## * This and That *

HIS MISSION IN LIFE
The New York Sun tells of a muscular young man, once on the Columbia rush line, who, on lezing college, sought to do good with his abundant muscle, and hit upon the following plan of reforming his erring fellow citizens. He says
about four subway or an elevated train about four times a day. I wait until the and jams his way in ahead of women, child ren, and weaklings.
"He is always there ; sometimes three or tour of him. I pick out the worst one, and follow him. Just as he reaches the gate tap him on the shoulder.
'Pardon me sir,' I say. 'You have dropped something, and I point to a pillar in the background.

He always turns back, feeliog in his pockets In three cases out of four he misses the train I trust that while he waits for the next train the roint dawns on him.
"If he does not catch the train, he either subsides, crushed, in which case I know he's got the point, or else he comes at me and says
$\therefore$ 'See here, what do you mean? What did I drop ?

I look him over, and kind of raise my shoulder at him as a warning that I'll be right there if he gets troublesome, and say
'Your manners, si
"I've reformed at least six persistent hogs who get on at mystation, and I trust tha 1 have taught manners to a number of others whom I haven't been able to observe regularly.
"Oh, yes, some day III probably run up against a better man and take a beating, but it will all be in the interest of the cause."-Ex.

## THE MO ГHEK'S SIRIKE.

Such a dream l-had! So dreadful Chat I never heard the like:
For 1 dreamt that on a sudden
The mammas agreed to strike.
"We are tired," I heard them murmur " Tired of working night and day. And not always hearing 'Thank you Such long hours and such poor pay
So they would not mend the jackets, Nor the hules in the stockiugs sinal No one ran to kiss the brulses When poor Tommy caught a fal
No one bound up wounded fingers No one glued the broken toys; Of the eager little boys.
No one tied the little bonnets No one brushed the little cur For the busy lirtle girls.
And there were no bedtime stories, And no loving hands to tuck For their mothers all had struck.
Oh, so lonesome and so dreadful And so queer it all did seem! Aren t you glad, dear little children, -Elizabeth H. 「homas, Youth's Com panion.

Japanese dwarf trees.
I once saw in Japan some of the most markable trees that ever grew. They were bundreds of years old and not a hundred inches high. The most marvellous collection was in Count Okumas garden near lokio. Here were pine-trees that started to grow in the seventeenth century, that at the dawn of the twentieth were not too large to be carried in one hand, pot and all. Others, whose seed was planted about the time when Columbus sailed for America, were already outstripped by saplings planted the year before the last.
In another place was a grove of Liliputian palm-trees, gnarled and knotted and twisted by coeturies of wind and weather, there were none of them too large to grace a dinner table, as they often did when in full bloom. Most marvelous still, there were other little trees, planted bsfore mast of my readers were born, say, in the early "sixties," that were still thriviag(it is too much to sum "growiag'"
in a teacup, while others planted before Cleveland's first term is office had not out grown a lady's thimble.
The Japanese are past masters of the aft of dwarfing trees. They nip off the tree's roots, and pinch its limbs, and starve it with little soil, and let it go thirsty and dry, but at the same time keep the breath of life in, until it becomes the variest travesty of a tree, a manikin vegetable with the wrinkled face of an old man on the legs of a little boy. Infinite patience and skill and time unstinted must have been given thus to stunt and dwarf those grotesque growths. - Francis E. Clark, in Christian Endeavor World.

HIS TROUSERS MATERIAL.
He was a proud little fellow as he strutted around in a new pair of trousers that his mother had made for him, and very impor tant he looked as he squared himself in fron t of his best friend, the corner-groceryman and said: "I bet you can't guess what my trousers are made of ?
"Of broadcloth ?" asked the groceryman. "Nope," replied the little fellaw. "Of corduroy, then ?" ventured the grocery man.
"Of jeans
"Well, what are they made of, then ? "Of papa's old ones," triumphantly replied the happy little fellow.-Epworth Herald.

## WHICH WAS IT

A lady who has recently returned from Muditerranean trip says that as the ship was leaving the harbor of Athens, a well-dressed lady passenger approached the captain, who was pacing the deck, and, pointing to the distant hills, covered with snow, asked, "What is that white stuff on the hills, cap. tain ?"
"That is snow, madam," answered the captain.
"Is it really ?" remarked the lady. thought so; but a gentleman has told me that it was Greece." -Ex.

