

# POOR DOCUMENT

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**The Evening Times and Star**  
ST. JOHN, N. B., JANUARY 30, 1919

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**HEALTH LAWS.**  
An improvement in the health laws of Nova Scotia is contemplated. In its report of a meeting of the Halifax board of health the Halifax Echo says: "A letter from Provincial Health Officer Hattie regarding the proposed new provincial policy for public health betterment (which would involve an estimated outlay of \$30,000 annually for the city) was read and a resolution was adopted assuring the health officer that the board would have sympathy with any movement bettering the public health conditions. The provincial health officer wished to know if the various municipal, city and town councils would contribute at the rate of five cents per head of estimated population towards the system and furnish quarters and equipment for health clinics."

It will thus be seen that the sister provinces recognize as we do in New Brunswick the need of better health laws.

**RURAL EDUCATION.**  
At a hearing before the budget committee of the Maine legislature last week Dr. Augustus O. Thomas, state superintendent of public schools, presented a new proposition in regard to rural education. The following extract from the report is of much interest:

"We need to build up the rural education in order to make the state self-supporting, where she now only produces 24 per cent of her needs. To do this teachers must be trained and sent to those rural communities who can not only teach but help in the social and community life and affairs, aiding the entire people. We must have teachers who know something beside books. We plan to select well qualified young teachers, from places to which they will return, and take them the coming summer to a school to be located somewhere in central Maine, where they will be given courses of instruction to fit them for their new duties. They will be trained in teaching, in social life work, will aid and criticize other teachers, aid the children with their entertainments, etc., and in fact be social leaders in their community. They will agree to go back to their schools for a year. Next year we will train another hundred and if advisable will continue the idea. It will dignify rural education and establish a corps of expert rural teachers."

Rep. Holley—Will you add 100 each year?

Dr. Thomas—Yes, until the system is established. They will receive about 25 per cent increase in salary.

Sen. Ricker—Would they do anything beside teach?

Dr. Thomas—Yes, they would be trained to preside at meetings; keep minutes; have charge of Girl Scouts, Campfire Girls, etc.; help the Mother's club; have charge of social activities; set up and operate the very valuable educational moving picture films, teach children to prepare luncheons, arrange programmes and many other things.

One of the members of the committee observed that such a teacher would be a very busy girl, but Supt. Thomas has great faith in the plan, and proposes to try it out. He also, the report tells us, described at length a novel idea of teaching agriculture in towns away from the railroads by means of a traveling school which would use the unit system and teach one subject each year for six weeks in each town. It was desired to start two schools out this year. Each school would cover six or seven towns in a year. This idea was a new one and its progress would be watched with interest by educators throughout the country.

In a recent address Chancellor McCrimmon of McMaster University, referring to immigration into Canada, said: "What kind of population are we going to get, and how rapidly will it advance? We have no idea of how fast we will grow in population, but we have to watch particularly that blood propaganda from foreign shores which will enter into the national life of our country. We should have a tally on the history of the stock coming into Canada, because we must know the detriments that enter into different lives. It is a dangerous proposition to have thousands of immigrants a year reinforcing a population of 7,000,000, unless we are sure of the character of that immigration. We must watch. We want men. Give us men of thought, of vision, of lofty aims and ambitions. Give us men that possess quality of ideals. We must not admit immigrants affected by racial poison which tends to break the stamina of people's lives, and the government cannot afford to play with it as a light thing."

Many in St. John will wish W. B. Staver, formerly prominent in banking circles here, years of enjoyment of the honor of knighthood, just conferred upon him by His Majesty the King. Sir W. B. Staver had done excellent work during the war, latterly with the British ministry of information in London.

The award of military medals to two more Canadian sisters is a pleasing item in the cable news.

It is not inappropriate that J. P. Morgan, New York's premier financier, should be welcomed to the membership of the Goldsmith Company, in London. He has aided greatly in the Allies' war financing and, besides, he is himself quite an artist in the handling of gold.

