

THE MOUTH

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The germs have to pass through the mouth, then down the throat, and enter the system through the stomach. For this reason, many people are continually swallowing pus from decayed teeth and tartar from old roots or stumps. Apart from tartar on the teeth, there are substances of which less notice is taken, namely, layers of filth that may cover artificial teeth and plates, or broken stumps beneath them.

The germs from these might be swallowed, enter the stomach, and cause irritation of the stomach, or gastritis as it is called, or may pave the way to tuberculosis.

The proper time to begin the treatment of any form of indigestion or tuberculosis is at the very commencement.

BEGIN TO TREAT ITS CAUSE.

HEED THE WARNING

Keep the mouth in a healthy state, so that you can chew your food properly. Instruct children early in life to care for the teeth—as habits formed in childhood are more likely to be carried out through life.