwe see a face marked by an expression of strength and self-reliance we conclude that it represents a his-tory in which there has been something to fight against, something to overcome. The influences which have overcome. The influences which have left their impress upon it have not been of the arm-chair and slipper kind. We know that many a victory has been gained in the midst of rough experiences, for we can read the scars of battle in the lines upon the face. Yes; hardship, trial, difficulty, make character; or, to change the figure, they are the stepping-stones upon which the soul rises.—C. A. Knightley.

THE WELSH REVIVAL.

THE WELSH REVIVAL. By G. Campbell Morgan. The great characteristics of the Welsh Revival have been, first, the bending of the people to the will of God; second, the unveiling of the Cru-cified before the vision of the milti-tudes, and third and finally, the sense of the corrections mercicipen power of of the sweeping, energising power of God's Holy Spirit. The genesis of the work in Wales—alas, that men have wasted time in trying to trace it! It cannot be traced. It has broken out here and there and everywhere in a score of places at once. characteristic has been But the on focussed and expressed in the words so often caping from the lips of Evan Roberts, Bend to God,' which simply means submission to his will. That is the submission to his will. That is the first principle of the Cross. And then the next great and marvellous mani-festation has been that of the over-whelming mastery of men by the vis-ion of the Cross. A man who presion of the Urces. A man who pres-ently, I hope, will write for us a story of this great work on the moun tains and in the valleys of Wales, Elvet Lewis, in a recent article on the subject, said: Its heart has been the

MESSENGER AND VISITOR

unveiling of the Grucified," You may have passed from end to end of Wales in these past months, and on the mountains and in the valleys, in

the mountains and on the valleys, in the mountains and by the highways, the same quaint, weird old chorus has been sounding in your ears: "Oh the Lamb the gentle Lamb, The Lamb of Calvary." And if you ask me what has brought Wales into this consciousness of religious life, I say Wales has seen the Crucified. You and I must see him, but we must not see him mere-ly; we must yield to him, not merely in this first matter of the will of God, but understanding that Christ was on the Cross for the salvation of men we must put ourselves into line of co-operation with him, and sink of co-operation with him, and sink the pride and sink the prejudice, and, abandoning doubt and fear, we must pour out our lives, as men have been doing through the length and breadth of that land, to win others, even by suffering for Christ.

The only humility that is really ours is not which we try to show be-fore God in prayer, but that which we carry with us and carry out in ordinary conduct.-Andrew Mur ray.

There are things which hinder that are not sins, save as they becom sins by hindering. There are many things which in themselves can hard ly be called wrong, but they impede us in becoming what we ought to be in doing what we ought to do, and that leads to slavery, are not hind-rances only; they are sins.

Every kind word you say to a umb animal or bird will make you dumb happier.

THE VALUE OF CHARCOAL. Few People Know How Useful it is in Preserving Health and Beauty.

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smoking, or after eating onions and other odorous vegetables. Charcoal effectually clears and imeating

Charcoal effectually clears and im-proves the complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic. It absorbs the injurious gases which collect in the stomach and bowels; it disinfects the mouth and throat from the poison of catarrh. All druggists sell charcoal in one form or another, but probably the best charcoal and the most for the money is in Stuart's Charcoal Lozen-ges; they are composed of the finest ges; they are composed of the finest powdered Willow charcoal, and other harmless antisepties in tablet form or rather in the form of large, pleasant tasting lozenges, the charcoal being

The daily use of these lozenges will soon tell in a much improved condition of the general health, better com-plexion, sweeter breath and purer blood, and the beauty of it is, that that possible harm can result from continued use, but on the con-, great benefit. no their trary.

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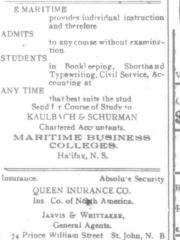
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GOD KNOWS.

GOD KNOWS. My life is not what I would have chosen. I often hong for quiet, for reading and for thought. It seems to me to be a very paradise to be able to read, to think, go into deep things gather the glorious riches of intellec-tual culture. God has forbidden it in his movidence I wurd should have it his providence. I must spend hours in receiving people to speak to me about all matters of trifle; must engage in public work on everything; employ my life on what seemed uncongenial, van-The on what seemed uncongental, van-ishing, temporary waste. Yet God knows me better than I know myself. He knows my gifts, my powers, my failings and weaknesses; what I can do and what not do. So I desire to be led, and not to lead; to follow him I am quite sure that he thus en-ables me to do a great deal more in ways that seemed to me to be almost dom, than I would have done in any other way. I am sure of that.--Norman McLeod.

Caller-Are you 'sure your mistress s not in?

Bridget-Oi am not; but she sames to be, so 'tis not fur me to doubt it, --Philadelphia Ledger,

INTERCOLONIAL

RAILWAY	
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On and after SUNDAY, Sept. 17	h,
1005, trains will run daily (Sund	av
excepted) as follows :	
and the state of the second	
TRAINS LEAVE ST. JOHN.	
	45
No. 2-Express for Point du.Chene,	
Halifax Sydney and Camp-	
beilton : - 6	00
No 26-Express for Point du Chene	
Halifar and Picton 11	
No. 136-Suburban for Hampton 13	
No. 8-Express for Sussex - 17	
No. 138-Suburban for Hampton 18	10
No. 134—Express for Quebec and Montreal	00
No. 10-Express for Halifax and	00
the Sydneys 23	05
TRAINS ARRIVE AT ST. JOH	
	. 19
No. 9-Express from Halifax, Picton, and the Sydneys - 6	25
o. 135-Suburban from Hamp-	40
	45
	00
No. 133- Express from Montreal	00
and Quebec 12	50
No. 137-Suburban from Hamp-	
ton 15.	30
No. 5-Mixed from Moncton - 16	
No. 25-Express from Halifax,	
Picton and Campbellton 17	15
No. 1-Express from Moneton 21	20
No. 81-Express from the Syd-	
neys, Halifax. Pictou and	
Moncton (Sunday only) - 1	35
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All Amaina man has Aflantia Chanda	

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D. FOTTINGER,

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"Good," I

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for my use. "Grape-Nu ily digested made me'a tarrh of the entirely withanks to my almost other," Nan Battle Creel Ten days' There's a