The great state of New York has ratified the constitutional amendment providing for national prohibition in the United States. This makes forty-four states so far in accord against the liquor traffic.

Shattered Ypres is to remain a ruined city, a grim reminder of the horrors of war and of the ruthlessness of the Hun. The Belgian government has decided not to rebuild the city.

## Military Notes

Capt. H. O. Evans has been appointed to the clearing service command as military landing officer with Lieut.-Colonel Spittal. Lieut. A. F. Budd has received a similar appointment.

Q.M.S. George P. Hennessey, who recently returned from overseas, has been appointed secretary of the R. C. of C. army units, with two assistants, Arthur Mahoney and Clement Donovan, both of whom have done their bit overseas. Captain George Keeffe is the provincial head. All other workers are giving their aid voluntarily, and the only men selected as paid officials are men who have seen service overseas.

The boys overseas do not intend to forget their friendships is clearly shown by the receipt of a letter from a member of the 6th C. S. I. (originally No. 7), telling of the organization of that unit into a fraternal association, which has for its object a lasting bond of unity among the lads who have served their king for nearly two and a half years. The world's great war, this battery is now on the Rhine. The officers of the association are as follows: Honorary president, Major Laurence, St. John; honorary secretary, Chas. McDonald, St. John; president, Sergeant H. M. Mawhinney, St. John; vice-president, Gunner G. Kayel, British Columbia; secretary, Lieutenant L. H. Nichols, Montreal; treasurer, Sergeant Y. B. Trucey, Fredericton; assistant secretary, Sergeant W. A. McLaggan, St. John.

## Plan To Extend U.S. Parcel Post

Conference Called in Washington to Consider Means of Restoring and Improving Service Interrupted by War

Washington, D. C., Jan. 30.—Otto Praeger, Second Assistant Postmaster, has sent out an invitation to exporters throughout the United States to consider important questions and exchange views on the improvement and expansion of the international parcel post service. The conference will convene on Feb. 11 at the Post Office Department in Washington.

Exporters, mail order firms, and the general public, are interested in the coming conference. General dislocation of commerce, resulting from the war, has caused a suspension of the parcel post service, and to extend it as a commercial asset.

There are, at present, parcel post conventions in effect with forty-four countries and colonies for the transmission of merchandise. To all the countries the postage rate is twelve cents a pound, and to all but four, the limit of weight for a single package is five pounds. To Ecuador, Mexico, the Republic of Panama and Salvador, the weight limit is twenty pounds.

There are no parcel post conventions with Canada and Cuba, but under separate postal conventions merchandise may be sent, while under domestic parcel post conditions fifty pounds of merchandise may be sent to the United States postal agency at Shanghai, China.

As a result of the war, or for the want of steamship transportation, parcel post services to Austria, Belgium, Denmark, Germany, Greece, Hungary, Liberia, The Netherlands, Norway and Sweden, were suspended. With the removal of war conditions, it is expected there will be an early resumption of service to all countries named except Austria, Hungary and Germany. Just three later countries cannot be anticipated with any degree of certainty.

The countries, colonies and dependencies to which parcel post services have not yet been established include Algeria, British India, Corsica, Egypt, Paraguay, Persia, Russia, St. Pierre, Miquelon, Serbia, Spain, Switzerland, Tunis, Turkey and the Union of South Africa.

**FRANKLIN'S BIRTHDAY.**  
Christ church burying ground, in the heart of the wholesale district of Philadelphia, was on Friday the scene for thousands of persons who desired to honor the memory of Benjamin Franklin on the 218th anniversary of his birth. Because of his famous sayings on thrift and economy, the Federal government has placed his likeness on the 1919 issue of war saving stamps and designated the anniversary of his birth as thrift day.

