

yourself, and this may mean that your first duty is to gain a knowledge of yourself, that becoming better acquainted with your condition you may obtain a cure for the malady which afflicts your soul. Look into your heart and then look away to Christ. The habit of always thinking about yourself is a spiritual disease. If your whole concern in life is to better your own condition you are living in a very small world. The sphere of self fills a very small place in the world. The man who is always thinking about his own comfort and advancement is sure to jostle somebody, and bring upon himself a good deal of suffering. Think often about your own position and importance and you will develop a sensitive spirit which will end in morbidness and despair. The talent of forgetting is a worthy possession which will enrich both mind and heart. Happy is the man who feels that the world can get along without him, and yet is constrained by the love of Christ to deliver his own message to the world.

One step toward happiness and holiness is to accept and perform the duty of forgetfulness. Forget yourself. When God made you He did not endow you with all the wisdom He possessed, and place you in a position that nothing of importance could be done in the world without your presence or influence. You are walk-