## CURЮSITY PUNISHED.

A number of nolsy young men were passing through a village late one night, on heir way home. They saw that a new notwe board had been nailed to a tall post just over the fence. They stopped and tried to read it, but were unable to do so on account of the darkness. One of them, however, determined to settle the matter. He climbed to the top beiog pushed up by his companions. He came down faster than he went up, for the notice he was so anxtous to read was this: "Wet paint."-Ex.

IN THE LOOKING GLASS. The world is a looking glass,
Wheren ourselves ave shown Kindness for kindness, cheer for cheer, Coldness tor gloom, repulse for fear
We cannot change the world a whit, Unly ourselves which look in it. -SusanCollidge.

## 1'M' PARCHED.

An old railway guard has just told the following story about C. H. Spurgeon ;
Near where Spurgeon's Tabernacle stands, half a dozen mans streets all meet at one point. There is a drinking-fountain there which has stood there for many years. I was one very hot summer's evening, and the drinking fountain was in strong demand. wauted a dripar myself, and in a happy sor of way, whrle waiting my turn, 1 said some of the people standing by. "hurry up I'm parcned ! Somebody patted me ou the back, and said, "Thank you, my man, yuu
have given my text for to-might." it was Mr. Spurgeon.

The guard added that he was on his way to the labernacie at the tume, and Spurgeon preached one of the finest sermons he had ever delivered, from the above words. Christian Budget.

There is nothing more convenient or ffective tor relieving Hoarseness and Coughs are absolutely uactivaliad for the alleviation of all Throat Irritations oaused by cold. Sold anly in bozes.

## PAINFUL PERIODS

Suggestions How to Find Relief from Such Suffering.



While no woman is entirely free from | started to take it for painful menstruation | While no woman is entirely free from | Istarted to take it for painful menstruation |
| :--- | :--- | :--- |
| periodical suffering. it does not seem to | so that when it cured me I was nots nurprised |
| oe the plan of nature that women |  | \(\begin{aligned} \& I had suffered with blinding headaches aud <br>

\& nain nutil it seemed that I must scream.\end{aligned}\) pe the plan of nature that women hould suffer so severely. Menstrua tion is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be et right or it will lead to a serious de angement of the whole female organ $\stackrel{s m}{ }$. More than fifty thousand women Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes pain ful and irregular menstruation.
it provides a safe and sure way of es ape from distressing and dangerous veaknesses and diseases.
ang letters tell so con Vegetable Compound will do fink women, they cannot fail to bring hope to thousands of sufferers.
Miss Matilda Richardson of 177 Wel lington Street, Kingston, Ont., writes: Dear Mrs. Pinkham:-
" Nome four years ago my usnally goon my tha $k$, my hear ached, I would have dizz
 and f nun so glad that I did, for it brought
weiv life and healeh to me. My monthly puricula wore natural and painless, and my g.oneral la alth improved. I have foot had an
acheon a pain since, and I feel it a duty as will n4 a pleasume to tell y $y$ fu what your mediMme Louise McKenzie of Monnt Car mel. Montreal, Canada, writes:
Dear Mrs. Pinkham:-
I had heard so much good about Lydis phese pains lasted from that I must scream. These pains lasted from flve to ton days every
nonth, and you can understand how glad month, and you ean understand how glad I
was to get relief. I am in the beat of health and am pleased to give you this teastimonial年, what your medicine has done for me." Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of The success of Lydia E. Pinkham's Vegetable Compound rests upon the
well-aarned gratitude of Canadian
Whenen women are troubled with irreg
When alar, suppressed or painful menstruacenation of the womb, that beartng down feeling. inflammation of the varies, backache, bloating, (or flatu lency), general debility, indigestion and nervous prostration, or are beset awith such symptoms as dizziness, faintness, lassitude, excitability, irritability, ner rousness, sleeplessness, melancholy and true remedy, Lydia E. Pinkham's Vegetable Compound at once remove such troubles. Refuse to buy any other medicine, for you need the best.
Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not anderstand. she will treat you With kindness and her advice is ree. No woman ever regretted E. Pint Ask Wirs. Pinkham's Advice-A Woman Best Understands a Womar's ilis


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