Among the organizations visiting the grave of Franklin and his wife, the "Poor Richard Club." Brief exercises were held, and on Friday night the club gave a dinner in commemoration of Franklin. Schools, industrial plants and various kinds of institutions observed the day and used the occasion to stimulate the art of thrift and war stamps.

## Are Your Bread and Buns Always the Same?

You may use the same recipe, and yet get varying results, the difference, very often, being due to the flour.

**LA TOUR FLOUR**  
is milled up to the same standard, always (being made from finest Manitoba Hard Spring Wheat) so, its use, following your present good receipt, will produce uniformly delicious bread.

Ask Your Grocer For La Tour Flour

**FOWLER MILLING COMPANY LIMITED**  
ST. JOHN, N. E.

## STRENGTH FOR THE DAY.

(Rev. George Scott.)  
Strength for the day is all I ask.  
That I may labor at my task,  
Nor high, nor low, I'd choose to be,  
So that dear Lord I walk with Thee.

Let me but know that Thou art near  
I shall not wait for worldly cheer,  
Let me but know Thou art my stay,  
My Guide and Comforter alway.

And let me bear some healing balm  
Some anxious soul to soothe and calm,  
Let Thy compassion through me shine  
Thy loving kindness all divine.

Let all I think, or do, or say  
Help my poor brethren on their way,  
My thoughts, my energies inspire,  
Thy kingdom my supreme desire.

Strength for the day is all I ask  
To labor wisely at my task,  
Then when the evening has come  
Thy gentle voice to call me home.

## LIGHTER VEIN

Guided.  
Customer—Where will I find the comedians?

New Florence—All canned goods are in the grocery department on the fourth floor.

Personal Vocabulary.  
"How is it you couldn't tell that dame a dictionary? Did you tell her the dictionary had 40,000 words?"

"Yes, but she had more words than that, and she used 'em all in telling me she didn't want it."

When Chums Fall Out.  
"She's giving a very elaborate party."

"Gotten up solely on my account."

"I thought you were on the outs."

"We are. And that's the reason she got up the party."

Admired His Pluck.  
"Well," said Uncle Si Bruggins after a solo by a fashionable church choir leader, "that ain't the roughest thing I ever saw. Just as soon as that young man began to sing, every other member of the choir stopped. But he went through with it, and I must say I admire his pluck."

## TO INVESTIGATE SHEEP KILLING BY KINGS CO. DOGS

The Kings county municipal council has today passed a resolution to investigate the killing of sheep by the dogs of the Kings county.

The first business dealt with in the afternoon was the consideration by the council of the district board of health estimates submitted in the morning just prior to adjournment. Several of the items were more fully explained by Dr. G. G. Melvin, chief medical health officer, and Dr. F. E. Brown, district health officer. It was shown that two inspections of the rural district schools would be made twice a year while a medical inspection would take place monthly in all schools of incorporated towns and cities.

Councillor Fred Sharpe moved that the estimates be adopted while an amendment was made to have the estimates reduced from \$3,700 to \$2,500. Councillor Sharpe said that if the estimates were not reduced the power given to the board on Tuesday would be seriously hampered. He urged the acceptance of the estimates as amended by the board. The amendment was put and carried so that the estimates have been reduced by the action of the council from \$3,700 to \$2,500.

tee, Councillor Smith, reported that the committee had received numerous bills from various sections of the county claiming damages for sheep that had been killed during the year. It was moved as a motion that a committee of five be appointed to investigate these damages and claims with power to add to their number such persons as the parish from which the bills come. The resolution was carried.

A strong resolution was introduced by Councillor Smith relative to the enforcement of the Provincial Prohibition Act. He pointed out the splendid work accomplished in Kings by Liquor Inspector Ashell and Rev. W. D. Wilson, chief inspector. He had high praise for both officials and said the public had full confidence in them. He said the present liquor law was a decided improvement over the old Scott Act law formerly enforced in Kings.

St. John is to be the headquarters of an up-to-date salvage and wrecking company. The plant of W. Edward Leshey, including his ho use in West St. John, has been purchased by the Pandy Wrecking and Salvage company, which the directors are R. W. Wigmore, M. P., and Thomas Nagle. Included in the purchase are nineteen wrecks of steamers at various points in the Dominion.

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nostrils will open. The air passages of your head will clear and you can breathe freely. No more dizziness, headache, no hawking, sniffling, mucous discharges, or dryness; no struggling for breath at night. Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, medicated cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, and relief comes instantly. It is just what every cold and catarrh sufferer needs. Don't stay stuffed-up and miserable.

## DOCTOR'S FORMULA

OVER 100 YEARS OF SUCCESS

**JOHNSON'S ANODYNE LINIMENT**  
(Internal as well as External use)

A soothing, healing Anodyne that speedily stops suffering. Wonderfully effective for Coughs, Colic, Grippe, Sore Throat, Cramps, Chills, Sprains, Strains, and many other common ills.

For more than a century humanity's best

"Friend in Need"

## MARLATT'S-SPECIFIC

POSITIVELY REMOVES

**GALL STONES**

—IN—

**24 HOURS**

A powerful remedy for GALL STONES and Appendicitis. It is a gentle cleanser, which thoroughly purifies the system and is unexcelled for intestinal, stomach and liver disorders, Peritonitis, Kidney Stones and Chronic Indigestion.

Call and see us and we will explain. It contains no poisonous drugs whatever. IT NEVER FAILS.

**J. BENSON MAHONY**

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**FOLEY'S PREPARED FIRECLAY**

To be had of W. H. Thomas & Co., Ltd., T. McAvity & Sons, Ltd., Emerson & Fisher, Ltd., G. W. Morrell, Haymarket Square; J. E. Wilson, Ltd., or at the Pottery.

## DAILY HEALTH TALKS

**URIC ACID IN THE SYSTEM**  
BY LEE H. SMITH, M. D.

Uric acid is now generally recognized as the cause of more diseases than was heretofore believed. When the kidneys get out of order uric acid accumulates within the body in super abundance. The disordered kidneys do not filter the poisons out of the blood as they ought to do, and so the poisons remain in the blood and float around until they find a place to lodge, in form of urate salts. The thing to remember is that you may have rheumatism in any part of the body—even may have pains anywhere—your back may ache and your head may be dizzy—but the trouble is not where the pain appears. The trouble is in the kidneys, and what is the first thing to do? You must get that excess uric acid out of your system, which can be done by taking Anuric Tablets, the splendid remedy which Dr. Pierce, of Buffalo, N. Y., has put on sale in the drug stores at a low price. Anuric Tablets (made double strength), when taken into the system as medicine, have the peculiar power of dissolving the uric acid deposited there. Drop a bit of sugar or salt into hot water, and it will disappear. In precisely the same way do these Anuric Tablets dissolve uric acid. Of course, after ridding the system of uric acid, it may return again unless you eat right, for you must live the right kind of life, but Dr. Pierce will advise you just on proper food and correct living. Your uric acid will be gone. He makes no charge for such advice. Take Anuric Tablets today, by all means, and get that uric acid out of your system. Don't, don't, don't, put the matter off.

Strength for the day is all I ask  
To labor wisely at my task,  
Then when the evening has come  
Thy gentle voice to call me home.

Let me but know that Thou art near  
I shall not wait for worldly cheer,  
Let me but know Thou art my stay,  
My Guide and Comforter alway.

And let me bear some healing balm  
Some anxious soul to soothe and calm,  
Let Thy compassion through me shine  
Thy loving kindness all divine.

Let all I think, or do, or say  
Help my poor brethren on their way,  
My thoughts, my energies inspire,  
Thy kingdom my supreme desire.

Strength for the day is all I ask  
To labor wisely at my task,  
Then when the evening has come  
Thy gentle voice to call me home.

## AN UNUSUAL CHANCE TO BUY YOUR HEATING STOVE AT A VERY LOW PRICE

TEN DAYS ONLY, 10 PER CENT.

In order to make room in our stove showroom, we have decided to give a special discount of 10 per cent. on all Heating Stoves.

Those who are thinking of purchasing a Heater should not miss this opportunity.

TEN DAYS ONLY, 10 PER CENT.

COME EARLY, AS THIS SPECIAL FOR TEN DAYS ONLY!

**Emerson & Fisher Ltd.**

## MORNING NEWS OVER THE WIRES

The Maritime Rotary convention in Halifax opened yesterday. Visitors were present from St. John and Charlottetown, P. E. I. Following luncheon reports were received. A feature event was a banquet last evening at which George MacCallum Grant, Premier Murray and other notable men were present.

The Moncton School Board last night granted an increase of \$200 a year for every teacher on the city school staff

and an increase of \$500 to Principal George J. Oulton. The total school appropriation this year is \$86,795.60.

It is reported that Hon. N. Curry, president of the Canadian Car & Foundry Company, is to retire from the presidency to become chairman of the board of directors. The name of W. W. Butler, vice-president and managing director, is mentioned for the possible vacancy.

The executive of the Young Women's Patriotic Association met last evening in the Great War Veterans' rooms to appoint ten additional members to its executive. The names of those appointed are as follows: The Misses Frances Hannah, Adra Farwell, Sarah King, Harriet Willet, Amber Teed, Marion Cruickshanks, Winnifred Upham, Clara Collins, Mary Grady and Gladys Howard.

Commissioner Thornton yesterday received two letters of congratulations on his recent election. One was from Charles W. Scott of the Royal Air Force and the other from H. C. Farmer, former with the Western Union, now in Germany.

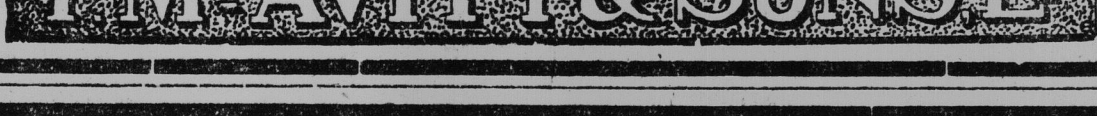
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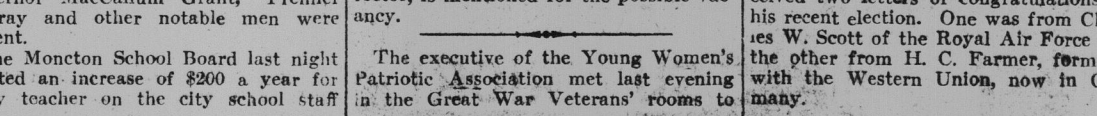
In order to make room in our stove showroom, we have decided to give a special discount of 10 per cent. on all Heating Stoves.

Those who are thinking of purchasing a Heater should not miss this opportunity.

TEN DAYS ONLY, 10 PER CENT.

COME EARLY, AS THIS SPECIAL FOR TEN DAYS ONLY!

**Emerson & Fisher Ltd.**



**WRIGLEY'S**

**THE GREATEST NAME IN GOODY-LAND**

**DO YOU know the realm of childhood dreams is a land of sweets.**

**The most lasting way to make some of those dreams a delightful reality is to take home**

**WRIGLEY'S frequently How about tonight?**

**SEALED TIGHT KEPT RIGHT**

**The Flavour Lasts!**

**WRIGLEY'S DOUBLEMINT CHEWING GUM**

**WRIGLEY'S SPEARMINT CHEWING GUM**

**WRIGLEY'S JUICY FRUIT CHEWING GUM**

**THE PERFECT FLAVOUR**

**THE FLAVOUR LASTS**

**MADE IN CANADA**